

Winter 2022 Training Programme

December 2021



Photo credit: The Clout Collective

Introduction

Archers, coaches and club officials of all levels are keen to receive information and to support learning, growth and advancing the sport.

This Training Programme offers online support to strengthen members and clubs to grow our sport. It builds on the success of previous events run in person, and should allow delegates to grow, and share their knowledge and experience.

Progression of archers through our sport is a key priority for Archery GB. All archers want to experience achievement, enjoyment and a sense of progress in their personal development. It could also help in attracting new volunteers, as we seek to be better placed to respond to the current situation.



Who should attend?

Most of the workshops are open to all members. Some are tailored to specific role holders such as coaches, judges, people running clubs, competitive opportunities for archers, or other club officials. Webinars are a great way to encourage new people to consider new roles within the club. Some are free, some have a fee.

Members wishing to book should please book a place through their members' online portal. Please look for the webinar you wish to book under the 'Courses' listed – you can search for the title or date of the course.

Online considerations

Most webinars will include a chance to be fully interactive, therefore a laptop/ PC/ tablet is required, but sometimes a smartphone may also be possible with limited functionality in some cases. The device must have access to a microphone to be able to interact during the session.

Ideally participants would have good WIFI access, and an environment with limited distractions which is conducive to learning.

It is recommended to log into the webinar around 5-10 minutes ahead of the designated start time, to overcome any technical difficulties logging in.

How to Book

Booking Online

- Bookings are through your members' online portal <https://agb.sport80.com/login>
- Once logged in, click 'Courses' on the left hand-side and then select the webinar title and date you wish to book
- For webinars with a fee attached, please have payment card to hand to arrange payment
- After the booking, or after the payment is received and confirmed by Archery GB, you will receive further information about how to access the webinar

For issues whilst booking, email or call us

- membership@archerygb.org or call us on 01952 677888, and one of the team will be able to help



Feedback from 2021 Webinar Participants:

"Easy to book onto, the details were sent out in advance, all the topics covered were relevant and informative and all questions were covered!"

"I'm particularly amazed that we can get direct advice from people at the top of the sport such as yourself I can't think of any other sport that does that wow"

"Excellent presentations from the speakers and a lot to take away and try to implement within my club"

"An excellent event, all the presenters offered different insights and there was plenty of chat. Well run and very informative and thought provoking"

Why not book now: <https://agb.sport80.com/login>

1. Summary of Programme Full details in next section

January Dates	Time	Workshop	Page
6 & 13 January	7-9pm	Starting Your Coaching Journey* 22-CJ-01 FULLY BOOKED	6
8 January	8.45am-5pm	Using your Coaching Skills -Somerset* UY -10 FULLY BOOKED	6
10 & 17 January	7-9pm	Starting Your Coaching Journey* 22-CJ-02 FULLY BOOKED	6
11 January	7-8 pm	Conversation around Coaching- Jan22	7
20 & 27 January	7-9pm	Starting Your Coaching Journey* 22-CJ-03 FULLY BOOKED	6
24 & 31 January	7-9pm	Starting Your Coaching Journey* 22-CJ-04	6
24 & 31 January	7-9pm	Empowering Archery Part 1* 22-EA-02 FULLY BOOKED	7
Date tbc	Tbc	Information about the new Archery GB Ambassador cohort	8
25 January	7-9pm	Start Archery Week planning	8
27 January	7 - 9.30pm	Inclusive Activity Programme*	8
29 January	8.45am-5pm	Supported Practice & Coach Presentation* Somerset 22-SP 10	9

February Dates	Time	Workshop	Page
1 & 8 February	7-9pm	Starting Your Coaching Journey* 22-CJ-05	6
3 & 10 February	7-9pm	Empowering Archery Part 1* 22-EA-03	7
3 & 10 February	7-9 pm	Introduction to Technique* 22-IT-01 FULLY BOOKED	9
7 & 14 February	7-9 pm	Empowering Archery Part 1 22-EA-04	7
7 & 14 February	7-9pm	Introduction to Technique 22-IT-02* FULLY BOOKED	9
8 February	7-8pm	Conversation around Coaching (Feb)	7
10 February	7-9pm	Club Development: Building Back Stronger*	10
15 & 22 February	7-9pm	Starting Your Coaching Journey* 22-CJ-06	6
15 & 22 February	7-9pm	Empowering Archery Part 1* 22-EA 05	7
17 February	7-9pm	Archery GB Competitions	9
17 & 24 February	7-9pm	Introduction to Technique* 22-IT-03	9
17 & 24 February	7-9 pm	Creating Engaging Sessions* 22-CE-01 FULLY BOOKED	10
21 & 28 February	7-9pm	Introduction to Technique* 22-IT-04	9
Date tbc	Tbc	How to become a Judge	11
21 & 28 February	7-9pm	Creating Engaging Sessions* 22-CE-02	10
24 February	7-9pm	Development in the Midlands – Development Plans	11
27 February	8.45am-5pm	Using Your Coaching Skills – Northants* UY-11 FULLY BOOKED	6

