Burning bright!
How archers stole the show

Age is only a number
Just ask newbie Joan

Juniors join medals rush

Big Weekend round-up

AGM • National Series • Spinal Games
Shoot what the winners shoot.

MARTIN DAMSBO
2013 World Cup Final Champion

BRADEN GELLENTHIEN
2013 World Cup Indoor Champion

mathewsinc.com
It’s shaping up to be a blistering summer – whether the sun decides to shine or not. There is just so much to look forward to. And it has kicked off in style with the highly successful Big Weekend. Almost 80 clubs took part, giving thousands of people across the UK the chance to fall in love with archery.

There are only a couple of weeks to go before the start of the National Series. We look at what it means to the clubs hosting the opening stages and at what you can expect from the spectacular two-day finale at Wollaton Hall, Nottingham.

There have been some stunning performances internationally too. We have full coverage of all our fantastic medal winners – plus some women who have seized the opportunity of a lifetime. And there is the chance to see just how far we have come in the last 90 years with a look back at some historic newsreel pictures from British Pathé.

And of course we have all your latest news. In this edition we get to meet a 93-year-old newbie who is passionate about the sport, some very determined archers and, of course, find out what those “Vikings” were up to.

May I wish you a happy and very successful summer.

Welcome to Archery UK
STARTING IN STYLE

It's all go in RCA’s jubilee year

What’s the best way to kick off your club’s 60th anniversary celebrations? You could try setting yourself a sponsored 60,000 points in 24-hours challenge. Well that’s what Rochdale Company of archers decided to do. The aim was simple, to start raising enough cash to guarantee the club’s future for the next 60 years in a new state-of the-art home.

Members of RCA, currently Greater Manchester’s sports club of the year, rallied to the cause and came within a whisker of reaching the target. But the important thing was that they raised £2,500 and started the diamond jubilee in style.

Since then there have been quizzes, a treasure hunt and its St George’s Day/Ken Russell Memorial Shoot, complete with a dragon.

RCA has also won the 2014 Archery GB website of the year award, held its largest tournament yet – the (very wet) NEUAL World Record Status WA 1440 tournament – and has plenty of events lined up.

Neil Turton will be doing his bit for the club’s fundraising efforts on 18 July when he starts a 12-hour unaided marathon shoot. It’s a daunting challenge because nobody will be able to help him and he will not have time for food or drink. You can help though. All you have to do is go to http://tinyurl.com/12hourshoot and sponsor him.

And there’s plenty of 1950s-themed fun in store throughout the summer, leading to RCA’s Middleton Archers Charity Clout on 14 September, sponsored by Goldcrest Archers, and a leg of the British Barebow Indoor Championships in November.

GUILDFORD’S GLITTERING OCCASION!

More than 120 people gathered for a truly glittering occasion as Guildford Archery Club celebrated its diamond jubilee and news of a £45,000 investment in its future.

Club chairman Steve Tully announced that the club had secured the Sport England grant to fund 25 Olympic-style targets and a new storage unit and performance centre for the club.

There were presentations, an exhibition, afternoon tea, a yew tree planting ceremony, the chance to have a go and even a serenade from the club’s women’s choir.

And there was a very special award. Arran Coggan, Archery GB’s Development Manager – Participation, was there to hand over the ontarget club of the year trophy. There were other presentations too, including a specially created President’s medal given to Colin Ellsley, who has been a member for 50 years.

Other special guests included Councillor Diana Lockyer-Nibbs and the High Sheriff of Surrey, Peter Lee, who said: “It gladdens my heart to see clubs like yours, run by volunteers, flourishing and involving young people in their community. You should feel proud of your achievements.”

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An "Archer" going up in flames. How can that befun? It can – and was – when the "Archer" formed the centrepiece of Shetland’s newest celebration.

The archer in question was Bueskytter (that’s Norwegian for archer) and was the Viking longship at the centre of South Mainland’s latest fire festival or Up Helly Aa.

But that was not the only archery connection. Keith Lobban was the Jarl, or chieftain, and he led a squad of 34 men, women and children. They were all dressed as archers and equipped with swords and bows.

Keith said: “This was the first time a full Jarl’s squad has been dressed as archers. Seven are members of the Shetland Archery Club or the Shetland Junior Archery Club. Stan Seymore of Aim4sport was also invited to take part in the festival. The suits, including the bows, quivers, arrows and shields, were handmade by the squad and took over a year to put together.”

The squad spent the day touring round five local schools, a care home and Keith’s workplace – all accompanied by Bueskytter. And, in the evening, a torchlit procession was held in Keith’s home village of Gulberwick. More than 400 guizers, or performers, carried burning torches from the village centre to the beach. In keeping with island tradition, Bueskytter was then set alight and the squad got into party mode, finally calling it a day at about 4am.
SOMETHING TO AIM FOR

S

Sean Coulson might look a bit apprehensive. The Isle of Thorns archer had just shot a Robin Hood with a longbow at 40 yards, so he should have been all smiles. The trouble was, he had just taken out his dad Roy’s arrow, smashing the self knock to bits and wedging in the whipping...

And Steve Bollen of West Wight Archery Club and Wight Bowmen is starting to wonder if he is getting a little too accurate. He shot a Robin Hood at Allington Castle Archers’ Worcester/Portsmouth tournament and, shortly after shot another. Then, during a practice night, he shot a double Robin Hood.

“I did five in the indoor season,” he said. “The only trouble is I’ve only got two arrows left out of 12!”

Oops, dad won’t be happy...

It’s all in the name, they say. And they might be on to something because Paul Hood (probably no relation) shot a spectacular Robin Hood with an American flatbow at Fast & Loose Archery Club.

Jacki Beard of Ditchling Archery Club had always wanted to get her first Robin Hood. She just didn’t expect it to be, well, different. As she shot the club’s last frostbite of the season, one arrow ploughed into a second just above the point. The third, which shared the same hole, got away with a dinked shaft and a lost fletching. “I had to shoot it twice more because I had run out of arrows,” she said.

And some people just seem to get into the swing of it right away. Orlando James managed to shoot a Robin Hood at Neath Archers — during his beginners’ course. Definitely one to watch!
2014-2015
100 Page Catalogue
Out Now
Happy anniversary!

Hillingdon Archery Club is five years old – and it has been celebrating in style. The club, which firmly believes that every one of its members is a winner, has been making great progress, particularly with its juniors.

It hosted an All Windsor shoot to mark the occasion, complete with a barbecue – and the obligatory high winds.

Club President and Coach Simeon Keenan said: “We have come such a long way and I would like to thank the committee and members for their commitment and support. I would also like to thank Brunel University Sport Team, admin staff and management for their support. Without the Brunel Sports Team we would not be where we are now.

“And special thanks go to Middlesex County Archery Association President Colin Okin who has been a great mentor.”

DEAN SETS THE STYLE!

Some people like to do things properly. Dean Hirst, a member of Derwent Bowmen Archery Club, is one of those people. So when it came to preparing for this year’s St George’s Day Shoot Dean, like many of you, decided to go the extra mile.

Dean, who is the national longbow record holder for the York round, researched, designed and made his costume for the shoot and, fortunately, the weather held.

David Randall, the club’s publicity officer said: “The longbow never looked so good!”
Jim Rodgers of Heugh Bowmen has been recognised as one of archery’s unsung heroes at the national Torch Trophy Trust awards, which were attended by the Princess Royal.

Jim has run the club near Hartlepool for over 45 years and has been Durham & Northumberland County Association secretary for more than 30. He was nominated for the award by Archery GB but was prevented from being at the ceremony because of family commitments, so Northern Counties Chairman Charlie Hall received the award on his behalf.

The awards go to volunteers who have shown outstanding dedication to sport in their local communities and Jim was described as a guiding light in the county’s work who has run hundreds of beginners’ classes, introduced several hundred new people to the sport and gained their trust and respect.

The nomination said his experience and calm way of reporting was a real asset to the county archery committee and that he had represented Durham and Northumberland at regional level for more than 20 years.

Jim was also a regional judge until he retired in 2012. He was well respected and his decisions were never questioned.

He is also a supporter of local rugby and has been closely involved in rugby union clubs in Hartlepool for 40 years.

Lizzy Yarnold, skeleton star and winner of Team GB’s first gold medal of the Sochi 2014 Olympics, was there to support the awards and there was a lifetime achievement award for Sir Bobby Charlton.

Two for one?

Martin Mycock has a question. Is it possible to score two clouts with one arrow? He is asking because he thinks he did it while practising for the Bowmen of Lyme’s clout championship.

He suspects the answer is no – and in that case he definitely wants a recount!

Clout is an important part of the activities at the club, which also offers target, clout and field archery in the rolling countryside of Lyme Park near Stockport.

Anyone interested in checking it out is more than welcome and more details can be found on the club’s website, www.bowmenoflyme.co.uk.

Congratulations!

PERTH ARCHERY CLUB

To the victors go the spoils, so congratulations to Perth Archery Club’s overall club champion Ian Heywood, Oakbank shield winner Vicki Stronach and handicap champion Barbara Hogarth.

They won their awards at the club’s end of season Junior and Senior Indoor Championships at Perth High School.

The Junior Club Indoor Champion was David Morris who also achieved his personal best this year and the Ladies Paramount were Sarah Peach and Ruth Dunsire.
Even a stroke can’t halt Mark

When Mark Hollyer had a stroke which left him paralysed down his left hand side, the last thing he expected was to be back on the shooting line within four days. But he was.

What it took was some quick intervention from his family and his local hospital and a whole lot of determination from the Ashford Archer. Determined not to let “a little thing like a stroke” get in the way of his archery or his life, the dedicated recurve archer borrowed a lightweight compound bow so he could get back on the shooting line.

Club Chairman Tony Harris said: “Not only that, the following Saturday he turned out for a work party despite everyone else that turned up insisting he should be at home recuperating. “It has taken him a few weeks to find any love for the compound bow and he has been heard saying he is desperate to get his recurve back in his hands but that did not stop him scoring 998 points including an end of 60 points at 30 metres in his first World Archery 1440 round. It’s an achievement he is very proud of and he’s an inspiration.”

Making an impact

Archers from Northamptonshire, Leicestershire, Derbyshire, Nottinghamshire and Lincolnshire headed to Kettering for the inter-county East Midlands Clout.

It was a World Archery double one-way clout at the home of Kettering Archers and, although high winds made an impact, at least the heavens did not open.

Nottinghamshire also made an impact, winning the compound, recurve and barebow competitions and coming second to Derbyshire in the longbow. Full results can be found at www.ncasarchery.org.uk

If you are going to make major changes to the way an organisation such as Archery GB is run, one thing is essential – the backing of your members; a mandate for change.

You gave us that mandate at the AGM with an overwhelming 89 per cent vote to change our Articles of Association. The number of voters taking part was double the usual number, making that mandate even stronger.

Your votes will allow changes to the Board, making it more flexible and better equipped to meet the future needs of our rapidly growing sport. So what are the next steps?

For the next 12 months it will be business as usual for our Operations Committee as we review our delivery structure and see what needs to be put in place so that it reflects the needs of Archery GB’s Strategic Plan. This will involve consulting with the Operations Committee and others and together we will create a mechanism to provide the ongoing support that will be crucial over the coming years.

The Board is now working towards its transition to a new, more strategic focus. Its role will be to: empower those delivering strategic objectives; ensure those objectives reflect the aims and desires of the members; make sure statutory and legal requirements are met and to continue driving the sport forwards.

The recruitment of Independent Directors has begun with the establishment of the Nominations Committee. The Directors will give a fresh, objective perspective to the decision-making process and will play a vital role in a new, more flexible Board that has the skills base needed to meet future challenges.

The unprecedented growth in membership continues, as does the work we are doing to create and cement relationships with our partners. Our Performance partner Foresters Friendly Society provided invaluable support for the Big Weekend and we are once again working with Nottingham Building Society and Nottingham City Council on what promises to be one of the summer’s most spectacular events, the Archery GB National Series finals.

I hope it’s a great summer and that you enjoy your shooting.

David Sherratt
Chief Executive
RECAPTURE THE SPIRIT

Get behind injured personnel Invictus Games

Want to recapture the spirit of London 2012? Tickets for the Invictus Games for wounded, injured and sick servicemen and women are now on sale – and archery is right at the heart of the competition.

It is one of nine key sports that will attract 400 competitors from 14 countries to the Queen Elizabeth Olympic Park for 10 to 14 September.

Invictus means unconquered and the aim of the games is to use the power of sport to inspire recovery, support rehabilitation and generate a wider understanding and respect for those who serve their country. The event is being championed by Prince Harry and the Duke and Duchess of Cambridge and will be covered by the BBC.

Archery GB coaches will be training competitors and the archery competition, at Here East on Friday 12 September, will be managed by Events and Facilities Manager Jon Nott who was archery field of play manager during London 2012.

Accuracy, precision and nerve will be key for competitors during two head-to-head sessions. They will be using compound and recurve bows and aiming at targets positioned 18m away.

Competitors were selected through a combination of factors including a commitment to train on a regular basis for the Games and an assessment of performance. The process was designed in consultation with Help for Heroes and National Governing Bodies to give the competitors the best chance of success.

Captain David Henson, who hopes to compete in September, said: “Competitive sport has made all the difference to my personal recovery and rehabilitation. For a whole international community of injured ‘brothers in arms’ who flat out refuse to let themselves be beaten by their injuries, the Invictus Games in London will offer a memorable, inspiring and energising experience in their journey of recovery. This is not just the story of our wounded, but of all of our servicemen and women. We will each prove, as William Ernest Henley’s famous poem Invictus so aptly says: I AM the master of my fate. I AM the captain of my soul.”

The other sports at the games are: athletics, wheelchair basketball, wheelchair rugby, sitting volleyball, power lifting, swimming, indoor rowing and road cycling as well as a driving challenge. For more information and to book tickets, go to invictusgames.org.

Putting the fun into funds

We can all do with a little help from our friends – and that goes for elite archers too! That’s why Archers of Raunds came up with a plan to help its rising star, 16-year-old Bradley Denny.

So it came up with a plan for a fundraising weekend to boost the young star’s development fund. It helps Brad’s family meet the hidden costs of his international career such as the petrol needed to take him to training sessions and equipment.

But there was an ulterior motive too – to mark the end of the indoor season with two days of solid fun leading to a knockout event on the Sunday and open to all. There was a tuck shop, specially designed targets – complete with a go to jail area – challenges and a competition format that included big bonuses and some nasty(ish) surprises.

Club Chairman Martyn Phillips said: Throughout the session, every single archer had a ball. The young, not so young, those with great skill and ability to the newest archer just finding their feet and barely able to hit 20 yards, everyone was buzzing.”

And the ultimate winner of the knockout? Fittingly it was Brad who also mentored and encouraged his team to victory.

Martyn said: “This sort of behaviour is not uncommon for Brad. As anyone who shoots regularly at AoR knows, he is often the first to share his love for archery with his fellow club members. He has never forgotten his club roots and those that have helped him along the way. He is also the first to help archers (young and the not so young) with their equipment issues, to help identify technique issues and to encourage and motivate.”

Help us make things better

Could you spare a couple of minutes to help Archery GB? We want to be able to plan for the future better so we are conducting an equality survey to give us more insight into our membership.

It is open to all members and all you have to do is visit the Archery GB website and tell us a little about yourself. Some members will also receive a questionnaire in the post. If you receive one please complete it and send it back, postage free. We will let you know the findings in the coming months.
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Obituaries

Brian Coppell
Brian Coppell, a founder member of Wrexham Bowmen, has passed away.

He had been involved in the sport for more than 20 years during which he had been club secretary, coach, and equipment officer. But, according to his fellow members, he was always “the vitality and beating heart of the club and a warm, ever-present friend to archers and all whose lives he touched.”

He was a talented longbow archer, bowyer, fletcher, leather-worker and an inspirational teacher, helping many beginners settle into the sport.

Despite health problems he was determined to be on the shooting line with his wife, Mary, shooting, teaching and encouraging others.

The club said: “We will miss the wicked grin and the twinkling eye, but most of all we will miss, and never forget our true, honest friend.”

