

SPORT TEAM



Club Development & Training Programme

Winter & Spring 2019



WWW.ARCHERYGB.ORG

Introduction

Archers, coaches and club officials of all levels are hungry to receive information in helping them learn and advance the sport.

This Club Development & Training Programme builds on the success of our previous events and should allow delegates to share their knowledge and experience. It will explore ways in which those involved in the sport can help grow the sport at all levels.

Progression of archers through our sport is a key priority for Archery GB, all archers want to experience achievement, enjoyment and a sense of progress in their personal development.

Previous surveys have highlighted skills development and progression issues as important reasons for leaving, including a lack of progressing their ability in the sport and the availability of coaching.

This coaching workshops and seminars presented here will support the aim of retaining archers in our sport for longer.

Who should attend?

Most of the workshops are open to all members. Some are tailored to specific role holders such as coaches or club officials.

The next page outlines how to book and each event is described in further detail.

If your club wishes to host any of these or other workshops then please contact us, we are always willing to host sessions in other locations.

Call us on 01952 602795 or email sport@archerygb.org and one of the team will be able to help.



How to Book

Booking Online

- Most workshops and seminars are bookable through online Archery GB's membership system
- The login page is <https://agb.sport80.com/login>
- If you struggle to login, but know you have used the previous members online portal, please select the option 'Recover Account From Previous System'
- If you have forgotten or wish to set a new password, please select the option 'Forgotten Password?'
- Once logged in click 'Events' on the left hand-side and then the actual event you wish to attend
- Then at 'checkout' there are three payment options available to you:
 - Pay online by using stripe the card payment option.
 - Prefer to pay by bank transfer or cheque then click the payment advice option. Please make a note of the reference number.
- To pay by bank transfer (quote the reference number as your bank transfer reference number) Archery GB Bank Account Number: 19823045 and Sort Code: 54-10-36)
- To pay by cheque (write the reference number of the back of your cheque)
- When payment is received by Archery GB and confirmed, you will receive further information.

Specific Bookings

- One or two of the courses have specific booking details – this will be highlighted in the description for the course. Please follow the instructions provided.

Or Call Us

- Call us on 01952 602795 and one of the team will be able to help.



1. Summary of the Programme

February 2019

Date	Time	Workshop	More Information
Saturday 9 February	9.30am – 5pm	Club workshop (East & Midlands)	Page 5
Saturday 23 February	9am – 5pm	Introduction to the Technical Framework	Page 5

March 2019

Date	Time	Workshop	More Information
Sunday 3 March	9am – 5pm	Judges National Conference	Page 6
Sunday 3 March	10.30am – 5pm	Women in High Performance	Page 6
Saturday 9 March	10am – 4pm	Photography & Media Writing Course	Page 7
Saturday 23 March	9.30am – 5pm	Club workshop (North East)	Page 7
Saturday 23 March	9am – 4pm	Regional Judge Preparation Seminar	Page 7
Saturday 30 March	9am – 5pm	lanseo Training	Page 8

April 2019

Date	Time	Workshop	More Information
Sunday 7 April	9.30am – 5pm	Club workshop (South West)	Page 8

May 2019

Date	Time	Workshop	More Information
Saturday 4 May	9.00am – 5.00pm	Equipment Set-up and Tuning for Recurve Bows	Page 8
Sunday 5 May	9.00am – 5.00pm	Equipment Set-up and Tuning for Compound Bows	
Sunday 5 May	9.00am – 5.00pm	Tournament performance and strategies	

Book now: <https://agb.sport80.com/login>

What people have said about our workshops:

“Very welcoming, enthusiastic presenters, relaxed atmosphere and interesting sessions delivered”

2. Course Details – February 2019

Club workshop – East & Midlands			
Date	Time	Venue	Cost
Saturday 9 February	9.30am – 5.00pm	Peacock Archers, Bottisham (Cambridge)	£25 ontarget clubs £10
Description	<p>Open to all club volunteers, providing opportunities to share examples of good practice and network with other clubs. The day will comprise of a club volunteer workshop, which addresses how to develop a positive culture of volunteering within your club, top tips in recruiting, retaining and rewarding new and existing volunteers and the development of an action plan to improve the volunteer experience.</p> <p>Other areas will include key updates from Archery GB and interactive group sessions to help grow and sustain membership, develop your club and ensure all archers receive a quality experience. We will share latest insights into our different types of members, funding opportunities and facility development.</p>		

