

Replacing nocks



What is a nock and how do I know it's damaged?

The nock is the part of the arrow that secures the arrow to the bow string (the green plastic part in the picture). It is normal for this part of the arrow to wear over time.

If nocks become damaged, showing signs of stress they may need to be replaced. Physical damage will be clear, but if the arrow keeps falling off the string it may be that the nock needs to be replaced.

Where can I get replacement nocks from?

You can buy replacement nocks (a dozen per pack) from www.archerygb.org/arrows or by calling 01603 300 490. A pack costs £2.40 plus a small delivery charge.

How do I change old nocks for new nocks?

Replace damaged nocks by carefully cutting off the old nock (taking care not to damage the carbon arrow shaft). Once the nock is removed, fix the new nock by pushing it **on making sure that the string groove is 90 degrees** to the index fletching (the white vane on the arrow in the picture).

More information

Contact arrows@archerygb.org if you need more information.