Robert Abbott
Robert Abbott was known by many names by the Bowmen of Harrow. They included Uncle, Old’Un, Bob and Foxy. But most of all he was known as one of the club’s founder members and will be sorely missed by all.

He and his late wife, Nicky, started shooting with Ruislip Bowmen in the 1970s and then helped to found the Harrow club. Robert, who also had a keen interest in firearms, served with the RAF and then moved into engineering for medical equipment.

The couple set up the first Middlesex FITA Star and Middlesex Weekend and, more recently, Robert re-established a traditional historical Shoot with Harrow School, known as the Silver Arrow.

He spent years teaching archery to schoolchildren and helping beginners and had been Chairman, team selector, tournament organiser and President of Middlesex County Archery Association.

John Middleton
In the last edition of Archery UK we carried the obituary of former Chief Executive John Skene Middleton, who died in January, aged 78.

His wife, Sue, has asked that we pass on her thanks for all the kind wishes she received after his passing and to all the archers – many of whom made very long journeys – to attend his funeral.

She also wanted all members to know just how much he enjoyed his years (from 1988 to 2000) in charge and the challenges of running the society.

A second memorial service was held in his memory for all his friends north of the border. It was held at the Loreto School Chapel, Edinburgh, on 1 June.

Colin Wilson
Colin Wilson, a much-loved member of Rochdale Company of Archers, has passed away. He joined the club in 1966 and went on to become club champion, President, a county coach, Master Bowman and a member of the British police archery team.

Fellow club member Margaret Smith said: “Colin lived for archery. Not just shooting but the history of the bow. He had been interested since he was a small boy and nothing was too much trouble for him. He was a true gentleman.”

He worked behind the scenes with the Rochdale police archery club, Northern Counties, Lancashire, the Army and RCA and still found time to make bows and arrows and carve wooden artefacts to be sold for children’s charities.

Richard Farrar
Valley Bowmen of Huddersfield is naming its newly-completed pavilion in honour of its founder, Ricky Farrar, who has passed away aged 89.

Ricky was a keen archer and coach and he died during the club’s 50th anniversary year. He and his wife, Karla, were popular figures in the Yorkshire archery scene.

Ricky, originally a member of Huddersfield Archers, won the Phillips Silver Cup for best gold at 100 yards during the Ancient Scorton Arrow shoot in 1963. Four years later he was awarded a Handicap Improvement Medal. He will be sadly missed by all his family, friends and fellow archers.
The Lure of Gold...

Archers lined up at the Bowmen of Adel’s St George’s Longbow Shoot with one target in mind – to win the Royal Armouries Golden Arrow.

The trophy, which was given by and is usually kept at the Royal Armouries in Leeds, has to be signed out, escorted to and guarded at the shoot. To win it you have to shoot a two-way Western, followed by a three-part shoot-off involving a knight hiding behind a castle wall, a wand and a boar.

And the winner was? Sharon Revell, of All Abilities Archery. Her name and club crest will be attached to the arrow on a small shield.

The shoot was completed by a triple Agincourt Volley. A small nipperkin is awarded to the archer whose arrow is nearest the centre of the target. The winner was one of the junior entrants, Harry Spencer, whose arrow took out the centre cross.

Full results available at www.bowmenofadel.co.uk

Have you ever made a New Year’s resolution? Or any kind of resolution, come to that? Every single one of them is made with total conviction and the very best intentions.

The question is, have you ever managed to keep them? Any of them? Honestly?

In the last issue of Archery UK I promised, hand on heart, to make the time to shoot more. The club’s beginners’ course season was coming to an end. I had new kit and it was the perfect opportunity.

You know what’s coming next. Have I shot since? Well, sort of. I have provided background noise for a radio interview and I’m not sure that counts. The interview went incredibly well – which is more than can be said for my shooting.

To be fair, the circumstances were not ideal. I didn’t have my bow with me so I had to resort to beginners’ kit. And once you are used to your own bow, that’s really weird. As a coach I do still use it. But that’s three arrows. Shooting it for close to an hour is a very different story.

The bow didn’t feel comfortable, the arrows were too chunky... it just wasn’t “right.” Gosh it’s amazing how quickly we become spoiled.

But this was how most of us started. How did we do it? Then I remembered. We were having fun.

It was a timely reminder of exactly what I am missing; so it’s back to my lovely bow and this time, THIS time, I promise it will see sunlight. (If we ever get any!)
**DON’T FORGET TO CLAIM YOUR CROSS!**

Did you know that you can claim an English Cross award for scores shot in England at a World or UK Record Status WA 1440 round? And juniors can claim by shooting the appropriate Metric round at UK Record Status events in England according to age group.

The scheme is organised by the English Archery Federation and each cross can be claimed once by achieving a score equal to or higher than the score level shown in the tables.

This year the EAF Committee has had to increase the price of a cross to £3.50 (including postage and packing) for both senior and junior claims. Where crosses are available at a shoot, prices will be £2.50 per item. It is the first price increase since 2010. Scores in some categories have also been tweaked to make awards more achievable.

If you want to represent your country, please make sure you submit your scores in plenty of time. To find out more go to the [englisharcheryfederation.org](http://englisharcheryfederation.org) shooting for England and selection criteria page.

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**English Cross awards score level:**

### JUNIOR

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**On the move...at last!**

We all know how difficult it can be to find the perfect home – and nobody knows that feeling better than Lasswade Archery Club.

It had been trying to find a suitable range for a long time and had come frustratingly close on many occasions, but that has all changed now. It now has a new site at Grove Farm, Bonnyrigg, Midlothian.

Members took great pride in shooting the first arrows at the range, which is in part of an old walled garden that was once part of the Dalhousie Castle grounds.

Derek Sangster, an honorary life member of the club, said: “We are so grateful to Reuben and April Welsh for allowing us to use the area for our range. We hope this will be the start of a long association with Grove Farm.”
Battling for honours

Twenty-six archers of all ages and abilities battled for the honour of becoming the Archers of Jersey indoor champion.

And the competition was intense, not least between mother and daughter Lucy and Judy O’Sullivan. To be fair, the odds were stacked in Lucy’s favour. She has been shooting for Great Britain for 10 years and Judy has only been shooting for three – but that did not lessen the competition. Lucy clinched the compound title with 572 points while the men’s honours went to Cliff Graves.

Another competition that sparked lots of interest at Le Rocquier School was the men’s recurve. Peter Dobin took an early lead but it was whittled away by Piers Sangan until, with six arrows to go, it was finely balanced. Piers finally took the title, beating Peter by three points. The women’s title went to Pam Cox who only started shooting last summer.

Matthew Cotillard, 12, consolidated his hold on the junior men’s recurve title with his third victory in a row. Nine-year-old Kathryn Blackburn took the junior women’s title.

For more information about the club and the full results go to www.archersofjersey.co.uk

WHO NEEDS SUNSHINE?

The rain might have made an appearance but that did not stop Forest of Bere Bowmen from hosting a highly successful open day. Archers from eight to 80 were on hand to introduce members of the public to the sport and to make sure everything ran smoothly.

Club treasurer Vince Ibbs said: “The club members who helped the public to have a go did a great job. The weather was quite kind to us, with only a little light rain on and off. Later it decided to get a bit heavier but, perhaps because archery is a bit addictive, no one seemed to mind and people just kept on coming back for more.

“It was great to see some ex-members come back to re-join, and there were several enquiries from archers from other clubs wanting to join us. Also many people signed on for our beginners’ courses. Some paid immediately and others took forms to return later, and the courses are now fully booked.

“All in all I think that it was a great day and the club has benefited from all the effort that was put into it.”

A VERY IMPORTANT DATE

Members of AC Delco Bowmen might be gearing up for summer but, in the back of their minds, a very important date is lurking. It is Saturday 25 October and it marks the start of the club’s third 24-hour shootathon.

This year the event is being held at Thornden School Sports Hall, Chandler’s Ford, Hampshire, and it all kicks off at 7am.

Twelve rounds will be shot, including a Portsmouth, a Bray 1, a Vegas and a Worcester and this year a team competition is being introduced. Everyone is welcome to take part – all you have to do is turn up with your Archery GB membership card.

The event will raise funds for the club and to find out more, go to its website acdelcobowmen.hants.org.uk
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32 lbs TO 44 lbs IN 2 lbs INCREMENTS.
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HD Arrow Wraps

How do you stand out from the crowd? Arrow wraps can help and Bohning has introduced new high definition designs to make your gear even more individual.

The range is huge and there are different sizes to fit standard, small and extra small carbon shafts.

There is a clear coating so that they can be used with urethane, vinyl and Mylar vanes and solvent based and cyanoacrylate adhesives or tape. They probably won’t make you shoot better – but they might help you find your arrows.

They are available a major archery retailers and cost around £14.50.

Impulse First Flight and Impulse Deux vanes

Vanes are a great way of personalising your kit but they also have an impact on your shooting. Different shapes, sizes and makes react in different ways. The makers of the Impulse vanes say that the new lightweight material and profile makes them more aerodynamically stable and less likely to be deflected by wind gusts.

The Impulse Deux is designed for compounds. It is a short profile two-inch vane which is slightly higher to stabilise it in variable weather conditions so they can be used for field and 3D.

They shoot well, give good clearance and group nicely. Are they better than any of the other vanes around? I’m not sure but it’s definitely worth checking them out for yourself.

Impulse First Flight are high profile four-inch vanes designed for archers who usually use traditional feathers. What they offer is durability, better performance in rain and faster stabilisation.

Both Impulse First Flight and Deux vanes are available from Merlin and Quicks and cost around 23p each.

Expert Reviewer Needed!

Standing out from the crowd is one thing. Creating a work of art is entirely another – and we need someone who is really experienced to help us out.

We have been sent Bohning’s latest Professional Cresting Kit, which includes a crester, four paint brushes (hairline, 3mm, 6mm and 12mm) and six jars of paint.

It has a “versatile 35.5cm anodized back rail for easy turning, adjustable working room and many configuration options.” It also has a reversible pattern rest in imperial and metric, brush and paint jar storage, a hardwood base and is variable speed. It retails at £167.

We have tried it and it seems to work well – but we need an expert to provide a proper review. And, of course, you get to keep the kit. If you think you can help, go to the Archery GB Membership Portal, tell us why we should choose you in 50 words or less and we will pick someone to do the review – and send us a picture of the finished product!

Details will be on the front page of the Portal so simply click and follow the instructions. You have until 30 June to get in touch but please do – we need your help!

Flex Flight Platinum glue

Keeping fletchings attached to aluminium arrows can sometimes be a problem, especially if you are running a beginners course. Also, they sometimes do not seem to stick as well as they used to. This updated Fletch-Tite is supposed to deal with that.

It has been introduced by Bohning which commissioned some research into the problem. It found that many arrows are now smoother than they used to be because major shaft producers had changed the anodising and coating process.

Fletch-Tite has been around for a while but this new formula has been created to deal with this specific issue. If you want to make sure you are getting this version, you are advised to look at the first four digits on the tube seal. If it is higher than 3140 it is the new version.

Does it work? Well so far so good. Only time will tell though.

It is available from major archery retailers and costs around £3.95.
Archery GB asked for your help to drive the sport of archery forward. And, at the 2014 AGM in Derby, you answered in your thousands.

A special resolution was needed for a change in Archery GB’s Articles of Association to allow changes to the Board, making it more flexible and better equipped to meet the future needs of our rapidly growing sport. And it needed to be backed by 75 per cent of the vote to succeed.

It passed by an overwhelming 89 per cent, with double the usual number of voters taking part. The numbers were: 8,138 for, 1,053 against.

It means changes to the way the Board is made up. There will now be 12 directors. Eight will come from — and be elected by — archers. Three will be independent directors, able to give a fresh, objective perspective to the decision-making process without having a vested interest.

The remaining Board member will be the Chief Executive who will be responsible for making sure that committees, volunteers and staff know what the strategy is and what needs to be done to deliver it.

The changes will give the Board the flexibility it needs to develop the sport and ensure that Directors have the right skills set to meet future challenges. And a nominations committee is being set up to make sure that happens.

Chairman David Harrison said: “Work will begin immediately, and we will work to achieve the proposed changes to the way our sport is governed to ensure it is fit for purpose for the exciting challenges that lie ahead.”

Delegates at the AGM also voted to raise membership fees by £1 and for changes to the description of the Scottish Archery Association’s jurisdictional areas. The results of elections for Committee Chairmen were – Field: Andrew Rees and Target: Lee Miller.

Overwhelming backing for change

The following question was addressed to the AGM. The answer is in italics.

Professional fees went up by 50 per cent. Would you please explain why?

The increase in professional fees in 2013 is due to the preliminary work carried out by Grant Thornton on Governance Reform. The costs of £11,662 have been fully funded by Sport England.

In the finance article published in the spring 2014 edition of Archery GB headed “Where did the money come from, Sport England Grants of £377,647 include the grant of £11,662 to cover the costs associated with the Governance Reform incurred at 30 September 2013.”
Let’s do more...

to recognise our incredible volunteers

Would archery survive if something happened to all of Archery GB’s staff? The answer is yes. Definitely. But what would happen if volunteers withdrew their labour? The prognosis would not be so good.

But is Archery GB doing enough to recognise the work of volunteers? That was the question posed by Membership Services Manager Freddie Collier.

“In October 2013, the Minister for Sport and Equalities, Helen Grant MP, wrote to National Governing Bodies encouraging them to give volunteers the reward and recognition they deserve,” he said.

Over the past few years only two Archery GB Plaquettes had been awarded – to Bob Tonkin and, posthumously, Stan Snow – which was fewer than the number of MBEs and World Archery Plaquettes awarded to archers.

“One could say that HM the Queen does more for recognising service to archery than the national governing body,” he joked.

But things are about to change. Archery GB’s Plaquette Awards scheme is being extended to recognise and reward the work of volunteers.

Archery GB now plans to increase the number of Plaquettes awarded annually, adopt a three-tiered gold silver and bronze Plaquette structure similar to World Archery and the awards will be open to all volunteers, at every level.

So who would be eligible? Freddie said the primary objective laid out in Archery GB’s Memorandum and Articles and Laws was to encourage and promote archery by:

1. Arranging and providing archery instruction and teaching
2. Promoting and organising archery meetings, championships, competitions, demos and events
3. Selecting competitors to represent Great Britain
4. Laying down and enforcing rules and regulations covering all aspects of archery

5. Defining the status and prescribing the conduct of archery
6. Dealing firmly with any abuses in Archery

“This clearly covers coaches, judges, tournament organisers, people who run have a goes or beginners’ courses, committee members, child protection officers, club records officers – everyone from grass roots archers to members of the Board.

“If the same member has been your club records’ officer for 25 years, maybe it’s time to give him or her a pat on the back.”

Freddie said the aim was to award around 10 bronze and four or five silver Plaquettes a year and one gold every two or three years and the deadline for nominations would be 1 January each year.

But, before the changes came into effect, there was one last Plaquette to hand out. It went to a couple described as “one of the hardest working in archery and a shining example to us all,” Richard and Susan Custance.
Communication is the key

Keeping in touch with members is key to the success of any membership organisation. And a recent audit indicates that Archery GB is not doing too badly. Patrick Fraser of Archery GB’s PR partners McCann said that: “From a communications perspective, the communication channels employed and the content of the information that Archery GB provides members is more than adequate.

The key communication channels (Archery UK, Archery GB’s ezine, the website and Facebook and Twitter) are working together to ensure information is clearly communicated on a regular basis. They are regularly updated and information is clear and well written using good imagery.”

Archery UK was judged to be “open and inclusive” and “a very strong platform for Archery GB to engage with members,” qualities shared with the ezine. The big winner was Archery GB’s social media platforms, Facebook and Twitter, described as a “real success story.”

Archery GB’s website needed some work, however. It was judged to be too text heavy and usability was an issue.

But these issues are being addressed and a new-look website will be introduced soon. And the look and feel of other membership communications will also be reviewed.

Change is inevitable, he said. “Costs are up, complexity is up and some of that has to do with our external funding. It stretches our people. It stretches our money and we have to think about how we are going to react to that.”

“It challenges us to not only react but to stay ahead and anticipate the needs of the future.”

Offering support to clubs and officials, ensuring the right structures are in place and making the best use of funding were all part of good governance – and helped both clubs and members.

