Equality • Classification • GNAM update

In at the deep end!

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The case for change

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Countdown starts to the Big Weekend!

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Spring’s here and it is time to get outside and shoot! At last! There is plenty to look forward to in this issue of Archery UK too – plus a look back on a very busy few weeks.

As the AGM in Derby approaches we look at the issue that looks set to dominate proceedings: governance. We also have special features on equality, communication and competition in clubs and, in the wake of the Danielle Brown decision, classification.

We look back on the stunning success of the European Archery Festival and ahead to three of this summer’s highlights: the Big Weekend, the GNAM and the bigger and better National Series. Plus, we hear from some very determined juniors!

And we want to hear from you too. If you have a picture, story, achievement or question, get in touch!

Have a wonderful summer and I hope to meet many of you at the AGM.

Jane Percival
Editor
ALL’S WELL that ends well for raid-hit archers

All seemed lost when raiders ransacked a club storage compound and stole all its equipment just as it began a beginners’ course.

The thieves stole gear worth £11,000 from the Archers Of Bridlington and Burton Agnes, including all the bows and arrows the club uses for beginners courses, school visits and taster sessions.

A club spokesman said: “The heartbreaking thing was that we were one week into a beginners’ course. It was awful having to ring everybody up, tell them about the raid and give them the option of having their money back or waiting to see what happened.”

They all waited, and the course resumed on 10 November. Only one dropped out, three later joined the club and four more said they would join in spring.

Club coach Terry Jones said: “We can now look forward with renewed confidence and it is our intention to replace all the stolen equipment so that we can carry on with our have-a-go sessions and schools programmes.

“I would like to thank all the clubs here in Yorkshire that offered to help with the loan of bosses and gear. It was a real feel-good factor knowing that other clubs empathised and rallied to our support.

“Our insurers were great when the raid happened and another good thing to come out of this was that our secretary Lisa Hill received enquiries from archery clubs wanting to know who our insurers were. Lisa passed the enquiries on to our equipment officer Pete Rollin and he was happy to help, supplying the relevant information.”

FIFTY...AND FUN!

Burton Bridge Archers is about to turn 50 and it is celebrating by throwing its doors open.

It is kicking off celebrations by holding an open day on 26 April and inviting all former members to join in the fun and, perhaps, pick up a bow again.

If you want to go along, catch up with old friends and share some memories, contact Club Secretary Geoff via the club’s website at www.burtonbridgearchers.co.uk. There will be a have a go for the community and to raise funds for club’s local Mencap Crest group.

That will be followed by an Open Western Shoot on 22 June – entry forms are on the website - and the club American handicap shoot and barbecue.

The club has had a number of names over the years. It started as Burton Archery Club, then became Burton and South Derbyshire Archery club, based in the grounds of Marston’s Brewery. Then it moved to the grounds of a sausage factory and became Ribirch Burton Bowmen before arriving at its current home at the Washlands Sports Club. A bridge over the River Trent inspired the name Burton Bridge Archers.

NOW THAT’S SCARY!

Meet one of the ghouls who really got into the spirit at Southampton Archery Club’s first Hallowe’en Shoot.

It was a great success with juniors, novices and seniors making the most of some unusual targets.

And according to Club Secretary Dan Courtnall, the shooting was not too shabby either!
**THE ULTIMATE AIM**

Why archery and the Tube share a common goal

![Image](image-url)

S

taight and true. It’s the ambition of every archer as he or she releases an arrow. But it’s a goal shared by others too, such as the people who built the London Underground. The ideal for any transport system is speed, efficiency, targets and, where possible, straight lines. And the parallels with an arrow’s flight have not been lost on transport bosses. So when Helen Paszyn heard about a time capsule competition to mark the end of work on a new Crossrail tunnel under London, she had an idea. Helen, a member of London Archers, said: “I work for a sub-contractor involved in the new Crossrail project. It’s a completely new rail/tube line running from west to east and we have been mining a tunnel underneath London from Royal Oak Portal (west) to Farringdon.”

“One of our tunnels and tunnel boring machines called Phyllis has completed her journey and Crossrail launched a competition to put items into a time capsule to be buried alongside Phyllis’s front can which will be left in Farringdon.” She offered one of her arrows as a competition entry and was quietly confident she would succeed. Why? Because she is from Finchley and knows something about the Tube’s connections to archery.

Her case for including the arrow was: “There is a sculpture at East Finchley Tube station by Eric Aumonier of an archer. It points towards (central London and) the entrance to the tunnel which runs for 17.3 miles. At the time it was the longest tunnel in the world (serving north to south on the Northern Line). There was originally an arrow at Morden Station to match the archer at East Finchley but it was stolen soon after the station was opened. It represented the advance of fast trains on the line.

“I would like to readdress this balance and put an arrow back into the London Tube Network and hope this arrow would represent speed, efficiency, accuracy, all traits that were needed for engineers, BFK and Crossrail staff to complete this huge achievement. Because we were on target!”

Helen’s argument succeeded and the arrow, with which she won her first clout title, will now become yet another link between archery and London’s transport system.

**ARCHIE’S JUST CHAMPION!**

Meet Archie Clifton, the man who has held awards from his club, county, region and Archery GB – all at the same time! Archie, a founder member of New Windsor Archers which later became West Windsor Archers, was first presented with a salver for services to the club. Next he was named Berkshire’s Coach of the Year, followed by the Southern Counties Archery Society Coach of the Year trophy.

Now he has been awarded Archery GB’s Jack Flinton Helping Hands Trophy for services to coaching.

Archie, who has represented Berkshire and the Civil Service, became a coach after sustaining a shoulder injury. Since then he has coached in schools, the county junior squad and has worked with, among others, Paralympians Rob Anderson and Kathy Critchlow-Smith.
Marek the Master

Marek Pawlik has achieved his ambition. After taking up archery 10 years ago, it is believed that Marek is the only longbow Master Bowman in Wales.

He began his archery career at Fort Archers, Fishguard and quickly took up barebow, setting records and coming fourth in the British Barebow Championships.

Two and a half years ago he switched to longbow. Since then he has broken four Welsh and a number of Dyfed records. Last year he achieved Bowman and now he has gone one better.

And he is hoping it will become a family tradition. His daughter Imogen, 12, has just started competing and her sister Sofia is taking up the sport too.

Giddy up!

It’s not every day that you see something like this on the shooting line, so when Graham Lewis spotted it he could not resist recording it for posterity – and sharing.

The snap shows Harold Gulliver of Audco Archers striving for as much authenticity as possible as he shoots his Hungarian horse bow during a frostbite competition in Newport.

TRIO ON TARGET

Christmas came in more ways than one for Andy Gilbert of Chichester Bowmen. He shot his first three gold Portsmouth end with his American flatbow – and scored an indoor personal best of 369!

There was good news too for Vicky Jenkins and Shirley Payne of Bromyard Bowmen. Vicky got her six gold end at 70 metres, taking her to a Bowman score a few weeks after Shirley shot hers at 60 yards.
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You wait for one...

It’s a bit like buses. You wait months, if not years, for a Robin Hood to come along and then two arrive at once. That’s what happened at Bowmen of Petersfield. Jon White set the standard early in the evening, quickly followed by Nigel Dickinson.

But all was not lost. Colin Stopher, who sent in the picture, said: “Both were shooting a Portsmouth and pleased to note they were both in the X 10 ring!”

Audco Archer Mark Evans shot one at Lilleshall. And John Dent, a member of Celyn Archers had a different target in mind when he shot his. He was at the club’s Christmas shoot when it happened and was actually aiming at a balloon.

Lou Warr, chairman of Southampton Archery Club was testing her brand new aluminium arrows in readiness for a frostbite when her grouping got a little too good. She still managed to smile though. And the Passey family seems to be turning the achievement into a family tradition. First it was Simon, a junior member of Hillingdon Archers. Now his dad Ralph has got in on the act. Now it just has to be repeated by wife Carol and Ralph’s other son Mark and they will have a full house!

HEAD TO HEAD

Pupils went head-to-head on the first interschools competition organised by Middlesex and Southern Counties Archery Society President Colin Okin.

Three schools took part. Swaminarayan Independent Day School took gold. Watford Grammar School for Girls came second and Grimsdyke Middle School won bronze. Six archers were chosen to represent each school, shooting three dozen arrows at 15 metres on an 80-centimetre face.

Colin said it was a great success and he hopes to open it up to other schools next year.
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Team USA’s Brady Ellison, Joe Fanchin and Jake Kaminski take gold with Hoyt Formula at the World Championships in Turkey

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—The most winning archery athletes in the world.
Paul Eden, the Chairman of AC Delco Bowmen, has stepped down after 12 years. He received a commemorative plaque and he and his wife Libby, a key committee member, were given life memberships. They are both County Coaches and will continue to work with the club. Paul has been succeeded by Egan Carey.

Making an Impact
Honours for Hampshire at clout championships

Seven Southampton Archers went to the National Clout Championships - and they made a real impact, coming away with trophies and medals.

Chris Baigent, Dicky Summers and Dave Ferguson claimed the recurve men’s team title in Bradford while barebow honours went to Charlotte Warne, Alan Holder and Roz Summers.

There were silver medals for compounder Jeanette Holder (compound), Charlotte Warne and Chris Baigent and a bronze for Alan Holder.

Charlotte, who has only been shooting competitively for 18 months claimed her purple tassel and only missed out on the national title by one clout.

But they were not the only archers carrying the flag for Hampshire. Two Forest of Bere Bowmen, John Taylor and Rebecca Giddings also competed and Rebecca shot 225 to reclaim her junior recurve title.

Archery GB is enjoying unprecedented growth. Membership is now over 43,000 and still increasing. We are creating and cementing relationships with partners, investing in the future, supporting members and clubs and staging events that capture the public’s imagination. Ensuring that this momentum is based on strong foundations is crucial to continued success. To achieve this we need to ensure our governance reflects the future needs of Archery GB. Over the last 12 months we have asked for your views on what you want from the Board and feedback received from Governance Roadshow meetings, members and the consultation round has helped us shape the governance proposals that will be brought before the AGM.

We need a Board with the flexibility and skills necessary to take the sport forward and to meet future challenges. Last year’s independent review of the Board found that it was broadly effective. The review’s recommendations included bringing in independent Directors from outside the sport to give the Board a wider perspective so that decisions taken are in the best interests of the sport.

To achieve this, the Articles of Association need to be changed and the consultation round has played a crucial role in identifying the right balance of Directors. The proposals now reflect your feedback and deliver a Board which includes Independent Directors but which has two thirds of the Directors coming from Archery GB’s membership.

For these changes to take place we need your support by looking at the proposals, contacting us if you have any questions and ensuring that your vote is submitted.

Much good work is going on in other areas too. The team working on Performance and Talent is currently meeting or exceeding its Sport England targets and has recruited a compound specialist to the Para archery coaching team. A Talent Pathway Working Group has been set up to help with development of the Pathway below World Class Performance level.

