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Welcome
Christmas is on its way and we have plenty of things to be merry about. Internationally we have new world champions, our para athletes have notched up yet another clean sweep and there has been an impressive haul of medals. Domestically, the National Series offered up a showcase for British talent. We have full reports inside.

There are also four pages of Christmas gift suggestions as well as all your latest news, pictures, features and updates.

We also have a format change. Instead of separate Development and Performance sections, these have now been combined under the umbrella of Sport. This reflects the structural changes within Archery GB and you can find out more about our new Sports Team and its work on pages 22-24.

All that’s left is for me to wish you a wonderful Christmas, a happy new year and a successful indoor season. See you in the spring!

Jane Percival
Editor
Working together

New initiative targets Commonwealth Games

Archery GB and the UK’s main Home Nations are working together on a major new initiative to develop a co-ordinated approach to archery’s potential inclusion in the Commonwealth Games 2022. Chief Executive Neil Armitage met Chairman of the English Archery Federation Marc Grady, Scotland’s Chief Operating Officer Michael Mather and Wales Chairman Darren Cooke at Lilleshall to discuss the 2022 approach and share Archery GB’s Sports Strategy. As acting Chairman, Neil also represented Northern Ireland. Hilda Gibson, an executive member of World Archery Europe, was also at the meeting.

Director of Sport, David Tillotson delivered an overview of Archery GB’s strategy. Each nation was then invited to talk about its strengths and any challenges it was facing. One thing became clear very quickly though: a strong commitment from the Home Nations to align themselves with and support the strategy and its objectives, allowing for the diverse governance and disparate processes each operates under.

They also discussed Archery GB’s commitment to support the Home Nations’ ambitions for the Commonwealth Games, along with the need for a co-ordinated approach for the vision for the games, communications and funding. It was agreed to draw up a Memorandum of Understanding supporting the commitment to work together.

Marc Grady later said the Home Nations had welcomed the chance to sit down for talks with Archery GB and praised the Sports Strategy. “It has much merit and clearly holds many opportunities for the Home Nations to support its vision and the development of archery across Great Britain,” he said.

Plans are now being made to invite our other Home Nations to further meetings.

When Sandy Gillespie of Bannockburn Bowmen shot a Robin Hood, he accepted it. Things happen. But he was left scratching his head – and counting the cost – when he did exactly the same thing 21 days later.

Jackie Dresou of Crowthorne Archers was equally impressed with her first Robin Hood – Her first thoughts were whether the arrow could be repaired but fellow members took her to one side to break the news… that it was no longer called an arrow. It was now classed as a souvenir!

Beginner Jacci Alexander had just received her first arrows and bows upgrade when she decided to try them out. She shot too high over the boss leaving arrows hanging from the netting and adjusted her sight. But it was not quite enough and she hit the hanging arrow. And, to add to the embarrassment, fellow members at Gronant Bowmen decided to call it a Maid Marion.

Newark Castle Archers have been teaching celebrities how to shoot… for a TV fishing show. And the experience has allowed the club to achieve one of its main ambitions. All Stars Fishing, which will be screened by ITV4 next summer, throws up different challenges for its stars, including decathlete Dean Macey and anglers Matt Godfrey and Adam Rooney. So they needed to master some new skills and turned to Newark’s members.

Club Chairman Mandie Elson said: “They do a competition at the end of each show which is themed on the area and they chose archery at Newark Castle.

“One of the ultimate goals was to get Newark Castle Archers shooting in the grounds of Newark Castle. This allowed us to achieve that and realise the dream of our late founder, Michael Dutton.”
Organisers have called time on the UK record status and Rose award William Somner Tournament, bringing 61 years of tradition to an end.

The competition was set up in 1956 by Bretts, Canterbury, Castle Moat, Cinque Ports and Dover. Its history since then has been eventful. Thanet joined in 1957, Herne Bay in 1961 and Dover left in 1979. Sibertswold joined in 1982 and Herne Bay left in 1983.

Its constitution was revised in 1984 and, in 1985, it was decided to run it on a more informal basis with Canterbury archers playing host.

Storm Brian might have left many parts of the country battered and bruised – but it certainly was not going to stop Jersey Archery Society’s annual Azincourt fun shoot.

It did, however, force the event indoors which meant some of the different disciplines had to be postponed. The club divided again into English and French of dubious historical accuracy as English longbow, flatbow, barebow, recurve and compound archers competed for this year’s honours. And it could not have been closer. England took the cup for the first time in three years by a 24-point margin.

Each archer also took part in a “one in the eye” competition. It was won, convincingly, by Englishman Phil Rose and his trusty barebow.

The top results in each category were:

**Longbow:** Bjarne Jacobsen (English), Steve Cabot (English), Jill Ruby (English)

**Barebow:** Maria Mitchell (French), Dan D’Orleans (French), Phil Rose (English)

**Combo:** Karen Barnes (English), Tadhg MacFirbhisigh (English), Tim Bridges (English)

**Recurve:** Tamara Mitchell (French), Matthew Cotillard (English), Sam Hamon (French)

**Juniors:** Josh Oxenden (French), Noah Cabot (French), Eli Cabot (English)

The end of an era…

Entries have been falling however so this year the organisers reluctantly decided to cancel the event, which was to have been held on 3 September. The organisers said: “We would like to take this opportunity to thank all the archers that have supported the competition and all the past and present judges. All trophies will be at Bill Terry’s Archery Museum. He has agreed to be custodian and the Somner Committee has agreed that all remaining funds to be donated to Great Ormond Street Hospital.”

Nothing can stop the Azincourt shoot!

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Picture courtesy of Canterbury Archers
WORLD CHAMPIONS

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Did you buy an Archery Foundation raffle ticket at the National Indoor Championships? If so, the Foundation wants to say thanks – and congratulate the winners!

The charity held two raffles at the Stoneleigh event. The top prize in the first was win guaranteed entry into each of the six stages of the 2018 National Series. In the second it was one-to-one training session with Patrick Huston and selected memorabilia from the 2017 World Archery Championships. You can find the names of the winners at thearcheryfoundation.org.uk

The foundation, which is supported by Archery GB, is a registered charity that aims to find and provide funding for projects to help disadvantaged, disabled and able-bodied people of any age to enjoy our sport. Among its most recent supporters is St Kingsmark Bowmen, Chepstow, which gave money raised at a shoot. If you are interested in making a donation or helping the Foundation by becoming a trustee, you can find out more on the website.

£4,000 boost
Funding to help get community involved

Nuneaton Archers has been given a £4,000 boost for its Archery For All (Get On Target) project to get more people involved in the sport. The money has come from the SUEZ Communities Trust, formerly the SITA Trust and it is also receiving financial support from Warwickshire County Archery. It will go towards a selection beginners kits which will allow the club to offer a dedicated loan bow scheme for people finishing a course.

Paul Rowley, Nuneaton Archers said: “We are really excited about the funding from SUEZ Communities Trust and Warwickshire County Archery and can’t thank them enough. This now gives Nuneaton Archers the opportunity to provide much needed archery equipment with the introduction of a loan bow scheme to adults and children, who want to participate in archery.”

Marianne Ivin of SUEZ Communities Trust added: “We are delighted to be able to help Nuneaton Archers with the purchase of the new equipment, we hope more and more people will be drawn to the sport following this worthy investment. SUEZ Communities Trust provides grants through the Landfill Communities Fund. This important source of funding has been available since 1997 and has provided such worthy projects with more than £1.4 billion.”

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Madeleine Latham-Fox, a junior member of Hertford Company of Archers, has passed away after being struck down with a particularly virulent form of meningitis. She was 14.

She was taken to Great Ormond Street Hospital, but sadly died a few days later. Jeanne Spooner, the club’s junior representative, said that Madeleine, who joined HCA at the age of 10, was one of its most promising archers and had just embarked on her Duke of Edinburgh award. The club will award a specially-engraved trophy in her memory at its annual junior fun shoot.

Obituary

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We band of brothers (and sisters)...

When the anniversary of the Battle of Agincourt fell on a club night, Riverside Archery Club thought it would be rude not to mark it in some way. So members organised a fun shoot.

It started with a brief history from King Henry – also known as Adrian Burlison – before he launched into the pre-battle speech from Shakespeare’s Henry V. It was well received by the massed bows of the English who then went on to face the French: specially designed targets showing French knights, men at arms and Genoese bowmen surrounding the battle standard of the Constable Charles d’Albret.

Targets were set at unknown distances, adding to the realism and the result was a fair representation of what happened. No casualties recorded on the English side with a slightly different outcome for the French.

Think pink!

There was a distinctly rosy glow to Ballyvally’s halloween shoot this year, with most members donning fancy dress, plus a touch of pink! The shoot was held to raise cash for Action Cancer – and pink is the charity’s signature colour. And members did not let it down as they raised a total of £361.

Positions of trust

In our spring issue we reported that the NSPCC was urging Government to close two legal loopholes which left the door open for child abusers to target young people. It wanted position of trust laws which protect 16 and 17 year olds to be extended to cover sports coaches, youth workers and other roles.

It was a position robustly supported by Archery GB – and Tracey Crouch, the Minister for Sport – has now announced that the law is to be changed to close the loophole.
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HERE AT ARCHERY GB, WE’RE PLEASED TO LET YOU KNOW ABOUT SOME EXCITING NEWS FROM OUR AFFINITY PARTNER VOLVO CAR UK.

Volvo Cars has recently announced that every new model it launches from 2019 will come with an electric motor option. The announcement represents one of the most significant moves by any car maker to embrace electrification. Over a century after the invention of the internal combustion engine, electrification is paving the way for a new chapter in automotive history.

“This is about the customer,” said Håkan Samuelsson, President and Chief Executive of Volvo Cars. “People increasingly demand electrified cars, and we want to respond to our customers’ current and future needs.”

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Volvo Cars will launch five fully electric cars between 2019 and 2021, three of which will be Volvo models and two of which will be high-performance electrified cars from Polestar, Volvo Cars’ performance car arm. The five models will be supplemented by a range of petrol and diesel plug-in hybrid and mild-hybrid options, representing one of the broadest electrified car offerings of any manufacturer.

“Volvo Cars has stated that it plans to have sold a total of 1 million electrified cars by 2025,” said Mr Samuelsson. “When we said it we meant it. This is how we are going to do it.”

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Official fuel consumption for the New Volvo XC60 range in MPG (l/100km): Urban 30.1 (9.4) – 45.6 (6.2), Extra Urban 44.8 (6.3) – 61.4 (4.6), Combined 38.2 (7.4) – 134.5 (2.1). CO₂ emissions 169 – 49g/km. MPG figures are obtained from laboratory testing intended for comparisons between vehicles and may not reflect real driving results.
He acquired an 69-inch longbow of yew dated 1770 carrying with the initials SF for Simon Fraser. Another made from ash, all of seven feet long and found under the thatch of a 14th century cottage, in Leominster, Herefordshire, he convincingly identified as of Tudor date.

Roy King had a passion for archery. He was an electrical engineer by profession but had started shooting at the age of 13 and, by the time he was 21, had gained his first National Flight Championship. In 1966 he built a fibreglass bow and set a new record of 539 yards.

From 1973 Roy was making yew and osage-orange long-bows, and matching footed arrows for the Queen’s Bodyguard for Scotland, the Royal Company of Archers. These bows of Victorian design are usually 50 to 55lbs draw weight at a standard 28 inches. Arrows were flight type, barrelled and footed for use at ranges of 180 to 200 yards. The insights he gained as a bow maker and active archer meant that he was able to repair and maintain old bows made by his predecessors, Peter Muir and William Fergie up to a century before.

He was able to say with authority: “The cross-section of the limb is the main deciding factor in the true longbow. In 95 per cent of bows the thickness of the limb is at least ¾ of the width.

“This being so, the limb naturally assumes little over one-inch in width for average weight bows. Secondly, this width does not diminish towards the handle to make the bow more centre-shot as in flat bows that use a riser to stiffen the centre section. The true longbow does not have a riser and only a slight thickening of the limb through the length of the grip is noticeable, if any.

“To make a good bow time must be immaterial and only the quality of the product considered. It must be worked, drawn, shot and tillered time and again so that the wood in its construction can yield its best. In view of this no two bows will ever be alike, for as Saxton Pope said, ‘It takes an artist and not an artisan to make a longbow.’”

Roy also made bows for the Woodmen of Arden, the company of archers founded in 1785 by the Earl of Aylesford at Meriden in the Midlands. The recovery of the rich haul of 16th century Tudor longbows from the Mary Rose led to an invitation to make replica bows so as to gauge the strength and effectiveness of these weapons.

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He was impressed by the DuoFlex bow designed in the 1940s by Russ Willcox, an American archer and rifle-shooter. Initially wood, and then fibreglass, when drawn the recurve became almost straight and on release the maximum amount of energy was transmitted to the arrow.

It takes an artist...

Roy King, the master bowyer

Arthur Credland is Archery GB’s official historian – and he wants to hear from you. Contact him at historian@archerygb.org

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Ever heard of the old saying: “if you can’t beat ‘em, join ‘em”? We that’s exactly what Isaac and Ida Bentley have done – and it is working out rather well! They are both members of Stratford Archers and love the sport, particularly field archery. It has taken them on lots of adventures – they have been lucky enough to shoot in Slovenia – and it sometimes gives them the chance to get their own back on their dad, John...

Here are their stories:

Isaac, who has just turned 14, said: “I’ve been an archer since I was around 10 and I first got into it because of my dad who was always asking me whether I wanted a go. I was never quite sure...until finally I tried it and I knew I would love it. It’s sometimes slow progress though.

“I really enjoy archery for lots of reasons, such as the wide variety of shoots. We do field, indoor, target and special fun shoots for seasonal events, like the Guy Fawkes shoot. We even did one for the last election.