The reforms will ensure the right structure for the future, he said, and help to secure external funding. A vital factor was ensuring the right balance of executive and non-executive Board members. The eventual aim was for a quarter of the Board to be independent. That way the majority would still be archers but a strong minority would challenge, providing better oversight and protection.

“It is an ongoing process,” he said. “And we need to make sure members get the very best from us. The next steps will include a number of targeted forums so that we can fully understand what members want to hear about, how they want to hear it and how often.”

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WHAT HAPPENS NEXT?

The decision has been made. The way Archery GB is governed is going to change. The question now is: what happens next? We asked Chief Executive David Sherratt to outline the plans.

He said: “For the next 12 months it will be business as usual for our Operations Committee and other delivery teams. We will be working with them to create a mechanism that will provide the ongoing support and greater empowerment that will be crucial over the coming years to ensure that the Archery GB strategy is shaped and delivered.

“The recruitment of Independent Directors has begun with the establishment of the Nominations Committee which will lead on the recruitment of the three new Independent Directors. The Board will define the portfolios. These are required to reflect the needs of the Strategic Plan and these will be central to the introduction of skills-based appointments to the Board starting over the next two years as the existing terms of the Directors expire.

“As was introduced at the AGM, a new system of Archery GB Plaquettes will start with nominations being requested, leading to the first awards being presented at the 2015 AGM in Cirencester.”
The best of the best
Awards recognise commitment and service

One of the toughest jobs in archery is singling individuals out for recognition. Why? Because so many people willingly serve their clubs every day with no expectation of reward.

They all deserve recognition – but how do you choose? It was, according to Archery GB Chairman David Harrison, one of the toughest jobs in the run-up to this year’s AGM.

“There have been lots of fantastic entries and it has been a real struggle to decide,” he said. But decisions had to be made – and there are some very special winners.

The Hartwell Trophy for Archery GB’s archer of the year is awarded for exemplary service in any area of the sport. And this year it was awarded to Graham Sibley. Graham has been involved in archery for more than 60 years, is a Regional Judge, a former member of the National Council and Target Committee, the longest serving member of Essex County Archery Association and former President of Southern Counties Archery Association.

David said: “He has indicated that, finally, he might be reducing his commitment to our sport. That’s not to say he intends to retire completely. He has, however, now retired as Essex County Secretary and slowed down his judging commitments to take a well-deserved gentler pace of life.”

The Gussy Trophy was donated by the late comic actor Michael Bentine and again recognises exemplary service by a wheelchair archer. Two Paralympians were nominated this year – John Stubbs and Pippa Britton. The award went to John who started shooting in 1996 and, since then has amassed world records, European titles, won a Paralympic gold medal and, last year, became double Para world champion.

Another archer who turned in a great performance was Gareth Fleming. He scored 784 in an American round to take the coveted Ascham Mazur Trophy.

The Toxophilus Trophy for best club, county or regional magazine went to Bracken Company of Archers. Gwent (www.gwentarchery.co.uk) took the Archery GB Regional and County Website award while the award for the best club website went to Rochdale Company of Archers (www.rochdalecompanyofarchers.com).

And, finally, an Archery GB Plaquette award went to Richard and Susan Custance, who were described as one of the sport’s hardest working couples.

“Archery is a big part of Susan’s life,” said David. “And all of our 40,000 members are very fortunate to have her on our Case Management Panel. Her guidance is always given with enthusiasm and wit and she is ever willing to offer assistance.”

Richard has been involved in archery for 25 years, as a County Coach, a National Judge, a member of the National Tournaments Working party and, closer to home, is the Chairman of Bowmen of Rutland and helped to secure a permanent home for the club.

David said: “They are a shining example to us all.”

Graham Sibley receives the Hartwell Trophy from Essex County Archery Association President Mick Pearce. He was also made honorary Life Vice-President of the Southern Counties Archery Society at the same time.
Helping others have fun with archery makes 16-year-old Katherine Frusher happy. And it has just earned her a very special award.

Katherine, a member of Deer Park Archers, has just qualified as a level 1 coach and is an Arrows leader. She was presented with a Nairac Award for her devotion to others despite going through a really tough time after her best friend and fellow Young Leader died.

Throughout it all she kept training the Third Rodborough Brownies, never missing a meeting or event. She also volunteers on the staff team of the Malvern Challenge, a huge Scout and Guide camp, at an inclusion club and supports a younger girl with Asperger’s at school.

Katherine said: “I was really surprised to be nominated for this award, I don’t consider what I do each week to be special, it’s just part of being me!

“Discovering archery has been fantastic, I have made a whole bunch of new friends, achieved awards and success, and it has given me much more confidence in myself. I have been so lucky to have Steph, Dan, Roger and Andy coach me at Deer Park Archers, they have inspired and given me the confidence to take the level 1 coaching award.

“Who knows I may never get to the Olympics as an archer, but I may one day as a coach!”

Katherine was given a silver salver and a cheque for charity by Dame Janet Trotter, Lord Lieutenant for Gloucestershire during a St George’s Day Service in Gloucester Cathedral.

And the presentation was watched by her proud mum Alison. She said: “Archery has given Katherine so much confidence. Before joining the after school archery club she would never have been able to speak to people let alone coach them!

“She is most proud of captaining Archway School coming from last in the 2012 level 3 school games to winners in 2013. The team was awarded the team trophy at the school’s annual sports awards. She is fantastic with younger children and loves coaching Rainbows and Brownies with the Arrows kit. It makes her happy when the children do well.

“She is injured presently and coaching is helping her to still be involved and meet her friends at the club. Once she has finished her GCSEs this summer she is really keen to enrol on a level 2 course.”

Roger Crang, senior coach and club development officer said: “Katherine, has been a member of Deer Park Juniors for many years and this recognition is well earned.

“We are proud to say that she is typical of many of our juniors who give so much back to the sport and those around them. Although there is no doubt that she has had it tough in a number ways, she has remained positive and very caring. Deer Park is committed to supporting the development of the ‘whole’ person and is fortunate to see so many young people achieving great things, not just as good archers.”
Twelve year old Thea Rogers loves archery. She has done for years – which is why she got very frustrated when everyone kept telling her she was too young to have a go. Every time she spotted archery activities on holiday she was turned away and this went on until she went on a school trip. She was finally given the chance to shoot some arrows at the Talybont Outdoor Education Centre and that was it – she was hooked.

And that’s when fate stepped in. Thea’s swimming club moved to Llantarnam Leisure Centre. And it had an archery club. She completed her beginners’ course in November 2012, joined and almost immediately started to do well in competitions. She was still only 10 when she took part in her first outdoor shoot, a Bristol V, and came first, setting a new Gwent record!

Since then she has won every competition she has entered, set new Gwent and Welsh records and gained her JMB classification. She was also selected to shoot for her county juniors teams, which came first. She is now part of the Welsh Academy, is determined to work and train hard – and proves everyone who said she was too young wrong!

Congratulations to Rebecca Giddings who has just been named East Hampshire’s Junior Sportswoman of the Year.

She is a member of the Forest of Bere Bowmen and was put forward for the award by fellow club members who have been mightily impressed by her recent form.

She is the junior national clout champion, is ranked third in the country in the under 16s and is Hampshire county junior champion in field, longbow, under-16s target archery and clout. She also holds many county and club records.

She received the award from Paralympic tennis gold medallist Peter Norfolk at an awards ceremony in Liphook, where she was interviewed by TV personality Fred Dinenage.

And Club Chairman John Merrett had one message: “Congratulations to Rebecca on behalf of all FOBB members!”

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ALL CHANGE THIS SUMMER!

We all know that you want to be part of the July Nationals. And we also know that a lot of you are tied up with holidays and other competitions and can’t find the time to shoot the round.

So the Junior Committee has had an idea. It is replacing the July Nationals with the Summer Metrics.

All you need to do is shoot the Short Metric round for your age group in July or August. Age groups will be decided by your age on 1 July and you can have as many goes as you want to before sending in your best score. One thing to remember though. A Short Metric is ALWAYS shot on an 80cm face with three dozen arrows at each distance.

We know that some of you have already started filling in your JAWS books but don’t worry, we are not going to change them until the end of the year. Just claim the points as if you were entering the July Nationals – and watch out for the entry form on the website.

<table>
<thead>
<tr>
<th>Short Metric 1 50m/30m</th>
<th>Short Metric 2 40m/30m</th>
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THE NEXT GENERATION

Meet Lewis Burnage. He’s 15 and about to become another of our new generation of archery coaches.

He is seen here coaching David Stephenson during supported practice at a club night at Norton Archers and is already impressing his fellow juniors.

It is all part of a drive to make sure that juniors get all the help and training they need – and have fun. Norton Archers is one of many Archery GB clubs running the Progress Award scheme. It awards coloured badges to mark different achievements according to age and bow style.

The club also makes sure its young archers are involved in County junior development days with an Archery GB Performance coach. The result? Lots of Norton Archers at the County Novice Championships – with quivers full of multi-coloured badges!

And younger brothers and sisters get their chance too. They can shoot with the Arrows kit until it’s time for their beginners’ courses.

You are all cordially invited to take part in the second annual Bowmen of Warfield open junior Short Metric record status shoot. It is happening on Saturday 19 July at its range at Hill Farm Lane, Binfield, Berkshire, RG42 SNR.

To enter go to the junior section of the club’s site, www.bowmenofwarfield.co.uk, and download the entry form.
Nine-year-old Brandon Scully had a smashing time at his first ever competition. He scored 568, smashing his personal best by 143 points! It happened during a junior Windsor round at the Greenwood Osterley Archers St George’s Fun Shoot, less than a month after his first taste of shooting outdoors. Brandon, a member of Hillingdon Archery Club, only started shooting last October and is now looking forward to his next challenge, a Bristol 4 at the Middlesex Outdoor Championship.

We like to keep you on your toes. We like to make sure you are paying attention – so well done to everybody who spotted there was something rather important missing from the junior rankings published in the last edition. That’s right, the junior recurve boys were missing! But all good things come to those that wait, so here they are:

**A SMASHING START!**

Junior rankings... part 2!

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Getting it right
Research results will mean better facilities

Good facilities are crucial to the future of any sport. But to move forward, you have to know exactly what you have – and what state those facilities are in.

That is why Head of Development David Reader and his team have spent the last two years finding out exactly what facilities are available in the UK.

“By building up a better knowledge of our facilities we can support their development and work with other agencies like Sport England that distribute funds for facility improvement,” he said. “Before this we really only had postcodes and anecdotal evidence. As the governing body, we recognised we needed to improve our knowledge.”

The first target archery facilities strategy was launched in 2010 and it detailed minimum standards. “This strategy allowed us to approach Sport England for further support and, in 2012, it gave us more funding to conduct further research. Consultants conducted this on our behalf and we now have their full findings.”

But the results came back just too late to support an application for Whole Sport Plan funding in 2012. “Our task now,” he said, “is to use the findings from our research to develop our understanding, to revise our target archery strategy and to gain further support for facility development. This year we will also embark on creating a field archery strategy.”

So what does the research show? More than 90 per cent of outdoor facilities have secure overnight storage and large enough fields, most are secure and over half have fully accessible heated changing areas with toilets (fig 1). The results for indoor facilities are similar (fig 2).

Now those figures are in place, Archery GB can start to measure how facilities improve or decline, prioritise and seek funding to address the main weaknesses.

It also clarified how many clubs shared facilities with other sports and how shooting grounds are owned or leased. This essential information will help with future planning.

There are also new resources to help anyone managing or building archery facilities. The new Facility Technical Requirements & Specifications document sets out the requirements needed for a new shooting ground or indoor venue and it is designed for those who might not know the sport in detail. It is available from the Archery GB website.

Funding and recognition is also an issue. David said: “Over the last two years we have been trying to get archery included in a Statutory Instrument (SI) which is a piece of planning legislation. There is a SI that details all ‘playing field’ sports and it was discovered that archery was not included. The consequence was that archery was not offered the protection and funding available to other playing field sports.

“We have challenged this and managed to get the issue on the table with Sport England and the Department for Culture, Media and Sport. We feel that we should be included in this SI and we will continue to put our case until the error has been corrected.

“As an interim measure we have secured access to new funding for clubs. Clubs are now eligible to apply for funding from Sport England’s Protecting Playing Fields fund, to protect their ground for the long term, as well being eligible for Sport England’s Inspired Facilities fund for clubhouses, changing rooms and toilets and in exceptional cases indoor ranges. Funding is also available from most of the other home nation sports councils.

“Over the last decade the number of archers has increased considerably but facilities have not increased at the same rate. We need to treat our facility development seriously. We still have a lot to do, but we are now firmly on the way and can plan for the future with greater insight and confidence.”
Does your club or facility need a little investment? Then help could be at hand. There is money available to help archery clubs fix unattractive, expensive to run and difficult to maintain facilities and to convert existing buildings into venues suitable for grassroots sport.

And it’s never been easier to apply. Sport England’s Inspired Facilities fund (www.sportengland.org/inspiredfacilities) is now an open programme. That means projects can submit applications as soon as they are ready rather than being restricted by a specific deadline.

Clubs can bid for grants of between £20,000 and £75,000. The key point is the need to demonstrate how this fund can help them create more opportunities for people to get involved in archery.

Since 2011, Inspired Facilities has invested £71 million into more than 1,300 projects – including six archery clubs which shared a total of £274,349. Now four more have benefited.

Wellingborough Open Archery Club, working with landowners, received £50,000 to create a dedicated outdoor archery area, levelling vegetation for 10 bosses, a hard standing area for disabled archers and storage units.

Exmouth Archers received £29,000 to complete their indoor range, insulate the concrete floor and add insulation, heating and access for all.

Guildford Archery Club will use £45,569 to double up its new storage unit as a performance improvement area, hopefully leading to greater participation, increased membership and club members improving skills levels.

A lack of facilities was holding Targetcraft Archers back. It received £21,000 towards installing an anti-vandal unit with toilets, disabled access and

kitchen facilities and an additional parking area.

Arran Coggan, Development Manager – Participation, said “The Inspired Facilities fund is giving a huge boost to archery clubs. The amount clubs can apply for has recently been increased, and the application process made easier. So I would advise any archery club that has a minimum of a seven year lease, or could get a lease, to look at how this fund can help it create more opportunities for people to get involved in the sport and how the club can retain archers.”

Clubs can bid for grants up to £75,000. Other organisations, such as councils and schools, can apply for grants of up to £150,000. To find out more about any of the funding programmes, visit www.sportengland.org/funding

Facility support is also available from the home nations sports councils but varies. Visit their websites for up to date information:

Sport Scotland – www.sportscotland.org.uk
Sport Wales – www.sportwales.org.uk
Sport Northern Ireland – www.sportni.net

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Sport Wales – www.sportwales.org.uk
Sport Northern Ireland – www.sportni.net

Suddenly, living more young disabled people the opportunity to take part in archery has been made a little bit easier, thanks to a £3,000 donation from the Worshipful Company of Fletchers.

Archery GB’s ambition is to provide a platform for community-based archery opportunities for all disabled people to engage in the sport at all levels and provide opportunities and pathways to help them progress.

The funding will be spent on new projects to increase the number of disabled children and young people taking part in the sport and enhance their experience.

Development Manager for Young People, Chris Turner said: “Fletchers’ donations and continued generosity are truly appreciated by all at Archery GB, and it’s a pleasure to have Fletchers supporting us.”

Need a little help? Inspired investment is available!

£3,000 boost

Giving more young disabled people the opportunity to take part in archery has been made a little bit easier, thanks to a £3,000 donation from the Worshipful Company of Fletchers.

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The data is there. Responses from archers to Sport England’s Satisfaction Survey (2012) said social involvement was the most important factor in individuals engaging with a club. So how do you do it?

Creating social opportunities

The first thing is that archers do not need to leave this to the committee. It is an excellent opportunity to get all members involved, especially non-shooting volunteers.

1. Conduct a skills and interest audit. What talents do your members, friends and family have that you can use?
2. Organise members to provide refreshments. A ‘watering hole’ sends a message that the club cares and

Small things
Make a big difference

WORDS: Arran Coggan

Archery is a sociable sport. It’s fun, inclusive and friendly. But, like everything else, there can be gripes. How often have you heard archers say: “bow types stick together” or “nobody mixes. It does not feel like a club.” Or even, “we’re just a group of people that shoot arrows!”

