

PARTICIPATION TEAM



Late Autumn 2021 Training Programme

October 2021



WWW.ARCHERYGB.ORG

Introduction

Archers, coaches and club officials of all levels are keen to receive information and to support learning, growth and advancing the sport.

This Training Programme offers online support to strengthen members and clubs to grow our sport. It builds on the success of previous events run in person, and should allow delegates to grow, and share their knowledge and experience.

Progression of archers through our sport is a key priority for Archery GB. All archers want to experience achievement, enjoyment and a sense of progress in their personal development. It could also help in attracting new volunteers, as we seek to be better placed to respond to the current situation.



Who should attend?

Most of the workshops are open to all members. Some are tailored to specific role holders such as coaches, judges, people running clubs, competitive opportunities for archers, or other club officials. Webinars are a great way to encourage new people to consider new roles within the club. Some are free, some have a fee.

Members wishing to book should please book a place through their members' online portal. Please look for the webinar you wish to book under the 'Courses' listed – you can search for the title or date of the course.

Online considerations

Most webinars will include a chance to be fully interactive, therefore a laptop/ PC/ tablet is required, but sometimes a smartphone may also be possible with limited functionality in some cases. The device must have access to a microphone to be able to interact during the session.

Ideally participants would have good WIFI access, and an environment with limited distractions which is conducive to learning.

It is recommended to log into the webinar around 5-10 minutes ahead of the designated start time, to overcome any technical difficulties logging in.

How to Book

Booking Online

- Bookings are through your members' online portal <https://agb.sport80.com/login>
- Once logged in, click 'Courses' on left hand-side, then select the webinar title and date you wish to book
- For webinars with a fee attached, please have payment card to hand to arrange payment
- After the booking, or after the payment is received and confirmed by Archery GB, you will receive further information about how to access the webinar

For issues whilst booking, email or call us

- membership@archerygb.org or call us on 01952 677888, and one of the team will be able to help



Feedback from 2021 Webinar Participants:

"Easy to book onto, the details were sent out in advance, all the topics covered were relevant and informative and all questions were covered!"

"Excellent presentations from the speakers and a lot to take away and try to implement within my club"

"An excellent event, all the presenters offered different insights and there was plenty of chat. Well run and very informative and thought provoking"

Why not book now: <https://agb.sport80.com/login> or book through the [course finder](#)

1. Summary of Programme Full details in next section

November

Date	Time	Course	Page
1 & 8 November	7-9pm	Empowering Archery (Part 1)* EA 40R FULLY BOOKED	5
2 & 9 November	7-9pm	Introduction to Technique* IT 14 FULLY BOOKED	5
2 November	7-8pm	Conversation around Coaching (November)	6
4 November	7.30 – 8.30pm	Making it easy with easyfundraising	6
8 November	7- 9.30pm	Inclusive Activity*	7
15 & 22 November	7-9pm	Introduction to Technique* IT 15R	5
16 & 23 November	7-9pm	Creating Engaging Sessions* CE 14	7
25 November	7-9pm	Development in the Midlands	8
29 Nov & 6 Dec	7-9pm	Creating Engaging Sessions* CE 15R	7

December

Date	Time	Course	Page
2 December	7-9pm	Club Development: Build Back Stronger*	8
7 December	7-8pm	Conversation around Coaching (December)	6

- Courses marked* are limited to 12 or 15 bookings to create an interactive, small group learning experience
- Empowering Archery can be taken in two halves (two sessions each) or part 1 & 2 together (four sessions). Attendance is required at all dates for each listing


2. Course Details

Empowering Archery (Part 1 ONLY)			
Dates	Time	Delivery Platform	Cost
1 & 8 Nov – Code EA 40R	7-9 pm	Zoom	£25
Description	<p>Empowering Archery focusses on how we can create the best environment to optimise people’s experiences, retain them in archery, and help them achieve their goals.</p> <p>Open to anyone involved in running a club, coaching others, officiating, or parenting a young archer. By attending, you will know how to create the optimal environment for the people you are responsible for in your archery club.</p> <p>By attending the workshop you'll explore the following content:</p> <ul style="list-style-type: none"> • ‘Empowerment’ is a word often used, but what does it mean? • Health Benefits of Archery • Motivational Climate • Building Blocks for an Empowering Climate: • Create an Empowering Climate • What Next? Ongoing Planning and Reflection <p>Our work is underpinned by established research on motivation and also specific research in archery. It is delivered in partnership with the University of Birmingham. Feel free to send specific questions in advance to coaching@archerygb.org</p>		

Introduction to Technique			
Dates	Time	Delivery Platform	Cost
2 & 9 Nov – Code IT 14 15 & 22 Nov Code – IT 15 R	7-9 pm	Zoom	£25
Description	<p>Every archer knows that learning good shooting technique early on sets you up for a happy and healthy experience of archery. From a coach’s perspective, understanding the basics of shooting form and teaching these to your beginners from the first session is really important.</p> <p>Prospective coaches should read the ‘<i>Guidance for Learners - Session Coach Qualification</i>’ to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p>		