1. Programme summary continued Full details in next section

March Dates	Time	Workshop	Page
1 & 8 March	7-9pm	Empowering Archery Part 1* 22-EA-06	7
1 & 8 March	7-9pm	Introduction to Technique* 22-IT-05	9
1,2 & 4 March	7-9pm	lanseo Training	12
2 & 9 March	7-9pm	Starting Your Coaching Journey* 22-CJ-07	6
3 & 10 March	7-9pm	Creating Engaging Sessions* 22-CE-03	10
7 & 14 March	7-9pm	Creating Engaging Sessions* 22-CE-04	10
8 March	7-8pm	Conversation around Coaching (March)	7
15 & 22 March	7-9pm	Introduction to Technique* 22-IT-06	9
15 & 22 March	7-9pm	Creating Engaging Sessions* 22-CE-05	10
16 & 23 March	7-9pm	Starting Your Coaching Journey* 22-CJ-08	6
16 & 23 March	7-9pm	Empowering Archery Part 1* 22-EA-07	7
17 March	7-9pm	Club Development: Engaging Your Community*	12
27 March	8.45am-5pm	Supported Practice & Coach Presentation* Northants SP-11 FULLY BOOKED	9
29 March & 5 April	7-9pm	Creating Engaging Sessions* 22-CE-06	10

- Courses marked* are limited to approx. 12 bookings to create an interactive, small group learning experience
- Empowering Archery and lanseo training are run over multiple sessions: attendance is required at all dates
- Empowering Archery is split into two sessions, part 1 & 2 – each part is two sessions



2. Full Webinar Details

Starting Your Coaching Journey			
Dates	Time	Delivery Platform	Cost
6 & 13 Jan – 22-CJ-01 10 & 17 Jan – 22-CJ-02 20 & 27 Jan – 22-CJ-03 24 & 31 Jan – 22-CJ-04 1 & 8 Feb – 22-CJ-05 15 & 22 Feb – 22-CJ-06 2 & 9 Mar – 22-CJ-07 16 & 23 Mar – 22-CJ-08	7-9 pm	Zoom	£25
Description	<p>Starting Your coaching Journey is a great place to start if you are wanting to become a coach.</p> <p>Being a coach is in itself a learning journey, where we adapt and refine our skills by learning from our experiences. This module identifies simple yet must-have skills for coaches, including how to use reflection and feedback to take action towards improvement.</p> <p>Also talks attendees through how to achieve Session Coach qualification.</p> <p>Prospective coaches should read the ‘<i>Guidance for Learners - Session Coach Qualification</i>’ to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p>		


Using Your Coaching Skills			
Dates	Time	Delivery Platform	Cost
8 January – UY 10 27 February – UY 11	8.45am – 5pm	In person	£75
Description	<p>Attendance at this 1 day training event for coaches counts towards completion of Archery GB’s Session Coach course. This module helps coaches to apply what they have learnt on the course, with a focus on using drills and skills to improve the quality of practice for archers.</p> <p>For new coaches, it is advisable to complete all online modules associated with the Session Coach course before completing this module. For existing licenced coaches, this is an opportunity for continued professional development (cpd) and completion of the prior modules is not necessary.</p> <p>Attendees should read the ‘<i>Guidance for Learners - Session Coach Qualification</i>’ to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p> <p>Any questions about the module, please e-mail coaching@archerygb.org</p>		

Conversation around Coaching (Approximately once a month)			
Dates	Time	Delivery Platform	Cost
11 January 8 February 8 March	7-8 pm	Microsoft Teams/Zoom	Free
Description	<p>A monthly, drop-in, conversational style webinar with Lloyd Brown, Archery GB Coach Development Manager. You are not expected to attend every month, but welcome to book as many as you wish.</p> <p>From time to time, a topic will be discussed - look out for information shared on this.</p> <p>This webinar is open to all those involved in coaching. Have you a question on coaching, for example about shot execution, or the technical framework, or maybe the new coaching system currently being rolled out?</p> <p>If you have specific questions or topics you would like to cover, please e-mail in advance to Lloyd.brown@archerygb.org</p>		