So what is the answer? How do you make members feel they really belong? And how do you get them shooting more regularly? The solution can be as simple as getting them involved.

Many clubs have successfully used social activities to increase participation at practice sessions. You may want to try the following:

1. Conduct a skills and interest audit. What talents do your members, friends and family have that you can use?
2. Organise members to provide refreshments. A ‘watering hole’ sends a message that the club cares and
its members matter! Ask for a small donation and get volunteers and parents involved.

3. Organise themed shoots such as an Easter egg shoot with hunt or Hallowe’en event.

4. If you have lots of members at a competition, get together afterwards for a drink and encourage car sharing and lifts. Be aware of safeguarding issues if you are dealing with under-18s or vulnerable adults.

5. Hold an end of year awards evening and make sure there is something for all the family.

6. Move bosses around or get people to shoot on different ones with different people on using different bow types. It’s a great way to get to know everybody and avoid cliques forming.

Too many archers, not enough space?

It can be hard to find suitable venues. Growing clubs need to learn how to spot every opportunity because having a “home” with good facilities keeps people shooting. We know it’s easier said than done but you either need a new, affordable, venue or to make the best of what you have.

If you are looking for new facilities, have you tried:

1. Asking family members, friends if they have any contacts.
2. Schools. Most have land and an indoor venue. Some will have reduced rates if your club offers free taster sessions to staff or pupils, or starts an after-school club.
3. Contacting other sports clubs. The facilities audit undertaken by Archery GB highlighted that the better facilities were always those shared by archery clubs with other sports.
4. County Sports Partnerships - speak to them and ask for their help to identify a suitable venue. Establish a relationship with them and develop their understanding of our sport. You may be surprised at what facilities are out there!
5. Local councils. Most have a department that looks after property. Explain what you are looking for and work with them to identify possible venues. Many will also have a community or sports development organiser or department. Again, make the contact.

Make the best of what you have

6. Shoot more arrows by starting earlier, fitting in an extra target, extending the session.
7. Train Field Captains to run sessions more efficiently. It results in a professional, safe environment and a lot more arrows being shot. This is a good opportunity for non-shooting volunteers to get involved.
8. Look at when members shoot. What time do they arrive and leave? Are you using what you have efficiently? You could consider extending the duration of sessions. Or even splitting them into two, with a booking system? This can result in more people attending without cutting down the number of arrows being shot.

9. Look at your membership and target fees. Can they be structured to encourage members to attend practice sessions?

All ideas welcome!

There could be lots of reasons for poor attendance at club practice sessions. But there are many potential solutions and huge rewards if we can increase attendance – both at club level and nationally. The starting point is recognising there is an issue, through talking to members, identifying the causes and then determining the best plan of action. All the indicators suggest clubs that address these issues tend to prosper and not just survive!

Examples outlined in this and the previous two articles may not work in all clubs but you can pick and choose those you feel might be worth a try. They have all have been tried and tested in clubs and have shown to increase regular participation.

We are interested in hearing from you. Have you tried these ideas? Or do you have any additional ones that have worked at your club? If so, please get in contact with Arran Coggan, mobile: 07525 233592 or email: arran.coggan@archerygb.org

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Making the difference

Clubs and volunteers honoured

The winners of the latest ontarget Club and Volunteer Awards have been announced. The awards celebrate clubs that are working to promote archery and honour volunteers for their hard work and dedication.

Young Volunteer of the Year
Ciaran Lunt, Deer Park Archers.
Ciaran is a British under 16s and 18s barebow champion who always puts the welfare of others before his own, often cycling long distances to help at community events. He supports the club's community events and beginners' courses, coaches at practice sessions, is involved in Active Gloucestershire events and very experienced at working with the disabled. He is at university and a member of Archery GB's Talent pool but still finds the time to support the club through social media.

Volunteer of the Year
Dave Kelsey, Norton Archers.
Dave is an unwaveringly committed volunteer. After standing for the position of head coach he immediately found funding for himself and another club member to take a Level 2 coaching qualification. In September he suffered a stroke but still went on to pass his coaching assessment, apply for funding for more Level 1 coaches and continue to coach club members. "We couldn't do without him," said Nicola McCullough, club secretary.

Clubperson of the Year
Philip Watson, Netherhall Archers.
Philip works tirelessly to attract and keep new members, getting them involved in taster sessions in schools and businesses. He has mentored four Level 1 coaches and is helping another coach candidate at the moment. A modest man, this coach and club chairman refuses to accept that the club's success is largely down to his hard work.

Partnership Award
Falkirk Company of Archers.
The club realised it could not meet increasing demand for beginners' courses on its own. It now works closely with MRMArchery Ltd and can offer courses within a maximum of four weeks. MRM runs the course and club membership is up 20 per cent, its highest level in its 41-year history. Last year the club was awarded ontarget Community Club status and voted sports club of the year by Falkirk Sports Council.

Innovation in Archery Award
Deer Park Archers.
It is the second time the club has won the award for the way it encourages people of all ages to participate in the sport. It has used the Arrows kit to generate massive interest in archery among Gloucestershire's Brownies and Rainbows. This has led to the formation of a new Bambies section for five to seven-year-olds. It also offers adapted equipment to make the sport more attractive to those with motor skills problems. Girlguiding Gloucestershire has bought Arrows kits and is training Young Leaders so that Rainbows and Brownies can try archery at events across the county.

ontarget Club of the Year
Guildford Archery Club.
The club works hard to support members, has achieved the ontarget Performance Club specialism, was a runner-up in the 2013 Sports Guildford community sports club of the year awards and attracted 100 visitors during its Big Weekend. It works closely with Surrey University and its archery club and has an active and enthusiastic committee. It has an award-winning website, a full programme of events and social activities and skills development workshops for both junior and senior archers.

Arran Coggan, Development Manager - Participation, said: "The number and quality of the nominations was excellent and we had a tough job selecting the winners. Everyone nominated should be really proud of their achievements. Once again, countless coaches, administrators, and other volunteers have put in so much hard work from grassroots to national level and support the way our sport is developing."
The Euro stars
It’s gold, silver and bronzes

Recurve cadets Bradley Denney, Joe Ground and Jack Masefield stormed to victory at the European Outdoor Youth Championships in Ljubljana, Slovenia. And our compound teams took one silver and two bronze medals!

Brad, Joe and Jack swept past the Czech Republic 6-0, Russia 6-2 and the Netherlands 6-2 to land a gold medal match against Turkey. And there was never any real doubt who was going to take gold as Great Britain eased to a 5-3 win.

Performance Coach Songi Woo said: “It was a stunning 59 end to land the gold and become champions of Europe.”

Compound juniors Jake Burn, Jordan Mitchell and Jon Bull had just as much momentum. They beat Italy 230-223 and Russia 227-222 to reach the gold medal final. In the end, Sweden proved just that little too much, beating them into silver spot – but nothing could wipe the smiles from their faces.

There were bronze medals for both our compound cadet teams. Kirsten George, Lucy Mason and Isabelle Carpenter beat Ukraine 212-196. Turkey took gold after beating Russia.

And James Passingham, James Howse and Dean Hamilton edged victory – and the medal – by beating Russia 212-211. Turkey took gold again, beating Italy 224-219.

Archery GB Events and Facilities Manager Jon Nott, who is in Ljubljana with the team, said: “It was great day for Great Britain. Four medals. What a brilliant result!”

Jon Bull came agonisingly close to adding another bronze to the medal haul. He had powered past Turkey’s Emre Comez, Sweden’s Jonatan Fredriksson and Russia’s Asim Pavlov but was knocked out of the running for gold by Denmark’s Stephan Hansen of Denmark.

John stars at Sports Fest

World champion and Paralympian John Stubbs was one of the special guests at the next ParalympicsGB Sports Fest, a free multi-sport event to be held at Sportcity in Manchester.

It was a chance for anyone who is interested to meet the medallists, try 24 Paralympic summer and winter sports and get inspired. And anyone inspired by the Sochi 2014 Paralympic Winter Games could try out Alpine skiing at the nearby Chill Factore.

Penny Briscoe, Director for Sport at the British Paralympic Association, said: “We had over 20 summer and winter Paralympic sports coming to Sports Fest so that there were plenty of opportunities for disabled people to have a go at a variety of different activities. We know from experience that many people turn up with just one or two sports in mind but often leave Sports Fest with lots of ideas about things they want to try at their local clubs.

“Having so many sports in one place meant that there were even more chances for people to be inspired and to take up something that they might never have considered before.”

Sports Fest in Manchester was the fourth of the London 2012-inspired come-and-try events supported by National Governing Bodies across the UK. So far they have attracted nearly 2,000 visitors, including one who went on to become part of the GB Rowing Team performance programme.
Delivered in style!
It’s bronze for Great Britain

Three-time Olympians Naomi Folkard and Larry Godfrey went into battle knowing only they could bag a medal for Great Britain at the the first leg of the Archery World Cup in Shanghai. And they delivered in style!

They faced Shih-Cheng Peng and Shu Chi Yuan of Chinese Taipei and seized the initiative from the outset, as their opponents’ last arrow stayed in the seven. Two points ahead.

After that it was honours-even until the very end when Chinese Taipei shot a nine and Great Britain scored a glorious 10. That gave Naomi and Larry the result - and the recurve mixed team medal.

There was a clean sweep for the USA’s Mackenzie Brown and Brady Ellison in the gold medal match. They beat Mexico’s Aida Roman and Juan Rene Serrano 6-0.

In the individual competitions one arrow staying in the nine was all it took to keep compounder Adam Ravenscroft out of a shoot-off with Reo Wilde. They were neck and neck until the fourth end when one of Adam’s arrows veered slightly off and even a perfect 30 in the last end could not prevent the inevitable as the American slotted home 30 points for a place in the quarter finals. There was frustration for our other compounders too. Mark Rudd was denied a place in the last 48 by Russia’s Sogto Tsydenov, losing 138-140. Andy Rikunenko was beaten 146-143 by Gabriel Badenhorst of South Africa and Duncan Busby lost by a single point to Kazakhstan’s Pavel Fisher, 143-142.

Linda Townsend beat Indonesia’s Sri Ranti in a shoot-out to earn a place in the last 32 but was then knocked out by Slovenian Toja Cerne. And Claudine Jennings beat Inge van Caspel of the Netherlands 143-142 before falling foul of Iran’s Minoo Abedi. Lucy O’Sullivan lost out to Korea’s Youn So Jung 140-137.

In the recurve competition, triple Olympian Larry Godfrey powered past Slovenian Klemen Strajhar and Kazakhstan’s Artyom Gankin, winning both matches 7-1. But he was denied a place in the last 16 by seventh seed Marcus Vinicus Carvalho Lopes Dalmida of Brazil who won 6-2.

Sean Evans saw off another Brazilian, Fabio C Emilio, 7-1 before falling foul of German Florian Kahllund and Bradley Denny was beaten 6-0 by Chinese Taipei’s Kang Tien.

Another three-time Olympian, Naomi Folkard, overcame Chinese Taipei’s Chia-En Lin. She won 6-4 but was then denied a place in the last 16 by Mexico’s Alejandra Valencia. Fellow Olympian Amy Oliver went out 6-4 to Titik Kusuma Wardani of Indonesia and Nicky Hunt was beaten 6-2 by Vietnam’s Thi Thu Hien Le.

Three seize Rio chance

The challenge was simple. Do you have what it takes to chase the Rio dream? It was the opportunity of a lifetime and it gave 21 archers an unprecedented chance to try to make their Paralympic dreams come true.

Archery GB, UK Sport and the English Institute of Sport launched a nationwide search for female recurve archers with the drive to win medals in Rio and beyond. The key factor was that they didn’t have to be an archer to apply. The search was for women new to the sport, existing recurve archers ready to take it to the next level and compound archers willing to transfer over and fast-track their development.

The result was 21 archers being invited to a selection day at Lilleshall overseen by Michael Peart, five Archery GB Academy coaches, EIS Performance Pathway Scientist Joe Taylor and Performance Pathway Manager, Ceri Ann Davies.

Each archer underwent a technical assessment, interviews to get to know them, understand their needs and gauge their thoughts on making it to the Paralympic Podium. Ceri and Michael outlined what the journey to the top would involve and what it took to be a world-class archer and there was a presentation by Chris Brown of the Worshipful Company of Fletchers who gave an overview of how it supported archers with disabilities.

Of the 21 archers, 10 were invited back for further assessment, which could lead to a chance to swell the ranks of female recurvers in the Paralympics programme. And of those 10, three are now being fast-tracked. They are: Hazel Chasty, Tania Nadarajah and Georgina Williams.

2015 selection shoots
The dates have been decided for World Archery’s 2015 international competition calendar. Archery GB is setting its 2015 selection shoot dates. But you need to do something too.

If you want to take part, get your scores to Stephanie Kelly (stephanie.kelly@archerygb) by Friday 14 November 2014. NO late entries will be accepted.

The process is simple. All you have to do is:

1. Request an entry form from Steph
2. Submit your entry form, your scores and a £30 entry fee by the deadline date

As soon as Performance has confirmed all dates, a 2015 Performance competitive calendar will be posted on the Archery GB website under Documents > Performance > 2015 calendar.

Selection policies will be updated once all dates have been confirmed.
Bangkok bonanza
Paras bring home nine medals

Nine medals. That was Britain’s tally as our delighted archers headed home from the Para-Archery World Ranking Event in Bangkok.

Mel Clarke and John Stubbs got the ball rolling when they beat Thailand to compound mixed team gold. That was followed by victory for John Walker who teamed up with Korea’s Kim for a mixed team W1 demonstration and beat John Cavanagh and Chloe Ball.

Individual finals dominated the final day and the GB team was in fine form. The men’s compound open event was an all-British affair with John Stubbs taking gold and Frank Maguire in a match separated by only two points.

Mel Clarke then went into action and secured gold with a comfortable 666-623 win over home favourite Panmal Ratchanee.

Kenny Allen won in clean sets 6-0 to secure the recurve open bronze in impressive fashion.

The W1 open final was a battle of the Johns: Walker versus Cavanagh. After a tough match John Cavanagh claimed gold.

And Chloe Ball turned in a stunning performance, coming fourth for Britain in her first ever event.

Paralympic Coach Michael Peart said: “When all tallied up, the GB team won nine medals in total from the Paralympic events. It was a very strong performance and a great start to the 2014 season.”

Alison calls it a day
Six-time Olympic archer Alison Williamson has announced her retirement from the sport. The former world number one and Olympic bronze medallist has called time on her international career at the age of 42.

Alison became only the third Briton to take part in six consecutive Olympics when she competed at London 2012. She won a bronze medal in Athens in 2004 after making her Olympic debut in Barcelona in 1992.

As well as Olympic success she won individual and team Commonwealth silver medals in Delhi in 2010, along with a host of other international and domestic titles. She was awarded an MBE in the 2012 Birthday Honours for services to archery.

She said: “I just couldn’t continue to dedicate the hours needed to be competing at the top level any more. It has been an amazing journey. The sport has been a part of my life since I was six years old. But I put my teaching career on hold to represent my country at events across the globe and now the time is right to just concentrate on the day job.”

Her greatest success came in 2004 when she won individual bronze at the Athens Olympics, beating Shu Chi Yuan of Chinese Taipei by a single point. Four years later in Beijing she narrowly missed out on team bronze.
World Cup drama
Back from the brink to defeat USA

There was drama at the second leg of the Archery World Cup in Medellin, Colombia, as Amy Oliver, Naomi Folkard and Nicky Hunt went head to head with team USA. They were up against Mackenzie Brown, Khatuna Lorig and LaNola Pritchard who took an early lead but Great Britain pulled it back. A late flurry from the USA drew them level and forced a shoot-off. Each team scored 27 – but Britain edged it.

That brought the team face to face with top seeds Korea and they proved too much. Korea eventually took bronze while Germany beat China in the gold showdown. In the men’s final Korea beat India and the USA took bronze. In the compound competition men’s gold went to the USA who beat the Netherlands 231-228. Italy won bronze. The USA’s women beat Colombia in the gold medal match and Mexico took bronze.