Protecting members’ interests is paramount to Archery GB and, following the annual review, a new insurer has been put in place. XL Insurance replaces Royal SunAlliance as our public liability cover provider and further information can be found in this edition of Archery UK. Perkins Slade continues to be our broker for this cover.

It was good to see a number of members at the Governance Roadshows and to have the opportunity to talk about their wishes for archery and I am grateful to all those members who have contributed to the Governance debate. As we embark on the outdoor season I hope the weather is kinder than it has been recently and that you enjoy a successful season.

It was pleasing to have successfully renegotiated the sponsorship with Foresters following a successful first three years. Foresters continue to be our Performance Partner through to Rio 2016 and will also be working with us on projects such as the Big Weekend. We look forward to continuing to build on the good working relationship we have with them.

David Sherratt
Chief Executive

David Sherratt
Exmouth Archers is laying the foundations for a successful future. Work has started on the first phase of its purpose-built indoor range. It has taken years of tireless fundraising by members to make their dream come true but it will be the first club indoor range in Devon and Cornwall.

The club holds four car boot sales each year, have-a-go sessions and hosts tournaments that attract archers from all over the country. This year Exmouth is hosting stages 5 and 6 of the National Series.

It still needs to raise cash to put down an insulated floor and heat the building but members will at least be able to shoot in the dry. But they are not giving up until they have enough money to finish off the wood-cladded building, which is designed to blend into its countryside.

There was a groundbreaking ceremony at the club’s new year Stafford shoot to signal the start of work. Jane Morrish, who worked on the project with her late husband David, was there as was Club Chairman Phill Carder, project manager John Russell and members of both Exmouth Archers and Exeter Company of Archers.

Pauline Burfitt of Chippenham Archers broke the record for a woman shooting a men’s FITA during the club’s UK record status autumn shoot with a score of 1,332. She was shooting alongside Mark Rudd from Devizes who won the men’s compound title.

Congratulations

Make a date in your diary for the second Bowmen of Warfield Junior Open Short Metric Tournament. The shoot, which is UK Record Status, proved so popular last year that the club decided to make it a regular event.

It is being held at the club’s range in Binfield, Berkshire on 19 July and more information can be found on the club’s website: www.bowmenofwarfield.co.uk

YOU ARE ALL INVITED

Work starts on new indoor range

YOU ARE ALL INVITED

AND THEY’RE OFF!

Work starts on new indoor range

Jane Morrish signals the start of work
TO BUY...
Or not to buy

Words: Jon Sims

So you have finished your beginner’s course and have been using the club’s equipment for a while. Now it’s time to buy your own gear. The next step is to study the different styles of shooting before picking the brains of more experienced club members and then heading off to the nearest archery retailer clutching an unsuspecting credit card.

Good shops are staffed by enthusiastic archers only too pleased to talk you through the various styles of bows and other kit. Some even have a range where you can see if they feel right. This is a critical factor and is just not available when shopping online. If you cannot get to such a shop, think long and hard before making any choices and maybe try other club member’s kit for size and weight. Above all, do not be tempted to go for the most powerful bow in the catalogue. Being “overbowed” will lead to shaky shooting and even possible physical damage. At full draw, you want to feel relaxed and in control.

The danger of any archery shop is the “Ooh! Aah!” factor. Trust me, if you have not been in a toyshop since you were a kid, you will be in real trouble. Go prepared with an idea of what you want and, more importantly, a budget. It is a fairly safe rule of thumb that the more technical the bow, the more expensive it is going to be. Ask yourself what you aim is. Olympic medallist? Personal best? Olympic medallist? Personal best? Is it the performance? The look? The shooting? The storage? The budget?

Above all, remember you are the most important component. Take your time, choose what makes you happy and shoot.

Most of us start with a recurve and, on a really tight budget, you could get one for £65. Perfectly adequate for fun shooting. If you want to get competitive, a more techno version made from various alloys and carbon fibre starts to climb into the hundreds. Adding sights, stabilisers, tabs and all those little tweaks which we try in a (usually vain) attempt at the perfect score and you can be looking at half a till roll. Start basic and get the shooting right first.

An entry level compound bow will not leave much change from £200 and, as with any kit, you have to consider whether, in six months, you will be wishing you had spent extra. For the high-end stuff you are heading into the thousands of pounds. It really is not a process to be rushed, no matter how eager you are to turn up at the next shoot with all of your shiny new gear.

Don’t break the bank on arrows until you have worn out your first half dozen. A good basic set will do until you get the point where the more expensive ones will make a difference.

There is, of course, another route. YouTube is awash with advice on making bows. Wooden arrow shafts at less than £2 apiece can be graced with turkey feathers from your local butcher’s shop. My quiver was made from the leg of an old pair of jeans with some plastic tubing sewn in. An arm guard can be made from strips of bamboo sewn onto an elasticated sleeve. Making strings is brilliant fun and a £9 roll of Dacron will keep you happy for years.

Above all, remember you are the most important component. Take your time, choose what makes you happy and shoot.
OBITUARIES

John Middleton

John Middleton was appointed Chief Executive in 1988. During his time at the Society he helped secure national honours for at least four members and worked closely with national sports committees such as the Central Council for Physical Recreation, UK Sport and Sport England.

He also met the Minister of Sport at the House of Commons to put the case for the funding of minor sports, using archery as an example. He stepped down when the Society’s headquarters moved to Lilleshall in 2000.

Chief Executive David Sherratt, who succeeded Mr Middleton, said: “John was a gentleman and had continued to work hard looking after the interests of archery right up until his retirement and had made a significant contribution to the operation of the organisation during his time with the Society.”

He is survived by his wife, Sue, a son, two daughters and grandchildren.

Brenda Thomas

Brenda Thomas, who represented England in the 1982 Commonwealth Games, has passed away after a long illness. She was a seven-time county indoor champion as well as holding outdoor titles and a national record. She was a Master Bowman, a Blue FITA Star winner and, in 1972, Walsall’s Sports Personality of the Year.

She was West Midlands Regional Secretary until 2012 and assisted Tom Williamson, Tony Hoe and Moira Taylor when national teams travelled abroad. She, and her husband Geoff, coached their daughter Nicola to the World Junior Championships in Norway in 1991. They were also invited to become members of the Royal Toxophilite Society in recognition of their service to the sport. And, long before the advent of readily available computers and photocopiers, she typed up all the target lists, scoring system and results for 450 archers when the indoor championships were held at RAF Cosford.

Dave Harrison, Chairman of Archery GB, said: “Brenda is a massive loss. She was a great archer, administrator and servant to the sport.”

Brenda, who married Clop Hill Archery Club member Tom Firth in September, counted tending to an ailing John Wayne as he filmed Brannigan among her achievements and worked in everything from egg delivery to the continuity department on The Italian Job and fostering.

But her great passion was longbow archery and she was better known to many as Pauline Pringle. She shot many times for England and took national and Southern Counties longbow titles. It is also how she met Tom who described her as his soul mate and said: “She was the best, a force to be reckoned with and, up until recently, she was unbeatable.

Pauline Anne Firth

Equestrian, swimming coach, marathon runner, Tough Guy course builder but, most of all, an archer. That’s how Pauline Firth, who passed away recently, has been described.

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Gordon Salmon

Gordon Salmon, a member of Bowmen of Backworth who had been shooting for 75 years, has died after a fall. He was 85.

As well as being an archer and coach he was, during an eventful life: a Scout, high-diver, swimmer, architect, golfer, light aircraft pilot, inventor, engineer, skier and model-maker.

Club Secretary Alex Smith said he would be missed by his archery friends.

George Potts

Former Vice-President and Archery GB Judge Emeritus George Potts has passed away.

George, the father of International Judge Graham Potts and grandfather of National Judge Robert, had been a member since 1956. During that time he became well known, particularly in the Southern Counties Archery Society, as a judge and administrator at club, county and regional level.

Archery GB chairman David Harrison said: “It’s a sad day and our thoughts are with George’s wife Eileen, sons Graham and Ian, grandson Robert and family. George was a true gent who will be missed by all archers.

Hillary Lydon-Bell

Hillary Lydon-Bell, a longbow archer at Aire Valley Archers, has passed away. She worked tirelessly over many years to inspire and support club members, especially juniors, both on the field and helping to organise events. The club is to keep her memory alive with an annual memorial shoot.

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OBITUARIES

Pat Williams
Pat Williams, who with her husband Brian was joint President and a founder member of Forest of Bere Bowmen, has passed away. They helped to set up the club in 1974 and the couple trained as instructors, helping many local archers. As well as competing, Pat became well known because she worked at Quicks archery supplies. And she was so well regarded that St Dunstan’s asked Pat to be Lady Paramount at its first club championships.

Club mates said she had a pleasant, calm manner and a great sense of humour and will be greatly missed.

Phil Lamb
Philip Lamb has passed away after a long battle with leukaemia and will be sadly missed by all who knew him.

He started shooting with Prewett Bowmen in 1958, quickly gaining a first class and becoming club champion.

After his marriage he joined Basingstoke Bowmen, gained his Master Bowman and 1000 FITA Star, represented Hampshire and competed in national trials. He won the Hampshire Indoor Championship and set the first National Record for the FITA 1 at Bracknell.

He then joined Old Basing Archers. He already had an Instructor’s certificate and settled in. He continued to improve, gaining his 1100 FITA Star but later was diagnosed with leukaemia. Determined to keep shooting he set himself the challenge of gaining a Bowman classification and, after that, longbow Bowman. And when he could no longer shoot he was still on hand to give encouragement to his fellow archers.

Richard McDonnell
Richard joined Havant & Hayling Bowmen on a beginners’ course in 2009 and immediately became a valued member and an archer with great potential.

He was always willing to help, whether it was with sessions at Blind Veterans UK’s annual camp at HMS Sultan in Gosport or with equipment and transport. His patience and love of archery was one of his outstanding qualities.

After breaking his leg while shooting, he was diagnosed with cancer. At Richard’s request, his fellow archers provided a guard of honour at his funeral, each carrying a white lily, his favourite flower, on their undrawn bows. He leaves a wife, son, daughter and four grandchildren.

Tom Foy
When Tom Foy, who has passed away, went to work at WH Smith, he picked up a magazine called The British Archer...

In 1951 he bought his first bow. He held and Master Bowmen status from 1960 to 1965 and shot at the International trials seven times, winning twice. He also gained his FITA star in 1965.

In 1966 he worked with TV company Rediffusion to produce one of the first archery programmes to be broadcast. Tom was a County Coach, helped found the Crystal Palace Bowmen and wrote two books: Know the Game… Archery and A Guide to Archery.

An approach by the custodian of Bodiam Castle during its 600th anniversary led to the annual Bodiam Shoot, which was particularly popular with longbow archers. His friends’ thoughts are with Rose and his family.

John Windust
Well-known coach and Helping Hand Award winner John Windust has died.

John and his wife Pat started shooting in the 1980s joining Wrexham Bowmen and later British Steel Archery Club (now Corus Deeside). He quickly became a coach and then a County Coach. He was invited to train as a Senior Coach but had to withdraw because of health problems.

