



COVID-19 and Safeguarding in Sport

The current coronavirus (COVID-19) pandemic presents new safeguarding challenges for all those working or volunteering with children and young people, coaching athletes under 18 years of age. The Government has acknowledged that measures need to be taken to keep vulnerable children safe from abuse and neglect. We are looking at how we can best support you in your work and will continue to highlight helpful information and resources in the forthcoming weeks.

It is appreciated that these are uncertain times with all our usual activities and competitions cancelled, as Clubs try to find other ways to engage their young members.

Remote Coaching

The Child Protection in Sport Unit (CPSU) has released safeguarding guidance for Sports Clubs and Organisations taking part in remote coaching with their athletes as follows:

<https://thecpsu.org.uk/resource-library/best-practice/remote-teaching-and-coaching/>

Archery GB Website – Remote Coaching Guidance

<https://www.archerygb.org/archery-gb-publish-guidance-for-remote-coaching/>

The information highlights online safety processes as well as advice for conducting remote training sessions.

UK Coaching - Virtual Classroom

In response to the current restrictions, UK Coaching are offering a new online version of their existing training course:

<https://www.archerygb.org/sign-up-for-online-safeguarding-course-with-uk-coaching/>

The course, which is usually delivered as a fact to face workshop, aims to raise awareness of the signs of abuse and provide learners with the tools needed to deal with issues sensitively, appropriately, and effectively.

Child Protection in Sport Unit (CPSU): Additional resources for Club Welfare Officers

Watch the NSPCC CPSU latest webinar which has been developed to provide extra support for Club Welfare Officers, to help fulfil safeguarding responsibilities.

This webinar covers, what is included in a Time to Listen Club Welfare/Safeguarding Officer course and answers some of the most frequently asked questions.

Watch the latest webinar, boost your knowledge from home with one of the Webinars. Choose from a range of topics including online safety, ACEs and responding to concerns – or watch them all, they are free!

[Additional resources for Club Welfare Officers](#)

Online Risks:

Consider how safeguarding messages can be communicated to parental audience and also directly to children about risks online. Main issue is encouraging parents to have an open discussion with their children. Parents in the UK can contact the NSPCC/O2 free helpline

<https://www.o2.co.uk/help/nspcc/advice/line> 0808 800 5002, if they have any concerns about safety features or concerns. Refer to the flyer below for the O2 NSPCC online safety webinars and details on how a group can arrange a free session.

News story: Lonely children twice as likely to be groomed online, NSPCC warns

<https://www.itv.com/news/2020-04-23/lonely-children-twice-as-likely-to-be-groomed-online-nsppc-warns/>



Mental Health and Wellbeing

The pandemic and social distancing measures are placing a number of additional pressures on young people’s mental health and wellbeing. They may be experiencing increased feelings of anxiety, low mood, or loneliness and some will need additional support at this time.

If your Club or activity is keeping in touch with members virtually you can start a conversation about this by signposting young people to specialist information as follows:

- <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>
- <https://www.children1st.org.uk/help-for-families/safeguarding-in-sport/>

New information has also been published:

<https://the cpsu.org.uk/help-advice/topics/mental-health-and-wellbeing/>

looking at some of the ways Clubs can create a mentally healthy and safe environment.

Mental Health Resources – Sport NI

Sport NI has been working with Inspire Wellbeing to develop an online resource hub around Mental Health and Wellbeing for sports. The hub has lots of features and is particularly strong in creating upfront and clear signposting to services within every geographical area in NI. As SportNI move forward the content will be enhanced and developed but it is key that SportNI make this support available now to all people throughout the sporting community irrespective of ability, age and role they play within their sporting club.

To register and go in and have a look via the link and consider circulating to your membership. Sport NI and the PHA want to reach out and help as many people as possible, encourage people to use and engage in the hub and link them directly to the support services available out there.

www.inspiresupporthub.org/sports



Archery GB Disclosure and Barring Service (DBS) Enquiries:

Please contact Andrea Holmes, Archery GB DBS Officer for all Archery GB DBS enquiries.

Contact details: Tel No: 01952 951706

E-mail: andrea.holmes@archerygb.org

Helplines remain available

If you are worried about a child, even if you are unsure, you can speak to the [NSPCC helpline](https://www.nspcc.org.uk) about your concerns on [0808 800 5000](tel:08088005000) or e-mail help@nspcc.org.uk

Please continue to recommend [Childline](https://www.childline.org.uk) to the young people in your clubs and activities on 0800 1111



Archery GB Performance Policies, Procedures and Guidelines:

Performance Documentation Library can be found here:

<https://www.dropbox.com/sh/wxjht2cpc1pdvzy/AACGbZZXhONgNt9YCWmh0-uja?dl=0>

Archery GB Safeguarding Policy and Procedures and Guidance Documents:

<https://www.archerygb.org/about-us-structure-safeguard/safeguard/safeguarding-policy-guidance/>

Archery GB Safeguarding Team:

We do appreciate that these are uncertain times and can present new safeguarding challenges. We are available for you to contact us if you require any guidance on safeguarding concerns/DBS guidance:

Archery GB Safeguarding Officer:

Anne Rook: 01952 602792 E-mail: anne.rook@archerygb.org

Archery GB DBS Officer:

Andrea Holmes: 01952 951706 E-mail: andrea.holmes@archerygb.org

Archery GB Performance:

All Performance concerns should be raised with a member of the Performance Management Team.

Contact details are as follows:

Director of Sport – David Tillotson: david.tillotson@archerygb.org

Performance Co-ordinator: Stephanie Kelly: stephanie.kelly@archerygb.org