Conversation around Coaching (Approximately once a month)			
Dates	Time	Delivery Platform	Cost
2 November 7 December	7-8 pm	Microsoft Teams	Free
Description	<p>A monthly, drop-in, conversational style webinar with Lloyd Brown, Archery GB Coach Development Manager. You are not expected to attend every month, but welcome to book as many as you wish.</p> <p>This webinar is open to all those involved in coaching. Have you a question on coaching, for example on shot execution, or the technical framework, or maybe the new coaching system?</p> <p>If you have specific questions or topics you would like to cover, please e-mail in advance to Lloyd.brown@archerygb.org</p>		

Making it easy with easyfundraising			
Date	Time	Delivery Platform	Cost
4 November	7.30 - 8.30 pm	Microsoft Teams	Free
Description	<p>Your archery club could benefit from all your members' regular online purchasing, or members' friends and family, by raising donations for no extra cost. Or is your club already signed up to easyfundraising, but wants to keep things fresh?</p> <p>Just before the online Christmas shopping rush, catch up on:</p> <ul style="list-style-type: none"> • What is easyfundraising and how it works • How to sign up and get started • Tips for success <p>Is your club signed up with easyfundraising yet? If not, you can sign your club up for a new account through the partnership Archery GB has with easyfundraising https://www.archerygb.org/get-ready-to-start-easyfundraising-for-your-archery-club/</p>		

Inclusive Activity			
Date	Time	Delivery Platform	Cost
8 November	7 - 9.30 pm	Webex	Free
Description 	<p>A new Inclusive Activity Programme online training on how to make physical activity inclusive and accessible to disabled people. The programme is delivered by Activity Alliance in partnership with UK Coaching and funded through Sport England's National Lottery Fund.</p> <p>Equip yourself with the confidence and skills to engage disabled people and people with long-term health conditions more effectively in physical activity. Learn how to adapt your sessions to make them fun and inclusive for everyone!</p> <p>A maximum of 12 and minimum of 6 people is required to provide the excellent learning experience. It is an interactive workshop and participants will be encouraged to share their thoughts and experiences throughout the session.</p> <p>Another session will be available before Christmas: we strongly encourage bookings.</p> <p>To note: UK Coaching will be supplied with your name and email address, to send out the joining instructions directly to you by email before the session.</p>		

Creating Engaging Sessions			
Dates	Time	Delivery Platform	Cost
16 & 23 Oct – Code CE-14 29 Nov & 6 Dec CE 15R	7-9 pm	Zoom	£25
Description	<p>It takes a thoughtful coach to curate a session that has all the right ingredients for beginners to really enjoy and benefit from the session.</p> <p>This module invites coaches to explore how they can create a beginner's course that meet their audience's needs.</p> <p>Prospective coaches should read the '<i>Guidance for Learners - Session Coach Qualification</i>' to find out more about what this qualification entails, which can be found at https://www.archerygb.org/coaches-judges-volunteers/coaches/session-coach-level-1/</p>		

Development in the Midlands			
Date	Time	Delivery Platform	Cost
25 November	7-9 pm	Microsoft Teams	Free
Description	<p>An open online meeting to bring volunteers from across the Midlands together, to build a stronger network of relationships, and forum for discussion and sharing. Decisions on future topics and format could be suggested by those attending.</p> <p>Hosted by Helen Smedley, Regional Development Officer for the Midlands, committee members are encouraged to come raise questions, or share their learning with other clubs facing similar opportunities or challenges.</p> <p>Bookings are open to anyone from the East or West Midlands Regions. Committee members are particularly encouraged to get involved.</p> <p>Feel free to email questions in advance to helen.smedley@archerygb.org</p>		

Club Development – Build Back Stronger			
Date	Time	Delivery Platform	Cost
2 December	7-9 pm	Virtual Classroom	Free
Description	<p>The pandemic seriously impacted on all aspects of life, including the running of sports clubs. As we return to play and approach a new normal, we understand that clubs need support to assess their current situation, tackle any issues, implement recovery strategies and look to the future.</p> <p>By attending, delegates will be able to:</p> <ul style="list-style-type: none"> • Express the impact of COVID-19 on their club • Identify the current health status of their club and areas of risk • Outline recovery strategies that can aid their club • Identify potential opportunities to assist their club going forward <p>Delivered by a tutor from Club Matters, supported by Archery GB staff, bringing together valuable experience and insight from other sports and organisations, prepared with archers in mind.</p> <p>There will be a small group of around 12 participants in the webinar so places will be available on a first come first served basis- please ensure your booking is fully complete to reserve your place.</p>		



Archery GB

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Archery GB



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