It did not stop him for long though. He went on to become first North Wales Regional Coaching Organiser and then Wales Area Coaching Organiser. He mentored other coaches up to county level and earned respect throughout Wales and the north of England for his work and depth of knowledge.

Cedric Abbott
Cedric Abbott, one of the longest serving members of the Bowmen of Adel in Leeds, has passed away after a struggle with cancer.

Club Secretary Nick Beeson said he was a member of Adel for 40 years, had taken on virtually every position in the club, and served the club magnificently. His support for the Ascham and Scorton was invaluable and Nick said it was impossible to imagine the club without him.

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Rebecca Kellett has just topped both the metric and imperial national barebow clout rankings and her brother, Sam, came second. Here she tells us how she first got involved and why she thinks there’s nowt but clout.

“My name is Rebecca and for just over a year I have enjoyed archery with my brother Sam, both of us winning many competitions and breaking records.

“I have travelled to lots of competitions around the country in both clout and target enjoying it with all my heart. I got into archery by deciding that for my 10th birthday I wanted a bow and arrow set and so my mum and dad bought one. I enjoyed it that much that we as a family booked in to do a beginners’ course at Goldcrest Archers. Thinking back I think it was the best decision I made at the age of 10. From there I competed in my very first clout competition at the tri clout at Neston which was an especially fun shoot. Since then I have been hooked on clout and together with my family have travelled and camped everywhere there was clout (dad is not always happy about camping).

“In that time I have managed to claim six national records, become the National Clout Champion in barebow twice and achieved my purple tassel in metric and imperial clout. I have also competed in target competition and achieved second place at Lilleshall national outdoor competition and have been very proud to receive my Junior Master Bowman. I also was asked to shoot for Cheshire in October where I was part of the girls’ winning recurve team.

“All this in just over a year but I had the most amazing coaches to help me Peter and Tracy I could never wish for better mentors.”

Above: Rebecca Kellett with some of her trophies
TOO YOUNG?  NOT ME!

Seren, six, refuses to take no for an answer

When Seren Holliday was told she was too young and too little to take up archery, she had other ideas. This is what happened.

“In September 2012 I was on holiday in Singapore and one of the sports at the hotel was archery. I asked to have a go but because I was only five years old they said I was too young and I had to be eight. I went every day and asked and eventually they said I could have a go. I loved it.

“When I came back from holiday I asked my daddy if I could continue he said he would find out. He found out that Fort Archers were holding an open day in September and took me along. They said I could join providing an adult could stay with me.

“I have been in the club just over a year and recently I was presented with the Bowman Third Class badge, which was great as I like winning badges and trophies. Now all I need is a trophy cabinet to put them all in.”

I’M 16, I MAKE BOWS ...

and this is what I want to do for the rest of my life!

As my interest grew, so did the research I did into the subject. That’s when I learned the art of tillering. One after the other my bows started improving and so did my experimenting with different designs.

Here I am a year after my first attempt at a bow. I do mainly focus on the design of flatbows as I feel they are an easier design to work with.

I even made an oak flatbow for our club’s Hallowe’en shoot. A few people had a go with it and liked it. I’ve also made an English longbow for one of the club members who was very pleased with the antler overlays I did.

I have focused on the more traditional side of archery, to understand the types of bows our ancestors used. My main inspiration is Otzi the iceman.

I feel I have progressed well as a bowyer. In this past year I have gone from putting string on a bent stick to making powerful arrow-slinging works of art. I’ve decided that when I am older I want to do one of two things: work alongside some of the best bowyers in the country or run my own small archery shop making custom bows.

After looking at my first bows and thinking about the mistakes I made I would say that with patience, perseverance, practice and the right knowledge, anyone could make a bow.

Words: Jez Walsh
NOT THE TARGET I WAS AIMING FOR ...

Emma Duda of Wilford Bowmen, Nottingham, had a bit of a mishap recently. Now she is wondering if the same thing has happened to any of you. This is what she has to say:

"I was trying to sight at 60 yards when I experienced this very unusual incident with one of my ACC arrows.

"I had not been shooting for three weeks because of college commitments and I thought I would try 60 yards again.

"Unfortunately, my sight was much higher than it should have been and my first arrow went straight under the target and into the grass. Or so I thought.

"However, when I went to collect my arrows I realised that instead of hitting the ground, I had somehow managed to hit the metal ground peg and caused a dent in the peg. But as you can see in the pictures, my arrow came off much worse! The point had been forced back inside the arrow, the surrounding carbon had splintered and the aluminium core seemed to have peeled backwards, making this incredibly unusual pattern.

"Has anyone seen anything like this before? Or am I just unlucky with my arrows?"

Look what I did to my arrows!

Alyssia Tromans-Ansell has had to get some new arrows. The 12 year old has been working on her grouping but didn’t quite expect this to happen after only eight months of shooting.

The Lichfield Archer has gone from shooting 228 in the November challenge to setting a county record for her age group. And now she has joined the Robin Hood club.

"Obviously we are really proud of her but we have had to buy her some new arrows because we have to keep the ones that are fused together."

COMPETITION FUN

Twenty-two Hillingdon archers got ready for 2014 by hosting an inter-club competition.

As well as having lots of fun, three juniors – Brandon Scully, Jack Serpent and Ujwalpreet Kaur – came away with medals. Another two, Kieran Heraghty and Himaya Peiris, set new club records. And a senior got in on the act too – Ralph Passey set a new record with 525.
Fifteen-year old Hattie Little has made her CBBC debut in My Life: Race For Rio, a documentary about three teenagers’ Paralympic hopes.

Recurver Hattie, runner Reece Goodwin and London 2012 GB sitting volleyball team member Julie Rogers, who is now focusing on sprint, talked about the challenges they have faced so far, the work they are putting in to achieve their dreams and the fierce competition they face.

Hattie was a keen swimmer and gymnast when she became ill with an illness which cannot be diagnosed. She now uses a wheelchair. She tried archery - and her natural talent was quickly spotted. Hattie recently went through Archery GB’s W1 talent project and the show covers her first international appearance, competing against Paralympians at Stoke Mandeville.

She also has the backing of the Worshipful Company of Fletchers, which helped her buy equipment and awarded her the Des Clark Memorial Trophy last year.

After the shoot, Disabilities Committee Chairman Helen George said: “Hattie did really well. She kept calm and got on with it. I’m looking definitely towards 2020 with Harriet, to give her that depth of experience. But you never know. Rio is there and she is a very determined young lady!”

Bonnie Duncan is an under-14s barebow Bowman. And she has achieved it without bothering with the usual third, second and first class steps.

She joined Bromley Archery Club in late 2012 and only shot two rounds, so did not get any classification. By September last year she had shot only three more – but they were all straight Bowman scores.

Calling all longbow juniors

You may have noticed that the scores needed to obtain Junior Master Bowman with a longbow are a bit ambitious. The Junior Committee has too.

In some cases you would need to score more than the current national record – and that makes it very difficult for longbow archers to qualify for the Junior Masters Tournament. So the Junior Committee has come up with a new set of qualifying scores. Three scores appropriate to age group, from record status shoots in 2013 are needed (as for JMB qualification.) If you have achieved these and want to be invited to the Junior Masters on Sunday 3 August in Nottingham please contact Membership Services to be added to the list of those to be invited. You will need to provide evidence of the scores achieved, such as results sheets.

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Hattie’s race for Rio

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Magnificent... and some real prospects for the future. That was the reaction after the cream of Britain’s young archery talent showed just what they could do at the Junior National Indoor Championships.

Just under 350 juniors and more than 300 seniors took part in the event at combined nationals the Ricoh Arena in Coventry and the atmosphere was buzzing on both days.

The juniors took centre stage first and there was some fantastic shooting. One person was not pleased though. Patrick Huston won the under-18s recurve title with a total of 591, and the Miles Trophy but said he was not happy with his performance. “I wanted the record,” he said, “and the shots just didn’t come off.”

The other trophies went to: recurver Eva Henderson-Hirst, longbow archers Isabel Henry and Samuel Homewood and compounders Aalin George and James Howell. England took the Home Nations Trophy and Southern Counties took the regional recurve team title. The full results can be found on the Archery GB website under Documents: Support: National Tournaments: National Junior Indoor Championships.

“The juniors shot magnificently,” said Junior Committee Chairman Helen Woodcock. “There was a real buzz with everyone laughing and joking until it was time to shoot. Then they were disciplined and focused. They really set an example.”

Paralympic Coach Michael Peart said: “I spotted a couple of real prospects for the future, archers I didn’t know about. Very interesting...”
The longbow goes to war

Arthur Credland is Archery GB’s official historian – and he wants to hear from you. Contact him at historian@archerygb.org. Here he looks at heroes in the Boys’ Own mould, including ‘Mad’ Jack Churchill.

Lieutenant Colonel Jack Churchill (1906-1996) had a long and adventurous career and a passion for archery. He represented Great Britain at the World Championships at Oslo in 1939. With the outbreak of war he joined the Manchester regiment and soon after found himself in France, mounting patrols along the Maginot Line, regularly carrying his 85lb longbow by Purle of London. During the retreat to the coast his company encountered a group of three German soldiers in the village of L’Epinette, near Bethune. They were swiftly despatched when he loosed an arrow at them which was the signal for his men to open fire with more conventional weapons. Later at Dunkirk he was a reassuring figure moving up and down the beach on a motorcycle he had acquired, his bow and a Scottish claymore tied to the side and a quiver of arrows behind the saddle.

In 1941 as second-in-command of 2 and 3 Commando, for the attack on Vaagso in occupied Norway, he led his men ashore playing the bagpipes at full throttle and advanced into the town with claymore and bow. He was not Scottish but his love of the traditional highland weapons and the pipes seem to have equalled his passion for the bow! Sadly his mighty Purle bow seems to have been lost during the war but a collection of bows, three by Aldred, that all belonged to Churchill are illustrated here, displayed by Hugh Soar, a notable historian of archery.

Anders Lassen VC, a Danish member of the SAS, had two bows while training at Achnacarry in Scotland. He shot everything from sparrows to stags, but there are no reports of him using them on active service. Another Dane, Thomas Sneum, had used a longbow to hunt birds and rabbits from childhood. He planned to assassinate Heinrich Himmler. He bought a take-apart Seefab steel bow, first produced in the 1930s, and practised in Copenhagen’s Tivoli gardens until he could hit a playing card at 50 metres. In the event Himmler did not get off the plane and continued straight to Germany.

Accles and Pollocks the makers of steel bows in England are reputed to have made bows for use by commandos and special forces but this has never been verified. Captain Peter Fleming (brother of Bond author Ian Fleming) was a key figure in the setting up of the Auxiliary Units, a last ditch resistance organisation which would have been activated in the event of invasion. He could kill a deer at hundred yards with a bow and hoped to train men to pick off sentries and shoot incendiary charges with bow and arrow.
Looking for the perfect archery holiday? Set in breath-taking scenery?
With a warm Welsh welcome? Then we might have the answer.

