Introduction

Learn about archery in new ways with our series of workshops for archers, coaches, and club volunteers.

They are a great way to socialise with different people from the sport and learn about specific topics that interest you.

The workshops are delivered from one to two days in friendly and supportive environments at local clubs across the UK, and are delivered by specialists in their subject of knowledge, enabling you to develop your practice and keep up to date.

Providing opportunities for members to progress through our sport is a key priority for Archery GB. Our workshops usually run with a minimum of 10 and up to 20 people.

Workshops for Archers and Coaches

- Introduction to Technique: 1 day, £65 per person
- Shot Execution: 1 day, £65 per person
- Archery Crafts: 1 day, £65 per person
- Tournament Performance and Strategies: 1 day, £65 per person
- Recurve Equipment Set-up and Tuning: 1 day, £65 per person
- Compound Equipment Set-up and Tuning: 1 day, £65 per person

Workshops for Coaches, Volunteers, TO’s

- Coaching Technique: 2 days, £125
- Empowering Coaching for Archery: 1 day, £65 per person
- Adaptive Devices: 2 days, £65 per person (special offer for 2020)
- IANSEO Training: 1 day, £40 per person / £30 if member of ontarget club

Club Development Workshops

- Club Development: 1 day, £20 per person / £10 if member of ontarget club

Part of the day includes a session run by Club Matters (see topics below). Clubs can also book a session with Club Matters directly at http://www.sportenglandclubmatters.com

- Club Structures
- Marketing Strategy
- Business Planning
- Club Experience
- Volunteer Experience
- Club Leadership Teams
Workshops for Archers and Coaches

Each workshop is suitable for all archers, and are useful for coaches too.

Introduction to Technique
This workshop provides essential guidance for archers (and coaches) to understand shooting technique, utilising the technical model used by Archery GB.

The event includes an interactive presentation of the technical model, discussion and practice scenarios, including drills and skills to improve shooting form.

Shot Execution
This is a workshop for archers who want to improve their shot execution and learn ‘how to learn’ good shooting technique, with hands-on practice of the drills and skills.

Archery Crafts
On this workshop you’ll learn how to make a string, proper serving and tie on a nocking point. You’ll practice the finer points of fletching arrows for precision performance using different methods and brands, as well as have-a-go at building a custom grip and understand the finer points of custom grip building.

You’ll also learn about the various materials and different brands along with proper selection and testing.

This is a great way to introduce archery crafts to junior archers, archers new to the topic, as well as more experienced crafts people to refine their skills.

This workshop is suitable for young people and adults and will ensure you have the skills for these important archery crafts.

Tournament Performance and Strategies
This workshop is designed to help you prepare for competition by learning methods to maximize performance and develop effective competition strategies and shot routine.

Recurve Equipment Set-up and Tuning
This workshop supports you to learn correct equipment selection, set-up and tuning of modern competition recurve bows, utilising high-speed video and practical application.

Compound Equipment Set-up and Tuning
This workshop supports you to learn correct equipment selection, sizing, set-up and tuning of compound bows, utilising high-speed video and practical application.
Workshops for coaches, volunteers, TO’s

Workshops for people involved in the provision of archery.

Coaching Technique
This workshop provides essential guidance for coaches to understand shooting technique, utilising the technical model used by Archery GB.

The event includes an interactive presentation of the technical model, discussion and practice scenarios, including drills and skills to improve shooting form.

The second day includes a practical session for coaches to practice what they have learned. Coaches may bring an archer and produce an action plan using drills and skills to help the archer’s progress.

This workshop is for anyone actively coaching.

Empowering Coaching for Archery
Learn how to create a positive motivational climate and optimise your archer’s participation.

Many factors impact upon whether someone’s sporting experiences are positive or negative. One major element is the ‘motivational climate’ created by the coach and others. This workshop aims to help you understand why and how to motivate archers so as to promote their optimal and healthful engagement in sport.

On the workshop you’ll learn how to become more empowering as a coach or club volunteer so that more people can enjoy archery, stay involved, fulfil their potential and experience all the positive health benefits that participation can bring!

Empowering Coaching™ pulls from well established, contemporary theories of motivation and behaviour change. Archery GB is authorised to deliver this workshop under licence from University of Birmingham.

This workshop is for all club volunteers and coaches.

Adaptive Devices
This practical workshop prepares club volunteers and coaches to support disabled people new to archery. Explore how different disabilities effect shooting; including

- Limited balance/stance/strength, difficulties drawing the string, and visual impairment
- Have a go at creating your own adaptive devices for people with varying needs
- Learn how to create a welcoming and supportive environment
- Understand additional safety and risk considerations

The aim of every beginner session is to get the archer safely shooting as soon as possible. This workshop helps coaches and club volunteers, do just that.

This workshop is for anyone interested in improving the experiences of disabled people.

IANSEO Training
Used by World Archery, clubs can use IANSEO software as comprehensive management of Archery Tournament results. From accreditation of the athletes and officers to every kind of printout utilities, from network and online integration to FOP design.

The training will cover:
- Setting up WA18/1440 competitions
- Running more complex events (e.g. Head to Heads)
- Working with the Judging team at a competition
- Setting up IANSEO (delegates to bring own laptop and download software beforehand)
- Post-Shoot activities – such as filing of results and web publishing

Archery GB uses IANSEO for all of its national competitions and encourage clubs and Tournament Organisers to do the same.
Club Development Workshops

Aimed at anyone interested in growing and strengthening their club, these workshops are especially useful for those involved in club development or with a role on a committee.

One day workshops delivered in an interactive and engaging way. Topics covered include general trends in archery and membership, facilities, sharing the latest updates/initiatives, and support in seeking funding.

Club development workshops are held 9.30am - 4pm, and cost £20 per person, or £10 if from an ontarget club.

A part of the day is run by an external provider, looking in depth at a topic from the online web resource ‘Clubmatters’. Clubs can book a stand-alone session themselves, direct through Clubmatters: click here www.clubmatters.com

The range of Clubmatters topics are described below:

Club Structures
Understanding what structure is right for your club to enable success and stability.

- The important of your club structure
- An overview of different legal structures
- Top tips for becoming incorporated
- Selecting the best status for your club, including CASC, charities and CIO’s

Club Leadership Teams
Effectively running a team/committee and recruiting the right people for the right roles.

- Reviewing your current structure
- Key components of an excellent leadership team
- Achieving an excellent leadership team

Club Participant Experience
Ensure your club is chosen over the other opportunities competing for people’s leisure time.

- What do participants want?
- Listening to and responding to needs
- Consistently delivering a great club experience

Club Volunteer Experience
Ensuring volunteers feel recognised, rewarded, and part of the team.

- Develop positive volunteering culture
- Develop volunteer experience by assessing value of club volunteer
- Top tips in recruiting, retaining and rewarding new and existing volunteers
- Action plans to improve experience

Marketing Strategy
Reach out and attract new members, raise funds or enhance your club’s profile.

- What to consider to shape strategy
- Fit to follow framework
- Methods to motivate- different marketing options
- Evaluating and focus energy effectively

Business Planning
Help to put together a simple yet effective business plan to reach your club’s goals.

- What a business plan can do your club
- Key players in developing a business plan
- Simple framework to support planning
- Top tips: what to include and common pitfalls to avoid
- Getting to grips with gift aid
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