“Another reason I like it is that not many people do it which makes me feel really good.

“My favourite target is on the club’s field shoot. It is a flying goose, which is a zip wire with stony ground behind it (great for breaking arrows). I also like the Tube. That’s shot through a tiny tube and a swinging target.

“We have even done field shoots while on holiday in Slovenian mountains. It was amazing and there were some really difficult shots.”

Ida, who is nearly 12, has been shooting for two years. She said: “I started archery because my dad and my brother were doing it. I became a member of the Stratford Archers, where I did a course and learned to shoot.

“Two years ago, we went to Slovenia for our summer holiday and my dad wanted to do this archery course. I didn’t really want to do because I had never shot a field course before, but I did it anyway. On the course my dad got everyone lost and we had to walk through stinging nettles. Unfortunately, I got stung by one all because my dad got us so badly lost!

“We have been to Slovenia three times now, and the third time we went we shot the same course again but it had changed and was even harder. There was one shoot almost pointing straight down and to do it you had to climb up a ladder to get on to a boulder - that was my favourite shot. We kept score and Isaac and I beat dad, which he wasn’t very happy about.

“1 love doing archery and I don’t think I will stop doing it.”
When Becky Chilcott finished her beginners’ course she knew one thing: she preferred shooting barebow and wanted to give it a proper go. It was one of the best decisions she has ever made. Two years on the Audco Archer has seven national titles, six national records – with another three about to be approved – 37 county records and has gained Junior Master Bowman status. She is ranked number one in the under-16s and third overall at junior level and has represented Shropshire as a junior and the West Midlands as a senior.

She said: “My first big competition was the National Indoor Champs at Stoneleigh in 2015 and I managed to finish third. This really encouraged me and, after some excellent coaching from Patrick Huston, I continued to improve and then entered the National Outdoor Champs at Lilleshall in 2016. I managed to with both the under-16 metric and imperial titles and then entered the National Indoors again and the British Barebow Indoor Championships. This time I won both under-16 titles.

“It was also suggested that I should give field archery a go and after, some practice, I started to really enjoy it.

“After some very good advice from my coach and fellow archers at all of the competitions that I entered, I went to Pentref in May for the All British Field Championships. I managed to win the under-18 barebow title then went on to win both days of the National Outdoors at under-18 level. It’s not been a bad couple of years!”

Being on target is one thing but destroying an opponent’s arrow? Well that’s quite another, as 14-year-old compounder Sophia Boulton of Cleve Archers found out. She shot straight into the end of recurver Jacob Campbell’s gold and, although he managed a brave smile for the camera, he wasn’t amused. At all.

Lethen Archers’ Nathan Begg also got in on the act. He was shooting against Loreburn’s Hannah Maison at the Scottish Archery Association’s Novice Championships in Montrose when there was a loud bang. When the time came to check the scores he found he had not missed. He had destroyed Hannah’s arrow. But she was not too bothered – she went on to win her category!

“A little bit too close?”

Becky’s barebow dreams are coming true

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Emily Williams came with a hair’s breadth of a longbow bronze medal at the 2017 World Archery 3D Championships in Robion, France. The 13th seed battled through two tough elimination rounds to book a semi-final showdown with top ranked Giulia Barbero. It was close but the Italian pulled ahead to secure her place in the gold medal match. That left Emily facing another Italian, third seed Paola Sacchetti, in the battle for bronze. The Briton fought hard, but Sacchetti proved too strong an opponent.

Going into the matches, Emily said: “I came out here to shoot a strong, happy shot one arrow at a time, I’m thrilled to have more arrows left to shoot at this point. My highest finish at an international was ninth so I’ve already beaten that, I’m up against some tough competition but I know I have an incredible amount of support from my teammates and everyone back home whatever the outcome.”

Longbow teammate Anna Catling also made it through to the second elimination but just missed the cut, finishing sixth on 37 points.

Sixth seed Michaela Lake finished 15th in the first round of instinctive bow eliminations, while compounder Gary Cole, ranked 11th, ended his first elimination in 11th place.

In the rest of the competition, longbow archers Beth Duthie, Richard Powell and Alex Newnes finished their categories ranked 25th, 27th spot and 39th respectively.

Instinctive archer Lesley Sleight finished in 17th spot with James Kent 37th.

Compounder Duncan Thomas ended his campaign ranked 30th, ahead of Luke Wiseman in 45th spot. Amelia Thomas was ranked at 28.

Our highest qualifying barebow archer was Jessica Nilsson who just missed out by finishing 18th. That was one place ahead of Jason Meehan who ranked 19th in the men’s category with Mel Rawlings 20th. Amelia Thomas ended the day in 35th place and Oliver Hartfield was 38th.

The women’s team of Victoria Duncan, Jessica Nilsson and Emily Williams finished ninth and just missed the cut while Gary Cole, Jason Meehan and Richard Powell finished in 13th spot.

So close… Emily just misses out on World 3D medal

Inter-counties field tournament

Field archery now has its own inter-counties tournament – and two teams of 12 from Kent and Sussex went head to head to claim the first honours.

Each team contained recurve, compound, barebow, longbow and traditional archers shooting a 12 target course of known and unknown distance targets. Two points were awarded to the team with the highest cumulative score per bow style.

Kent took the compound and recurve divisions while Sussex topped the barebow and longbow/traditional categories. Everything was ready for four teams from each county to battle through eliminations. Points were awarded on final team positions and added to the morning totals.

Sussex dominated the eliminations, taking gold and silver and the In-Range Archery Shield for overall victory. Kent won bronze.

The event was hosted by the Kent Archery Association and another is being planned for 2018. If any other county wants to enter a team they can find out more on the KAA website, its Facebook page or from secretary@archerykent.org.uk

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Elemental! Contenders battle through storm to take titles

There was a storm brewing as 137 archers took to the field at Rawdon Meadows, Bradford, for the National Clout Championships but nothing – not even Storm Brian – was going to stop them.

The wind picked up, temperatures fell and there was even a bit of rain. But that’s not what anyone who was there will remember. What will stay with them is the sheer quality of the shooting as they battled for the 2017 national titles.

One of the highlights was when Malcolm North of Abbey Bowmen, Hertfordshire, was crowned men’s compound champion, taking the title from 12-times winner Tony Osborn. There was also a new women’s champion, Louise Smith of Pennine Archers.

The shoot’s Lady Paramount, Shelley Hurst of Bronte Archers, fought off a determined challenge to retain her recurve title and past winner Neil Crickmore, also of Bronte, managed to take this year’s title from the defending champion, Waterside’s Chris Baigent.

Catriona Charters of Hinkley Bowmen overcame the very difficult conditions to take the women’s longbow crown with an exceptional 139 and Burton Bridge’s Geoff Fisher deposed three-times men’s champion Dicky Summers, while St George’s Carol Fairbrother marked her comeback from injury with a terrific barebow win. The men’s title went to Alan Holder from Forest of Bere.

The junior field might have been slightly down this year – but the standard had certainly not fallen, with Melton Mowbray’s Rebecca Randall and Jasmine Simpson of Wyre Forest taking the recurve and barebow crowns respectively. Finlay Heydon of Goldcrest won the recurve junior men’s title while Samuel Kellett of Bruntwood took the longbow crown and Aidan Harris of St George’s defended his barebow title.

Nowt but pure clout fun!

Fancy a fun three days of clout and the chance to let your hair down at a rockabilly themed celebration? Then get your name down for next year’s Tri Clout weekend. Junior Archery GB members will even be allowed to shoot for free!

This year’s event was hosted by Neston Company of Archers. Day one was a two-way clout, day two a one-way clout and the third was World Archery metric competition.

The weather was perfect, seven national records fell, dozens of tassels were claimed and Goldcrest Archers hosted a 70s theme night.

If you want to find out more about next year’s event, which will run from 25-27 August, go to the Goldcrest website: goldcrestarchers.co.uk/clout
Archer GB has a mission: to value all, to sustain and grow numbers through club, coaching and competition strategies, to meet Olympic and Paralympic medal targets and to generate additional income so we can reduce reliance on external funding.

These values are fundamental to our strategic plan for 2016-2020 and were outlined at last year’s AGM. The programmes designed to bring them about are supported by five funding streams and must satisfy the expectations and requirements of each investor.

➤ Participation is funded by Sport England and Archery GB investment

➤ Talent Pathways is funded by Sport England investment. The Northern Ireland Sports Council has a specific talent investment in the Northern Ireland Pathway

➤ Performance (from world class programmes of para archery to national programmes of recurve, compound, field and 3D) is funded by UK Sport and Archery GB investment respectively

The expected outcomes are that we need to sustain our core market of archers, grow new and niche audiences and generate additional revenue.

To do that we need to develop and provide quality experiences, measured by satisfaction surveys, in the key infrastructure areas of clubs, coaching and competition. We also need to work hard at how people are dealt with. This is important for healthy participation and essential for pathway progress, conversion of athletes and Performance medal achievements.

So how do we better achieve that? Internal staffing and operational changes have allowed us to develop a new structure, breaking down the previous separate areas of Participation, Pathway and Performance and making them all part of one Sport.
Team, which reports to the Director of Sport. The Senior Management Team of Archery GB Sport – clubs and facilities, communities and partnerships, coaching and Paralympic – will be supported by a Strategic Advisory Group, drawn from key insightful, experienced and connected volunteers. These will check and challenge and make their own insights and contacts available for the development of the Sport Team strategies.

Specialist staff will work to bring about the competition and coaching strategic objective and will liaise with a range of key volunteers whose contribution will be vital. Pathway roles have been reshaped to directly address their targets and achieve integration across the sport.

Co-ordinator roles have been created for sport projects and coaching business, with support from coaching, competition and general admin staff.

The new structure is designed to:

➤ Provide clear reporting responsibilities and purpose to roles and align those roles to Archery GB objectives

➤ Engage all in determining and writing the details of their work that will bring about Archery GB objectives

➤ Provide an understanding and ownership to the activities/targets required

➤ Best equip colleagues to handle the on-going transition and emergent activities

And, in the spirit of our strategic principle of valuing all, staff are required to connect, consult and collaborate with each other and the wider archery family, across their work.

Rutland rule the roost!

Rutland is the new on target Club Competition champion! The team led by Chrissie Mortlock, Keith Johnson, Peter Fox and Oliver Stephenson came out on top against The Nonsuch Bowmen winning 13-8 to hoist the trophy.

Bowmen of Rutland first saw off Burton Joyce Archers, while The Nonsuch Bowmen overcame Bowmen of Minchinhampton in the other semi-final. Burton Joyce took bronze.

“I would like thank all the archers and clubs involved in this years’ competition, and especially those at the finals event” said Arran Coggan, Clubs and Facilities Manager. “I am keen for more clubs to take part and to see the number of clubs involved increase. 2018 here we come!”

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Archery GB has received a £704,000 grant from Sport England. It runs until March 2021 and will enable us to deliver a national plan to optimise archery opportunities.

We received our first Sport England funding in 2009 and since then have worked closely with volunteers to create a culture of development in the sport. This has produced clubs with diverse programmes and better opportunities for young people. It has also strengthened our insight on how to improve the archery experience.

In 2016, with the publication of its new strategy Towards an Active Nation, Sport England signalled a change in the way it would invest in sport and physical activity. This has subsequently challenged governing bodies of sport to think differently about how they operate.

We want our members to have a quality archery experience and, as a result, we hope more will decide to continue to shoot each year. To improve our existing services and make sure members can access a quality experience, we will develop a better understanding of everyone’s needs.

We have worked closely with Sport England to determine how we can best support people to keep taking part in our sport and agreed that our future actions will be focused on:

➤ Continued promotion of leadership for club development through on target
➤ Facilitation of larger archery clubs
➤ Development of competitive opportunities
➤ Delivery of Archery GB’s Coaching Plan for Archery

**on target**

On target is Archery GB’s club development programme and is designed as a tool to support clubs, improving the quality of experience of archers, coaches and volunteers and enabling better retention of members.

Clubs that have truly engaged and benefited the most usually have a prominent leadership figure who thinks up new ideas and inspires people to implement them. We will foster an environment where individuals are fully supported and offered opportunities to assist their own and their club’s development. We constantly emphasise the importance of social activities for a healthy archery club – and will continue to do so.

**Larger archery clubs**

Many archery clubs have small memberships: 65 per cent of clubs have less than 50 members. Larger clubs often offer the following advantages:

➤ Stronger presence and recognition in the local community
➤ A greater ability to offer a wider social, progressive, and competitive environment
➤ Access to greater financial resources both from within the club and from outside sources

We will ask clubs that are interested to work together to offer broader opportunities to their members and benefit from shared resources and economy of scale.

**Competitive opportunities**

Appropriate competitive opportunities are important to keep archers satisfied and in the sport. But one style of competition will not meet everyone’s needs so we will build on the on target team competition, encouraging more clubs to take part and embedding it into the overall competition calendar. There are a lot of existing competitions that serve clubs and members well. We will use Archery GB’s Competition Strategy to encourage clubs to support their members to compete regularly and to find appropriate competitions.

**Coaching Plan for Archery**

We aim to create a visible and vibrant coaching culture and will look at access to quality coaching, particularly for anyone who has been in the sport for less than two years. We will advocate a British approach to coaching that is accessible and engaging for archers, coaches and clubs. While our members remain the focus of our work, we also have an opportunity to develop support and engagement with other sectors. Many people take part in archery outside of our club network and, with additional partnership work, we hope more of them will do it on a more regular basis. We will explore how we can work with a range of niche audiences to help these groups access our sport better. The Sport England funding is to support our work with members, so this work will be dependent on other sources of funding and working with partners will be key. So we need your support. For information on how you can get involved, visit [www.archerygb.org](http://www.archerygb.org) or email sport@archerygb.org if you have any questions.
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Jessica Stretton completed a clean sweep for Britain’s W1 women at the World Para-Archery Championships in Beijing – and won a second gold in the mixed team with John Cavanagh. The Paralympic champion and world number one went head to head with teammate Jo Frith – who won individual silver and mixed team gold in Rio – in the world title decider. And she led from the start. Jo pulled back in the latter stages, tying the final end 29-29 but Jess had done enough, chalking up a final score of 141-133.