Empowering Archery (Part 1)			
Dates	Time	Delivery Platform	Cost
24 & 31 Jan 22-EA-02 3 & 10 Feb 22-EA-03 7 & 14 Feb -22-EA-04 15 & 22 Feb -22-EA-05 1 & 8 Mar 22-EA-06 16 & 23 Mar 22-EA-07	7-9 pm	Zoom	£25
Description	<p>Empowering Archery focusses on how we can create the best environment to optimise people's experiences, retain them in archery, and help them achieve their goals.</p> <p>Open to anyone involved in running a club, coaching others, officiating, or parenting a young archer. By attending, you will know how to create the optimal environment for the people you are responsible for in your archery club.</p> <p>By attending the workshop you'll explore the following content:</p> <ul style="list-style-type: none"> • 'Empowerment' is a word often used, but what does it mean? • Health Benefits of Archery • Motivational Climate • Building Blocks for an Empowering Climate: • Create an Empowering Climate • What Next? Ongoing Planning and Reflection <p>Our work is underpinned by established research on motivation and also specific research in archery. It is delivered in partnership with the University of Birmingham.</p> <p>Feel free to send specific questions in advance to coaching@archerygb.org</p>		

Start Archery Week Planning			
Date	Time	Delivery Platform	Cost
25 January	7-9 pm	Microsoft Teams	Free
 <p>Description</p> 	<p>We can share back with you the impact of the Big Week & Big Weekend events in 2021. Hear feedback from the event organisers, plus hear about how the participants experienced the events, from the perspective of a new visitor with no connection to the club.</p> <p>As the Big Weekend turns 10 years old and celebrates with a party and a new name in 2022, we invite you to come influence how this national celebration of archery begins to take shape.</p> <p>We will share what is new this year, and how to sign up to take part.</p> <p>Come share your ideas and help to plan Start Archery Week 14-22 May 2022</p>		

Information about the new Archery GB Ambassador cohort			
Dates	Time	Delivery Platform	Cost
To be confirmed	To be confirmed	Microsoft Teams	Free
Description	<p>If you would like to find out more about Archery GB's Ambassador & Mentor programme, as a parent or volunteer considering getting involved, then please attend this webinar.</p> <p>Or if you have queries, please email gayle.pink@archerygb.org</p>		

Inclusive Activity Programme			
Date	Time	Delivery Platform	Cost
27 January	7 - 9.30 pm	Webex	Free
 <p>Description</p>	<p>A new Inclusive Activity Programme online training on how to make physical activity inclusive and accessible to disabled people. The programme is delivered by Activity Alliance in partnership with UK Coaching and funded through Sport England's National Lottery Fund.</p> <p>Equip yourself with the confidence and skills to engage disabled people and people with long-term health conditions more effectively in physical activity. Learn how to adapt your sessions to make them fun and inclusive for everyone!</p> <p>A maximum of 12 and minimum of 6 people is required to provide the excellent learning experience. It is an interactive workshop and participants will be encouraged to share their thoughts and experiences throughout the session.</p> <p>To note: UK Coaching will be supplied with your name and email address, to send out the joining instructions directly to you by email before the session.</p>		


Supported Practice and Coach Presentation			
Dates	Time	Delivery Platform	Cost
29 Jan 22-SP-10 Somerset 27 Mar 22-SP-11 Northants	8.45 am – 5 pm	In person	£75
Description	<p>This event is only open to individuals who have completed all other modules associated with the Session Coach (Level 1) course, 12 hours of practice coaching, and completion of a child protection / safeguarding course. Please do not attend this event unless you meet this criterion.</p> <p>This is the final module of the Session Coach (Level 1) course. Having completed all other requirements of the course, coaches provide a sample coaching session with peers on the course. We are looking for coaches to apply what they have learned from the other modules.</p> <p>Further guidance please read the 'Guidance for Learners - Session Coach Qualification' to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p>		

Archery GB Competitions			
Date	Time	Delivery Platform	Cost
17 February	7-9pm	Microsoft Teams	Free
Description	<p>This webinar will provide an overview of all the information around the Archery GB competitions planned for the outdoor season</p> <p>Come to learn the dates, details and entry criteria to plan your season, share with others in your club, or ask questions about competitions.</p>		

Introduction to Technique			
Dates	Time	Delivery Platform	Cost
3 & 10 Feb 22-IT-01 7 & 14 Feb 22-IT-02 17 & 24 Feb 22-IT-03 21 & 28 Feb 22-IT-04 1 & 8 Mar 22-IT-05 15 & 22 Mar 22-IT-06	7-9 pm	Zoom	£25
Description	<p>Every archer knows that learning good shooting technique early on sets you up for a happy and healthy experience of archery. From a coach's perspective, understanding the basics of shooting form and teaching these to your beginners from the first session is really important.</p> <p>Prospective coaches should read the 'Guidance for Learners - Session Coach Qualification' to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p>		