Glan-y-Mor Leisure Park overlooks Clarach Bay near Aberystwyth, and offers everything a family could ever need: a health and fitness centre, indoor pool, ten pin bowling, entertainment and a kids’ club, as well as access to cycling, pony trekking, angling, sailing and golf, gentle strolls and mountain hikes.

More importantly, it is archer-friendly. There is a range and every year Glan-y-Mor Leisure Park hosts a dedicated archery week with a competition and taster sessions. This year it runs from 5 to 12 July. There are prizes to be won, fun to be had and memories to be made.

The competition is open to recurve, compound and longbow archers and runs over three days. The atmosphere is friendly and there is the chance for all the family to get involved in novice and improver sessions. What could be better than forging new friendships with like-minded people in such a stunning setting?

Archers are accommodated in tasteful top of the range holiday homes at Glan-y-Mor. Touring and camper van pitches are also available, offering an excellent value for money option – and award winning shower and toilet blocks!

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Getting more people involved in archery is fundamental to the future of the sport. Over the next four years the task is to capture the imagination of adults and children and get them shooting regularly, keep them interested and provide the coaching and facilities they need to keep them in the sport.

Why? Because it will help clubs engage with members and understand their needs. That will help them retain members and grow. It could lead to more coaches and, ultimately, better facilities.

And it will help Archery GB meet its strategic aims and further build its relationship with partners such as Sport England.

In the last edition of Archery UK we looked at ways to get members to turn up and shoot regularly. Now we turn our attention to communication and competition.

Communicating with members
Members need to feel like part of a club. They need to know what is happening and that there is a club identity. Research shows that in a group of people, 20 per cent will naturally give to the cause, 20 per cent are primarily “takers” and 60 per cent will become “givers” if encouraged to do so.

So how do you do that?
You could try:
• Appointing someone to send out a newsletter
• Improve the club website
• Use a blog and start a Facebook group
• Have a “good news” notice board
• Ask members to take photos and appoint a club photographer
• Appoint a social adviser on the committee and give time to the subject
• Appoint a competitions officer to circulate and encourage competitions and report on successes
• Detail someone to co-ordinate club entries to postal leagues and Archery GB competitions
• Form a junior committee that mirrors the main committee and let juniors make decisions affecting them.

Communicate, compete
...and keep members committed to your club

Members enjoy competition.
But feedback shows they want something structured, fun and organised.
Having a strategy to develop volunteers (they do not grow on trees, you need to create an environment to grow them!) is important. And the rewards are well worth the effort.

Improving competitive opportunities

Members enjoy competition. But feedback shows they want something structured, fun and organised. There are easy ways to do this but someone has to take responsibility for organising them, letting people know they are happening and making them fun.

In-house formats that might work:

- Single session Round Robin competition (web pages and apps are available to work out fixtures) with a structure agreed to allow different bow types to compete together
- Single session Olympic-style qualification round and then H2H ranked elimination format
- Monthly leagues formed promotion/relegation. Participants organise their own matches and submit scores
- Organise fun round: men v women, adults v juniors – singles, pairs and team formats
- Arrange club target days, print score sheets, competition conditions, different rounds and target weak county records.

External formats:

- Appoint a competitions officer to circulate details of local competitions and encourage members to enter
- Enter winter monthly postal leagues
- Enter one-off Archery GB competitions
- Take part in the on target club competition
- Organise an inter-club team shoot with different formats – such as Ryder Cup or mirroring Olympic competition
- Co-ordinate a club mass entry into a formal competition and organise some specific practice dates for everyone to prepare

Organise a badge, award or achievement session, such as:

- Archery GB Progress awards
- FITA Feathers
- Club awards programmes. These examples might not work in all clubs. Choose the ones you feel might be worth a try. They are all tried and tested and give a purpose to practice sessions, often resulting in club success at competitions. They always result in a better club culture of support for each other and members can feel the value added by attending practice sessions

We are interested to hear from clubs that have tried some of these strategies or have other ideas that work. Contact Arran Coggan on 07525 233592 or at arran.coggan@archerygb.org for more information.

In the final part of the series Arran looks at creating social opportunities and the facility requirements of growing clubs
The University of Bath has given scholarships to 15 talented student athletes, including archer Lizzy Rees. Lizzy, who is studying sports performance at the university, was a member of the British senior women’s team that won team gold at the 2012 World Archery Field Championships in Val d’Isère in France.

She said: “Bath is a beautiful city with a homely campus. The sports facilities at the University are close by and of an outstanding quality. What more could an athlete want?”

“The scholarship allows me to attend all major competitions which means more high performance experience. Experience makes winners.”

Learning curve

Next generation hones skills at student championships

Archery tournaments are always run by volunteers. But not all are run like the national university championships. And not all have the same speed and style. That is down to the hard work put in by a group of volunteers called Archery for Students. It is made up of students and alumni from across the UK who together run some of the biggest events in the country.

The BUCS (British Universities and Colleges Sport) Archery Indoor Championships is the largest annual single day tournament in the country. Last year 571 students shot, shattering all previous attendance records.

Everything went like clockwork and the AFS team had the results ready 20 minutes after the last arrow was shot. Last year’s event was supported by a group of Scottish universities and AFS is always keen to involve students in organising and hosting tournaments, so that they can get experience and find out how rewarding it can be. There will be more about this year’s championships in the summer edition of Archery UK.

One of the founders, Ashleigh McCloud, became involved while studying at Loughborough University. Since then Ashleigh has helped at the Olympic and Paralympic games and assists the National Tournaments Committee with tournaments at Lilleshall National Sports Centre. Other members include Marc Tamlyn who came up with a web-based scoring system that has a proven track record of producing a leader board that updates before the archer has returned to the shooting line.

According to David Harrison, Chairman of Archery GB and Lord Patron at the 2013 championships: “Seeing this event I can see that the future of UK tournaments is in safe hands.”

Scholarship for Lizzy

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Passing on skills

Coaches learned how to help disabled archers fulfil their potential in the first of a new series of workshops for club members.

Former Paralympic Coaches Tim Hazel and Helen George, and Paralympian Pippa Britton gave guidance and insight during the Pass it On: Disability Awareness workshop.

One of the people who took part, Kevin Adkins, later said: “It’s inspired me. We have been preparing to start community archery clubs and now feel thoroughly supported. We want everyone to have every chance to be the best they can be.”

Development Manager (Workforce) Hannah Bussey said: “The workshop was really popular and we hope to set up more in the near future. Tim and Pippa’s friendly, up-front and interactive style provided a great way for attendees to learn and gain more confidence to welcome and support disabled archers.”

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Athlete to coach
Charlotte helps pioneer next step

Olympian Charlotte Burgess has been accepted on to part of UK Sport’s inaugural Athlete to Coach programme.

Charlotte, who with Alison Williamson and Naomi Folkard came so close to a team bronze at the Beijing Olympics, is already a Talent coach at the Archery GB’s Northern Performance Academy. Now she has beaten off competition from ex-elite athletes from all 26 Olympic and 19 Paralympic sports to land a coveted place on the programme.

It is the first step on a scheme which aims to take world-class athletes and help them transition into the elite coaches of the future.

So why are elite athletes being targeted for the programme? The key, according to UK Sport’s Head of Coaching, Graham Taylor, lies in their experience. He said: “Elite athletes hold a wealth of knowledge with regards to the technical and tactical skills of their sport. They have experienced the training regime required to achieve the highest level and they absolutely understand the lifestyle sacrifices necessary for success. “For those elite athletes who retire from competing yet want to continue with their sport, this knowledge can really boost their transition from athlete towards being a world class coach.”

Archery GB’s Performance Director said that Charlotte went through a tough and very competitive selection process to land her place. “Charlotte’s acceptance on to the UK Sport Athlete to Coach program is a great accolade for both her and the sport,” she said.

“Being accepted on to this 12 month world class coaching programme run by UK Sport confirms her valuable experience brought as an ex-Olympian and her developing coaching skill set which is already being used within the Regional Academy structure and the recent successful Paralympic talent projects such as Front Line to Start Line and the W1 project.”

Performance Pathway Manager Ceri Ann Davies will mentor Charlotte during the programme.

Thank you Helen!

Helen George has stepped down as Archery GB’s Para selection and talent confirmation lead.

Helen, who last year took over as Disabilities Committee Chairman, said: “This decision has not been made lightly. I have had the privilege of working with many members of staff over the years, who have all played a major part in helping to provide a Performance pathway which has helped to produce so many excellent Para Archers.”

Paralympic Coach Michael Peart thanked her for all her hard work.

Rikki joins coaching team

Compound archer Rikki Bingham has joined the Archery GB coaching team as Para compound specialist.

Rikki was one of the team narrowly beaten to bronze at the World Archery Championships and caused an upset by knocking out the favourite, America’s Erika Jones. She is a world-class archer who has been shooting for more than 20 years and helped make history by coaching MPs, with husband James, at the first Parliamentary archery tournament.

Paralympic Coach Michael Peart said: “This is a major win for the GB Para team. The Paralympic categories are now two-thirds compound, so to have someone of Rikki’s world class standing come on board is a real asset.

“Rikki has already been working with the W1 training squad and has proved that she has the technical knowledge along with the patience and understanding required to make world class athletes.”
Patrick Huston ended 2013 as a double world champion and one of the newest members of the Olympic squad. He was also named Archery GB’s BOA Olympic Athlete of the Year.

He joined 35 other athletes from 31 sports including Wimbledon winner and Sports Personality of the Year Andy Murray, Olympic hero Mo Farrar, skeleton world champion Shelley Rudman and gold medallists including gymnast Max Whitlock, rower Andrew Triggs-Hodge, cyclist Liam Phillips and US Open golf champion Justin Rose in receiving the honour.

Patrick, a member of East Belfast Archery Club, shot into the limelight by winning the European Field title and then two gold medals at the World Youth Archery Championships: the cadet mixed team double with Becky Martin and the individual title. Then he has added the Junior National Indoor title and came second in the senior event.

British Olympic Association Chief Executive Officer Bill Sweeney said: “I would like to congratulate each and every athlete who has been named as the BOA Olympic Athlete of the Year. I am delighted to see so many athletes of varying experience, across the full spectrum of Olympic sport, building on the momentum of Team GB’s performance at London 2012 by setting new standards of sporting excellence.”

Performance Director Sara Symington said: “It was a superb finish to a superb year for Patrick. It’s his first International year in target, so it is a great achievement. We are all very proud of him – and of all our archers.”

Stunning, simply stunning
Fun and thrills at the National Indoors

The big question was, could the success of last year’s Combined National Indoor Championships be topped? And the answer was a resounding yes.

Archers flocked to the Ricoh Arena in Coventry and revelled in a buzzing atmosphere created by enthusiastic juniors, a thrilling Back2Back competition and the spectacle of archers pitting their skills against some of the best in the nation. The result, in the words of Archery GB Chairman David Harrison was: “Stunning, simply stunning.

“It’s been a magnificent weekend. I’m stunned by the sheer standard of the shooting and the fantastic spirit and atmosphere.”