Britain’s clean sweep had earlier been set up by championship debutante Victoria Rumary. She beat Japan’s Hirasawa Nako to bronze after building up a commanding lead.

Jess’s individual world title came after a terrific mixed team performance with Athens Paralympic gold and Beijing silver medallist John Cavanagh. The top seeds beat Japan convincingly – 150-130 – to set up a gold medal showdown with Russia. The first two ends were pretty evenly matched but then the British pair opened up a nine-point lead. The Russians pulled one back in the final end but it was too late.

Britain’s Jess – who broke her own world record in qualifying – and John were the mixed team world champions. She later told World Archery: “This is just one of the best feelings. It’s phenomenal. We’re doing so well because of all the hard work and dedication we put into training.”

And the championships ended with a final flourish as Paralympic double champion John Walker and Phoebe Pine added compound mixed team bronze to our medals haul.

They faced Italy’s Alberto Simonelli and Eleonora Sarti of Italy in a tense match. There was only one point in it – the final score was 152-151 – but it was enough to secure the medal and place Great Britain fourth in the final medal standings.

John later told World Archery: “Rolly and Eleonora have been my friends for a long time. To face them and come out on top is huge.”

Nineteen-year-old Phoebe, who was making her international debut, said: “To come home with a medal is beyond my wildest dreams!”

Simply the best
Another clean sweep and Para titles for Jess and John
Champions of the world
Stunning performances at youth champs

Twenty-one of our brightest young stars headed to the World Archery Youth Championships in Rosario, Argentina – and some of them left with world titles!

Compound cadet Lucy Mason romped to victory in the individual title decider, beating Canada’s Alexandra Paquette.

The gloves were off as the fifth and sixth seeds went head to head but Lucy led from the start. The Canadian edged the third end but it was not enough as the 17-year-old, who had earlier seen off Australia’s Niamh Jones, Buse Basak Haney of Turkey, India’s Sanchita Tiwari and Mexican top seed Andrea M Becerra Arizaga secured the title with a clear 142-138 win.

But she was not the only world-beater to emerge from the championships. Sarah Moon and James Howse turned in a stunning performance to claim the compound junior mixed team title after beating the USA 147-138.

James later told World Archery: “Coming here, Sarah and I were feeling really confident, all throughout the eliminations we shot really good, shot well together and it was exactly the same on the finals field. We just had a good time and enjoyed it.

Sarah will be going home with three medals: one gold and two silvers. She won compound junior team silver with Isabelle Carpenter and Phoebe Pine and individual silver after a tense showdown with Alexis Ruiz. They tied the first end but then the American slowly edged ahead to take the title 144-139.

And don’t forget our first medal, recurve cadet team bronze earned by Louisa Piper, Thea Rogers and Alyssia Tomans-Ansell in a spectacular showdown with the Philippines. Add to that well-earned fourth places for our compound junior men’s and cadet women’s teams and fifth places for recurvers Bryony Pitman and Alyssia, it demonstrates Britain’s strength in depth.
Alyssia Tromans-Ansell secured Britain a quota place at the 2018 Youth Olympic Games – and then went on to win a gold medal!

She knew that a place in the last 16 was needed to get Great Britain to Buenos Aires and nothing was going to stop her. First she saw off Gabrielle Monica Bidaure of the Philippines in a shoot-off. Then she beat Russia’s Viktoria Kharitonova 6-0.

That put her in the last 16 – job done – and earned the 16th seed a showdown with the top qualifier, Korea’s An San.

It was close but Alyssia was in superb form, winning 6-4 to go through to the quarter final. She beat Ukraine’s Zhanna Naumova 7-3 then Korean Park Sohui 6-4. That put her in the gold medal match – and China’s Zhang Mengyao never stood a chance, losing 1-7.

Alyssia later told World Archery: “I’m over the moon I got this place for Great Britain. We’ve got a selection shoot to choose who’ll shoot at the Youth Olympic Games next year and I’m hoping I’ll get it.”

Britain had three other athletes shooting. Thea Rogers beat Bolivia’s Valentina Andrea Mendizabal Santiesteban 6-0 and Slovakian Denisa Barakova 6-2 but was denied a place in the last 16 by China’s Yang Jiahui. Louisa Piper was beaten 6-4 in a tough match against Elia Canales Martin of Spain.

Two quota places per country – one boy and one girl – were available. There will be other chances but Jacob Reid came very close to securing the second. He defeated Juan Andres Sanchez Ruiz of Ecuador 6-2 and Denmark’s Oliver Staudt 6-2 but was denied a 1/8 round place by Japan’s Tetsuya Aoshima.

There was one last chance in this first quota tournament: the secondary re-ranking round. Jacob fought hard but he had no answer to China’s Cao Lichen.
Bronze for Britain

Olympians Naomi Folkard and Patrick Huston dig deep

Olympians Naomi Folkard and Patrick Huston pulled off a stunning victory over Japan to win mixed team recurve bronze at the World Archery Championships in Mexico City!

The 15th seeds had overcome tough challenges from second seeds Chinese Taipei and host nation Mexico and came so close to beating Germany to a place in the title decider. But Lisa Unruh and Florian Kahllund edged it, leaving them facing fifth seeds Takaharu Furukawa and Tomomi Sugimoto in the battle for bronze.

And our Olympians and National Series champions started exactly as they meant to go on in windy conditions. They took the first set 36-31 and the second 37-36, giving them a 4-0 lead. Then the Japanese fought back, taking the next set 32-30. There was all to shoot for.

Furukawa and Sugimoto scored 34 points in the final set – as did Britain – and that was enough to earn Naomi and Patrick a 5-3 win and the medal.

Eleven British archers competed in Mexico. They were among 376 athletes from 61 countries and there were strong international performances from many of them as both Patrick and compounder James Mason were edged out of quarter final spots. There was shoot-off agony for Lucy O’Sullivan, while the compound women’s team of Lucy, Lucy Mason and Susan Corless were denied a place in the quarter finals by Korea.

Silver and gold...

Twelve months ago Bryony Pitman won recurve gold at the Indoor Archery World Cup in Marrakesh. This year an on-form National Series champion Patrick Huston got the 2017/18 indoor campaign off to a flying start by winning silver.

And Edinburgh University member and National Series compound champion Sarah Prieels won gold while Jaspreet Sagoo came within a hair’s breadth of winning recurve bronze.

Recurver Patrick qualified in second place then swept past Moroccan Mouad Erriahi Eldrisse, Italians Fabio Molitese and Marco Morello and American Matthew Requa. That brought him face-to-face with Matteo Fissore. It was close but the Italian edged it to claim the title. Antony Wood, Conor Hall and Alex Smith all made it to the last 16.

Fifth seed Jaspreet – and eighth seed Rebekah Tipping – were given byes into the last 16 of women’s recurve competition. Jaspreet defeated Australia’s Klaraa Fay and Italian Chiara Rebagliati before meeting top seed Gabriella Bayardo in the semis. Jaspreet battled hard but the Dutch archer won 6-2. That left the Briton in a battle for bronze against Italy’s Claudia Mandia and the second seed edged it. Rebekah finished the competition in fifth spot.

Sarah Prieels romped to compound victory by knocking out Britain’s Kirsty Robband Denmark’s Sarah Sonnichsen Tanja Jensen. That pitted her against top seed Paige Pearce-Gore of the USA – and both finished on 148 points forcing a single arrow shoot-off. Pearce-Gore hit the nine but Sarah took the title with a 10.

Hope Greenwood was kept out of the quarter finals by Sunniva Lislevand of Norway. Our only compound man, Alistair Whittingham, survived a shoot-off against American Brad Rega but fell to eventual bronze medallist Mike Schloesser of the Netherlands.
Two days of hard-fought competition and superb shooting led to a spectacular climax in Birmingham: the crowning of Patrick Huston, Naomi Folkard, Adam Ravenscroft and Sarah Prieels as our 2017 Archery GB National Series champions.

Olympian Patrick took his third consecutive title – and equalled Simon Terry’s record – in front of crowds of onlookers at the Eastside City Park, right next to Millennium Point. But there was nothing easy about the defending champion’s journey. He beat Michael Judd 6-0 but then went head to head with second seed Ashe Morgan, who had earlier ended Jack Maselfield’s hopes with a narrow 6-4 win.

It was nip and tuck all the way and ended in stalemate, forcing a one arrow decider. Ashe shot a nine – but Patrick hit the 10.

That brought him face to face with 17-year-old Alex Wise who had defeated David Timmins and Keith Harding. It was a tough fight but Patrick held his form, winning 6-2. Ashe took the bronze with a 6-0 win over Keith.

Naomi was out to win back her title, seeing off Bryony Pitman and top seed Sarah Bettles to book a showdown...
with Jaspreet Sagoo, who had defeated second seed Johanna Mayer and Sally Gilder. And in the end, experience told as the Olympian reclaimed her crown.

Sarah was determined not to go home empty-handed and took bronze with a 6-0 win over Sally.

The compound titles were decided during a thrilling day of shooting. The drama kicked off as Abbie Spinks beat top seed Lizzie Foster, who won four out of the six National Series stages, in a shoot-off. Then she beat Susan Corless by a single point to set up a showdown with Sarah Prieels.

Sarah, ranked fifth in the world, saw off Lucy O’Sullivan and second seed Lucy Mason to earn her title shot. And once there she showed no mercy, taking the 2017 title with a 146-138 win. Lucy took bronze with a 146-143 victory over Susan.

The men’s competition also started with a shoot-off – and this time it was top seed Adam Ravenscroft who defeated Mike Kells after a tough match. A 149-146 win over Chris White put him into the final where he went up against James Mason.

James had defeated Daniel Tompkins 145-138 and James Howell in another shoot-off. It was not going to be the last. The bronze medal was also decided in a one-arrow showdown. Both Chris White and James Howell shot 140 and both shot a 10 – but it was James’s arrow that was marginally closer to the centre, giving him the bronze.

The men’s final was equally thrilling as Adam and James Mason, both at the top of their game, went head-to-head. In the end, Adam edged ahead to secure the title with a 146-142 win.

The National Series finals were supported by Birmingham City Council and Volvo.
Sport science has come on so much in the last two years, let alone the last decade, so it’s time to get our archery preparations up to date. Over the next few articles we will look at warm-ups, what you can do at home and at cool downs.

So before we start with exercises and someone dictating to you what you should do, let’s look at why you shouldn’t dismiss warm-ups – and compounders, I’m looking at you.

A warm up is defined as “preparing for physical exertion by exercising or practising gently beforehand.”

The idea is to increase blood flow to an area of your body that you are going to use to limit injury to muscles, tendons and ligaments and prepare the body for a specific exercise.

There are usually four stages of a good warm-up:

➤ The pulse raiser

➤ Increasing range of motion (ROM) which is accomplished by dynamic stretching. This means stretching with movement, not a static-hold stretch.

➤ You would do that in a cool down

➤ Specific motion (practising the motions of the activity)

➤ Mental preparation

Let’s make things easier by taking this out of an archery situation. At school we were all forced to play other sports. Some of you might have had to play rugby. Now archery is nothing like rugby… but the sport has had so much sport science help, it is worth taking note of what they have been taught as a warm up! (The same can be said for football)

➤ Players often start with a 5-10 minute jog, side step and backwards running, for example. This is their pulse raiser.

➤ From there they increase their range of motion. Now these players, like archers, use their arms a lot (throwing the ball long distances) and have to sprint around the pitch (we walk and stand all day). This makes their overhead warm-ups and the leg and hip warm-ups all worth a looking at.

➤ They then practice their specific movement, for example: throwing the ball, scrum positions, and hits against pads. We have specific movements too.

➤ All of this will help mental preparation: players visualise what they are going to do. They have already primed their bodies during the warm-up. Now all they need to do is visualise running the pitch and scoring a try.

It’s the same with gymnastics – which has more similarities with archery than might seem immediately obvious. It is an individual sport which focuses on the use of arms, legs and core strength. They too have four steps – and I am seriously not recommending that you try any but the simplest of the following exercises. But it does illustrate the point.
Warming up

Compound star Lucy O’Sullivan begins a new series on optimising your preparations

➤ Pulse raiser: lateral runs, jogs, bunny hops with arms over head and star jumps.
➤ Range of motion: arm rotations, hand to opposite toe (hip rotations), leg to arm back swings (cobras), wrist and ankle warm ups (pulses) and hip hinges.
➤ Specific motion: splits, tuck jumps, pro push ups, swimmers, hand stands with twists,
➤ Mental preparation; by doing the splits and handstands and tuck jump to splits in the air the athletes are mentally prepared. If you check out gymnastics warm-ups online they last for about 20 minutes and by the time they are done, the gymnasts are in their perfect mind set!

Other sports can give us a great set of sport science skills of how to warm up our bodies efficiently. These athletes perform at high levels so if you can take their four key warm up stages, adapt them, find out what works for you and incorporate these

into your archery you will be perfectly prepared! For example: if you struggle to hold the bow arm, incorporate more movements for that arm to get you going.

The cool down. Remember, a cool down allows the body to slowly return to rest and to stretch muscles that may have tightened, reducing muscle stiffness and soreness. Again this depends on the individual. You will need static stretches for the muscles you feel get tight the next day. If that is your back on the draw arm, stretch that out after you shoot.