Earlier, in the individual eliminations, it came down to shoot-offs for George Harding and Sean Evans. George beat Costa Rican Ruben Jimenez convincingly but was squeezed out of a place in the last 32 by Shuai Zhang. It was honour enough all the way, forcing a shoot-off. The Chinese archer shot a nine but George could only hit the eight.

It was just as tense for Sean Evans as he went-head-to-head with Ibrahim Sabry of Egypt. The advantage switched with every end, again forcing a shoot-off. Sabry hit gold but Sean’s arrow strayed into the seven.

Amy Oliver was denied a place in the last 32 by Guendalina Sartori of Italy and Nicky Hunt beat Guatemalan Maria Ambocio 6-0 but then fell foul of India’s Bombayla Devi Laishram.

Kenny Allen reclassified

In the run-up to the Rio 2016 Para-Archery competition, major changes have been made to the classification of archers and the named events. This has had major consequences for some archers including double Paralympic champion Danielle Brown and, more recently, Kenny Allen.

Sara Symington, Performance Director at Archery GB says: “Kenny has been part of the GB squad for seven years, we are very proud of all he has achieved as a Paralympic archer for himself and his country and we wish him all the best for the future. We will be offering Kenny our full support over the coming weeks and months”.

The changes ensure all Para-archers across are competing in the correct classes. It is an important part of Para-Archery as different forms of disability can affect people differently so archers need to undergo a set of specific tests.

World Archery has confirmed it is in full agreement with the International Paralympic Committee and this means that a number of athletes, some of whom may have won medals at the London Paralympics or the last World Para-Archery Championships in Bangkok, will no longer be eligible to compete internationally in Para-Archery competitions.

World Archery has publicly stated that at no time should any of these athletes be challenged in a negative way. They obeyed the rules and won their medals fairly as a result of hard work over many years. World Archery is proud of what they have done. It is simply a fact that the classification rules for Para-Archery have changed.
Bring it on!

Big Weekend scores massive success

Spring Bank Holiday weather might have thrown everything it had at us – but nothing was going to stop clubs around the UK turning out to make this year’s Big Weekend a massive success.

Just short of 80 clubs took part over the three days, setting Twitter and Facebook buzzing. And, despite the downpours, they all agreed on one thing.

Big Weekend 2015? If it’s on, we’re in!

Two clubs seized the opportunity to combine the Big Weekend with their own celebrations. Olympian Amy Oliver was one of the special guests at the opening of Valley Bowmen of Huddersfield’s new Farrar Pavilion. The club put a £50,000 Sport England Inspired Facilities grant towards the pavilion, which was officially opened by Colne Valley MP Jason McCartney.

The weather in Shipley was fantastic on Sunday – but it held its Big Weekend event on Monday. “What we actually got was virtually non-stop rain which rapidly turned our lovely grassy spot into a quagmire,” said Shipley Bowmen’s honorary secretary Vivienne Nuttall. “In spite of the rain, almost 60 people trudged through the almost ankle deep mud to have a go. The youngest was eight and the oldest? Let’s just say…mature!”

More than 1,000 arrows were shot at Aire Valley Archers’ event in Bingley – and it was all the result of some clever marketing. “Our club is quite hidden from view,” said communications officer Tracy Roe. “However, people had come specifically to take part after seeing adverts on Facebook, Twitter, Instagram and events listing websites. We’re really pleased!”

It was the first Big Weekend for Six Towns Company of Archers in Staffordshire, which was only formed in February. Among the guests at the event was a BBC local radio crew – and there were smiles all round when the presenter popped a balloon with her first arrows.

Lizard Peninsula Bowmen, the UK’s most southerly club, and St Edmunds Archers, Suffolk, both boosted their beginners’ courses at their events and will now be busy for most of the summer!

Castle Moat & Folkestone Bowmen battled through torrential downpours, thunder and the occasional sunny spell – and the club still managed to attract a steady stream of would-be archers and fill up its latest beginners’ course.

Aardwolf Archers in Sheffield had two goals: to introduce as many people as possible to the sport and to raise cash for Diabetes UK. It succeeded on both counts and raised £100 for the charity.

Norton Archers had information about medieval archers and Arrows kit for the young (and not so young) at its event.
Thirty members were there to help and head coach Dave Kelsey said: “It was fantastic to see so many people at our third Big Weekend event – even despite the weather forecast.”

Heavy rain hit the Bowmen of Pendle & Samlesbury’s event but chairman Di Clarke said she had been very pleased at the turnout. Around 75 people turned up and had a fantastic time.

Malcolm Grant, Chairman of Brixham Archers, said: “It was great to see so many people come and have a go at archery. We had a great time sharing our passion for archery and hope that we might have inspired someone to get involved in archery in the future.”

Junior world champion Becky Martin was the special guest at Trent Valley Archers’ event. More than 100 people braved the rain and there were enough enquiries to fill the club’s next two beginners’ courses.

Some clubs fell victim to the weather. Denise Carr of Harworth Archers said: “Sadly we got rained off. Some of our guys did have a go but most of us stayed in the tent. Now I’m waiting for weather to change so I can dry everything out.”

And there were only five people at the rain-soaked West Somerset Company of Archers’ event – but all five signed up for beginners’ courses.

This year the event was supported by Archery GB’s Performance partner Foresters Friendly Society. Clare Binks, Head of Marketing, said: “Foresters is delighted to work with Archery GB to bring the Big Weekend to life. Archery is a fun and accessible sport which can be played at any age and grassroots initiatives, like the Big Weekend, encourage people who have never tried archery to give it a go and discover their potential.”
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4. New tax year, new rules
Looking at some of the changes to be introduced, following this year’s Budget, there were landmark reforms to ISAs.

The maximum that can be saved into an ISA during the 2014/15 tax year is up to £11,880. Although, from 1st July 2014, ISAs will be reformed into the New ISA (NISA) with the allowance increased to £15,000. NISAs will give you the option to save your whole allowance in cash, stocks and shares, or any combination of the two.

The annual allowance that can be paid into a Child Trust Fund (CTF) and a Junior ISA (JISA) increased to £3,840 and this will increase again from 1 July to £4,000.

On 6 April, the Pensions Lifetime Allowance (LTA) dropped from £1.5 million to £1.25 million. Another change saw the annual pension allowance fall from £50,000 to £40,000, which is something savers need to remember.

That said, if you did not “max out” your allowances in any of the last three tax years, you can carry forward your unused allowance to this year.

You should be aware that you may not get back what you pay into your ISA dependent on the investment term and investment conditions on withdrawal, and that tax rules may change and will depend on individual circumstances.

Foresters Friendly Society is the trading name of The Ancient Order of Foresters Friendly Society Limited which is an Incorporated Friendly Society (Registration No. 511F) and is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority (Registration No. 110029).
This year the Archery GB National Series is going to be bigger and better than ever with six stages leading to a two-day extravaganza at Wollaton Hall, Nottingham.

But it is much more than just that. Who are the people involved in the build up? And what does it mean to their clubs?

This year stages 1 and 2 are being hosted by Penicuik Archers, stages 3 and 4 will be at Clophill Archery Club in Bedfordshire and stages 5 and 6 will be at the home of Exmouth Archers. And for the first time the top eight archers in each discipline, men and women’s recurve and compound, will qualify for the final.

We talk to two of the clubs, Penicuik and Exmouth, about their National Series experience and what the event will mean to them.

Penicuik Archers
The opening rounds will be held at Penicuik, Midlothian on the weekend of 21 and 22 June. There will be 70-metre and 50-metre ranking rounds followed by a head-to-head on the Saturday, followed by World Archery 1440 rounds on the Sunday.

It is the second time Penicuik has hosted the National Series. The first was in 2011 – and there have been changes.

“The format of the event has changed since we last hosted the tournament following the introduction of the separate round for compound archers,” said Elayne and Norrie McLean. “The organisers have to be aware of the impact this distinction has on availability of spaces on the final target layout and waiting list entries, especially when moving towards the tournament date.

“But the new format of awarding two stages to each of the host clubs has made a big difference to us. It has made it more worthwhile for archers from all over the UK to make such a long journey while giving local archers the chance to shoot with the best in the UK.”

And it is generating lots of interest in the community. “Committee members have been working hard with companies, newspapers and media, and potential suppliers to raise the profile of this event and encourage the local community to come along and support it.

“It means a lot to be part of the National Series. We were delighted when invited to host this event and in being given the opportunity to welcome archers from throughout the UK and Europe to the shoot at our ground, which is close to Edinburgh.

“While we are one of the smaller venues involved with this competition, we are endeavouring to make the event memorable for all those involved and hope that all our hard work will come to fruition.”

Exmouth Archers
Expectations will be rising when, on 16 and 17 August, Exmouth Archers host the last two stages in the competition. It will be the third time the club has played host to part of the National Series – it was held there in 2009 and 2010 – and there have been changes along the way.

Attendance at the stages dipped in 2011 but has been building steadily ever since. Local archers are lining up to be part of the event at the club’s Withycombe Raleigh Common grounds, along with, according to organiser Tim Pratt, “a huge number of the archers you tend to see at the national or more central larger tournaments.”

And it is taking some organising. “To date the event has been run entirely by the members of Exmouth Archers,” said Tim. “But we have had to draw in judges from a wider area. We have also had to hire the football pitches next door to allow us to host up to 54 targets.”

But what does it mean to be of the National Series?

“It’s an honour,” said Tim. “As is the recognition that Archery GB knows that Exmouth Archers is capable of putting on such a large event and it running smoothly with no hitches.”
The main event!

Fun, drama and pure spectacle at finals

ree entertainment, fun, food, play areas. The chance to check out Batman’s mansion and, if you are very lucky, chat to Robin Hood. What more could you want from a family weekend, other than the chance to see some top class archery?

So the question is, are you ready for the UK’s hottest archery spectacular? Have you put the dates in your diary? You should, because this year’s two-day National Series final at Wollaton Hall, Nottingham, is going to be bigger and better than ever.

This year the final is a two-day extravaganza, complete with entertainers, a family activity area, taster sessions - and the chance to see the best of British talent. The festival, which is backed by the Nottingham Building Society and Nottingham City Council, is being held on 30 and 31 August.

And there is nobody more excited about it than the man who first came up with the idea, Archery GB’s new Events and Facilities Manager, Jon Nott. He said: “Every year it just gets bigger and bigger so make sure you are at Wollaton Hall to see the best of British archery!”

“This year it’s the top eight people in each discipline. On Saturday you will see the recurves do battle and then on Sunday it’s the turn of the compounds. We will also have some special matches, more entertainment – and an extra special guest. And, as always, it will be free to watch.

“It’s a fantastic tournament, it’s where archers of all abilities can turn up and take part. There’s always a great atmosphere at the various stages and the National Series final is THE big event of the domestic archery calendar.

“We’ve got bigger by popular demand and it is a really big incentive that eight archers in each category will now be involved with the final. It’s all very exciting.”

We will see you there!

PICTURES: Dean Alberga

The National Series dates are:

Stages 1 and 2: Penicuik, 21 and 22 June. World Archery 1440 and H2H

Stages 3 and 4: Clophill, 12 and 13 July. Double H2H

Stages 5 and 6: Exmouth, 16 and 17 August; World Archery 1440 and H2H

National Series Final: Wollaton Hall, Nottingham, 30 and 31 August.
Ever wondered what archery was really like back in the day? Well now you have the chance to find out. British Pathé has uploaded its entire archive of 85,000 historic films in high resolution to YouTube – and they include archery footage dating back as far as the 1920s. It includes images of the 1926 Scorton Arrow competition, trick archery, darts v arrows competitions and some practices which definitely would not get past modern Health and Safety regulations. It gives a fascinating insight into how the sport has developed, its place in British and world sporting history – and it is highly entertaining!

Arthur Credland, Archery GB’s official historian, said: “The newly released newsreels of British Pathé contain a wealth of historic archery material stretching back to the 1920s. A very gentlemanly gathering, in the grounds of a country house, the archers in blazers, and white trousers, the women supporters in cloche hats and furs. The Scorton Arrow at Settle in 1926 shows tweed coats, breeches and stockings, and even plus fours. The Royal Company of Archers is shown clout shooting at Selkirk in 1923 and in the 1930s beating the Woodmen of Arden at one of their triennial gatherings. There is a brief sequence of the Southern Counties in 1937 at Windsor and a contest at Finsbury in 1938. A meeting of the Royal Toxophilite Society in 1946 is redolent of the austerity of the immediate post war years. The target faces are much pierced and in need of

**Unveiled: archery as it used to be**
replacement, and some of the straw bosses on the verge of disintegration.

“Overseas coverage is not lacking, including the world championships of 1950 in Denmark, 1967 in Holland, the German championships for 1962 and Czech championships in 1969. There is novelty and trick shooting in 1937, including bursting balloons held in front of a target by a trusting young woman.

“In addition we have a sequence of bow making from 1961, the components of a ‘curly bow’, are laid down and clamped on a former, followed by weighing the bow, finishing and polishing. Aluminium arrows are shown being fletched, cresting applied, and then the bows and arrow tested at targets.

“This film archive is a wonderful compendium of archery over the last hundred years.”

To find out for yourself, go to www.britishpathe.com and search for archery.
Not quite a world championship

Arthur Credland is Archery GB’s official historian – and he wants to hear from you. Contact him at historian@archerygb.org. Here he looks at the campaign to get archery back into the Olympics.

The annual FITA world championship was first shot in 1931 at Lwow in Poland (now Lviv, Ukraine). Henry Kjellson of Sweden (a key figure in the development of the Seefab steel bow) became president in 1949 with one aim, to reintroduce archery to the Olympics.

After the championships of 1955 in Helsinki, Kjellson, as part of his Olympic strategy introduced a double round of 36 arrows, each at 90, 70, 50 and 30 metres for men and 70, 60, 50 and 30 metres for women. The competitors were to shoot over four days at the 10-ring target. To allow archers to become used to the new format there was an interim international tournament in 1956, before resuming the sequence at Prague the following year.

The venue was Home Park, Windsor, at the invitation of the Windsor Forest club. Inger Frith, tournament organiser, welcomed the Mayor and Mayoress of Windsor, the former presented with a mounted arrow bearing the crest of the Windsor club. His consort received flowers presented by Mrs Flower, the British champion in 1954 and 1955. Dr Frith set up the giant score board which he diligently kept up to date after every end.

The weather for Saturday and Sunday 9 and 10 June 1956 was damp and cold. Frank Bilson shot wearing a coat over his pullover. The heaviest rain was between 4pm and 5pm on the Sunday making umbrellas essential. There was no strict dress code and Bill Tucker, who was in charge of public relations and reported the event for the British Archer, remarked on both the variety of attire and shooting styles on display. Most of the bows on the shooting line were the tubular steel bows, produced by Accles and Pollock and Seefab.

Also present was Oscar Kessels, president of Royal Belgian Archery Federation, archery champion and administrator. He continued the fight to bring archery back into the Olympics, a goal reached at last by Inger Frith, his successor. Archery was finally re-established at the Munich Olympics in 1972.

After a keen contest Joyce Warner was the women’s winner (1,817) at Windsor, with Miss Cugowska the runner up, and the Czech K.Vomurka (1,876) was first in the men’s.
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A date with the archers...

was not quite what Olympian Carol expected!

When are the Archers not the Archers? Especially when cast members from the long-running radio show are in town? That’s what Carol Crich found out in 1963.

She accepted an invitation from her then fiancé Dave but, instead of showbiz glitz, she found men dressed in green with feathers in their caps ready to give an archery demonstration. They were members of Stourbridge Company of Archers – and Carol was smitten.

Two days later she and Dave were at the club’s archery field being told about rules and safety procedures. Two days after that, she got her hands on a bow. “I knew this was what I wanted to do,” she said. “None of the beginners’ bows seemed comfortable, so I ended up with one that had been home-made.”

She learned about the biomechanics, how muscles worked and how they were supported by the bones and progressed well with her archery. Unfortunately Dave didn’t and the two quickly parted company.

Another member, Gary Sykes, thought she had potential. He started to coach her and helped her with equipment. And she got more involved in the sport, becoming club secretary and playing a major role in the formation of the Worcester County Archery Association.