Club Development: Building Back Stronger			
Date	Time	Delivery Platform	Cost
10 February	7-9 pm	Virtual Classroom	Free
Description	<p>The pandemic seriously impacted on all aspects of life, including the running of sports clubs. As we return to play and approach a new normal, we understand that clubs need support to assess their current situation, tackle any issues, implement recovery strategies and look to the future.</p> <p>By attending, delegates will be able to:</p> <ul style="list-style-type: none"> • Express the impact of COVID-19 on their club • Identify the current health status of their club and areas of risk • Outline recovery strategies that can aid their club • Identify potential opportunities to assist their club going forward <p>Delivered by a tutor from Club Matters, supported by Archery GB staff, bringing together valuable experience and insight from other sports and organisations, prepared with archers in mind.</p> <p>There will be a small group of around 12 participants in the webinar so places will be available on a first come first served basis- please ensure your booking is fully complete to reserve your place.</p>		

Creating Engaging Sessions			
Dates	Time	Delivery Platform	Cost
17 & 24 Feb 22-CE-01 21 & 28 Feb 22-CE-02 3 & 10 Mar 22-CE-03 7 & 14 Mar 22-CE-04 15 & 22 Mar 22-CE-05 29 Mar & 5 Apr 22-CE-06	7-9 pm	Zoom	£25
Description	<p>It takes a thoughtful coach to curate a session that has all the right ingredients for beginners to really enjoy and benefit from the session.</p> <p>This module invites coaches to explore how they can create a beginner's course that meet their audience's needs.</p> <p>Prospective coaches should read the '<i>Guidance for Learners - Session Coach Qualification</i>' to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p>		

How to Become a Judge			
Date	Time	Delivery Platform	Cost
To be confirmed	To be confirmed	To be confirmed	Free
<p>Description</p> 	<p>The sport needs Judges to ensure that competitions are run safely and fairly. Like all sports, officials are required to make sure results are correct, and help competitors have a good day out!</p> <p>Archery is a friendly sport, and judging is a different, but highly valuable way of participating</p> <ul style="list-style-type: none"> • Allows archers to compete to better their archery careers • Allow archers to stay in archery but pursue a different path <p>Delivered by volunteers from the Judges Working Group.</p> <p>How long to hear about what getting involved might look like for you. There is no commitment being made by attending this webinar.</p>		

Development in the Midlands			
Date	Time	Delivery Platform	Cost
24 February	7-9 pm	Microsoft Teams	Free
<p>Description</p>	<p>An open online meeting, to bring volunteers from across the Midlands together, to build a stronger network of relationships, and forum for discussion and sharing.</p> <p>The topic will be Development Plans. You do not need to have any prior knowledge of development plans to attend.</p> <p>Hosted by Helen Smedley, Regional Development Officer for the Midlands, committee members are encouraged to come raise questions, or share their learning with other clubs facing similar opportunities or challenges.</p> <p>Bookings are open to anyone from the East or West Midlands Regions.</p> <p>Committee members are particularly encouraged to get involved.</p> <p>Feel free to email questions in advance to helen.smedley@archerygb.org</p>		

lanseo Training			
Dates	Time	Delivery Platform	Cost
1, 2 & 4 March (all 3 evenings)	7-9 pm	Microsoft Teams	Free
Description	<p>Three evening webinars, suitable for people planning to use lanseo to run competition results. Used by World Archery, clubs can use lanseo as a comprehensive management of an Archery Tournament: from accreditation of the athletes and officers to every kind of printouts utilities, from network and online integration to FOP design.</p> <p>Archery GB uses lanseo for all of its national competitions and encourage clubs and Tournament Organisers to do the same. The training will cover:</p> <ul style="list-style-type: none"> • Setting up lanseo (delegates use the laptop they would use at competitions) • Setting up WA18/1440 competitions • Running more complex events (e.g. Head to Heads) • Working with the Judging team at a competition • Post-Shoot activities – such as filing of results & web publishing <p>Please book a place if you process results at archery competitions, or would like to start. Guidance on the necessary preparation before starting the course will be emailed out the day before, as well as the links for the sessions.</p>		

Club Development: Engaging your Community			
Date	Time	Delivery Platform	Cost
17 March	7-9pm	Virtual Classroom	Free
Description	<p>Ahead of what we hope will be a busy summer, including Start Archery Week (14-22 May) this workshop creates space to focus on reaching into our local communities.</p> <p>Understanding and engaging with your community is a vital part of club sustainability. This online workshop will guide you to better understand who your local community are, and how you can effectively engage with them to maximise the benefit for both the club and the community.</p> <p>By the end of the workshop, delegates will have:</p> <ul style="list-style-type: none"> • spent time understanding principles of community engagement • explored the benefits for both the club and the community • explored how their club can meet the needs of the local community and identified how to engage with their own community • identified actions to improve your club's community engagement and increase participation <p>Delivered by a tutor from Club Matters, supported by Archery GB staff, bringing together valuable experience and insight from other sports, prepared with archers in mind.</p> <p>Open to a small group of around 12 participants so places will be first come first served- please ensure your booking is fully complete. Once booked, please attend, or the workshop may not be able to run as there is a minimum number of participants.</p>		



Archery GB

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