Aim for a 10-plus minute warm up and a 5-plus minute cool down in your routine.

Next time we will look at an easy warm-up and cool-down routine you can do at home using the first three warm up steps: the pulse raiser, range of motion and specific movement.
As we approach Christmas, sweet treats are everywhere. The UK chocolate market is worth £4.1 billion and we eat a staggering 437 million kilos every year. Most of it is bad for you – so you might be glad to hear that a bit of quality, dark chocolate does you good. The health benefits of dark chocolate are all the rage right now, with some calling it a super food. I’m not sure I would go that far but its low sugar content and rich concentrations of beneficial antioxidants and polyphenols make it a superior snack. It needs to be at least 70 per cent. Sorry, but milk and white chocolate – although undeniably tasty – doesn’t cut it and contains far too much sugar. And you’ll still need to apply some moderation – a few squares a day, not a few bars.

Chocolate contains resveratrol, a powerful antioxidant good for blood pressure, heart health and your brain and has high concentrations of flavanols which are anti-inflammatory. Cocoa butter contains approximately 33 per cent oleic acid, the same healthy monounsaturated fatty acid found in olive oil and it contains useful minerals including potassium, phosphorus, copper, iron, zinc, and magnesium.

Finally, I’ll mention valeric acid (a stress reducer), caffeine and theobromine (nervous system stimulants). Dark chocolate enhances mood, concentration, learning and memory. Something to nibble prior to receiving coaching perhaps?

The names used can be confusing. Cacao seeds are not roasted and make “raw chocolate.” Cocoa is a powder made from roasted cacao seeds with most of the fat removed. Some studies show benefits from both, others suggest that raw cacao is best. Chocolate can also be better or worse depending on other ingredients used. Companies are springing up making organic raw chocolate in all sorts of amazing flavours from chilli to gin and tonic.

If, like me, you were saddened that the Government allowed Cadbury to be sold off to a US company, you may be interested to know that James Cadbury, (great, great, great grandson of the original John Cadbury), has started a business under the brand Love Cocoa, making high quality, ethical chocolate. I’ve tested it for you (a hard job but someone has to do it) and it is delicious. Find more advice from Jackie www.learntoeatwell.co.uk

If you do need to indulge, try this healthy option:

**CHOCOLATE NUT SEED SNACK**

**Ingredients**

**for dry mixture:**
- 3 or 4 tbsp sunflower seeds
- 2 tbsp desiccated coconut
- 1 tbsp sesame seeds
- 3 tbsp shelled hemp seeds
- 3 heaped tbsp protein (eg whey) powder
- 1 rounded tbsp chia seeds
- 2 tbsp chopped roasted hazlenuts
- 2 tbsp ground almonds
- A handful or 2 of dark choc chips

**for wet mixture:**
- 125g chopped dates
- 50g butter
- 25g coconut oil
- 2 tbsp cocoa powder
- ½ tbsp vanilla essence

**NB a tablespoon is 15ml**

**Method**

1. Soak dates in a little boiling water while mixing the dry ingredients.
2. Mix dry ingredients together in a glass or pottery flan dish.
3. Drain dates or if you use minimal hot water, you can just tip them in.
4. Warm the other wet mix ingredients in a small pan over low heat.
5. Pour wet ingredients on to the dry mix. Sort of stir and massage the mixture with the backs of two spoons until it becomes uniform and smooth.
7. Serve and enjoy! It’s nutrient dense so you don’t need much.
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Key to consistency

Olympian Patrick Huston shares his views on clickers

If you want to improve the consistency of your shooting and reduce your arrow groups I would say get a clicker. Yes, the clicker is a draw length check which helps with consistent shooting but its most important benefit is that it creates a subconscious shot. This subconscious element is the crucial aspect of the shot and is the reason why, when the clicker was introduced in the 1970s, scores jumped noticeably around the world.

The archer should settle into their anchor and be comfortable at full draw, the aim will settle slightly. The archer can then move the arrow through the last portion of the clicker at a controlled rate by expanding the draw using the front and rear shoulders.

The process in simple terms is:

- Draw up, settle into anchor and position the sight
- Focus your aim on the centre of the target but do not attempt to fix on the middle
- Create expansion. Click, instantaneous release
- If the shot feels wrong, then come down. If you are not ready to shoot when the clicker falls, do not shoot. Do not pause after the click goes off and then release. This negates everything it gives you, including the draw length check.
- When beginning with the clicker place some masking tape underneath it. Draw up five times and have someone mark the position of the tip of the arrow each time without the clicker. Then position the clicker 5mm past the middle of these marks.
- Now draw up with the clicker, settle into your shot and then push through the front shoulder and squeeze with the back shoulder (without disrupting anchor on the neck and face) and the clicker should fall. Release as close to the click going off as you can.
- Do this on blank boss first to gain a consistent feeling then move to a big target face. Do not worry if the group starts out larger than usual. Commanding the shot can create a level of consistency which may at first be reduced with when you start using the clicker. Keep practising and the size of your group will reduce further than you were able to achieve without it. As your skill level increases you can shorten the amount to expand through the clicker.
- You can find out more at patrickhuston.com

Find out more at patrickhuston.com
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Can paper testing your arrows be an inaccurate way to tune your bow? I have come across many archers who complain their fletchings make contact with their blade yet get a perfect bullet hole. Why is this?

The major cause of vane contact is bad nock rotation. Many archers set it incorrectly on their arrows – or not at all – and shoot them straight off the jig without checking for correct clearance. This can cause consistent contact with the rest. When they do a paper tune they will adjust the arrow rest, rather than the nock to get a clean bullet hole. This will give them an incorrect but repeatable tune – provided the nocks are set the same and the vane contact is consistent. Most usually the rest is set so that the arrow is sitting nock low (below 90 degrees to the string), when it’s shot the back of the arrow hits the blade which, in turn, adjusts its trajectory so it flies straight when it passes through the paper. If the archer was to walk back a few yards and repeat the test they would probably find that the arrow would start to tear nock high, confirming it is bouncing off the rest.

Using an incorrect blade width can also cause contact. If the blade is too wide the vanes will make contact with the tips of the launcher. This too can be corrected through paper by adjusting the arrow rest until a bullet hole is achieved, but again this rest position will most likely be incorrect and will cause bad arrow flight down range.

A blade that is too weak to support the weight of arrow can also cause contact, flexing too much when the arrow passes over it and then springing back up as the rear of the arrow leaves the bow. These can both give fairly consistent paper test results but often result in poor groupings.

Finally, is the blade angle incorrect? If it is set too shallow the back end of the arrow can make contact with it, resulting in a nock high tear.

As each of these issues are caused by blade problems you can achieve consistent paper test results by adjusting the arrow rest position but, more often than not, this will give unsatisfactory results on the target. Work out where the contact is being made (try using a powder spray on your arrows) and make the necessary adjustments to your blade or nocks.

Equipment and form can have an effect too. Some bows do not produce straight arrow flight, so poor nock travel can cause arrows to be driven into the blade as they leave the bow. This is usually a fault of cam design and can be difficult to tune out, although it is not a common problem nowadays. A consistent paper tear can be achieved but often with obvious contact. Poor nock travel is usually best fixed by adapting a nock high setting on the arrow rest. You should accept a high tear through the paper and concentrate on your arrow grouping instead.

An overly weak spine can cause an arrow to flex excessively on release and the back end can make contact with the blade as it passes over. Sometimes this can knock the arrow back on course resulting in a bullet hole through paper and, as the rest settings are usually correct with the arrow sitting at 90 degrees to the string and through the centre of the bow, it can be difficult to spot the cause. So although the paper test shows a perfect tune, arrow groups will be sporadic.

Excessive torque created by a flawed grip can cause the blade to sit at an angle to the arrow, so when it passes over the blade it rides over one side of the prongs more than the other. This is likely to cause contact with the vanes and will result in excessive scuffing down the side of the blade. It can be reduced slightly by adjusting the blade position so it sits straight to the arrow at full draw.

Finally, your release aid could be at fault, causing the arrow to flex vertically rather than horizontally and make contact. This is often because the jaw of the release is above the arrow at full draw and the initial force on the arrow pushes the back end down. Again this can create a bullet hole through paper but will likely open up to a larger tear as you move further away from the paper.

Set your nock point and D-loop so that the jaw of the release aid is directly behind the arrow at full draw. This is usually achieved by using a single nock point below the arrow or you can add another one above making sure the lower one is significantly larger that the top.

Don’t just do a paper test once at a fairly close distance. Walk back a few yards and repeat. You will be more likely to be able to see and diagnose any problem. Retest every two or three yards back to 20 yards and remember paper testing is only the first part of tuning.

You can find more advice at www.duncanbusbyarchery.com.

Paper testing

Compound expert Duncan Busby is here to help with queries on form, equipment and technique.
KG ARCHERY

BEARPAW

KG Falcon

Bearpaw Hopi

New to KG Archery; Bearpaw Bows. Complimenting KG's traditional range.

For the full Bearpaw range, special offers and Christmas opening times. Visit our website

KG Archery Limited - Landmere Works - Chapel Lane - Walesby - Nottinghamshire - NG22 9NS England - UK. Tel: 01623835050

www.kgarchery.com - email - sales@kgarchery.
Mailbag

I’m sure you hear it all the time about how archery has made such a positive impact on many people’s lives. You are about to hear it again!

I started shooting a little over 15 months ago, supported by my lovely partner in crime, always sitting on the sidelines, itching to have a go. Lester took his beginners’ course in late June and, having always been one for running before he could walk, he threw himself wholeheartedly into archery.

I don’t think I’ve seen him as happy as when he’s parading about the field with his very “bling” equipment, making new friends with the other absolutely fantastic club members and pushing himself by adding one or two points on to those personal bests each time. But what happened next was something else. Everyone else noticed he had shot a Robin Hood long before he did. When he realised…the victory dance was really quite something. Think Usain Bolt.

So this letter is really just me wanting to say: thank you to all archers everywhere for being the friendliest, most helpful bunch of folk Lester and I have ever had the pleasure of coming across. This sport has improved our lives a million times over. May the victory dances never end!

Alan Morris

Star Letter

The friendliest bunch ever!

My archery career has just begun and it has been information overload. Everyone is friendly and always willing to help at every opportunity. Even my local archery shop managed to curb my inner shopaholic, advising me to join a club first and buy later. I followed his advice but, once I took that last step, I fell deep into the sport.

I opted for barebow and, as an easy-going amateur I listened attentively, observed quietly and began to notice some slight discord among those I have now become to know as my archery family.

Differing opinions are nothing new but the exasperation of one younger coach made me feel there was not enough communication. New members with no set coach were being taught varying techniques from coach to coach. And as a new starter myself, I can attest to the confusion it causes of receiving differing opinions on proper technique.

Whether it an unwillingness among some to accept change or a simple difference of opinions when it comes to proper technique instruction, it doesn’t matter. All sides need to share the flame – as a family of archers should – for the future of the sport. If they don’t, it will be the budding medal winners that will lose out.

Roger Rees-Evans

Editor writes: Archery GB has been hard at work on a comprehensive and cohesive coaching strategy, plus ideas for new technical workshops for all disciplines. You can find out more on pages 22-24.

Opticron IS Scope Kit Offer.

IS 60 R/45 18-54x60 Scope was £333, now £279
Kit includes a waterproof stay-on-scope case.
Recognition for all?

During the early 1990s I was a Grand Master Bowman holding many RAF and Cambridge county records, some of which still stand. I retired from the sport in 1994 but recently came back to it. I now suffer from age related macular degeneration in both eyes. I shoot freestyle compound right handed but can no longer use my dominant right eye for shooting. British Blind Sport has subsequently classified me, with the appropriate certificate, as a VI open archer – and herein lies the problem.

It appears that both World Archery and Archery GB only recognise VI archers in B1, B2 and B3. Surely this cannot be correct? Since the Archery GB Rules of Shooting for VI archers are supposedly done in direct consultation with British Blind Sport, it is hard to believe that both Archery GB and World Archery do not recognise the VI open class as this was introduced by British Blind Sport in the first place.

My eyesight at present is not good enough to shoot against fully sighted archers. Nor is it bad enough to be classified B2 or B3. When I enter tournaments I feel a bit of an outsider, not considered for any award or record because I’m not B2 or B3. If I, theoretically, shot a world record or a maximum 1440 in a WA VI 1440 would that not be recognised either?

Archery GB and World Archery are supposed to be encouraging VI archers to get more involved in the sport through competitions, tournaments and target days. Surely the encouragement and recognition should be for all visually impaired archers in all categories.

Peter Shaw

Chairman Disabilities writes: Archery GB does not control the standards or classification procedures we use within archery so I am not in a position to comment on the accuracy of other bodies’ procedures. Our Rules of Shooting are written to be compliant with the Equality Act 2010 and with Archery GB’s stated policy of an inclusive sport. The introduction to the new Part 11 states: “Archers with disabilities should be in a position to participate and compete to the best of their ability. If they are unable to comply with a Rule of Shooting then they will be allowed dispensation from that rule and any reasonable adjustments necessary will be made.” This applies whether an archer has a classification from an external body or not.

Any VI archer can join a club, shoot in target days and enter tournaments accessing the reasonable adjustments laid in our Rules of Shooting. Archery tournaments do not normally report results by classification unless a specific disability event, although the tournament organiser can list classifications and make appropriate awards.

Archery GB and British Blind Sports Archery have played a leading role in developing VI archery internationally and will continue to do so when the opportunity arises.
Camera-savvy members have been out and about over the past few weeks and have been on hand to capture some stunning weather spectacles as well as the beauty of nature and some blink and you miss them special moments.