The Back2Back competition, based on the successful Face2Face format, featured some of Britain’s top senior and junior archers. After a tightly-fought competition, Becky Martin and Ashe Morgan took the recurve honours while compound glory went to Duncan Busby and Christie Ravenscroft who beat sister Rikki Bingham in the gold medal match and there was no ground given in the National Indoor Championships as every archer fought hard to get among the honours.

In the end, Jeanetta Braun took the women’s recurve title, beating Naomi Folkard. Becky Martin and Amy Oliver were in third and fourth places respectively.

George Harding is the 2013 men’s champion after beating Patrick Huston. Mark Nesbitt was third with Chris Woodgate fourth.

The women’s compound title went to Andrea Gales who beat Christie Ravenscroft. Sarah Rigby was in third spot with Rikki Bingham fourth. The men’s went to James Mason with Chris White second, Colin Geenes third and Matthew Arnold fourth.

Amanda Biddulph took the women’s longbow title after beating Jude Lane. Emily Williams was third with Julie Cousins fourth. Nicholas Bullus won the men’s competition, with James Bridges second, David Cartwright third and Steven Gamble fourth. Tournament secretary Victoria Duncan said: “What a fantastic weekend! In our second year at Ricoh Arena, we had the highest number of entries yet. It was great to see so many archers competing together. A big thank you to everyone who turned up to shoot and made the day so much fun. Thanks also to all the exhibitors with trade stands at the shoot and to the helpers on the day, judges and work party.”
There was drama at the World Archery Indoor Championships in Nimes as Britain’s Naomi Jones took top ranked record breaker Erika Jones to five sets – then beat her 6-4.

And her reaction? “I’ll calm down in five minutes,” she said. “That was pretty nerve-racking.”

The American, who took the Indoor World Cup compound title earlier this month and set a new world record for the 18-metre ranking round during qualification, said: “She shot good. I shot fine, but she just shot better. This is archery, anything can happen. I take it day by day, arrow by arrow – and just try to do the best that I can.”

The win put Naomi through to the quarter finals where she came up against Pascale Lebecque of France. Lebecque took an early lead. Naomi pulled back and it all came down to the last end. Naomi shot 28 – one less than the Frenchwoman who went on to win bronze after being beaten by countrywoman and eventual champion Sophie Dodemont. Christie Colin (USA) won the silver.

Adam Ravenscroft carried Britain’s hopes in the men’s compound category. He beat Russia’s Chingese Rinchino 7-1 but then came up against Italian Sergio Pagni for a place in the quarter final and was beaten 6-2. Pagni went on to take gold, beating Reo Wilde (USA). Philip Glover’s hopes of making it to the last 16 ended when he came up against Denmark’s Martin Damsbo. The Dane won 7-1 but then came a cropper, losing to fellow Dane and eventual bronze medallist Stephan Hansen 4-6.

Adam, Philip and Duncan Busby edged Switzerland out of a quarter final place in the team competition but then fell foul of top-ranked USA, losing 233-238. Jesse Broadwater, Braden Gellenthien and Reo Wilde went on to win gold, beating Denmark and Sweden took bronze.

Naomi Folkard beat Adriana Zursoska of Poland to make it to the last 16 of the women’s recurve category and then took on Gina Gonzales for a place in the quarter finals. It was a tight match but Naomi was eventually edged out by the Mexican, losing 4-6. Jeanetta Braun fell 7-1 to Ukraine’s Veronika Marchenko. Another Mexican, Aida Roman eventually took gold, beating Miki Nakamura of Japan 6-0. The bronze medal went to Russia’s Anastasia Pavlova. In the men’s competition, Australia’s Ryan Tyack took gold, beating Ukrainian Viktor Ruban 6-4. Brady Ellison (USA) won bronze.

Junior Bryony Pitman beat Turkey’s Tuana Ugar 6-0 but then came up against Loredana Spera of Italy and lost 0-6. Spera went out in the quarter finals, beaten by Laura Ruggieri of France who then lost the bronze medal to Sylvia Zyzanska (POL). Gold went to Tatiana Andreoli of Italy who beat Russia’s Ariuna Zhargalova in a shoot-off.

**Olympic & Paralympic teams update**

Every year Olympic and Paralympic squad members are assessed for Athlete Performance Awards, lottery-funded grants which support them as they work towards podium places. And this year, there are some changes.

Performance Director Sara Symington said: “We review the squad members and assess how they have performed throughout the year. We take into account results at competitions, particularly at one significant event each year such as Worlds, Europeans, Olympics and Paralympics, and levels of progression and commitment in their personal development.

“A number of archers have performed strongly recently and, after a fantastic year in competition, Naomi Folkard has secured an APA place again. Naomi completes the female Olympic squad. It now consists of her, Nicky Hunt, Becky Martin, Amy Oliver and Bryony Pitman.

“Seventeen-year-old Patrick Huston completes the men’s Olympic squad. He joins Sean Evans, George Harding, Ashe Morgan, Andrew Randall, Kieran Slater and Richard White.

“And we have new members joining the Paralympic team. It now consists of Chloe Ball, Frank Maguire, Kenny Allen, Pippa Britton, Paul Browne, John Cavanagh, Mel Clarke and John Stubbs.”

**PERFORMANCE**

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Mel stars at Sports Fest

London 2012 silver medallist Mel Clarke helped bring smiles to the faces of disabled people at a ParalympicsGB Sports Fest.

More than 400 people turned up at the University of Worcester Arena to try 22 different Paralympic winter and summer sports – and archery was one of the hottest tickets around.

Mel, an ambassador for the event, was helped by fellow Paralympian and world champion Richard Hennahane. She said: “It’s been fantastic to be a part of Sports Fest. When I came out of my rehab, there wasn’t anything like this and it’s really helpful because it really shows people what is out there for them.

“We’ve seen people who are quite newly injured and it’s been great to watch them having a go and throw themselves into it all, and we’ve had a lot of parents who have been able to see sports opportunities that they might not have thought possible before coming here. There’s been so many smiley faces over the past few days, it’s been lovely.”

Meet the Freemen!

Ancient honour for John, Mel and Sara

Double Para world champion John Stubbs, Archery GB Performance Director Sara Symington and London 2012 silver medallist Mel Clarke have been inducted as Freemen of the Worshipful Company of Fletchers.

The award is one of the highest honours given by the Company, which was formed in 1371. It was also means that they are Freemen of the City of London and, after the award was made, there was another ceremony during which Sara, Mel and John signed an oath that gave them the right to drive sheep and cattle over London Bridge, to a silken rope if hanged, to carry a naked sword in public – and, if caught under the influence in the City of London, the right to be bundled into a taxi and sent home by police rather than be thrown into a cell!

The ceremonies, watched by family and friends, were carried out at London’s Guildhall and the only person missing was double Paralympic champion Danielle Brown who did not make it back to Britain in time. She will be inducted at a later date. Previous recipients include Paralympians Anita Chapman, Kathy Critchlow-Smith and current squad member John Cavanagh.

Sara said: “It was a fantastic occasion and a great honour to be made Freemen of both the Worshipful Company of Fletchers and the City of London. It makes our partnership with the Company even closer.

“John made a heartfelt and moving speech about just how much the Company’s support means to Archery GB and our archers and we thank it again for its continued support of Paralympic talent projects carried out under the umbrella of Chasing the Rio Dream.”

Meet the Freemen!
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Classification
What is it and why is it important?

An important part of the Para-Archery competition is the classification of the archers. In the run-up to Rio 2016 major changes have been made to classification and the named events. These have had serious consequences for some archers, including double Paralympic champion Danielle Brown.

One of the key points is that there are now six categories: recurve open male and female, compound open male and female and W1 compound male and female and mixed teams from each category. These replace the old standing, W1 and W2 classes.

It means that two-thirds of Paralympic Games are now compound – it used to be two-thirds recurve – and that the recurve class will be very large.

Other changes are that all categories will have men’s, women’s and mixed team medals, all athletes have a chance of two medals, all categories have equal value and there are no more three-person teams included.

But perhaps the most important change is in classification. Its purpose is to minimise the impact of impairments on the sport discipline. Having the impairment is not enough. The impact on the sport must be proved.

In each Paralympic sport, the criteria of grouping athletes by the degree of activity limitation resulting from the impairment is named ‘Sport Classes’.

Classification determines which athletes are eligible to compete in a sport and how they are grouped together. It is sport-specific because an impairment affects ability to perform differently in different sports. An athlete may meet the criteria in one sport but not in another.

The tests include verifying the presence of an eligible impairment for that sport. This is done by a physical and technical assessment to examine the degree of activity limitation, the allocation of a sport class and observation in competition. The system is points based and the total score determines which class an archer is placed in.

A new classification system was introduced at the World Para Archery Championships in Bangkok in November. Before that archers needed a minimum of a 15-point deficit. The number of points awarded increases with the level of impairment. Under the new regulations an athlete needs a minimum of 25 points to qualify for classification.

Archery GB’s lead physiotherapist, Jamal Mashlab, qualified as a national classifier at the recent World Championships Classification workshops and will be working with the Performance squads.

Danielle Brown: classification protest outcome

Danielle Brown was reclassified as not eligible to compete as a Paralympic athlete after the recent changes. Supported by Archery GB, she lodged a protest and a further classification was carried out at the recent Para Archery Classification Hub at Lilleshall.

This protest identified Danielle’s classification status as “Not Eligible” which means that when the new rules come into effect on 1 April 2014, Danielle Brown will no longer be allowed to compete as a Paralympic athlete. She is, however, eligible to compete in able bodied and open archery competitions using her stool as an assistive device, required because of her impairment.

Danielle said: “I am obviously very disappointed with the outcome. My disability has stopped me doing so many things in my life and archery has been the one thing that gave me focus and purpose. Winning gold at London was one of the best moments in my life and now, 18 months later, it is heartbreaking to learn that I cannot defend my Paralympic title.”

“I’m very grateful for the funding support I have received from UK Sport and sponsors, via Archery GB, as this has enabled me to train full time. Although I can continue to compete in able bodied competition I still have to live with my disability and the funding support I have received as a Para archer will come to an end, making life much more challenging. I’ve had great support from the British Athletes’ Commission and Lewis Silkin LLP during the protest process and I’m continuing to work with them to explore additional medical evidence and decide if there are grounds for an appeal to the IPC.”

Sara Symington, Performance Director at Archery GB said: “We are extremely disappointed that Danielle’s classification status remains unchanged following the protest classification. We will continue to support her at this very difficult time and transition funding has been offered. We believe Danielle still has an important role to play in archery.”
Archery GB believes sporting opportunities should be open to all and we are committed to:

• Developing a culture that enables and values everyone’s full involvement
• Creating an environment in which everyone has opportunities to play, compete, officiate, coach, volunteer and run community sport

Many sports say they have an “open door” policy but it does not necessarily lead to changes in the traditional levels of participation and involvement. Research shows that many sports have low participation levels by women and girls, ethnic minority groups, disabled people and, in some cases, young people. Archery GB believes sporting opportunities should be open to all and we are committed to:

• Developing a culture that enables and values everyone’s full involvement
• Creating an environment in which everyone has opportunities to play, compete, officiate, coach, volunteer and run community sport

• Overcoming potential barriers for those wishing to play sport, particularly if they are from groups currently under-represented in sport

Why is equality important?
It is about fairness, equality of access, recognising inequalities and taking the necessary steps to address them. It is about shaping the culture and structure of sport to make sure it is equally accessible to everyone, whatever their age, ability, gender, race, ethnicity, sexuality or status.