She also became more involved with her coach and they married in 1965.

Gary went on to shoot in the 1967 worlds, the 1968 European championships and, in 1969, won a team bronze with Roy Matthews and Ian Dixon at the world championships. He later became an Olympic squad coach and retired from archery in 1984.

Carol won a place in the 1972 Olympics, the 1976 European championships and, a year later, the world championships. She stayed on the squad until Gary’s retirement.

The marriage eventually ended and, in 1990 she wed Ray Crich. They are both members of Saints & Sinners Bowmen and coaches. Carol qualified as a County Coach and spent 10 years managing the junior and senior England teams.

She still draws heavily on the biomechanics and techniques she learned in her early days and says that the results she has achieved over the years have given her “a great deal of satisfaction.”

Another thing that gives her satisfaction is the way things have changed over the years. “This photo of Gary and me was taken in 1971,” she said. “I was wearing a homemade onesie and a leatherlook skirt made from a bow bag. A skirt or dress was compulsory – we were not allowed to wear trousers!”

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50 years and Pete’s still going strong

In 1964 Pete Liley, a 16-year-old from Scarborough, was given a steel bow by a family member and decided he had better learn to use it properly.

He joined Albion Archers – and he is still there.

The club only had four members in 1964: Jack Percival, Jack Barr, Clive Brion and Jack Flinton, the man behind the Jack Flinton Helping Hand Trophy. He took an interest in Pete, helping to hone his natural ability.

Pete has always had two loves – archery and music. He played in several local bands, including The Mandrakes with Robert Palmer who went on to become an MTV favourite with hits such as Addicted to Love and Simply Irresistible.

But archery has always been there too. He competed the 1960s, 70s and 80s and, among his many achievements, he shot against top English archers including Richard Priestman, Lez Newsome, Richard Hennings and Mark Blenkarne. Music took over in the 90s but he came back to competition in 2005.

He also put in some pretty good scores too. These have included a FITA 1100 Star award, shooting a 886 score for an Albion round, 774 for an American round, twice achieving six gold ends at 100 yards, a FITA 25 metre round personal best of 555, 562 in a FITA 18 and 587 for a Portsmouth round.

So what does the future hold? He has also been a coach for more than 30 years and, apart from representing Albion Archers at tournaments, that’s where he thinks his future lies. An early success was Andrew Scott, who went on to represent Great Britain and Pete takes a lot of pleasure from helping others to improve and further their archery careers. And he has just discovered field archery...
Debbie’s dilemma
When is it time to grow up?

Debbie Cook is a 46-year-old facing a dilemma. Is it time to grow up? As the outdoor season starts, should she act her age or remain a “junior” for another summer?

The Llantarnam Archer is the club’s social secretary, Gwent Archery Association’s junior representative and helps Welsh clubs with publicity. But when it comes to shooting, she is still torn. Should she join the grown ups or indulge her inner child?

She started shooting in October 2012 and opted for barebow. “I thought that sight thingy was far too complicated to get to grips with and it was easier if I just picked up the bow and shot,” she said. “I entered a few indoor competitions – my first being the annual Santa Claus Worcester round at Llandaff City Bowmen where the relaxed atmosphere and fancy dress requirement meant my inner child felt quite at home shooting dressed up as an Advent calendar.”

Then she hit a mental block and had trouble hitting the target, so she started shooting freestyle, just in time for the start of the outdoor season.

“I know that some archers don’t really like shooting indoors, get bored by the end of the indoor season and yearn to get outside with the longer distances and the challenges the weather can bring. I’m not one of them,” she said. “I like the comfort of knowing that I will be warm and dry and that I can always hit the target inside but, putting this aside, I donned my thermals and my boots and entered the world of outdoor competitions.

“As I was still a novice, it seemed perfectly reasonable to me to enter the competitions for ranges I knew I could reach. What did it matter that I was a 45-year-old shooting Bristol IVs and Vs or Metric IVs and Vs? So what if I spent so much time with the juniors in the club that one of them started to call me ‘Nana’?

“I was very grateful when Llandaff City Bowmen allowed me to shoot the St Nicholas round in their tournament – even if it was slightly embarrassing when no juniors turned up and I was left standing on my own shooting a junior round!”

Debbie’s shooting improved to the point where she scored a personal best in a Portsmouth, which meant she could claim her first Welsh Archery Association Dragon badge. It also added to the pressure to “grow up.”

“80 yards or 70 metres, it all seems a long way off to me – both in distance and ability. And I’m not relishing the prospect of spending more time looking for arrows in the grass than I am on the target!”

“So do I stay with the safety of the junior rounds or do I face up to long distances? I’m taking it slowly with a few grown up national rounds mixed with junior rounds. But I’m aiming to do at least one competition in this outdoor season as a fully-fledged ‘lady,’ hitting 80 yards.”
When you absolutely, positively, have to win.
Age is just a number, right? And archery is THE inclusive sport? We know that – but now we have proof. Meet Joan Booth, one of archery’s newest recruits.

Her first question when she contacted Phil Hopley at Bowmen of Furness was whether old people could do the sport. He proudly said yes and that the club had a 73-year-old member shooting regularly. She said nothing but went along to the club anyway.

She remained quiet when Phil pointed the gentleman out and later, when he tentatively brought up the subject of age, he was stunned by her reply. “I’m old enough to be his mother,” she said, “I was born in 1920.”

It may have been the 93-year-old’s first taste of the sport – but she has taken to it like a duck to water. “I love it,” she said. “I really, really do. I don’t think, somehow, that I’m going to make the Olympics but that doesn’t matter. I really look forward to it.

“Barrow Bowmen have accepted me and given me a real northern welcome. When I walked into the hall for the first time all I could see were people putting up targets. They turned round and I would love to have known what they were thinking. But they are great without being patronising. They are really friendly and helpful.”

So what brought Joan, who readily admits she had never considered archery before, to the sport? “It was an Age UK booklet and archery was the first entry,” she said.

“I’ve always been active. I performed at the Royal Albert Hall with the Keep Fit Association. But I had to have an operation on my spine when I was visiting one of my grandsons in Australia and it has slowed me down.”

Her family became concerned at her lack of activity, so she got in touch with Age UK. It sent her a booklet containing 117 activities including cooking for one. “Well I can do that,” she said. “And I can bake and I can do most of the other things in it too. In the end I went back to the front page and there it was. The first entry on the list. Archery.

“Phil is an excellent archery coach – and a smashing bloke too. When I first joined I used to sit down to shoot. I don’t any more. I use crutches to go down and collect my arrows. Archery has got me out of my comfort zone. I’ve got my own bow now although I’m not thinking about competitions until I get a sight.

So what are her ambitions? “Well, to stay alive as long as I can. But, most of all, to get three arrows in a group somewhere on the target. It doesn’t have to be in the centre, just so long as it is on the target!”

And what does Phil have to say? “Bowmen of Furness was set up in the autumn of 2012. We now have two thriving clubs with the aim of improving the accessibility of the sport within the Furness area of Cumbria. I think Joan is an inspiration and a fine example of how we have achieved this goal.”
Prehabilitation

Preparation is better than cure. We all know that and it is the rationale behind prehabilitation.

There are many benefits from eating real food but sometimes people lack confidence to cook from fresh. They think it will take too long or be too complicated. Cookery programmes on TV have increased in popularity but they can be seen as entertainment and people can be too intimidated to try cooking the food for themselves.

Cooking need not be rocket science. You can prepare tasty, nutritious meals without even using a recipe. An archery friend of mine once said that cooking is common sense and the application of heat. He’s so right. I like to have a meal on the table 20 minutes after starting preparation.

Have a go at these:

- Grill a chop on medium heat, turning every four minutes.
- Meanwhile, boil some potatoes and put together a mixed salad (green leaves, carrot, celery, tomato, radish, etc).
- Boil some brown rice (you can add a stock cube or some bouillon powder to the water instead of salt). Six minutes before it’s ready, put some white fish fillets above it in a steamer. Sort of prop the fish up round the side rather than lying it across the bottom, and add some sliced carrots. Two minutes before the end, add some sliced cabbage.
- For more tips go to www.learntoeatwell.co.uk

Cooking... it’s not rocket science!

**WORDS:** Jackie Wilkinson

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What could be easier?

Important archery muscles include the rotator cuff muscles such as the supraspinatus, infraspinatus, teres minor and subscapularis (Fig.1). Other muscles acting on the scapula include the upper/middle/lower trapezius, rhomboids and posterior deltoid (Fig.2).

It’s time to get back to basics. This is an exercise everyone can do — and lighter is better. You do not need one kilo dumbbells as shown in the photographs — tins of soup or beans will do. Take your time and do not force anything.

**Fig. 1**

[Diagram of shoulder muscles]

**Fig. 2**

[Diagram of scapula muscles]

Always ask the advice of your physiotherapist before you take on any form of exercise or if you have a current injury. Thanks to Sarah Moore.

Pictures: John Percival

Prehabilitation

That is why physiotherapists and strength and conditioning coaches use what is known as prehabilitation exercise training to prepare elite athletes and cut the risk of injury. It is sport-specific and targets common injuries and strength imbalances.

In archery, imbalanced shoulder musculature, bad technique, too high a poundage and/or general muscle weakness can cause shoulder tendinitis or impingement. Any physiotherapist working with an archer should recommend a set of exercises to develop shoulder and rotator cuff strength. These Prehabilitation exercises can be done as a stand alone set or part of a wider strength and conditioning programme which would avoid any potential strength imbalance.

Thanks to Sarah Moore.

Pictures: John Percival
Q. How can I train like a top archer? When do you practice, especially coming up to a tournament and how do you plan your season?

A. I usually try to shoot for at least five days a week, sometimes six during a particularly busy season. Outdoors I will shoot for around four hours each day, which adds up to around 200-250 practice arrows. Indoors I will shoot for three hours a day, which amounts to around 140 practice arrows. If I have a tournament coming up I will make sure I rest the day before the shoot. This allows my muscles to recover from training, which is vital to putting in a good performance. If I have back-to-back weekends of tournaments I will avoid practising the following day too. This is important to my mental state, especially in the middle of a particularly hectic tournament season.

There are obviously times when I can’t practice. This isn’t usually a problem and a few days off can be a blessing both physically and mentally and it won’t damage my results. But I try to be disciplined most of the time. I do usually take a few weeks off at the end of each season so I can take stock of the year and plan my next round of competitions. I have to make sure I am not over-competing and only enter tournaments that I want to do. I have found it a strain in previous years to attend a tournament every weekend and my results start to slip because of it, so I make sure I have plenty of free weekends to make sure I continue to find the sport enjoyable.

Q. I would like to put speed nocks on my compound bow. Could you tell me how many I should use and where I should put them on the string?

A. Speed nocks are usually small brass nocking points attached to the top and bottom of the bowstring. They increase your arrow speed by forcing the string to wrap into the cam more efficiently on release, thus transferring more of the bow’s energy into the arrow. Speed nocks do work better on some bow models than others but it is a good idea to try them so you can see yourself if they will work for you.

I don’t use speed nocks because I’ve found that they don’t add anything to my current bow’s performance. But if you want to give them a try I would recommend the following method: for a single cam bow start with two on the top of your string and three on the bottom. This combination seems to work best with this style of bow as it’s the cam at the bottom of your bow that’s doing all the work, so it requires the additional weight. For a twin or hybrid cam bow I would start with three nocks on both the top and bottom of your string. Position them around 1.5 inches from where the string meets the cam (and the wheel in the case of a single cam bow).

You will need to use a chronograph to fine-tune the exact position and number of speed nocks for your set-up. First measure your arrow speed without speed nocks, then add the nocks as described above and re-test. You should notice a small increase in arrow speed. You can then further tweak the position and number of nocks on your string and see what effect this has. You are looking for the maximum amount of speed increase possible. If you find the arrow speed getting slower, you are going in the wrong direction. If you don’t have access to a chronograph you can still try speed nocks but pay attention to your groups as you alter the number and position of the nocks to find their optimum placing. If in doubt stick to the formula I described above.
THE BUZZ IS GETTING LOUDER
Are you going to be part of it?

Have you heard the news? There’s lots of buzz being generated and it’s all about the new Talent League.

The league, which will run from August 18 to 22 as part of the Archery GB Talent Festival, will see archers from across Great Britain going up against each other in an event in line with the international format.

Under-17s will shoot at 60 metres and anyone 13 or under will shoot at 50 metres. Performance Pathway Manager Ceri Ann Davies said: “Working closely with our junior teams for the past three years, many wished they had experience more of the international format throughout their cadet careers.

“Young archers seem to really enjoy the format of a 72 arrow end followed by multiple sets matches and knock out head-to-heads. So we thought it would be a good idea to add this event to the calendar for aspiring young archers who are not yet on an Academy Programme.”

Young archers who have been working hard and shown commitment to their training programmes were allowed to pre-register but anyone else who wants to try out the format has until 14 June to add their names to the list.

REGISTRATION IS NOW...OPEN!

Archery GB Performance is giving any archer under 20 the chance to get involved in the Talent Development Programme. But who needs to register? And how?

Any eligible archer who turns up at Lilleshall on 16 August will be offered a Talent Development Programme aimed at supporting optimal training for prospective Olympians.

Through the programme, archers are directed towards the performance pathway most appropriate for them.

Some will go on to Performance Academies while others will go on a competitive journey, gathering selection shoot scores aimed at making the GB team. And those who might not want to commit to a training programme yet will be able to work on some elements in their clubs.

Archery GB Performance is encouraging anyone who has registered previously or may be new to registration to come forward, so they can be included in the new 2014-2015 programme.

Registration forms can be found on the Archery GB website by typing talent registration into the search engine or by contacting katy.cumming@archerygb.org.

UP FOR THE CUP!

The heat is on and Academies across Great Britain are busy preparing to go head-to-head in the battle for the Academies Cup at the Archery GB Talent Festival.

Archers from across the academy network will be looking to impress during the competition, which runs at Lilleshall from 22 to 24 August. Previous winners include Ashe Morgan, Becky Martin and many other World Class Performance Programme archers. Coaching staff from the academies will be supporting their athletes throughout this major event.

Why should you become a talent coach?

John Dunster of Stafford Archers has joined the Academies coaching team. Find out why he thinks you should join too.

“My coaching revolves around a need to understand, improve my knowledge of the sport and how I help archers. So I took up Archery GB’s offer to attend workshops on Performance coaching. Hearing international coaches and performance experts talk about what they were looking for in performance archers made so much sense.

“Being an Academy Coach has been daunting at times and I do feel a great responsibility to give the athletes the support, guidance or instruction they want or need. Because it is the archer that does all the training, all the hard work, they need to be entirely confident that the support they get will result in and indeed, improve their best performance.

“Our team’s diversity has helped me test the robustness of my technical understanding and my own coaching methods through observing and talking to performance archers, senior coaches, Archery GB Academy, Olympic, Paralympic and Performance coaches and experts. As a coach I have learned that every assumption I make, however short-lived, will be tested to breaking point. I must constantly adjust my perceptions to respond to other perspectives.

“I try to balance working with great young athletes and coaching at my club. And I relish chances to work with the team of coaches that develop our county junior and senior squads. I regularly work with aspiring archers and beginners and, in the words of a favorite song, I am “beginning to see a bigger picture; beginning to colour it in.”
We at West Essex Bowmen would like to say a really big thank you to all the archers who came out to support us on 26 and 27 April 2014. This was a double FITA 70 in aid of the Essex air ambulance charity fund. Weather-wise was one of the better weekends we have had.

Final count for the money sent to the fund will be around £1,200 – which is great, you should all be very proud of yourselves and consider yourself life-savers. Next year’s shoot will be our 10th and hopefully going from UK record to World Record Status.

Thank you all again.

Paul and Dawn Tolson and all at West Essex Bowmen

Thanks, you’re all life-savers!

I am a level 2 coach working in the South Yorkshire area. I understand how important it is to have a quality coaching team for both beginners and existing archers. And for coaches to be up to date with the latest coaching techniques to make sure their knowledge is correct and safe.

The way Archery GB does this is through CPD days. My concern is that all recent CPD days have been held at Lilleshall, with just the odd one in a different location. The nearest one to me was about 80 miles away. I am sure that I’m not the only active coach who has transportation issues and finds it almost impossible to travel to Lilleshall for CPD days.