Rainbows have provided a rich vein of inspiration. Iain Moore now knows where to look for the gold at the end of the rainbow and Stuart Howard managed to find two – along with five recurve bows and one horse bow.

Ballyvally Archers sent in this quiet moment as a member sized up a lake shot during a field event and Alastair Leiper spotted Adam Wozencroft shooting under threatening storm clouds at Wallingford Castle Archers’ range.

Another moment of reflection saw the targets perfectly framed in sunglasses worn by Vernon Mills of Margam Archers. He was watching Jon Betts’ 80-yard target practice and, when Jon spotted the what was happening, was asked to stay absolutely still until the moment had been caught.

And Malcolm Rees managed to catch this moment of pure concentration from eventual recurve champion Naomi Folkard during the National Series finals in Birmingham.

If you want to see your handiwork displayed in Archery UK, it couldn’t be easier. Simply send your photograph – it must be in jpg format, high resolution and at least 1MB – with details of where you took it to magazine@archerygb.org.
1-Naomi Folkard
Picture: Malcolm Rees
2-Ballyvally
Picture: Taking the shot
3-A lot of bows!
Picture: Stuart Howard
4-So that’s where the gold is
Picture: Iain Moore
5-On reflection...
Picture: Jon Betts
6-There’s a storm coming...
Picture: Alastair Leiper
Christmas gift guide

It’s that time of year and we all face that age-old question: what can we get that they will actually appreciate? If you are looking for the perfect present for your archer, we have a few ideas...

**Last Chance basic parts kit**
Box loaded with a wide variety of screws, bolts, stabilizer studs, e-clips, bolt spacers, cam spacers and much more. Add parts kit 2 and 3 to create Pro kit.

**Costs:** Around £65
Available from lastchancearchery.com

**The KG Falcon**
New bow from KG. Unwinds smoothly to full draw producing incredible energy. Pistol type grip puts bow hand in correct position for maximum comfort and control.

**Costs:** Around £540
Available from kgarchery.com

**Vane Master Pro**
The all-new Vane Master Pro is designed to accommodate every arrow size with little to no adjustment. Fletch arrows at a 0-5 degree helical, left or right. Can hold vanes up to 4in in length in three or four fletch configurations (four fletch knob sold separately) while using Vane Flat Technology.

**Costs:** Around £180
Available from lastchancearchery.com

**Opticron Discovery WP PC binoculars**
Ultra-compact optical design. One of the smallest waterproof roof prism binoculars around. Ideal for packing for travel.

**Costs:** from £169
Available from www.opticron.co.uk
Beiter compound wrench
Costs: £29.95
Available from walesarchery.com

Egertec target bundle
Egertec is offering two bundle deals for Christmas. You can get either a 65cm or 85cm target, a tripod stand, 10 target faces and 10 Egertec face pins. Price includes free delivery to mainland UK.
Costs: 65cm bundle £79
85cm bundle £119
Available from www.egertectargets.co.uk

eXecute wrist strap release
T.R.U.Ball's eXecute is the first nickel-plated brass bodied wrist strap release, complete with independent travel and tension adjustment settings that allow for ultra-light, ultra-crisp to ultra-heavy trigger feels.
Costs: Around £137-£145
Available from www.axcelsights.com
archery dealers and distributors.

Archer bookmark
Keep your page with this archer bookmark made of English pewter and with a high level of finish. The archer is 4cm high.
Costs: £9.99
Available from www.shirearchery.co.uk
Shooter Stool Kit
Made by Bohning and great for all kinds of archery. Foldable and portable with built-in cooler, padded seat and shoulder straps, pencil slots and scorecard pocket. Large internal storage compartments and external mesh pocket. Kit has arrow tubes and umbrella straps. Kit costs around £46. Available from www.bohning.com
Costs around: £46

Longshot Fletching Jig
Sturdy machined metal jig with strong magnetic five-inch clamp and full adjustment for fitting vanes at an angle. Positive nock locator unit for recurve and compound settings, fully adjustable with retaining spring. Available from www.quicksarchery.co.uk
Costs £44.95

Mybo TenZone scope
Includes: precision CNC machined housing, one interchangeable Nikon lens, integral hood. Large, fully visible level, stick on dots and circles, fibre optic kit, reduced rear housing diameter, MicroFibre cloth. Available from www.merlinarchery.co.uk
Costs around: £88

Are you struggling to find the perfect gift for the archer in your life? Why not treat them to One 2 One coaching with Christine at KG Archery. £30 per hour. Contact us on 01623 835050 or sales@kgarchery.com www.kgarchery.com
Gray Archery
AIX riser
Designed for target bow this 25-inch riser can be set up for barebow. Many weight attachment points and adjustable stiffness with removable damping bridge for vibration reduction (sold separately).
Available from thearcheryshop.co.uk
Costs: £689.99

Bucket hat
Three-layer, 100 per cent waterproof rip-stop laminate with an intelligent membrane structure designed to contract in low temperatures and expand in heat. Small, flexible brim to keep bowstring free when fully extended.
Available from www.artebo.de
Costs around: £49

Archers Paradox Bow Stand
Stacks neatly, holds handles from 14.5 – 24 inches and is suitable for Arrows Archery Kit. Ideal for clubs and archery centres. Can hold 10-plus Arrows kit arrows and 36-plus standard. Study metal construction and pre-drilled hole in the base for pegging when in use outdoors.
Available from clickersarchery.co.uk
Costs around: £19.50

PSE Perform-X 3D compound
Features new, smaller version of the PSE Evolve Cam System. Designed for speed, better hold, comfort and stability.
Available from thearcheryshop.co.uk
Costs: £1,289.99

Gray Archery AIX riser
Designed for target bow this 25-inch riser can be set up for barebow. Many weight attachment points and adjustable stiffness with removable damping bridge for vibration reduction (sold separately).
Available from thearcheryshop.co.uk
Costs: £689.99

Import duty and VAT
Please be aware that if you order goods online from an overseas supplier which have to be imported into the UK, you are likely to find yourselves liable for both Import Duty and VAT on top of the original retail cost.
A couple of months ago, Burscough Archers in Ormskirk ran a beginners’ course. It was a huge success, with 75 per cent of the participants signing up as members. But the club wanted to know what the “newbies” really thought so, a few weeks later, they asked two of them to share their thoughts on the process and outcomes.

Abby-Louise is 24 and lives with her partner – who also signed up after the course – in a houseboat on a nearby canal. Her other hobby is moto-cross. This is what she said:

“I had never done archery before. I had been to so many game fairs and had seen the have a go stall set up but never had the confidence to go and try it. I did a lot of research and found a club local to me, Burscough Archers.

“I found out about the beginners’ sessions on the club website and it happened to have a course starting soon so I put my name down.

“The course was brilliant. Everyone was so helpful and I learned so much in a short period of time. Then, as the course came to an end, I just knew I wanted to become a member. Since then I have come so far.

“I used the club’s equipment for the first month to get used to everything and then I invested in my own bow. It makes a massive difference. Everything is set up just for you as an archer and it’s surprising how quickly you progress using your own kit.

“I’ve been with Burscough Archers for two months now and have already achieved my 252 at 20 yards, my six golds at 20 yards and Portsmouth round 375 at 20 yards. I’m sure there will be plenty more to come.

“I want to see myself become a great archer and get myself to many competitions. I have found archery is the sport for me and it’s all thanks to the club for all the help and support and making me feel very welcome!”

The other “newbie” is Paul, a 45-year-old father who lives in Tarleton. He said:

“I had been telling the wife I fancied a go at archery for the last couple of years. She told me to sort out a course for my birthday present so I would at least find out if I liked it or not.

“I put a post on the local Facebook page asking if there were any clubs near Tarleton and Burscough Archers was recommended by Adrian who told me he and his two daughters were all members. I didn’t know them before but my wife used to teach both the girls and said they were a lovely family so I went with the recommendation.

“After the beginners’ sessions, I realised I loved how archery is a complete switch off from everything else. It really allows you to forget other distractions and stresses. It’s pretty zen.

“Now I’m a member I would like to say I’m making great strides but sometimes it seems more like one step forward and two steps back. However, I never entered this intending to compete so I don’t get stressed. It’s amazing how it manages to be relaxing and infuriating at the same time. All that being said I think I’m doing all right considering the short time I’ve been doing it.

“I’m still using the club kit at the moment. I figure that 90 per cent of the accuracy – or inaccuracy – is coming from me at present so new kit won’t have a big effect. Once I feel it will help I’ll consider investing.

“So far I’ve managed 252 at 20, six golds at 20 and a 375 badge for the Portsmouth. In the longer term, I just want to continue enjoying it. Steadily improving will be a bonus but enjoying it is the main thing.

“I needed a new hobby because a hip injury had ruled me out of other sports. Archery is a great way to get out of the house, get some fresh air, exercise and probably do a bit more walking than you would imagine.”
Head turned, shoulders open and aligned.
Twang!
A five, hmm.
A gentle breeze refreshes Sharon. The blazing sun is up high and again she has forgotten her sun cream to protect the wrinkling skin of her tired face.
Drop the front shoulder, pull, release.
Twang!
A seven. Better.
Sharon is deep in her practice. She loves filling her mind with the calm presence required by the sport.
Driving here, Sharon had felt overwhelmed with gratitude for her husband Greg. He had given her another two hours to spend on the field. She recalled how, six months earlier, she was exhausted by Sam’s basic but never-ending babyhood demands. She was left with zero patience for Emily’s constant three-year old insecure clingingness. Sharon was reaching breaking point. She had disappeared into motherhood.
Relax your left hand’s fingers, knuckles at forty-five degrees.
Twang!
An eight.
On the field, Sharon breathes.
Greg had gifted her the most bizarre yet the most precious present last Christmas. He had registered his wife for an archery course.
Every Saturday, Sharon finds a much-needed taste of freedom. With every arrow being shot, she reintegrates a little of her sense of self.
Follow the arrow with your mind.
Twang!
Another seven. Not too bad.
Sharon indulges in the sounds of Mother Nature. There are no ‘Mummy, Mummy’ whining noises to be heard. The leaves rustle in the trees behind the shooting line while the horses in the neighbouring field break into a wild chase. Sharon’s heart swells with joy.
Focus. Yellow, yellow, go!
Twang!
A 10! Hurrah!
Sharon’s whole being is buzzing. She smiles. Her children’s excited welcome will lift her even higher when she returns home. She knows she will find the energy to hold them for another week.
Sharon has been saved by a bow.
The heavens opened at the Invictus Games in Toronto – but nothing was going to put British athletes off their mission to bag medals. Not even Prince Harry.

He was watching as British service personnel and veterans took two golds and a bronze at the event which celebrates wounded, injured and sick military personnel and veterans.

Our first medal came from Clare Langham-Phillips. The RAF Chief Technician won recurve novice bronze, following in the footsteps of her brother, medal-winning Games veteran Andy Phillips, who inspired Clare to give archery a go. The sport has given her a new focus as she faces the prospect of her 30-year career coming to an end after being diagnosed with chronic fatigue syndrome. Teammate Poppy Pawsey finished ninth.

Army veteran Kerys Knight overcame opposition from both Canada and the USA to claim our compound women’s gold. Kerys, who has nerve damage in her lower left leg, has to use crutches to help her walk, resulting in spinal and neck issues. She said: “I was devastated when my Army career was cut short due to injury during training. Since I was forced to give up my dream, I have always returned to the despair of never having fulfilled my passion to serve my country. Being a part of Invictus 2017 has given me a real purpose.”

And there was gold for Gareth Paterson, Matt Neve and Kieran Wood, who featured on the cover of the last Archery UK. They defended the UK’s recurve team title in style, overcoming a determined challenge from the USA.

Ken Hargreaves came so close to adding another medal to the pot, finishing fourth in the men’s novice recurve category, ahead of Callum Nugent, Dave Watts, Jack Cummings and Jonny Harvey. Compounder Chris Maclayden finished fifth in the individual compound competition, ahead of Olaf Jones.

Gareth Paterson, Matt Neve and Kieran Wood win team recurve gold. Picture: Help for Heroes

Prince Harry at the archery finals. Picture: Getty Images for the Invictus Games Foundation
Ahead of schedule

Membership renewals moving like clockwork

This is the season of membership renewals at Archery GB... and the whole process is running like clockwork. There are no delays, e-membership cards are being issued as soon as memberships are processed and we are 38 per cent ahead of last year in terms of the numbers of applications!

The closing membership at the end of the 2017 season was 44,627. That was a little down on 2016 and is mainly due to changes to the en-bloc system for junior club fees. It is thought that the new system gives a more accurate reflection of the true junior participation rates.

The rest of the fall is due to the re-interpretation of Law 22 requiring a member to join a county and region. Following this, Direct Member numbers have dropped but many of those affected have opted to join clubs instead.

The number of disabled members has grown sharply. It is up 34.9 per cent since Archery GB stopped restricting disability membership to disability en-bloc clubs. These are probably not new members but are members with a disability who previously elected to be members of open clubs and can now benefit from a reduced membership fee.

Membership Services Manager Freddie Collier said: “This year, our senior club membership, aged 18 and over, has risen in line with the steady growth we have seen since moving to Lilleshall in 2000. It has gone from 34,713 to 35,563, 2.4 per cent rise. It is this figure that gives me optimism.

“Decisions to introduce a fee for juniors and to insist on county and region membership have caused a fall in junior and direct membership. However, if we remove these numbers, we see we still have steady growth in the background and, from a business perspective, the vast majority of our membership income comes from the senior club membership.”

Get your discounts now!

Did you know that all Archery GB members can save a fantastic 15 per cent on all Cotswold Outdoor products from the company’s retail outlets, just by producing your membership card? Well you can! We are delighted to relaunch our partnership with the company, which has been offering one of the most extensive and comprehensive ranges of outdoor clothing, equipment and accessories for more than 40 years.