Introduction to the Technical Framework			
Date	Time	Venue	Cost
Saturday 23 February	9am-5pm	Meriden Village Hall, Warwickshire	£65
Description	<p>This workshop introduces Archery GB's Technical Framework, providing essential guidance for archers and coaches to evaluate and develop improved shooting technique. Topics covered include:</p> <ul style="list-style-type: none"> • a presentation of Archery GB's Technical Framework • shared interpretation of Archery GB's new resource to help archers and coaches evaluate technique called the Technical Achievement Summary • a practical introduction to drills and skills to improve the quality of practice <p>This workshop is suitable for all archers and coaches.</p> <p>The workshop will be delivered by Lloyd Brown, former USA and GB Olympic coach.</p>		

3. Course Details – March 2019

Judges National Conference			
Date	Time	Venue	Cost
Sunday 3 March	9am – 5pm	Mercure Newcastle George Washington Hotel Golf and Spa, Washington	£40 Accommodation can be booked separately
Description	<p>Attendance at the conference is required during every re-accreditation period for National and Regional Judges. Regional Judges - this is your last chance to attend in this reaccrreditation period (Oct 2015 - Jan 2020) and for National judges in the North of the country this will be the closest event in the next reaccrreditation period (Jan 2019 – Jan 2023).</p> <p>Topics will include those below though they may be subject to change.</p> <ul style="list-style-type: none"> • Update from AGB • Equality and Discrimination • Guest Speaker • Uniform and Clothing Regulations • Updates <ul style="list-style-type: none"> o use of lasers for measuring o report form update o Effective JSs • Multi Face Scoring • Finals Fields and FOPs • Disability Archery <p>Bow scales of Judges attending the conference will be weighed during the conference as usual.</p>		

Women in High Performance			
Date	Time	Venue	Cost
Sunday 3 March	9.30am – 5.00pm	Lilleshall NS&CC	£5
Description	<p>The aim of the workshop is to create an environment where coaches can share their experiences and ideas that will facilitate their own development as Coaches.</p> <p>The Workshop will be run by Archery GB Pathway Academy Coaches Vlada Priestman and Gaynor Hutchison whom between them have contributed to the coaching of some of GBs best talent in the country.</p> <p>There is no minimum experience needed to attend this workshop, all female coaches are welcome. Places will be limited to maintain a good quality experience.</p>		

Photography & Media Writing Masterclasses			
Date	Time	Venue	Cost
Saturday 9 March	9.30am – 5.00pm	Lilleshall NS&CC	FREE
Description	<p>Dean Alberga is an archer and a familiar face at all World Cup, Olympic and Paralympic events, as well as national and international tournaments. You have seen his work in major archery magazines, including Archery UK, as well as equipment catalogues. He will be giving tips and ideas about how to make the most of your archery photographs – as well as some advice on gear.</p> <p>The writing masterclasses will focus on structure, style, angles, how to get the best from your stories – and how to get them published.</p> <p>The masterclasses are FREE to members – but places will be strictly limited so please get your applications in quickly. We need your name, membership number, email address and phone number – and please make it very clear which masterclass you are interested in.</p> <p>The deadline for applications is 31 January 2019. Email magazine@archerygb.org to book.</p>		

Club workshop – North East			
Date	Time	Venue	Cost
Saturday 23 March	9.30am – 5.00pm	Norton Archers, Stockton-on-Tees	£25 ontarget clubs £10
Description	<p>Open to all club volunteers, providing opportunities to share examples of good practice and network with other clubs. The day will comprise of a club volunteer workshop, which addresses how to develop a positive culture of volunteering within your club, top tips in recruiting, retaining and rewarding new and existing volunteers and the development of an action plan to improve the volunteer experience.</p> <p>Other areas will include key updates from Archery GB and interactive group sessions to help grow and sustain membership, develop your club and ensure all archers receive a quality experience. We will share latest insights into our different types of members, funding opportunities and facility development.</p>		