Is the answer an online support team setting coaches theory tasks, problems to solve or work to do at their home club? It doesn’t have to be a task for each coach. Simply one or two every two months that any coach can select, download, complete and have signed off by the club’s secretary. These could then be used as CPD points so coaches could keep their certificates valid.

I seem a great shame that coaches might not be able to keep their certificates valid simply because they cannot make the trip to Lilleshall. In my case this would be almost 300 miles. It costs in excess of £200 to do a coaching course and takes several months to complete, so I’m probably not the only person concerned. We don’t charge and we coach because we love the sport.

Lee Whalley, Barnsley

Coaching Committee Chairman Tim Swane says: We recognise that finding CPD opportunities can be challenging which is why we put together the CPD options matrix, found on the website. One of the roles of County Coaching Organisers is to arrange events to provide points. You can also work with more experienced coaches at local clubs. Cost is an issue and we are thinking about possibly taking the National Coaching Conference “on the road.” We would appreciate coaches’ views on this. And we do intend to put CPD online but it is likely to take a while. If you are having problems, get in touch with your CCO. They should be able to help.

Please note we cannot print letters sent to us without a name and address or an email address (although we can withhold the address if you wish). Letters may be edited for publication. Please try to keep them to 250 words if possible. Letters containing personal attacks will not be published.
Cutting the cost

Doing maintenance work on your compound bow mostly involves the string, cables, cams or both. The most convenient way to do this is with the bow horizontal, with the strings uppermost. A bow press is quite useful to hold it in this way – the only drawback is the price.

There had to be another way of holding your bow securely in this position without all the expense.

My bow, a Hoyt Tricon, has quite flat areas across the limb pockets and if you stand it on these it will stand up on its own. I thought if only I could hold it on to the flat areas securely it would be easier to work on.

I had a webbing strap with a push to fasten buckle and pull-through slot to tension and adjust the length. I attached the strap to a board with the bow standing on it, fed the strap over the handle of the bow and buckled up, then adjusted the tension to hold the bow onto the board. Fantastic! It worked!

I found all the items in my garage. It took 20 minutes and now all work on the string, nocking points, peep sights, servings and of course string and cable replacements, can easily be done with the aid of a portable bow press and without great expense.

Peter Derham, Quivers, Havant

Archery UK’s compound expert
Duncan Busby says: Although this sounds like an interesting invention, I don’t think it would work on every bow model since they each have varying limb pocket designs. In the interests of safety I would always advise using a proper bench press to press your bow as most portable presses are designed for quick adjustments in the field and may not be suitable for any heavy-duty work. There are several low cost options available but be sure to find a press with a good safety record as some cheaper models can damage your bow and can be dangerous to use.

There are also several types of compound bow vice available; these firmly attach to a table or work bench and safely hold any model of bow so that you have easy access to any part you need to work on, they are fully adjustable so you can hold the bow in almost any position, though I would still not recommend using a portable press with a vice.

Safety has to be paramount when working on a compound bow because of the great pressure the limbs and strings are under and any work on these parts should only be undertaken by an experienced person using the correct tools, if you are unsure about anything on your bow take it to a reputable archery shop where they will be able to advise you further.

Volunteer...
and be part of an amazing team!

Through the pages of Archery UK, we would like to acknowledge the accolade given to us by Archery GB.

The presentation of the Plaquette to us both jointly was an unexpected surprise. Volunteers do not anticipate rewards and in our case we are only too pleased to be able to assist the sport that has given us so much pleasure and enabled us to make many good friends and acquaintances along the way.

The experiences that we have enjoyed are manifold and are part of an amazing team of archery volunteers in whatever capacity. We are approaching record levels of membership and if there are some members who doubt a welcome or feel that they do not have the capacity to volunteer – take heart from two “recruits” who just wanted to “shoot a few arrows” over 20 years ago!

Susan and Richard Custance

Editor says: Read more about Susan and Richard Custance, our 2014 Archery GB Plaquette winners, in the AGM reports on pages 20-23.
Remember to check...

Some of the rules have changed!

As the outdoor season gets into full swing, Judges Chairman Hannah Brown has some advice: remember that rules changes came into effect in April. The current rules are on the website and in the new rulebooks. And, speaking of rules, she did point out that proposed changes are always published in Archery UK so that members can get in touch with Archery GB with their comments.

Remember judges are members too, so please feel free to comment, whether it is from a personal point of view, or a judging point of view. If the proposal is for a rule we cannot enforce, then say so. You may spot something someone else doesn’t.

And she invited judges to have a look at the new judges’ pages on the website under Support > Operations > Judges. She said: “As the site moves forward there will be a lot more here so if you have suggestions let the committee know and we will see what we can do”.

Setting the standard

Where does the world come when it wants the best? You guessed it. World Archery wants to use younger judges at the Youth Olympics, Youth World Championships and University World Championships – and Archery GB is playing a crucial role.

A seminar is going to be held at Lilleshall from 24 to 26 October, during which participants will pass a test to get the accreditation of World Archery Youth Judge.

But that’s not all that’s going on. Hannah Brown will be Chairman of Judges at the World Field Championships, Graham Potts is the Director of Shooting at the World Cup final and European Para Championships and Neil Foden will be in action at the World Cup in Wroclaw and the European Youth Championships.

Sue Richards will be busy at the European Outdoor Championships, as will Katy Lipscomb at the European Junior Cup – and if anyone is keen to get started, email Hannah at chairman.judges@archerygb.org.
More take up challenge

Entries soar by 44 per cent

The January Challenge is going from strength to strength and this year pulled in a massive 1,725 entries. That’s up 44 per cent on 2013!

The number of clubs submitting results was up too, from 98 last year to 134. There were three classes in each category, beginners, experienced and those who have shot for 25 years or more. The results were:

**Men’s recurve:**
- Class 1 – Martin Gulliver
- Class 2 – Matthew Langton
- Class 3 – Alan Burton

**Women’s recurve:**
- Class 4 – Alexandra Sales
- Class 5 – Pip Taylor
- Class 6 – Estelle Edwick

**Men’s longbow:**
- Class 7 – Luke Mathews
- Class 8 – Dean Hirst
- Class 9 – Trevor Astley

**Women’s longbow:**
- Class 10 – Abigail Webster
- Class 11 – Emily Williams
- Class 12 – Margaret Byrnes

**Men’s compound:**
- Class 13 – Paul Liddon
- Class 14 – Adam Ravenscroft
- Class 15 – Kevin Higgs

**Women’s compound:**
- Class 16 – Bayley Sargeant
- Class 17 – Nat Merry
- Class 18 – Nichola Simpson

**Men’s barebow:**
- Class 19 – Lee Reynolds
- Class 20 – Richard Burridge
- Class 21 – Doug Hendrie

**Women’s barebow:**
- Class 22 – Pam Foulks
- Class 23 – Lizzy Rees

Get your entries in!

Be part of history and shoot in the Grand National Archery Meeting at Lilleshall from 25 to 27 June. But be quick. You need to get your entries in!

The tournament, which was first shot in York in 1844, led directly to the formation of the Grand National Archery Society and Archery GB and is a key part of the UK’s archery legacy.

But it’s also fun, relaxed and a great chance to shoot with friends and some of the best archers around.

It is also really easy to enter. You can do it online or download an entry form. Just go to www.archerygb.org/tournaments and click on GNAM on the left.

Rules changes: have your say

If you want to have your say on proposed rules changes published in the last edition of Archery UK, it’s easy. All you have to do is email Graham Potts, Chairman of the Rules Committee at chairman.rules@archerygb.org with your views.

Graham said: “All comments will be taken into consideration when the Operations Committee consider the proposals.”

He also wanted to remind everyone to make sure they are up to date with the current Rules of Shooting, available as a download from the website (go to Support > Operations > Rules of Shooting). And if anyone is shooting a world record status event, they need to check the differences in the rules sets on the World Archery website. To do this, go to www.worldarchery.org and type rules into the search engine.

And there could be changes ahead. Graham said: “We are investigating ways of ensuring changes to World Archery rules, through by-laws and interpretations, can best be delivered to our archers and would like to introduce a process in the next few months once we have considered the best way to do this.”
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Remarkable results
Standard surprises coaches at inter-spinal games

More than 80 wheelchair users were given the chance to try a variety of different sports – including archery – at the annual Inter-unit Spinal Games run by WheelPower at Stoke Mandeville. And organisers were stunned by just how high the standards were.

There were experienced coaches, athletes and helpers from sports including archery, athletics, wheelchair fencing, wheelchair rugby and basketball to swimming and athletics. The spinal units are pitted against each other, amassing points for participation and performance.

Helen George, Chairman of the Disabilities Committee, said: “I believe that this year the standard in archery was very high. Most people who took part showed considerable ability and, speaking to staff from other sports, this was not just confined to archery.”

Competition was tough as people from spinal injury units from around the UK and Ireland tested their skills at everything from fencing, wheelchair rugby and basketball to swimming and athletics.

Helen said: “In archery there was a have a go followed the next day by practice arrows. Then we ran the competition. Due to the lack of time and the great numbers competing, this was restricted to 12 scoring arrows per competitor. The standard was exceptionally high with many scoring over 100 points and the top scores coming in at 115, 114 and 113. Glasgow won but competition was fierce.”

There was also a special guest, the Minister of State for Disabled People, Mike Penning. He toured round all the activities but did not need much convincing to try archery. “He did well,” said Helen. “I think the scope of the day impressed him.”

The archery event team also included Fred Stevens, Tony George, Jane Cooper and Roger Wright.

The idea behind the Spinal Games is to bring people who have had recent spinal injuries together. The Games are run by WheelPower, led by Stewart Jeeves and give the injured the chance to take part in many different sports and, hopefully, transform their lives. It follows the philosophy put forward by Sir Ludwig Guttmann, famed as the father of the Paralympics.

Looking ahead
Forging closer links with Performance, coaching, judging, the disability forum group and outside organisations is the way to drive disabilities sport forward, says Helen George.

A key factor is making sure all the latest information is easily accessible. “We hope to expand the frequently asked question section on the website and clearly state our future aims,” she said. “And we hope to re-establish a disabled championships. Times are changing and we have to move on and keep up with changes changes to be effective.”
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Follow us on...
Insurance matters

Words: Coaching Committee Chairman Tim Swane

As lots of new archery coaches qualify, it is perhaps time to look at the issue of insurance. Admittedly it is a dry subject but it is one that needs to be considered and properly understood.

1. At the moment there is no specific insurance arrangement for coaches. You are insured for public liability like any other Archery GB member but you do need to ensure you are working to the Rules of Shooting. These can be downloaded from our website. Experienced members are asked to keep an eye on newer archers who may not yet be familiar with the rules.

2. Archery GB’s insurance only covers volunteers. If you are being paid more than immediate expenses then you are uninsured. “Immediate expenses” means mileage to get to the coaching venue and meals during the event. Anything else such as the organisers buying you coaching equipment in lieu of a cash payment would be deemed as payment and invalidate your insurance.

3. You can get specific insurance from Sports Coach UK but it is purely individual public liability. It will not cover you for employers’ risk or equipment damage. If you regularly run coaching or have-a-go events on a commercial basis I strongly recommend that you arrange proper commercial insurance. If you bring in helpers and there is an accident, they will not be covered by Sports Coach UK insurance.

4. Generally only Archery GB members are covered by Archery GB insurance. There are two exceptions. Anyone going through a beginners’ course or have-a-go is covered. And coach candidates who are not Archery GB members but are taking part on a Level 1 course are insured for its duration so they can undertake supported practice.

5. You are insured to coach at other clubs providing you are not being paid and all the archers are members of Archery GB. You are not insured to work in other places as a volunteer such as school sessions, scout camps or youth clubs. It is likely you will be covered by their public liability insurance but you need to check first. It’s your responsibility.

6. Have-a-go events at fairs, fetes, agricultural shows have to be run to specific have-a-go rules. These can be downloaded from the Archery GB website. If you do not follow the rules, you might not be insured.

7. At the moment experienced archers are allowed to help run beginners’ courses and at have-a-go events. According to Archery GB insurance guidelines the definition of an experienced archer is a paid-up member who has been shooting for a minimum of three years. The Operations Committee is looking at this but if clubs do not abide by this rule, they could run the risk of finding themselves uninsured should an accident happen.

8. There is another area to explore. Traditionally beginner’s courses consisted of six two-hour sessions. Much shorter courses are now being offered and we need to think about all the implications – including insurance – if an accident was to happen.

9. I have started a project to try to define some more consistent standards. In the meantime, if there is an accident, the onus could be on the club to prove it was acting responsibly if it moved away from the six two-hour sessions.

10. Finally, there are some coaching groups that, either as a satellite of a county organisation or a group of friends, put on coaching sessions for archers. They often have a separate constitution, bank account and funds raised from coaching activities. Those funds can then used to pay expenses and buy equipment for the coaching group.

These organisations fall outside the current definitions of Archery GB cover and need separate insurance arrangements. The only exception is where the events are being put on for a County organisation, are recorded in the county minutes and the group is accountable to the county for its funds. When in doubt please seek clarification and do not assume cover.

-
Setting the gold standard
Highest award for safeguarding

Archery GB is delivering the NSPCC Child Protection in Sport Unit Standards for Safeguarding and Protecting Children in Sport at the very highest level – and it has bronze, silver and gold medals to prove it.

Sport England set the criteria, making working towards, achieving and maintaining advanced level a condition of funding.

The work done by clubs and the Development team on the on target Young People specialism and a commitment by Archery GB to use the Sport Safeguarding framework to ensure that standards are maintained led to the awards.

The main aims of the framework are to:
• Ensure high quality experiences of sport for children and young people
• Maintain and build on the positive outcomes arising from the application of the Safeguarding Standards
• Embed good safeguarding practice at all levels within sport
• Integrate the involvement of children and young people in the development and implementation of safeguarding processes

Archery GB’s National Lead Safeguarding Officer is Membership Services Manager Freddie Collier and there are two Safeguarding Stars: Junior Committee Chairman Helen Woodcock and Child Protection Officer Anne Rook.

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The names of more winners of handicap improvement medals have been added to the list. Many congratulations to all but could clubs please remember that, in line with Archery GB SAPs (SAP 6 para 6 (b) (iv)), the deadline for Membership Services receiving handicap improvement scores is 31 January.