And we are also delighted to announce that you can also claim your exclusive Cotswold Outdoor discount* with its sister companies Cycle Surgery, Runners Need and Snow+Rock.

Some terms and conditions apply – it’s a maximum 10 per cent discount on bikes – but with Christmas fast approaching, it could be the perfect answer to your last-minute present problems! You can find all the offer details on the Archery GB website.

Nominate your heroes

Do you want to make sure your unsung, hard-working volunteers get the recognition they deserve? There is still time to nominate them for an Archery GB award – but you need to be quick.

We will be awarding plaquettes for service to archery at our 2018 AGM at held at the Crowne Plaza at the NEC in Birmingham 21 April. What we need you to do is nominate your volunteers by writing a short citation. That’s it. The Awards Panel will do the rest. We are hoping to make between 10 and 15 awards.

And it’s not just plaquettes. There are several specific awards too. The Hartwell Trophy is awarded for exemplary service to archery over the last 12 months. The Gussy Trophy is for the wheelchair archer of the year. The Toxophilus Trophy is for the best archery magazine and there are two Archery GB Trophies for the best websites.

Nomination forms can be found at the website and your nomination should be made before 1 January 2018.

AGM update!

The 2018 Archery GB AGM is being held at the Crowne Plaza at the NEC in Birmingham on 21 April. But instead of the usual start time of 11am, the meeting will begin at noon. This is to allow for a Board meeting before the AGM.

Member registration will open at 11am.
This Christmas take them somewhere

Exciting

Don’t just give a gift this Christmas. Give an adventure. Give the confidence to take the first step. Our experts will help you pick out that perfect gift, with an exclusive 15% discount* for Archery GB members. You can also use your discount with:

Stores nationwide | cotswoldoutdoor.com/christmas

*Full T&Cs apply. Not to be used in conjunction with any other offer or discount. Selected lines are exempt. 10% discount only on bikes. Only valid upon production of your Archery GB membership identification in store or use of valid discount code online. Offer expires 31.12.18.
Rules updates

CLOUT ROUND SIGHTERS

In the summer edition of Archery UK, a proposal was put to the membership to amend the rules for clout round sighters. Following feedback, this proposal was not accepted, and no rule change has taken place. The arrangement for sighters for clout rounds therefore remains the same as for target rounds.

Proposals for rules changes

Membership feedback is required for these proposals to determine if they should proceed and should be directed to: Chairman.rules@archerygb.org. (If you do not have access to email, please ensure any letter sent to the Archery GB Office clearly indicates your comments refer to the changes proposed in the winter 2017 edition of Archery UK, and they can be passed on to the Rules Advisory Group). Feedback should be given within two months of publication in Archery UK and consideration will be given about whether the changes will be implemented at the earliest in April 2018.

1. SCORING RULES

The revised wording for scoring is to try to make it clearer what happens should a scorecard be incorrectly added up, or arrow value alterations not initialled by a Judge.

The wording is a rewrite of Rule 306 subsections (a) to (j). The rules from (j) onwards are not affected.

(a) (i) For all bowstyles the scoring points for hits on the target face for Archery GB Imperial rounds are: gold 9, red 7, blue 5, black 3, white 1.

(ii) For all bowstyles, the scoring points for hits on the target face for Archery GB Metric rounds are:

<table>
<thead>
<tr>
<th>Zone</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inner 10</td>
<td>Record as X, score value 10</td>
</tr>
<tr>
<td>Inner Gold</td>
<td>10</td>
</tr>
<tr>
<td>Outer Gold</td>
<td>9</td>
</tr>
<tr>
<td>Inner Red</td>
<td>8</td>
</tr>
<tr>
<td>Outer Red</td>
<td>7</td>
</tr>
</tbody>
</table>

(b) a. The scorer incorrectly records an arrow value, or the value is not clearly shown
b. Arrows are recorded in the wrong order
c. The archers on a target cannot agree on the value of an arrow, in which case the judge shall give a decision, which shall be final.

In all cases the judge will ensure that the correct arrow value has been recorded by performing a correction, or recording

In all cases the judge will ensure that the correct arrow value has been recorded by performing a correction, or recording

➤

The New Chest Guard for Archery

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the score, in a different colour pen, then initialling the side of the scorecard.

e) If the target face is disturbed by the archer before an arrow value has been decided the arrow shall not be given the higher value.

f) No arrows shall be withdrawn from the target face until all arrows are scored and the archers satisfied they are correctly recorded.

g) The scorer shall complete all elements of the scorecard and sign it. The archer will then check and sign the scorecard confirming it is correct. It is each archer’s responsibility to ensure their score is correctly recorded and all aspects of their scorecard are correctly completed.

h) A tournament organiser is not required to check the scorecards. If they do, when checking the scorecards the tournament organiser finds;

a) That an arrow value has been changed which has not been signed by a judge then this will be scored as a miss and the total altered accordingly.

b) If there are found to be any discrepancies in additions then these will be altered accordingly.

i) Claims for records and awards will be invalidated if any arrow value alterations have not been signed by a judge.

2. DRESS REGULATIONS

The purpose of the rewrite is to give improved guidance on what may be considered appropriate and to try to bring a better understanding of sponsorship and branding of clothing.

307 (a) Footwear - shoes that cover the foot are required. Sports/athletic shoes are recommended

307 (b) Clothing:

i) No image or language must be displayed on clothing that can be considered offensive to others

ii) Must present a decent and appropriate appearance on the field. Torn, ripped or badly faded articles of clothing are not permitted

iii) No camo or blue denim will be worn

iv) Clothing can be of any colour, except as detailed below:

a) Tops/Shirts must cover the front and back of the body, and cover the midriff at full draw. Women’s upper garments must have sleeves or a minimum strap of three inches. Men’s shirts must have short or long sleeves.

b) Skirts/shorts/skorts (divided skirts) may be worn, and must not be shorter than the fingertip length when standing normally. Leggings (tights fitting/yoga style stretch pants and cycling style Lycra shorts) are allowed only when worn with compliant shorts/skorts/skirts

c) Trousers/shorts/skorts (divided skirts) can have more than one colour. Piping on the side of the garments is acceptable.

307 (c) Badges/logos/wording

i) Clothing manufacturers’ trademarks are allowed, provided the trademarks do not exceed 30cm² per item of clothing

ii) Non-archery related sponsor logos are permitted, provided the logo does not exceed 400cm² per item of clothing, and may only be worn during the sponsor period. It will be necessary for the archer to be able to prove they have sponsorship.

iii) Archery-related wording, logos or advertising/sponsorship is permitted.

iv) The wearer’s name is permitted

307 (d) Members of Archery GB who are officiating as Chairman of Judges, Director of Shooting or as a Judge at UK or World Record Status events shall wear the Archery GB recognised judge uniform

307 (e) A member of Archery GB who has represented GB at a National event may wear their international shooting uniform for the remainder of that season and the following one. This includes archers who represent GB at Olympic Games, and who represent England, Scotland, Wales and Northern Ireland at a Commonwealth Games.

307 (f) Failure to comply with the above dress regulations may result in the archer not being permitted to compete in the event.

3. RULES OF SHOOTING THAT CONCERN ARCHERS WITH A DISABILITY

The Disabilities Advisory Group has reviewed parts 11 and 12 of the Rule Book, and have brought them together as Part 11 only, discarding Part 12, and making some revisions regarding Visually Impaired archers shooting in particular.

The most notable revision for VI archers with tactile sights is that if they are shooting a round where the distance changes, then instead of one end of sighters at the first distance being shot, two ends of sighters will be available to them to adjust their tactile sights. There will continue to be one end of sighters available on each change of distance. The sighters will of course be shot before all other archers then join in the scoring ends. (See B. (i), (ii), and (iii).)

Part 11

Rules of shooting that concern archers with a disability

1100 Policy. Archers with disabilities should be in a position to participate and compete to the best of their ability. If they are unable to comply with a Rule of Shooting then they will be allowed dispensation from that Rule and any reasonable adjustments necessary will be made. Any variations must be related to the needs and the safety of the person concerned.

1101 Implementation.

(a) In clubs and at non-UK record status tournaments, archers may self-declare their disability and use any variation from our Rules of Shooting provided that it is safe. (See 1102 for allowable variations by reason of visual impairment.) Evidence of disability should only be asked for in exceptional circumstances. Clubs shall allow such archers to access the club-based handicap and archer classification systems.

(b) At UK record status tournaments archers may also self-declare their disability. For automatic dispensation, the disability must be seen to make compliance with the rule impractical. (Note: tournament organisers should collect this information via the essential requirements of entry forms under SAP 3)

(i) In cases where the disability is not obvious, then any documentation which demonstrates eligibility shall be accepted as evidence. For example,
a Blue Badge or Certificate of Vision Impairment. Some archery related documentation is listed below:

a. A World Archery classification of any date which allowed or allows the archer to compete nationally or internationally.
b. A current BBS, IBSA or WA sight classification.
c. A not eligible para-archery classification which permits the use of an assistive device.
d. An Archery GB dispensation card which permits an assistive device.

c.  Any variation from the rule must not compromise the safety of others or that of the archer with disabilities.
d. Any variation from the rule must not give an advantage to the impaired archer over other archers. (For example, using a mechanical release aid with a recurve bow)
(e) In cases of doubt, dispute or complaint, the archer should be allowed to participate with the dispensation claimed and the matter referred to the Chairman of the Disabilities Advisory Group as below. He/she may choose to collect additional evidence and any decision reached will be final.

1102 Rules of Shooting for Visually Impaired archers
These provisions apply to any archer regarded as disabled under the Equality Act 2010 by reason of visual impairment.

A. Rules of Shooting - general
(i) The Archery GB Rules of Shooting for target archery shall apply to VI archers except as stated in the following paragraphs.

B. Shooting
(i) A VI archer using a tactile sight will shoot an extra end of sighting arrows at the initial distance unless they opt not to.
(ii) For all rounds which involve a change in distance of the target, a VI archer using a tactile sight will shoot an end of sighting arrows at each change unless they opt not to.
(iii) A VI archer using a tactile sight will shoot a complete end (six arrows where appropriate) before returning from the shooting line.
(iv) A VI archer shall be permitted to have a spotter who shall be allowed to stand 1 metre behind the shooting line. The spotter may only give their archer information as to the fall of each arrow (including a ‘bouncer’), timing information and any necessary safety warnings. A spotter shall pass information to the archer in such a manner as to avoid disturbance to other archers on the shooting line.
(v) Assistance in adjusting any sighting device may be given to a VI archer by a third party only during sighting ends and between shooting ends.
(vi) A spotter may be nominated as an assistant as provided in Rule 306 (i) who shall at all times be under the control and discipline of the Judge.
(vii) A VI archer using a spotter shall only approach the target when accompanied by his/her spotter. (safety issue)

C. Handicap and Classification Schemes
(i) Any handicap or classification scheme in use by visually impaired archers shall, in general, conform to the procedures laid down for sighted archers.
(ii) If a visually impaired archer from time to time uses more than one type of sight, a separate handicap/classification record sheet must be maintained for each sight.

D. Equipment
(i) Equipment used by a VI archer must generally conform to the specification(s) given in Part 2.
(ii) A VI archer may use a visual or tactile sight. A visual sight may be adapted to suit the residual vision of the archer and in this case Rule 202(e) (i) shall not apply.

E. Rounds
Table of rounds and other information currently contained in 1205 (This will be completed when the changes are introduced - there is no change from the existing rounds)

1103 Insurance. Insurance cover will not be invalidated in the case of an archer with disabilities who is unable to comply with the Archery GB or WA Rules of Shooting, providing the person in charge of the shooting is satisfied that safety is not being compromised.

1104 Guidance. For advice whether any variation to the rules is allowable, the Chairman of the Disabilities Advisory Group should be consulted. All written communication should be addressed to Membership Services marked for the Attention of the Chairman of the Disabilities Advisory Group or email: chairman.disabilities@archerygb.org
Since 2010 we have invested in clubs through ontarget, our club development programme. It is really pleasing to see that more than 310 clubs have taken up the opportunity it offers and that this number continues to grow because ontarget has the potential to be a valuable resource for archery club development.

So, what is club development? Put simply, it is making changes at every level to provide a better experience for the members. The programme was designed to provide structure and support to grassroots archery clubs. ontarget Specialisms have been created so that we can recognise clubs that are working hard in these disciplines and support them if they have aspirations to develop a specific aspect of the sport.

The three focused areas are Community, Young People and Performance. These are the areas we need to develop for the sport to grow and to support the retention of archers.

Most clubs will already be delivering activities that meet the characteristics of these specialisms. We would like to know about it and to understand where clubs need further support. We encourage clubs to read through the criteria of the specialisms, discuss it with their committees and to agree that the club aligns with the criteria.

The next stage is to let us know and you can do that simply by going online and completing the self-assessment. It will take no longer than 15 minutes. Your application will then be assessed and you will receive some official communication from us. There is no deadline but why wait? We would like to hear from you if you feel you meet all the characteristics.

If you don’t meet all the characteristics but would like to make changes, decide which area you want to address first and work out what you need to do to meet the criteria. If you need help at this stage take a look at the further ontarget resources, contact other clubs that have already achieved the specialism or contact the Sport Team for support – this is why it exists so please use its expertise.

We seek to promote the specialism clubs above others as examples of good practice and we will help share their experiences with others to promote the sport to the wider archery family. Clubs embarking upon the specialisms will be displayed accordingly on Club Finder and be able to display the logo on the club’s website.