Regional Judge Preparation Seminar			
Date	Time	Venue	Cost
Saturday 23 March	9am – 4pm	Hadleigh, Ipswich	£30
Description	<p>This one-day course is suitable for existing County Judges wishing to update to Regional Judge status.</p> <p>Topics include Chairing Archery GB events and World Record Status shoot, and covers the basics of Head to Head management.</p>		

lanseo Training			
Date	Time	Venue	Cost
Saturday 30 March	9am-5pm	Lilleshall NS&CC	£30 ontarget clubs £20
Description	<p>lanseo is software for managing the results of an Archery Tournament. Used by World Archery, clubs can use lanseo as a comprehensive management of an Archery Tournament: from accreditation of the athletes and officers to every kind of printouts utilities, from network and online integration to FOP design.</p> <p>Archery GB uses lanseo for all of its national competitions and encourage clubs and Tournament Organisers to do the same. The training will cover:</p> <ul style="list-style-type: none"> • Setting up lanseo on a computer (delegates to bring own laptop) • Setting up WA18/1440 competitions • Running more complex events (e.g. Head to Heads) • Working with the Judging team at a competition • Post-Shoot activities – such as filing of results & web publishing 		

4. Course Details – April 2019

Club workshop – South West			
Date	Time	Venue	Cost
Sunday 7 April	9.30am – 5.00pm	Deer Park Archers, Cheltenham	£25 ontarget clubs £10
Description	<p>Open to all club volunteers, providing opportunities to share examples of good practice and network with other clubs. The day will comprise of a club volunteer workshop, which addresses how to develop a positive culture of volunteering within your club, top tips in recruiting, retaining and rewarding new and existing volunteers and the development of an action plan to improve the volunteer experience.</p> <p>Other areas will include key updates from Archery GB and interactive group sessions to help grow and sustain membership, develop your club and ensure all archers receive a quality experience. We will share latest insights into our different types of members, funding opportunities and facility development.</p>		

4. Course Details – May 2019

Equipment Set-up and Tuning for Recurve Bows			
Date	Time	Venue	Cost
Saturday 4 May	9.00am – 5.00pm	Hills Road Sixth Form Field, Cambridge	£65
Description	<p>This workshop supports you to learn correct equipment selection, set-up and tuning of modern competition recurve bows, utilising high-speed video and practical application.</p> <p>Who's it for? This workshop is for all archers and coaches.</p> <p>The workshop will be delivered by Lloyd Brown former USA and GB Olympic coach.</p>		

Equipment Set-up and Tuning for Compound Bows			
Date	Time	Venue	Cost
Sunday 5 May	9.00am – 5.00pm	Hills Road Sixth Form Field, Cambridge	£65
Description	<p>This workshop supports you to learn correct equipment selection, sizing, set-up and tuning of compound bows, utilising high-speed video and practical application.</p> <p>Who's it for? This workshop is for all archers and coaches.</p> <p>The workshop will be delivered by Kieran Carr Archery GB Paralympic Technician</p>		

Tournament performance and strategies			
Date	Time	Venue	Cost
Sunday 5 May	9.00am – 5.00pm	8th Worcester Scout Hut, Claines	£65
Description	<p>This workshop is a live-action event where archers and coaches will learn how to prepare for competition and learn to maximize their performance with skills and strategies used by the top archers in the world.</p> <ul style="list-style-type: none"> • Learn how to shift from technical training to performance preparation • Getting ready for competition – from planning to packing • Learn the skills to shoot in a variety of conditions • Develop a competition mental program to create consistency in your shots • Understand equipment preparation, testing for maximum groups, and troubleshooting • Learn drills to strengthen your competitive edge: The grip and rip drill; Timing drills; Team round drills • Develop strategies to turn your performance around when you're having trouble • Get tips on good competition day nutrition for best performance • Make your tournament shooting FUN! <p>The workshop will be delivered by Lloyd Brown former USA and GB Olympic coach.</p>		



Archery GB

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Archery GB



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