Why do we need equality data?
Equality is not about treating everyone the same. It is about responding appropriately to different needs.

We need to gather information about individuals so that we can spot, and break down, any barriers likely to stop them taking part in sport. It also helps us track our progress in equality issues, see how we reflect British society and focus on groups that might need support to get involved in archery.

Each year Archery GB will collect profile data of all Board members, committees, staff, members, coaches and judges. We are also setting up a process to gather data on protected characteristics such as age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief and sexual orientation.

Why hasn’t it been collected before?
Some of it has, where it was considered relevant. Now we know that the more data we have, the easier
What is the Equality Standard?
It is a framework for sport introduced by the UK sports councils in November 2004 to address inequalities in the sector and guide community and sports organisations, including governing bodies, county sports partnerships (CSPs), sports councils and national sports organisations towards achieving equality. It helps them develop structures and processes, assess performance and ensure continuous improvement in equality. It is based on two broad areas of activity and four levels of achievement. Archery GB has already achieved the Foundation and Preliminary levels and we are working towards the Intermediate level.

What do we need to do?
To achieve Intermediate level Archery GB needs to:
• Increase the diversity of our board, staff (paid and unpaid), coaches, officials, members and participants
• Ensure all relevant policies and practices pay due regard to diversity
• Demonstrate progress in implementing our equality action plan
• Have a staff/volunteer team with a strong understanding and commitment to equality at head office, regional, county and club membership levels
• Work towards increasing the diversity of people participating in the sport and using our services
• Make sure members and the public are aware of Archery GB’s success and achievements in working towards equality

 Equality is not about treating everyone the same. It is about responding appropriately to different needs.
Young stars shine... as the world’s best flock to Telford

Britain’s young stars led the charge at the European Archery Festival, netting two gold medals, two silvers, two bronzes and two fourth places.

Jack Grogan took junior recurve gold, beating France’s Florian Tissot 7-3 while Brad Denny won bronze 6-0 against the Netherlands’ David van der Spek. And there was recurve silver for Bryony Pitman, who just lost out to Spain’s Irati Zurbano after Jasprit Sagoo was edged out of bronze spot, losing 4-6 to Belgium’s second-seeded Sophie Smets.

There was a clean sweep for GB in the junior women’s compound with gold for Aalin George who beat Sophie Brown while Isabelle Carpenter took bronze, beating Rebecca Blewitt 6-0.

“There were some really strong performances, especially by our youngsters,” said Archery GB Chairman David Harrison. “And the event as a whole has been phenomenal. The enthusiasm has been infectious, it’s a real credit to all involved.”

The world’s best archers were out in force and it resulted in some interesting battles. Olympic silver medallist Aida Roman took bronze at the festival hosted by the Telford International Centre. But to do it she had to beat Songi Woo, the woman who coached her to Olympic glory and is now Archery GB’s Performance Coach. Aida later said: “Everyone has been so friendly and it’s been a great venue for a major international archery tournament. I would happily come back here any time, and I hope Telford hosts this event again next year.”

And America’s London 2012 team silver medallist Brady Ellison said: “It’s been awesome – I want to come back here next year, and every year. This has been a brilliant weekend!”

A packed crowd filled the main arena to see archers from Korea, France, USA and The Netherlands share the senior gold medals on the final day. Jean Charles Valladont of France won the men’s recurve final against fellow countryman Thomas Faucheron, while it was an all Dutch affair in the men’s compound, with Peter Elzinga getting the better of world outdoor champion Mike Schloesser.

There were no surprises in the women’s recurve, with Yu Mi Kim beating her fellow Korean Sehul Park in the final. The women’s compound was the only final without two archers of the same country as world number one Erika Jones from the USA saw off a determined challenge from Denmark’s Camilla Soemod.

Thrills, smiles... and nerves

Having the chance to meet and even shoot with your heroes or see the people you care about competing against the world’s best is a rare thing.

So getting the opportunity to do it on home turf was a real thrill, particularly for some of our younger archers.

Pip Taylor made it all the way to the quarter finals of the junior women’s recurve competition. But the most nerve wracking part was watching and waiting for friend Fraser Chape’s results as she shot her rounds.

“While I was shooting my head to heads I watched the screen to see how he was getting on, gutted I couldn’t watch him shoot. I wanted to jump up and down when he won his first match. In his second I couldn’t help myself. I just kept saying ‘come on Fraser.’ He lost to the eventual junior compound bronze medallist but I was so proud of him. He came ninth and gained a personal best at his first international.”

One of the people Pip beat on her way to the quarter finals was 10-year-old Louisa Piper, who was shooting at the festival with sister Eleanor. Pip said: “I will be honest. I felt terrible coming up against Louisa but I know it will have been a useful experience for her and she shot with such professionalism.”

Louisa’s mum Helen said: “It was lovely for Louisa to shoot against Pip in the head to head. We had such a brilliant time – the girls both shot massive PBs to make the cut for the H2H – but most of all they loved collecting autographs and having their photo taken with all the top archers! We loved the whole weekend – it was really wonderful!”

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Exhibitors at the European Archery Festival showed off some of the best and most innovative archery gear around – but there was room for tradition too.

But that’s what happened to Andrew Walch, 42, and his sons Adam, 14, Daniel, 12 and Ben, 8, who shot at the European Archery Festival and third leg of the Indoor World Cup competition at Telford International Centre.

It came after they attended a try-out day and the boys were so passionate about the sport, dad forked out for some equipment – buying himself some too – and they joined Blandy Jenkins Archers.

"Then we immediately registered for this event, thinking this was the norm, said Andrew."I later discovered it wasn’t... It’s a definite case of in at the deep end.

"As the championships loomed we found out there were lots more, smaller, events going on so, yes, it’s an experience. But at least we can say we have done it!"

And they got some sound advice from US Olympic team silver medallist Jake Kaminski who told them they were off to a great start and should keep pushing for results.

So how did they fare? Andrew finished in the second half of the recurve results table – but nowhere near the bottom. And Adam, Daniel and Ben, who was shooting barebow, finished 58th, 61st and 63rd respectively.

"They are doing really well," said Andrew. "Ben has won gold medals and Adam and Daniel are already holding records."

"And I’m going to get to the Olympics when I’m older," promised Ben. Watch this space...

Ancient and modern

Exhibitors at the European Archery Festival showed off some of the best and most innovative archery gear around – but there was room for tradition too.

Crowds flocked to see the latest offerings from the sport’s biggest suppliers at the festival’s trade show but there was also a steady stream of visitors to the Heritage Longbows stand.

Owner Lee Ankers said: "It’s been great. We have had people asking about the longbow and showing lots of interest in both the bows and bow-making courses.

"It’s wonderful to see that people are interested in every aspect of the sport."

Shooting too well?

What happens if you get special red, white and blue arrows made to fly the flag for Britain when you are competing at an international archery festival?

Well if you are Daffy Lee, you wreck a couple by shooting a Robin Hood. And you do it while checking out the latest goodies at the trade show instead of in competition.

It happened at the Mathews stall and Daffy, Secretary of Norfolk Archery Association and a member of Norwich Company of Archers, said: "It’s always great to know you are shooting well, whether you are in competition or not!"
Highs and lows
How series built to Vegas climax

Telford – and the chance it gave British archers to be part of the Indoor World Cup – was one of the high points of this year’s campaign. But there were others too.

There was a blistering start as Naomi Folkard took recurve gold in the opening stage in Marrakesh while Naomi Jones won compound bronze.

Naomi Folkard was ranked second after the qualifiers and made short work of Algerian Sara Bouhaha, France’s Fatine Ouadoudi and eventual bronze medallist Italian Anna Botto. That set up a gold medal clash with Tatiana Segina of the Russian national team. They tied the first end then Naomi hit her stride, dropping only one end and tying the last to take gold 6-4.

Her namesake was ranked seventh after the compound qualifiers. She beat Belgian Sarah Preels 6-0 and saw off the second seed, America’s Jamie Van Natta, 6-2 before coming up against up against eventual gold medallist Crystal Gauvin of the USA.

Lucy Holderness and Andrea Gales’s hopes of a quarter final spot were denied, as were the Barbys. Victoria fell foul of Delphine Portes of France and the same fate befell Stuart, beaten by the USA’s Jeremiah Cusick, while Douglas Jardine fell to another American, Brett Lazaroff. Rick van der Ven (NED) took recurve gold while the men’s compound title went to Braden Gellenthien (USA).

A few gallant archers flew the flag for Britain in the stage 2 round in Singapore but that was where the Korean women recovers really started to hit their stride, taking the top four spots. France’s Jean Charles Valladont took the first of two series golds while compounder Erika Jones began the journey to series domination and fellow American Reo Wilde took the men’s title.

While Britain’s youngsters stole the show at the third stage in Telford, Korea again took the recurve women’s title – this time it went to Kim Yu Mi – and Valladont continued his winning streak. Erika Jones took another compound gold and the men’s title went to Peter Elzinga (NED).

It set up a grand finale and the chance of hitting the jackpot in Vegas. In total there were more than 2,200 archers from 34 countries in classes ranging from barebow to crossbow taking part in the Vegas Shoot, which included the final of the Indoor World Cup.

Korea’s women dominated their recurve competition, while Rick van der Ven took the men’s title. Compound gold went to Erika Jones and Sebastien Peinau of France.

Marrakesh gold medallist Naomi Folkard was edged out of a quarter finals place by Switzerland’s Celine Schobinger. She, in turn, fell victim to eventual bronze medallist Kim Yu Mi. Naomi Jones came closest to compound glory, edged out of a place in the quarter finals by Inge van Caspel (NED).

There were some cracking results in the flight – or amateur – competitions too, particularly from Stuart Barby, Mark Nesbitt, Douglas Jardine, Victoria Barby, Alistair Whittingham, Alex Bridgeman, Chris Horan and Tracey Thompson.
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The case for change

Why governance vote is crucial

Which sports have captured the public’s imagination? Well if new figures are anything to go by, archery seems to be one of them!

More people want to get involved – and we have all seen the results. People are queuing up to try archery and get on beginners courses. In the past 10 years membership has rocketed by 84 per cent and a third of those have arrived in the past 12 months.