Ultimately though, the main reward is having a better club. Specialism clubs will be more attractive to those outside of the sport, have more satisfied members and a thriving club atmosphere and be able to think about what the next decade will bring to the sport. They will be stronger, prepared for - and ready to exploit - opportunities for growth and improvement.

My commitment to visit as many clubs as possible is as strong as ever. Recently I visited the Wolverhampton Company of Archers, met with the committee and had a lively discussion about Archery GB strategy and how grass roots archers can and will benefit. Among other things I have committed to even greater transparency regarding our activities, finances and results as we move into the new year. I must thank the Wolverhampton club for its time and hospitality.

I would like to take this opportunity to wish you all a very merry Christmas and a happy New Year. I’m looking forward to meeting more of you as I continue my tour of UK clubs next year.

Neil Armitage
Chief Executive

Britons at heart of World Archery

Many congratulations to the following British candidates who were elected to World Archery’s Boards and Committees during its 2017 Congress in Mexico City.

➤ Hilda Gibson was elected to the Finance and Audit Board. She will serve until 2021.
➤ Pippa Britain was elected to the Para Archery Committee. She will serve until 2019.
➤ Jonathan Shales was elected to the Technical Committee. He will serve until 2021.
➤ Derrick Lovell was elected to the Constitution and Rules Committee. He will serve until 2019.

Professor Dr Ugur Erdener was unanimously re-elected as President of World Archery for a fourth term.
RIO OLYMPICS
GOLD MEDALIST
CHANG HYE JIN

CHAMPIONS & WIN & WIN
15 to 22 OCT. 2017
World archery Championships
Mexico City 2017

www.wiawis.com
A matter of pride

Mark nominated for prestigious award

Congratulations to Mark Pattenden, an aspiring Paralympian whose charity work led to him being named as a London finalist for the 2017 Pride of Britain awards.

And it came hot on the heels of The Prime Minister’s daily Point of Light Award which he received from Archery GB chief Executive, Neil Armitage.

Mark lost his lower left leg in a workplace accident. The shock also left him with PTSD and cost him much of his hearing – but he decided to fight back through voluntary work. That was 18 years ago and, since then, he has been tackling the toughest challenges he can find to raise charity cash.

“I didn’t want to just be another person that’s got a disability,” he said. “I wanted to help other people. So I started thinking about what I could do that was within my abilities as an amputee.”

So he set himself a target of completing 52 challenges before his 52nd birthday. These have included jumping out of aeroplanes, marathons, driving a Land Rover to 14 capitals in 14 days and leading a team to Everest base camp. Last year he set a world record – and raised £7,000 – by becoming the first amputee to run the Great Wall of China marathon for charity. In total, he has raised over £250,000 for charities.

He also became a personal trainer with disability specific qualifications and an athletics coaching qualification. He now volunteers with a squad of six athletes including Vanessa Wallace who finished fifth in the recent Para World Championships.

He also bought a running blade for Kelly Jackson who desperately wanted to get into sport after losing her leg in a car accident. But the gift came with one condition: that Kelly went on to “pay it forward” by helping another athlete.

So they teamed up to raise money for Hannah Moore who used her new blade to become British para triathlon champion.

She too has promised to help another athlete and the aim is to eventually set up a charity so that as many athletes as possible can achieve their dreams.

Mark, who is training with Archery GB’s fast-track project and is hoping to eventually represent Britain at the Paralympics, just missed out on the final stages of the Pride of Britain awards. But it did give him the chance to talk about his work on ITV and be shown doing the thing he loves most: archery.
Help is at hand
Perching stools go into production

Perching stools. They are difficult to get hold of but essential to impaired archers who have trouble standing. Everybody has been aware of the problem for a long time – but a solution might just be at hand.

The stools are not made commercially and are usually bespoke, individual projects. That makes them expensive. So Bob Smith, Chairman of the Disabilities Advisory Group, decided to do something about it.

He brought together Remap, which builds specialist equipment for the disabled, the Worshipful Company of Fletchers which supports Archery GB para and disabled members and the British Wheelchair Archery Association to see if they could come up with an answer. They did.

The archery stool was designed and made by Roger Thorn, a volunteer with Buckinghamshire charity Remap. Its volunteers use their ingenuity and skills to design and make pieces of equipment to help disabled people achieve greater independence, or to enjoy leisure opportunities previously closed to them. And everything it produces is free of charge. As well as designing the stool, Roger also persuaded the company he works for, Kellform, to batch produce it.

The Worshipful Company of Fletchers provided a grant to fund the production costs and the first batch of 10 stools was delivered in October. Archers – including Paralympic double gold medallist John Walker – were able to try them out at the BWAA’s training weekend. And they proved so successful that John bought one on the spot!

Once the first batch is sold the money will be used to fund the production of the next batch and so on.

The stools are being sold at cost price from the BWAA’s base at Stoke Mandeville and if you are interested please contact Bob Smith on BWAACoaching@talktalk.net. They have already sold four of the 10!
Planned your Spring break yet?

The Jersey Triple WR Status
26, 27 & 28 May 2017

The Jersey Archery Society have been running their “Triple” three-day archery tournament for over forty years. Offering WR720; H2H; WR1440 as well as Visually Impaired VI20, VIIR2 rounds. The pressure is off on the third day as we ramble through the picturesque woods of Crabbe for a Foresters round.

Our event offers a catered shoot at the beautiful Granville cricket pavilion, with optional hog roast BBQ and awards dinner on the picturesque Island of Jersey. You can travel by plane or boat, just arrive and we will arrange your rest.

If you can travel here we are offering double or sole occupancy breaks starting at £195 for 2 nights up to £383 for 5-night breaks, with 3 bedded or double rooms from £142 for 2 nights or up to £251 for 5-nights after flight costs including hotel transfer to and from harbour, airport and the event.

Come with archers or with family and stay a little longer to explore our beautiful and historic Island, with a free day pass included to one of many historic visitor venues courtesy of Jersey Heritage.

For more information e-mail triple@jas.org.je or visit our website for joining details www.jerseyarcherysociety.org.je quickly, before rooms go and the target list fills up!
**TOURNAMENT DIARY**

Archery UK Spring copy date: 31 January 2018

**KEY TO SYMBOLS**

World Record Status .......... WRS
UK Record Status .......... UKRS
National Tournament .......... Red box
National Series Finals and Legs .......... Blue box
A&G Talent Approved events .......... Gold box
Outstanding Events .......... Purple box

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**Stourbridge Annual WA 25m**
- **Round:** WA 25m
- **Venue:** Waseley Hills High School
  - **Contact:** Peter Langmaid
  - **Tel:** 0121 561 3763 / 07905 031479
  - **Email:** peter.langmaid@btconnect.com
  - **Web:** www.scca.org.uk

**UKRS The Castle Archers WA 18m**
- **Round:** WA 18m
- **Venue:** Newcastle Emlyn Leisure Centre
  - **Contact:** Jill Perry
  - **Tel:** 01559 371272 / 07833 682793
  - **Email:** jillycoxe133@gmail.com
  - **Web:** www.castlearchers.co.uk

**4th Clohpt Triple**
- **Round:** Single & Double Portsmouth
- **Venue:** Portsmouth, Vegas, Worcester
  - **Contact:** Suzi Bredin
  - **Tel:** 07919 137065
  - **Email:** suzi184@hotmail.co.uk
  - **Web:** www.clophillac.co.uk

**UKRS The Walsh & Open Senior Indoor Championships**
- **Round:** WA 18m
- **Venue:** Sport Wales National Centre
  - **Contact:** David Evans
  - **Tel:** 01994 419015
  - **Email:** david.evans@globalnet.co.uk

**Guildford Indoor Open**
- **Round:** WA 25m
- **Venue:** Guildford Spectrum
  - **Contact:** Tony Rollin
  - **Tel:** 01483787122
  - **Email:** tournament@guildfordarcheryclub.co.uk
  - **Web:** www.guildfordarcheryclub.co.uk

**UKRS Wigan & Drell Portsmouth**
- **Round:** Double Portsmouth
- **Venue:** South Ribble Tennis & Fitness Centre
  - **Contact:** Kay Boulton
  - **Tel:** 01942 703449 / 07875 689796
  - **Email:** kayboulton68@gmail.com
  - **Web:** wigan&drellarchers.club

**UKRS Ashford As 40th & Kent Indoor Championships**
- **Round:** WA Combined
- **Venue:** Ashford, WA 25m
  - **Contact:** Tony Rollin
  - **Tel:** 01932 782655 / 07802 864562
  - **Email:** mwoodfield@hotmail.com
  - **Web:** www.kestrelsarchery.org

**UKRS Warwick Snr & Jnr & West Mids Junior Indoor & Open**
- **Round:** Portsmouth
  - **Venue:** Honeymolled Wood, Tenterden
  - **Contact:** John Brown
  - **Tel:** 01233 661527 / 07752 026568
  - **Email:** tournament@ashfordarchers.org.uk
  - **Web:** www.ashfordarchers.org.uk

**Cheshire 42nd Indoor**
- **Round:** Sat: Individual Portsmouth Sun: Team Portsmouth
  - **Venue:** Cheshire County Sports Club
  - **Contact:** J Wood
  - **Tel:** 0151 721 5969
  - **Web:** www.ccarchery.co.uk

**UKRS Hampshire Indoor Weekend (Inc Hampshire Championships)**
- **Round:** WA 18m
  - **Venue:** Fleming Park Leisure Centre
  - **Contact:** Carla Piper
  - **Tel:** 01722 712292
  - **Email:** cipiperarchery@gmail.com
  - **Web:** www.haa.org

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Cadet selection criteria scores can be obtained at AGB Talent Approved events which are World Record Status (not UKRS).

Available on the AGB website.
TOURNAMENT DIARY

08/04/18 – 08/04/18
WRS EMAS Youth Squad & Open
Round: WA 70m, WA 60m, WA 50m, Olympic, Compound Match, Metrics 122 and 80
Venue: West Lodge Rural Centre
Contact: Frances Bull
Tel: 01536 522037
Email: francetull@live.co.uk
Web: www.targetcraft.org

08/04/18 – 08/04/18
WRS Meriden Spring WA 1440
Round: Ladies & Gents WA 1440, Metric I
Venue: Meriden Archery Club
Contact: Eileen Pinder
Tel: 02476 598193 / 07988 419840
Email: tournaments@meriden-archery.org.uk
Web: www.meriden-archery.org.uk

UKRS Cheshire Trials
Round: York, Hereford
Venue: Knutsford Sports Centre
Contact: Fiona German-Lloyd
Tel: 0151 356 4132
Email: panddf@ntlworld.com
Web: www.cheshirearchery.org

UKRS Wolverhampton CoA
Spring Shoot
Round: York, Hereford, Burswood, Single & Double National, Junior & Short National
Venue: Wolverhampton Company of Archers
Contact: Tara MacKinnon
Tel: 01902 688154 / 07711 452573
Email: taramac@blueyonder.co.uk
Web: www.wcfc.org.uk

15/04/18
Belvoir Archers Double 720
Round: WA 70m, WA 60m, WA 50m
Venue: Works Lane
Contact: Bryan Haynes
Tel: 01949 876098 / 07887 633121
Email: tournaments@belvoirarchers.co.uk
Web: www.belvoirarchers.co.uk

15/04/18
UKRS Droughtwich Warwicks
Round: All Warwicks
Venue: Droughtwich AS
Contact: Tony Briard
Tel: 01527 821553 / 07930 423805
Email: tournaments@droughtwicharchery.co.uk
Web: www.droughtwicharchery.co.uk

15/04/18
UKRS The Papago Shoot
Round: Abbot & Windsor
Venue: 187 Kew Road
Contact: Sabin Browne
Tel: 020 8274 1291 / 07980 825374
Email: sabinbrowne@gmail.com

UKRS Southamptom Easter York
Round: York, Hereford, Bristols I-V
Venue: Hardmoor Sports Ground
Contact: Thomas Blumensath
Tel: 01767 681991
Web: www.fakenhambowmen.org.uk

UKRS Andover Archers Saxon Shoot
Round: York, Hereford, Bristols I-V
Venue: Foxcotte Park
Contact: Helen Press
Tel: 01264 338159 / 07881 452366
Email: helen.archery@gmail.com

UKRS Chippenham Archers FITA 2000
Round: Ladies & Gents WA 1440
Venue: Chippenham Archers Home Ground
Contact: Adam Shaw
Tel: 01249 655103 / 07780 864330
Email: adambarrettshaw@aol.com
Web: www.chippenhamarchers.org.uk

UKRS Crystal Palace Bowmen 40th Open
Round: York, Hereford, Bristols I-V
Venue: Old Dunstonians Sports Club
Contact: Linda Richart
Tel: 0208 460 4542
Email: toj@crystalpalacebowmen.org.uk
Web: www.crystalpalacebowmen.org.uk

UKRS Tricorner Match Cheshire v Staffordshire v Worcestershire
Round: York, Hereford
Venue: Knutsford Sports Centre
Contact: Fiona German-Lloyd
Tel: 0151 356 4132
Email: panddf@ntlworld.com
Web: www.cheshirearchery.org

WRS West Essex Bowmen Air Ambulance Shoot
Round: Double WA 70m, WA 50m
Venue: Belhus Woods Country Park
Contact: Paul Tolson
Tel: 01375 678737 / 07926 703788
Email: tolson720@btinternet.com

UKRS Fakenham Bowmen May Day Weekend
Round: All Warwicks, St George, Abbot, All, Windsor
Venue: Fakenham Sports Centre
Contact: Elaine Burbidge & Janice Syer
Tel: 01328 851848
Email: mayday@fakenhambowmen.org.uk
Web: www.fakenhambowmen.org.uk