Alex Taylor        North End  32 – 8  (24)
Linda Rendle       Thanet     72 – 51 (21)
Mick White         Goldcrest  59 – 40 (19)
Geoff Gregory      Targetcraft 47 – 31 (16)
Michelle Whalley   Barnsley YMCA 61 – 47 (14)
Jack Brierley      Goldcrest  80 – 67 (13)
Rob Wilson         Bath       47 – 34 (13)
Kishan Shah        Greenwood Osterley 77 – 64 (13)
Susan Tuffy        Whiteleaf  75 – 63 (12)
Tom Boot           St Mary’s  76 – 65 (11)
Roy Hughes         Greenwood Osterley 53 – 44 (9)
Shane Bainbridge   North End  51 – 42 (9)
Rob Wilson         St Mary’s  51 – 45 (6)
William Wallworth  Brixham   69 – 63 (6)
Robert Tucker      Berkhamsted 50 – 45 (5)
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TOURNAMENT DIARY

SUMMER 2014 • ARCHERY UK

12/07/2014

WRS 7th Southern Counties Archery Junior Tournament
Round: WA 1440 (FITA), Metric I-V Venue: M&B Road Sports Ground, M&B Road, Colchester
Contact: Dennis Sawle Tel: 01787 373339 or 07869 914738 Email: dennis.sawle@btinternet.com Web: www.colchesterarchery.org.uk
UKRS GWAS & Somerset Junior Championships
Round: York, Herford, Bristol I-V Venue: Burnham Association of Sports Club Ground, Burnham on Sea, Somerset Contact: Doug Human Tel: 01984 644471 or 07976 586509 Email: doug.human@thebowmenofdanesfield.co.uk Web: www.bowmenofdanesfield.co.uk

12/07/2014 – 13/07/2014

WRS Bronte Archers Double FITA Star
Round: WA 1440 (FITA) Venue: Bronte Archers, Rawden Meadows, Bradford Contact: Gareth Allen Tel: 07515 282537 Email: garethallen66@icloud.com
WRS Ciophill FITA Fest (Wal Series Leg 3 & 4)
Round: WA 70m, WA 50m, Olympic Venue: Redbourn School, Ampthill, Bedfordshire Contact: Cleve Ridgway Tel: 07626 747396 Email: outdoortournaments@ciophill.co.uk Web: www.ciophill.co.uk
WRS SAA Northern Area Double FITA Star
Round: WA 1440 (FITA), Metric I-V Venue: King George V Park, Dee Street, Barrowby Contact: Maélan Alexandre Tel: 07718 913672 Email: gramparkbowmen@aol.com

WRS Surrey Archery Weekend
Round: WA 1440 (FITA), Metric I-V Venue: Kingston University Sports Ground, Old Kingston Road, Worcester Park Contact: Andrew Timble Tel: 020 8715 8036 or 07968 464166 Email: timble@blueyonder.co.uk Web: www.surreyarcheryweekend.org.uk

13/07/2014

WRS 2nd Caswell Trophy Shoot 2014 & Open
Round: WA 1440 (FITA), Metric I-V Venue: West Lodge Rural Centre, Desborough Northamptonshire Contact: Colin Thwaites Tel: 01356 730036 or 01356 726877 (w) 07753 238812 (m) Email: Colin@boe1.co.uk Web: www.targetcraft.org
UKRS Emmash Archers Open
Round: York, Herford, Bristol I-V Venue: Withycombe Raleigh Common, Exmouth Contact: Tim Prat Tel: 01395 273407 or 07721 463010 Email: braths@eclipse.co.uk Web: www.emmasharchers.org.uk
WRS GWAS/DWAA Wiltshire FITA Star
Round: WA 1440 (FITA), Metric 1 to 5 Venue: Supermarine Sports & Social Club, Swindon Contact: Joan Griffiths Tel: 01793 643397 Email: joan_griffiths@btinternet.com Web: DWAA
UKRS Nottingahsmshire & Open Championships
Round: York, Herford, Bristol I-V Venue: Mayhorne Cottage Field, Lower Kellingdon Road, Southwell Contact: David Salmon Tel: 01636 515415 or 07446 048499 Email: d.salm0n07@btinternet.com Web: www.sherearchers.org.uk
Stourbridge Rat’s Asashes
Round: American, St Nicholas Venue: Somers Sports & Social Club, Grange Hill, Halesowen Contact: Peter Langmaid Tel: 0121 581 3760 Email: tournaments@scoa.org.uk Web: www.scoa.org.uk

18/07/2014

WRS DNA County FITA Championships
Round: WA 1440 (FITA), Metric I-V Venue: Ashton Rugby Club Contact: Graham Baker Tel: 01670 535574 Email: grahambaker@btinternet.com
UKRS Warfield Junior Short Metric
Round: Short Metric I-V Venue: Bowmen of Warfield Club Field Contact: Matt Shaw Tel: 01189 240417 Email: theshawz.chuck@btinternet.com

19/07/2014 – 20/07/2014

WRS Clove FITA
Round: WA 70m, WA 50m, Olympic Venue: WA 1440 (FITA) Venue: Yale Outdoor Sports Complex, Yale, Bristol Contact: Denise Bunce Tel: 01179 855 4739 or 07717 322348 Email: deniseandpaurcense@diary.co.uk Web: clevearchers.co.uk
WRS Fakenham Bowmen’s 3rd Annual FITA Weekend
Round: WA 1440 (FITA), Metric 1, WA 1 Venue: Yate Outdoor Sports Complex, Yale, Bristol Contact: Denise Bunce Tel: 07973 322348 Email: deniseandpaurcense@diary.co.uk Web: clevearchers.co.uk
UKRS New Century’s Open & Grand Northern Archery Meeting
Round: Single & Double York, Herford, Bristol I-V Venue: New Century Bowmen’s Grange, Holcombe House Lane, Bingley Green, Macclesfield, Cheshire Contact: Ann Shepherd Tel: 01625 871527

UKRS Wentlock Olympic Games
Round: Western Venue: International Power Station Sports Ground, Buildwas, Shropshire Contact: John Leach Tel: 01743 341964/07805 704134 Email: darwhinson@hotmail.com Web: www.wentlock-archers.co.uk

19/07/2014

WRS SCAS/BCCA Double FITA Star
Round: WA 1440 (FITA), Metric I-V Venue: Redbourn Upper School, Ribwick Road, Ampthill, Bedfordshire Contact: Peter Japp Tel: 01767 314842 or 07960 326779 Email: scoascfitastar@hotmail.co.uk Web: www.archeryjeds.co.uk
UKRS Sussex FITA & Championship Weekend
Round: Sat: WA 1440 (FITA), Metric 1-5 and Sun: York, Herford, Bristol I-V Venue: Hazewick School, Crawley, Sussex Contact: Terry Maskel Tel: 01443 665944 Email: terrymaskel@coo.uk Web: www.sussex-archery.org.uk Notes: Date Change

19/07/2014 – 22/07/2014

WRS Long Mynd Archers Double FITA Over 4 Days
Round: Double WA 1440 (FITA) Venue: Church Stretton School Contact: Sue Williamson Tel: 01694 727467 Email: sun@cheelesticksorge.co.uk Web: www.longmyndarchers.co.uk

Archery UK copy dates: 31 July 2014
Full tournament calendar can be accessed on www.archerygb.org
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TARGET

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Rebecca Kellett

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308

334

Barebow

Junior Gentlemen

Joe Lomas

Double One-Way Clout 180 yds

24

Ladies

Card Fairbrother

Single Metric Clout 125m

168

TARGET INDOOR

Recurve

Junior Gentlemen

Alex North

Bray II

260

Compound Unlimited

Junior Gentlemen

James Havel

Bray I

285

Senior Gentlemen

Neil Bridgewater

Bray II

288

Barebow

Junior Ladies

Nicole Decay

Bray I

202

Rose Cottam

Vegas

103

Junior Gentlemen

Kyle Whitehand

Vegas

315

Senior Ladies

Eva Johnson

Bray II

246

Senior Gentleman – Black

Green B

Ditchling

550

Senior Gentleman – Blue

Sampson C

Chichester

521

Watson S

Andover

532

Senior Lady – White

Taylor K

Chichester

528

Hales S

Alton & Four Marks

541

Holder J

Southampton

543

Senior Lady – Black

Witham G

Guernsey

552

Senior Gentleman – White

Bowers N

Evesham

560

Senior Gentleman – Blue

Pyle D

Drathwich

526

Charlesworth I

Arundown

525

Senior Gentleman – Red

Milburn D

Worthing

576

Senior Gentleman – Black

Stamaker D

Archery Gill

509

Daines T

Leicester

521

Holden T

University of Warwick

541

Stapler G

Southampton

543

Senior Lady – White

Davis E

University of Warwick

521

Country J

Burleigh

511

Littlechild B

Royal Richmond

508

Cleary J

Belvoir

501

Senior Gentleman – Red

Sutherland J

Worthing

576

Senior Gentleman – Black

Hill P

Howard

545

Caine A

Old Bosling

543

Williams J

Spelthorne

558

Hayden D

Rivemack

550

Senior Lady – Black

North P

Howard

545

Williams J

Linslade Sports Centre

537

Richardson A

Gravesend

534

Hagg G

Langley Park

533

Tolner C

Southampton

533

Davidson G

Grays

529

Povey R

South Moorlands

529

Clarke D

Houghton & Wyton

527

Achievements

FITAR TEAM

TARGET

Recurve

Junior Lady – Blue

Gilder S

Evesham Jnr

550

Junior Lady – Black

Warner L

Kibby Muslooe Jnr

531

Junior Gentleman – Blue

Holden R

Thainet

557

Junior Gentleman – Black

Massey J

Lichefield Jnr

541

Jones G

Stafford Jnr

537

Junior Gentleman – White

Massey J

Lichefield Jnr

521

Jones R

King’s Lynn Jnr

509

Jones G

Stafford Jnr

502

Senior Lady – Black

De Kretser M

Guildford

544

Tapping R

Aberdeen University

543

Pengelly S

Southampton

542

Johnson B

Redhill

532

Senior Lady – White

Davis E

University of Warwick

521

Country J

Burleigh

511

Littlechild B

Royal Richmond

508

Hoffmann J

Belvoir

501

Senior Gentleman – Red

Humphreys D

Worthing

576

Senior Gentleman – Blue

Stamaker D

Archery Gill

602

Daines T

Leicester

560

Holden T

University of Warwick

559

Ball G

Lough Cuan

558

Williams K

Spelthorne

558

Hayden D

Rivemack

550

Green B

Ditchling

560

Senior Lady – Black

Hill P

Howard

545

Caine A

Old Bosling

543

Williams J

Linslade Sports Centre

537

Richardson A

Gravesend

534

Hagg G

Langley Park

533

Tolner C

Southampton

533

Davidson G

Grays

529

Povey R

South Moorlands

529

Clarke D

Houghton & Wyton

527

Pyle D

Drathwich

526

Charlesworth I

Arundown

525

Senior Gentleman – White

Naideen N

Harrow

522

Pyle D

Drathwich

521

Sloabinski M

Guildford

521

Tanner P

Reigate Priory

521

Armsley D

Banbury Cross

519

Frank P

Hampstead

519

Stockier S

Guildford

518

King P

Archerhill

517

Parter D

Burton Joyce

516

Bautch A

Hogwarts

515

Black G

Hogwarts

515

Garett S

University

515

Taylor P

Chichester

513

Welton A

Evesham

511

Clark B

Rutland

510

Taylor J

Archerhill

509

Lancaster S

Brent Valley

508

Ferrier L

Loughborough Students

506

Hill P

Southampton

505

Pragnell J

Chichester

504

D’Entrecasteaux S

Southampton

504

Gates S

Spelthorne

502

Kingsley M

Hillingdon

501

Hill P

Southampton

501

Meehan J

C.M.O.

528

Holder A

Southampton

508

Compound

Junior Gentleman – Blue

Taylor A

Silver Spoon Jnr

563

Junior Gentleman – White

All C

Meikle Vernon

509

Caine J

Old Bosling

502

Senior Lady – Blue

Witman G

Guernsey

552

Senior Lady – Black

Holder J

Southampton

543

Hill P

Southampton

541

Smith T

Chichester

528

Senior Lady – White

Watson S

Winton

532

Sampson C

Chichester

521

Senior Lady – Blue

Cleary S

Non-such

559

Nicolle Decay

Bray I

202

Jane Forrow

Vegas

118

Gentlemen

Jason Meehan

Bray II

257

Phillip Masters

Worcester

273

Longbow

Junior Ladies

Hannah Glaister

Bray II

110

TARGET OUTDOOR IMPERIAL

Recurve

Junior Ladies

Isabel Roberts

Short Junior Warwick

414

Junior Gentlemen

Halle Thrife

Albion

429

Junior Gentlemen

James Johnson

Short Junior Warwick

350

Junior Ladies

Michelle Lake

Long Warwick

142

TARGET SILVER TARGET

TARGET

Recurve

Junior Gentleman – Gold

Houston P

East Belfast Jnr

353

Senior Lady – Grey

Vine R

Supercalibre

253

Senior Gentleman – Black

Timmins D

Oxford

313

Senior Gentleman – Black

Timmins D

Oxford

263

Senior Gentlemen – Green

Daniel L

Oxford

243

Butterworth N

Royal Leamington Spa

227

Recurve Barebow

Junior Lady – Black

Benton L

Lough Cuan

271

Junior Lady – Brown

McConville S

Ballyvally

198

Senior Lady – Black

O’Connor D

Ballyvally

272

FITAR ARROWHEAD

FIELD

Recurve

Junior Gentleman – Gold

Houston P

East Belfast Jnr

353

Senior Lady – Grey

Vine R

Supercalibre

253

Senior Gentleman – Black

Timmins D

Oxford

313

Senior Gentlemen – Black

Timmins D

Oxford

263

Senior Gentlemen – Green

Daniel L

Oxford

243

Butterworth N

Royal Leamington Spa

227

Recurve Barebow

Junior Lady – Black

Benton L

Lough Cuan

271

Junior Lady – Brown

McConville S

Ballyvally

198

Senior Lady – Black

O’Connor D

Ballyvally

272
RECORDS AND ACHIEVEMENTS NEWS

Senior Lady – Brown
Wills W J Supremac8 200

Senior Gentleman – Black
Corbett G Ballyvally 282
Walker A Archery GB 277

Senior Gentleman – Grey
Bentley S Lough Cuan 262
Milne M Lough Cuan 258
Byrne S Ballyvally 257

Senior Gentleman – Brown
Byrne S Ballyvally 245
Thompson G City Of Belfast 235

Compound
Junior Gentleman – Silver
Hamilton D Ballyvally Jnrs 391

Junior Gentleman – Black
McMullan R Ballyvally Jnrs 364

Junior Gentleman – Brown
Walsh J Ballyvally Jnrs 322

Junior Gentleman – Green
McConville P Ballyvally Jnrs 297

Senior Lady – Grey
Simpson N Oxford 350
Motley N Oxford 339
Baker K Oxford 335

Senior Lady – Brown
Baker K Oxford 313

Senior Gentleman – Grey
Glover B Oxford University 343
Parkin N Oxford 333

GRAND MASTER BOWMAN

TARGET Compound
Senior Gentleman
Shaw A Cleve

Flight

Compound Target
Senior Lady
Smith L Barnsley YMCA

MASTER BOWMAN

TARGET Recurve
Senior Gentleman
Shaw A Cleve

TARGET Recurve
Senior Lady
Spice W Abbey (Kent)

MASTER BOWMAN U16

TARGET Compound
Junior Lady
Sargeant B Canterbury Jnrs

JUNIOR MASTER BOWMAN U16

TARGET Compound
Junior Lady
Sargeant B Canterbury Jnrs

6 GOLD END SENIOR

TARGET Recurve
Senior Lady
Spice W Abbey (Kent)

COMPOUND

Junior Lady
Sargeant B Canterbury Jnrs

Senior Lady
Eyers E Darentford
Hotchkiss P R N South Coast

Senior Gentleman
Bradley P West Essex
Martin D C M O

6 GOLD END JUNIOR

TARGET Recurve
Junior Lady
Graven M North End Jnrs

Junior Gentleman
Caine J Old Basing Jnrs

3 GOLD END (LONGBOW)

TARGET Recurve
Junior Lady
Graven M North End Jnrs

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And finally

Summer is here at last and the future of our sport is looking even brighter. And it is all thanks to you.

It seems many months ago that we asked for your support to change the way our sport is governed so that we build for the future and make the most of all the opportunities that come our way, both in the way we operate and the funding environment.

It led to robust debate and some lively roadshows where one thing became clear: just how much you care about our wonderful sport. It became even clearer when we received such overwhelming backing for the governance changes. Almost 90 per cent of you voted yes – and that tells me the future of archery in the UK is very bright indeed.

Work will begin immediately, and we will work to achieve the proposed changes to the way our sport is governed to ensure it is fit for purpose for the exciting challenges that lie ahead.

It was also great to be able to meet so many of you at the roadshows. Thank you so much for coming along to find out for yourself and be part of the process. Another plus was being able to welcome so many younger members to the AGM. You are our future so please, keep up the support.

I am also really pleased about changes to the Archery GB Plaquette Awards. Not many of these have been awarded but that is changing. They are a great way to recognise the hard work put in by volunteers across the sport so it is time to start thinking about worthy recipients so that we can hand out many more at the next AGM.

On a personal note, I was really pleased to see the Plaquette Award going to Richard and Susan Custance at this year’s AGM. They have both done so much for the sport over the years and I know neither of them ever expected to receive any reward. It was very well deserved.

We also have a very new addition to the archery family. May I send my – and our – congratulations to Archery GB’s Marketing Manager Sarah Booth on the safe arrival of a son, even if it was a bit earlier than expected!

Congratulations too to our elite archers. They have been putting in some fantastic results of late.

The future’s bright, summer is here – so get out there and make the most of it!

Dave Harrison, Chairman, Archery GB
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