And the good news goes on. Archery GB is attracting investment. The sport is receiving more than £2 million from Sport England, which is an unprecedented 133 per cent increase on the last funding cycle, and has the support of Youth Sport Trust, Sports Coach UK and others. But that’s not all. Archery GB has also:

• Attracted more than £5 million investment from UK Sport into Olympic and Paralympic squads for the Rio cycle
• Extended its relationship with existing sponsor Foresters Friendly Society
• Created new partnerships with Nottingham City Council, Nottingham University and the Nottingham Building Society
• Built on the National Series Final, which attracted 4,500 spectators last year
• Successfully bid for the 2016 World Archery Europe Outdoor Target Championships
• Opened three regional talent academies, providing pipeline for future Olympians and Paralympians
• Increased investment into clubs through grants
• Supported clubs with grant applications to other funding bodies
• Supported archery’s experienced and committed volunteers whose hard work, dedication and professionalism underpins all the sport’s successes

So what is next? Archery is now firmly embedded in the public consciousness and we need to keep it there. To do that we need more members, more people taking part, more archers on the shooting line and better access to coaching and facilities. The sport also needs to attract more outside investment, bring home more world-class medals and offer more support to volunteers.

Archery GB is a not for profit organisation operating in an increasingly complex environment, so the more investment we can secure, the more we can reinvest back into the sport!

How are we going to achieve that?

Future success depends on having the right people in the right place to drive the sport forward. That calls for the flexibility to get the best possible team in place – and that’s where you come in.

Archery GB needs your help. Last year there was an independent review of the Board which found that it was working in a broadly effective manner. But it did point out that the Articles of Association were 15 years old and that the structure of the Board needs to be flexible so that it can evolve and meet changing needs, focusing on core strategy and policy rather than operational detail.

The appointments process laid down in the Articles of Association prevents this from happening. And that’s why Archery GB is asking you to vote for change at the AGM at the University of Derby on 26 April.

At the moment volunteer Executive Directors are asked to commit to 100 days of work a year. That means that people with the right skills might be put off joining the Board simply because they cannot give up that much time.

The proposed solution is to cut the time commitment to two or three days a month. Directors will be given the chance to concentrate on strategy and policy while operational detail, implementation and delivery becomes the responsibility of committees, staff and volunteers.

And how do we make sure that we have the right balance of skills on the Board? The proposal is to change the Articles so that it is so that it will consist of eight Directors elected from the membership, three independent Directors from outside the sport and the Chief Executive. The crucial factor is that all the Directors have the skills needed to drive the sport forward and that the independent Directors can look at things from a broader perspective, be objective and make sure any decisions are made in the best interests of the sport and members.

So this is your big chance to play your part in the sport’s future and keep archery where it belongs, right at the centre of public attention. Archery GB needs your vote. All you have to do if you are a Direct member is turn up at the AGM or send your proxy if you cannot attend. If you are a club member please make sure your club registers its vote either by attending the AGM or returning the vote by proxy at least 48 hours before the meeting. It has to be in by 2.30pm on 24 April, 2014. For more information go to www.archerygb.org/governance
Spectacular, stunning... and this year there is even more!

Last September, thousands of people flocked to the stunning Wollaton Hall in Nottingham to see the Grand Final of the Archery GB National Series. This year it promises to be bigger and even better.

The Wollaton Hall final, run in association with Nottingham City Council and the Nottingham Building Society, will now run over two days, 30 and 31 August. And, for the first time the top eight archers in each discipline, men and women’s recurve and compound, will qualify for the final.

And there is an extra qualifying stage this year as well. It all kicks off in Penicuik, Scotland, which will host stages one and two – a FITA and a head-to-head – on 21 and 22 June. Stages three and four are at Clophill, Bedfordshire, on 12 and 13 July and the final two stages will be held at Exmouth on 16 and 17 August.

“The National Series just gets bigger and better every year,” said organiser Jon Nott.

“It’s a fantastic tournament, it’s where archers of all abilities can turn up and take part, there’s always a great atmosphere at the various stages and the Nottingham Building Society National Series final is THE big event of the domestic archery calendar.

“We’ve got bigger by popular demand and it is a really big incentive that eight archers in each category will now be involved with the final. It’s all very exciting.”

The archery promises to be thrilling but there will be plenty of other stuff to do as well. There will be a family activity area, entertainers, archery taster sessions, food and drink... all set against the stunning backdrop of Wollaton Hall, which once played host to Batman! It’s the perfect setting for a family outing – and it’s absolutely free to see the UK’s archers in action.

The series dates are:

- Stages one and two: Penicuik, 21 and 22 June. FITA and H2H
- Stages three and four: Clophill, 12 and 13 July. Double H2H
- Stages five and six: Exmouth, 16 and 17 August. FITA and H2H
- National Series Final: Wollaton Hall, Nottingham. 30 and 31 August.

Success breeds success!

The success of the National Series at Wollaton Hall has played a part in securing a major coup – Nottingham is to host the 2016 World Archery Europe Outdoor Target Championship.

Archery GB will be working with UK Sport, Nottingham City Council and the University of Nottingham to deliver world-class event showcasing elite European archers to a global audience.

Helen Grant MP, Minister for Sport and Equalities said: “This is a real coup for Archery GB. It is another major event secured as part of the legacy of London 2012 and will encourage more people to take up archery.”

The qualification rounds of the competition will be held at the Highfields Playing Fields at the University of Nottingham with the final stages being held in the Old Market Square in the heart of the City.

David Sherratt, Chief Executive of Archery GB said: “We are thrilled to have won the bid. We have already successfully hosted the Archery GB National Series Final in Nottingham and will do so again this year and next. This will be the perfect preparation for the European Championship in 2016.”

The championships will form part of UK Sport’s 2012 legacy programme, the Gold Event Series. It will invest £27 million to support the bidding and staging costs of major UK events until 2019, as well as providing specialist technical support to organisers. The Gold Event Series aims to bring over 70 of the world’s most prestigious sporting events to the UK.

Liz Nicholl, Chief Executive of UK Sport said: “We are delighted with GB Archery’s successful bid to stage the 2016 European Archery Championship. The event will give our athletes a chance to hone their skills just before Rio 2016, in front of a home crowd in an iconic venue.”
The Big Weekend is back – and this year it’s going to be bigger and better than ever. Over the past two years events up and down the nation have introduced an estimated 13,000 people to archery. But you told Archery GB that one small change would make the Big Weekend even more successful.

It listened – and that’s why the dates of the Big Weekend have been brought forward to 24 to 26 May, giving clubs more opportunities to run beginners’ courses throughout the summer to meet demand.

This year the Big Weekend has the support of Archery GB’s Performance partner, Foresters Friendly Society. Foresters Marketing Director, Neil Armitage, said: “Having renewed our sponsorship for another three years, Foresters is delighted to be working with Archery GB to bring the Big Weekend to life. As a financial services provider, teaming up with Archery GB is a great partnership for us given our brand and its historic links to the master archers Robin Hood and Little John!”

Archery is a fun and accessible sport which can be played at any age and grassroots initiatives, like the Big Weekend, encourage people who have never tried archery to give it a go and discover their potential. A number of Foresters’ members have already been keen participants at ‘taster days’ and have thoroughly enjoyed the experience.

“We are looking forward to the Big Weekend and are sure the event will hit the mark in achieving high levels of participation and success.”

The Big Weekend gives clubs the chance to give something back to their communities, enhance their profile and attract new members, as well as having fun. And Archery GB has teamed up with BBC’s Things To Do campaign and the London 2012 legacy charity Join In to make sure as many people as possible know about it.

It is easy to sign up, just go to www.archerygb.org/bigweekend for everything you need, including resources and promotional tools. There will also be free T-shirts for volunteers and the first 30 clubs to sign up will be entered into a prize draw for equipment vouchers worth £100.

Better than ever!
The Big Weekend is back with a bang

The Big Weekend
24-26 May 2014
in association with Foresters Friendly Society

BIG WEEKEND 43
New Year’s resolutions – with a twist

“Step beyond those short-lived New Year resolutions and embark on a number of financially focused resolutions that will be of longer-term benefit both to you and your family.” Foresters Friendly Society

You might have over-indulged, eaten a little too much and had a drink (or two) too many, but rather than confronting your feelings of guilt and ill-health by undertaking a number of usually short-lived New Year’s resolutions, why not consider a number of financially focused resolutions that will be of longer-term benefit both to you and your family.

Become more financially aware
Instead of browsing Facebook or scouring YouTube, spend 10 minutes each day reading the business news and the personal finance pages of the national newspapers. An understanding of financial products is of real benefit – for example, looking beyond a high street bank for savings gives you more competitive options and could help to make you more financially secure. A better awareness of the options available will also help when it comes to renewing things such as insurance.

Start saving for the future
The simple fact is the sooner you begin saving, the more you will have when it comes to retirement. Foresters Friendly Society offers a range of mid to long-term tax-efficient savings plans such as the Stocks & Shares ISA or the Tax Exempt Savings Plan, both of which allow savers to put away a little and often. Tax rules may change and will depend on your individual circumstances. You may not get back the full amount invested in the Stocks & Shares ISA depending on the conditions at withdrawal.

Organise your savings and investments
For those further down the career path and who have worked at more than one company, it’s quite possible you will have a number of pension plans scattered among previous employers. It’s important not to lose sight of each of these savings pots as collectively it may add up to be a good sized sum towards your retirement.

Keep a diary of expenses
Keeping a diary of all your outgoings is an easy way of staying on top of your household budget and cutting out unnecessary costs. Your diary should include:

- A review of monthly bills – make sure you only pay for what you use. This applies for monthly television bills or bank charges;
- Shopping lists – we each throw-out £500 of food each year*. Make a list to avoid unnecessary purchases and try not to be swayed by the ‘buy one get one free’ offers;

• Ad-hoc expenditure – the cost of that daily take-away coffee will become apparent if you keep a note of it.

Get out of debt
Credit cards are a convenient way of paying for goods but the interest charges are expensive so it’s important to clear the balance each month. If you can’t manage this, it may be worth considering other low cost loan options.

There are many options to consider when setting your financial New Year’s resolutions, but by investing a small amount of time you could start the New Year on a positive note.

*Source: www.dailymail.co.uk/money/bills/article-1591904/50-ways-save-money-.html

You can find out more about any of Foresters Friendly Society’s savings and investment products by visiting www.forestersfriendlysociety.co.uk or calling on 0800 783 4162

Free financial how-to guides
Foresters Friendly Society likes to help customers understand more about everyday finance and offer a number of free guides to help you make an informed decision about your savings and investments. You can view and download these guides on their website www.forestersfriendlysociety.co.uk/guides.

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Follow us on...
A huge impact

London 2012 results in membership surge – and a budget surplus

The impact of London 2012 on British archery has been huge. The number of people attracted to the sport has been much bigger than in the wake of any previous Olympics and Paralympics and has led to a 2013 budget surplus of £125,887.

So how has this been achieved? Of the clubs that took part in our Olympic Event survey, 95 per cent reported a significant rise in enquiries from the public.

Increased financial and budgetary controls kept the direct costs of the growth in membership in check.

The focus for 2013 was to make a small surplus that could be added to reserves to fund future re-investment, in line with Archery GB’s strategic plan. This can now happen earlier than expected.