WRS Staffordshire Bucks or Bounty
Round: WA 70m, WA 60m, WA 50m, Olympic, Compound Match
Venue: Lichfield National Sports & Conference Centre
Contact: Steve Taylor
Tel: 01785 816126 / 07937 915836
Email: staffs_bob@outlook.com

UKRS Cumbria Outdoor Championships & Open
Round: York, Hereford, Bristols I-V
Venue: Netherhall Rugby Club
Contact: Chris Batterby
Tel: 01768 866670 / 07805 507886
Email: aysgartharcher@gmail.com
Web: www.eaglebowmen.co.uk

UKRS 3 Counties Match Cheshire v Lancashire v Warwickshire
Round: Ladies & Gents WA 1440
Venue: Cheshire County Sports Club
Contact: Fiona German-Lloyd
Tel: 0151 356 4132
Email: panddf@ntlworld.com
Web: www.cheshirearchery.org

WRS Lincoln Archers Head to Head
Round: WA 70m, WA 50m, WA 60m, WA 50m, Olympic, Compound Match
Venue: Washingborough Playing Fields
Contact: Ian Prescott
Tel: 01522 821420
Email: i.prescott@ntlworld.com

UKRS Southampton WA 1440
Round: Ladies & Gents WA 1440
Venue: Hardmoor Sports Ground
Contact: Thomas Blumensath
Tel: 07955 877279
Email: tournaments@southamptonarcheryclub.org
Web: www.southamptonarcheryclub.org

WRS North Cheshire Open Double WA 1440
Round: Double Ladies & Gents WA 1440
Venue: Knutsford Sports Centre
Contact: Metalez Foster
Tel: 0181 929 3985 / 07883 572819
Email: tournaments@northcheshirebowmen.co.uk
Web: www.northcheshirebowmen.co.uk

UKRS CCW WA 720
Round: WA 70m, WA 60m, WA 50m
Venue: Downing College Sports Ground
Contact: Matthew Arowsmith
Tel: 07868 423061
Email: tournament@cityofcambridgebowmen.co.uk
Web: www.cityofcambridgebowmen.co.uk

UKRS Cumbria Double WA 1440
Round: Ladies & Gents WA 1440, Metrics I-V
Venue: Penicuik High School Playing Fields
Contact: Lance Hawker
Tel: 01968 674792 / 07491 361453
Email: penicups@gmail.com
Web: www.penicuikarchers.co.uk

UKRS CBW WA 720
Round: WA 70m, WA 60m, WA 50m
Venue: Downing College Sports Ground
Contact: Matthew Arowsmith
Tel: 07868 423061
Email: tournament@cityofcambridgebowmen.co.uk
Web: www.cityofcambridgebowmen.co.uk

UKRS NEUAL Outdoor Championships
Round: York, Hereford, Bristols I-V
Venue: Uclan Sports Arena
Contact: Juliet Spedding
Tel: 07549 528624
Email: organisne@neual.co.uk

UKRS Umpire Shoot
Round: York, Hereford, Bristols I-V
Venue: Stratton Upper School Sports Field
Contact: Linda Richart
Tel: 07905 862617
Email: lrichart@btinternet.com
Web: www.umpires.org.uk

UKRS 3 Counties Match Lancashire v Warwickshire v Worcestershire
Round: Ladies & Gents WA 1440
Venue: Cheshire County Sports Club
Contact: Fiona German-Lloyd
Tel: 0151 356 4132
Email: panddf@ntlworld.com
Web: www.cheshirearchery.org

WRS Redruth Archers Double 720
Round: Double 70m and 50m
Venue: Redruth Archers
Contact: Jimmy Sandoe
Tel: 01209 213243 / 07979 338897
Email: jimmysandoe@aad.com

UKRS Gloucestershire v Worcestershire County Friendly
Round: Ladies & Gents WA 1440, Metrics I-V
Venue: Deer Park Archers Ltd
Contact: Roger Crang
Tel: 01452 489752 / 07810 401554
Email: rscrang@aol.com
Web: www.glosarchery.co.uk

WRS Forest of Bere 14th Longbow Shoot
Round: Double 70m and 50m
Venue: Forest of Bere Bowmen
Contact: Mr J Taylor
Tel: 07785 902098
Email: jaytaylo@btinternet.co.uk
Web: www.forestofberebowmen.co.uk

WRS Wilford Bowmen Double WA 70m
Round: WA 70m, WA 60m, WA 50m, Metrics 122, Metrics 80
Venue: Highfields Sports and Birston Hockey Club
Contact: Paul Margeson
Tel: 0115 982 6717
Email: p.margeson@talktalk.net
Web: www.wilfordbowmen.wordpress.com

UKRS Selby Open Westerns
Round: Long; Short; Junior; Short Junior
Venue: Selby Rugby Club
Contact: Andrew Neal
Tel: 01757 249233 (after 6pm)
Email: ang@nigel.co.uk
Web: www.nacas.co.uk

Archery UK Spring copy date: 31 January 2018

Drick Manor,
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NP26 8LJ,
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United Kingdom.
TEL: 01865 423331
Cadet selection criteria scores can be obtained at AGB Talent Approved events which are World Record Status (not UKRS).

Full tournament calendar can be accessed on www.archerygb.org
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t: 023 9259 3463     m: 07794 920288
### World Records

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<td><strong>Para Archery Men</strong></td>
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<tr>
<td>Steve Prowse</td>
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**Archery UK Winter 2017**
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Manufacturers of Precision Fletching Equipment

BITZENBURGER JIGS HAVE SET THE INDUSTRY STANDARD FOR FLETCHING TOOLS FOR OVER 50 YEARS

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www.perrisarchery.co.uk
## Achievements

### Target Archery

#### WA STAR

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## ROSE AWARDS

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### Junior Rose

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Barebow

Imogen Colenutt
Deer Park

Longbow

Jennifer Cuthbertson
Killingworth

JUNIOR MASTER BOWMAN U14
Recurve

Eleanor Ware
Clopilli
Charlie Medhurst
Redhill
Eleanor Rochelle
Wiltford
Candice Luceau
Castle
Niamh Titchener
Bridlington Bay
Kathryn Taylor
Meriden
Darragh Joyce
Burnham
Alice Simpson
Chessington
Emilia Belshaw
Burleigh

Compound

Hattie Boulton
Pendle & Samlesbury
Rosemary Preece
Archery GB

JUNIOR MASTER BOWMAN U12
Recurve

Yesuf Ali
Leicester
Anna Brythe
Wiltford
Eleanor Stott
Huddersfield
A Shehara/Morgan Evesham

Hannah Fox
Burton Constable

Sir/Vanessa Montwood
West Essex

John Smart
Think

Darragh Joyce
Burnham

Samantha Roberts/St Helens

Dominic Fenton
Ivanhoe
Orath Titchener
Bridlington Bay

Barebow

Lidia Stamp
Llandaff

6 GOLD END - JUNIOR
Recurve

Kayleigh Ivanov
Balbardie
Gillian Imrie
Penicuik
Shannon Haines
Kingston
Elle Page
Meriden
Yorkie Larkins
C M O

Elizabeth Whitworth
Redhill

Stephen Brown
West Wight

Errol Barnett
Leaves Green

Wilson Lee
St Helens

Simon Eberz
Oxford University

Nicholas Wilson
Dark Side

Andrew Clark
Whiteleaf

Evon Catley
West Wight

Sean Fortune
West Essex

Paul Graham
Durham

Paul Taylor
Foss

Adam Shipley
St Helens

Alex Hodgkinson
Llantarnam

Andrew Hoyle
Exmouth

Antonios Katsis
Bannockburn

Dave Reynolds
Sagittari

G Thomas-Pruise
High Weald

Adam Dawkins
Derbyshire

James Farrar
Silver Spoon

Compound

Hannah Powe
University of Leicester
Samantha James
Woking
Angela Collins
West Wight
Victoria Burden
Litchfield
Annette Skuse
Abbey
Hayley Goodes
Burnham
Alexandra Chadwell
University of Salisbury
Peter Longmaid
Stroud
Andy Smith
Fakenham
Tim Joinson
Droitwich
Ian Cadwallader
Droitwich
Timothy Jackson
University of Warwick
Tony Cooper
Norton
Eric Chan
C M O
Michal Trojan
Eagle
John Davis
Cheshire County
Ken Prescott
St Helens
Andrew Raves
Minetown
Jonathan Howard
St Helens
Richard Kinnard
Spelthorne
Robert Norman
Newhaven
Carlos Balou
Allington Castle
Keith Harrison
North Meals
Dave Toan
Evesham
Neil White
Bromyard
Emlyn Jones
Gravesend
Malcolm Todd
Bolton
Simon Coulton
Great Rissington
Alex Scott
Eagle Bedford
Rob Twigg
Evesham

Stephen Brown
West Wight

Robin Newbegin
Tring
Paul Matthews
Kingston

Dan Courtinelle
Southampton
Andre Labuschagne
C M O

Longbow

Adrian Leach
Lizard Peninsula

6 GOLD END - JUNIOR
Recurve

Freja Gunther
Evesham
Shauna Punjabi
Chessington
Megan Havers
Hinckley
Lois Darling
Wiltford
Hannah Fox
Burton Constable
Eleanor Rochelle
Wiltford
Bethany Sinclair
Crown
Eleanor Cole
Richmond
Harriet Crook
South Wansdyke

Morgan Robertson
Chessington

Katie Torkelson
Audeco

Hannah Wells
Lace
Aspen Salisbury
Alton & Four Marks
Alice Simpson
Chessington

Catlin McKean
St Georges

Lucy Downie
Redruth

Holly Spink
Barnsley

Jessica Politt
Cheshire Country

Bethan Loh
Darwen

Piers Skilton
Blue Arrows

Henry Mullock
Richmond

William Liveridge
Green Dragon

Charlie Medhurst
Redhill
### Compound

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### Longbow

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<td>Brian Vaughan Sway</td>
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<td>Dylan Higgins Longbow Club</td>
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### Field Archery

#### WA ARROWHEAD

**Silver**

- Joe Fairburn Wharfe Valley 343

**Black**

- Richard Buckner Overton 300
- Richard FitzGerald Guildford 293
- Nathan Trew Llantwit Major 291

**Grey**

- Jacob Boden Archery GB 270

#### Recurve

**Brown**

- Richard FitzGerald Guildford 263
- Stephen Newson Green Lane 258

**Green**

- Charlotte Baigent Waterside 226

#### Compound

**Black**

- Adam Wilkinson Wrexham 357
- Graeme Thorn Walker 355
- Alan Blogg Heugh 354
- Gareth Beeby Penrith 353

**Grey**

- Kevin Duncanson Heugh 341
- Muriel Kirkwood Pentland 321

**Brown**

- Anthony Tate Walker 324
- James Tate Walker 323
- Pamela Duncanson Heugh 302

**Green**

- David Crow Cleadon 302
- Dillon Crow Cleadon 301
- Neil Laszkowicz Rutland 295
- C Taylor-Thorn Walker 275

### Barebow

**Gold**

- Stephen Kerr River Oak 339
- Sophie Benton Lough Cuan 320

**Black**

- James Lowry Lough Cuan 290
- Glenn Studholme Norton 283

**Grey**

- David Priestley Bath University 270
- George Ferguson Lough Cuan 254
- Thomas McComb Banbridge 252

**Green**

- Alan Harding Wrexham 208
- John Lennon Ballyvally 196
- Anna Catling Fort Purbrook 194
- Peter Schrofield Braintree 194
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Andrew Wilkinson  
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vaos.sec@googlemail.com  
www.yorkshirearchery.co.uk
FROM THE CHAIRMAN

We would like to thank the following sponsors and partners

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For long term support of our core programmes:

- The National Governing Body can’t impact every part of
whether you are happy with your sport, but some things we
- People giving up because they are fed up with poor
facilities, or don’t have access to good coaching, or aren’t
happy with the competition structure, could all rightly point at
Archery GB.

Thirty-six per cent of archers in a given year don’t renew their
membership. That’s a horrendous percentage, and we are very
keen to address it. Establishing who is giving up and why is one
of the reasons behind us asking people to let us know their
date of birth. In short, we aren’t asking for the sake of our
health: we’re asking so we can improve things.

In a similar vein, our recent request around range
registrations is not some bureaucratic flight of fancy. It will allow
us to reduce personal liability to litigious claims and it has the
added benefit of improving how we can direct people to
specific ranges that meet their requirements. Both ultimately
benefit members. If those clubs that have yet to fulfill the
request could do so as soon as possible, it would be super
helpful. Thanks.

Mark Davies
Chairman

The National Governing Body can’t impact every part of
whether you are happy with your sport, but some things we
can. People giving up because they are fed up with poor
facilities, or don’t have access to good coaching, or aren’t
happy with the competition structure, could all rightly point at
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In a similar vein, our recent request around range
registrations is not some bureaucratic flight of fancy. It will allow
us to reduce personal liability to litigious claims and it has the
added benefit of improving how we can direct people to
specific ranges that meet their requirements. Both ultimately
benefit members. If those clubs that have yet to fulfill the
request could do so as soon as possible, it would be super
helpful. Thanks.

Mark Davies
Chairman

A recent example would be our asking people to include in
their membership renewals a date of birth – a request that led
to not insignificant amounts of irritation and angst, and a
commensurate amount of incoming mail. It seemed a totally
superfluous request which just added admin for some and
caused embarrassment for others. I am sorry for both.

But we didn’t ask just for the sake of it: having the information
is part of our wider strategy, which is no longer focused on
increasing participation but on reducing the “churn rate” – the
number of people who give up the sport. Put another way, we
are less interested in having lots of people come and try archery,
only to say that they find the experience miserable and give up.
We are more interested in making sure that the people who are
involved want to stay involved, because they are happy.
THE GREATEST LINE OF TARGET BOWS ON THE MARKET