Successful grant applications to Sport England and UK Sport – Paralympic funded the growth in membership in check.

Total membership, development and support expenditure rose by 20 per cent. This was mainly due to costs associated with the membership growth and more coaching, leaders’ and performance course activities. Staff salaries increased in line with inflation with no increases in staffing levels during the year in non-grant funded posts. All staff within Development and Performance are 100 per cent grant funded.

We also invested in marketing to gain extra leverage from London 2012 by increasing our media coverage and PR relationships. As well as promoting our sport, a key longer-term objective of the marketing and communications strategy is to attract more sponsorship income for membership and development re-investment opportunities.

WHERE DID THE MONEY COME FROM?

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<thead>
<tr>
<th>Category</th>
<th>This Year</th>
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<td>1 Membership &amp; Development (grassroots):</td>
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<td>Sport England Grants</td>
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<td>Youth Sports Trust</td>
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<td>Sports Coach</td>
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WHERE DID THE MONEY GO?

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Leaving a surplus for the year 2013 of £125,887 / Deficit for the year 2012 (£6,254)

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**Question Time:**

**Do you need compound advice?**

**Archery GB compound squad member Duncan Busby** is here to help with queries on form, equipment and technique. If you want any advice about compound archery, email magazine@archerygb.org and mark your email for Duncan’s attention.

**Q.** I have been a compound archer for around 20 years and have two Bear compound bows. I have set the centre shot as I have always done on both the bows and have also carried out a paper tune. The problem is that I’ve found my arrow will line up straight with the stabiliser at rest, as I would expect, but at full draw it sits to the left of the stabiliser. I have never come across this situation before. I am shooting good groups with both bows so could you tell me why this is happening?

**A.** I wouldn’t recommend lining up your arrow with your stabiliser, no matter how well made your bow is. The thread for the long rod is not guaranteed to be straight, so your stabiliser may be pointing slightly off to one side. Try one of the following methods instead:

1. The quickest and easiest way is to find the manufacturer’s recommended centre shot setting. This will usually be in inches and is the distance between the side of your riser (by the rest mount hole) and the middle of your arrow when it is sitting on your rest. Not all manufacturers give a centre shot measurement, but it is usually around 21mm.

2. Another way, and my preferred method, is to nock an arrow and sit it on the rest, now stand your bow up on its bottom cam. Use a bow stand or rest it against something. Look down the back of the bow and try to line the arrow up with your bowstring while keeping the string running through the middle of the bow. This might need a little practice but, with perseverance, you should be able to identify the centre of your bow and confirm by eye that your arrow is running through it.

   There are tools available to help you, ranging from lasers to marked metal bars, but they differ greatly in accuracy and can be expensive, so I would advise using one of the above methods.

   Once you have set your centre shot, check it with a paper test. Then do a “French tune”, which is a compound version of a walk back test. The French tune is only necessary when shooting outdoors as your centre shot only needs to be somewhere close for indoor shooting. For more information go to www.duncanbusbyarchery.com.

   From what you have told me, I think the problem is more likely due to torque in the bow. Most Bear models use a roller guard instead of the typical cable slider. They improve bow speed and consistency but a side effect is an increase in the amount of torque caused by the cables being held under increased tension.

   This makes the bow twist slightly at full draw. For a right handed archer it will make it look like the stabiliser is pointing to the right and the opposite is true for a left handed archer. But don’t worry. This is completely normal and does not affect accuracy or consistency. Although this is most common on bows with roller guards, it can happen on bows using the traditional cable slide and depends on the bow model and draw length. I use a bow with a roller guard and my stabiliser points to the right at full draw – and I have shot all my highest score with this style of bow.

**Get to grips with indigestion**

**Words:** Jackie Wilkinson

Good posture is part of good shooting form. You need to stand up straight. At full draw, the front of your body is stretched open. Indigestion tends to curl you inwards as it grips your insides so it can impact on your shooting. Many things can trigger indigestion, so how can we avoid it?

Triggers include diet, lifestyle, stress and gut bacteria. We are all different and can be affected by different foods. If you find yourself taking indigestion remedies, it’s worth finding out what causes the problem. Keep notes of what you eat and how you feel afterwards so you know what to take to shoots. If you have to buy what’s available, it might not be suitable.

A common habit is to eat fruit after a meal. Fruit is processed in your intestines and needs to get through your stomach quickly. When you eat fruit after meals, it gets held up in the stomach waiting while your meal is digested and tends to ferment. A better time to eat fruit is on an empty stomach, say 30 minutes before a meal.

You have a huge number of bacteria in your gut and the healthy sort like it when you eat vegetables. Sugar feeds bad bacteria. Fermented and cultured foods like yoghurt and sauerkraut will give your good bacteria a boost.
Towards the end of a summer evening’s shooting, Jenny (name changed to protect the innocent...), who had been experimenting with her bow’s setup, had a misfire that sent her arrow into the grass about 50 yards downrange.

A cursory search didn’t find it and, given that we shoot on a school playing field, leaving without finding the offending item was not an option. An hour and a half later, four club members armed with three metal detectors had failed to locate it.

As we swept the area yet again, Penny, our resident longbow expert, surprised me by coming out with what I thought sounded like Shakespearean verse:

In my school-days, when I had lost one shaft,
I shot his fellow of the self-same flight
The self-same way with more advised watch,
To find the other forth, and by adventuring both
I oft found both

And indeed that’s what it was, The Merchant of Venice, act one, scene one: “Venice, a street”, spoken by Bassanio to his friend Antonio. We joked about the quote but then decided that it was at least worth a try given that dusk was fast approaching.

Jenny protested that releasing another arrow would simply give us one more to find and that in any event she probably couldn’t recreate the same shot. But our assurance that we would all watch the path of its flight intently won her over.

A second arrow was duly dispatched with the same bow setup, watched like a hawk and triangulated along a number of sightlines. When we walked up to it, we were amazed to find it lying hidden flat in the grass right beside the lost arrow, with fletchings touching and nocks neatly lined up.

So next time someone tells you that learning Shakespeare at school is of no practical value, tell them to take up archery!

Tony Newton,
Border Reiver Archers

So inspiring!
I really enjoyed reading about the successes of Ray Sharpe from the Bowmen of Chesterfield in the last issue of Archery UK magazine as this has echoed my own recent successes with my new longbow.

Within four weeks of receiving my new bow I broke four club records and set a new Hampshire county record at a competition shoot. I am definitely a longbow convert!

Here’s hoping it continues onwards and upwards.

Michelle Penfold,
Havant And Hayling Bowmen
I HAVE A DREAM

I was given a booklet along with my membership. In the middle of the page it asks: “What is your dream?”
Well here’s mine.

As a youngster my dream was to be a member of the Bowmen of Backworth. I would go to Backworth Miners’ Welfare and watch the archers. I never thought I would ever be one of them. Guess what? I am.

When I enrolled on the beginners’ course in May 2013 I never thought I would be able to hit a barn door. I was told: “Yes you will. We will teach you.” The coaches were brilliant, the senior members very helpful and I now shoot decent scores. Thank you all so much. You know who you are.

My next dream was hitting gold at 80 yards. I never thought it would happen but, guess what, they taught me how.

Having said I was as happy as a pig in muck, the next time I went to shoot I was presented with a cartoon of an archery target with arrows in the gold – and a pig in muck. I was over the moon.

So what’s the next dream? I am not the best archer in the world but I would love to help others achieve their ambitions. So I am about to start the Level 1 course with two other club members. And after that? I would love to be part of setting up a state-of-the-art indoor venue between Morpeth and Durham which is accessible to all ages and abilities.

Will this happen? Who knows? So many dreams have come true. But if I dream even harder maybe that one will too.

Alan Foster, Bowmen of Backworth

Time for change

One of the best ways of encouraging archery and most other outdoor sports would be to adopt Central European time and Central European summer time instead of Greenwich Mean time and British summer time.

The extra hour in the evening would be such a boost. Currently, even by mid-August, the evenings are too dark for archers to come to clubs after work and shoot a full round. I think we should lobby the Government to consider the change once more as the benefits far outweigh the drawbacks.

Barry Falkner, Bowmen of Adel

WHAT A FANTASTIC EVENT

What an experience it was going to the Nationals for the first time. I went in on the Saturday morning to watch both the Back2Back competition and the junior Nationals, and was blown away.

The event was fantastic and I would recommend any archers to either visit or compete. The trade stalls were also very helpful and you got to get hands on with a lot of kit before buying. I, for one, will definitely be entering again next year and look forward to seeing friends I made there and making new friends.

After all, this is a social sport.

James Aitchison, Killingworth Archers

A Stateside welcome

When visiting the USA earlier this year, I wanted to surprise my husband by arranging for him to shoot at a club in Wyoming or Montana. I went on the internet and I was fortunate enough to find Cheyenne Field Archers in Wyoming and contacted their secretary. Imagine Martyn’s surprise when I encouraged him to follow complete strangers out into the Cheyenne countryside! But as we approached their field he suddenly realised what was happening.

Anna Seekins, the secretary, her husband Jim and grandson Silas could not have been more helpful. Out came bows, arrows, targets, and all the necessary bits and pieces. We were offered drinks and snacks and Martyn was given a T-shirt and a lovely car hand-carved by Silas. We gave them our club badge and left them a donation as they refused the associate member fee for living over 25 miles away. It was interesting to talk about the similarities and differences between the USA and the UK, and there are certainly many similarities, including try before you buy courses.

Anna says the CFA would love to help other visitors so, if you are going to Cheyenne, find them on the internet and send them an email.

Brenda Wheeler

CROSSBOW CONTACTS?

As an Archery GB member I am interested in using target crossbows, in accordance with the Rules of Shooting. I have been looking for clubs that permit the use of crossbows but, unfortunately, cannot find any at the moment. If you know of any that welcome target crossbow use or competition, particularly in the Midlands, please email me at phillips1118@sky.com. I would appreciate any contact details.

John Phillips
Your big chance
If you have talent it’s time to shine

Do you want to find out more about the Talent Pathway? Or do you want to find out if you have what it takes to make the grade?

Archery GB is hosting a Talent Festival at Lilleshall from 16 to 24 August and, if you are under 20, it could be for you. There will be something for everyone who is either on, or aspires to the Talent Pathway. There will be an open talent development day on 16 August, followed by a Talent League, the Academy Cup and Academy selection.

Invitations to take part in the talent league, detailed below, will be sent out soon. There will also be workshops for the parents, coaches and administrators involved in the pathway.

If you want to register for the talent development day, you have until 30 June. All that is required is a determination to become an Olympian. Everyone who attends will automatically be placed on to the Archery GB Talent Pathway and offered opportunities to attend a centre of excellent for further support, advice and assessment.

If you are already on a programme you need to re-register so that the Archery GB Talent team can get a clear idea of who is ambitious enough to engage and improve.

To register contact Katy Cumming at katy.cumming@archerygb.org

Talent festival timetable

<table>
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<tr>
<th>Date</th>
<th>Morning Session</th>
<th>Afternoon Session</th>
<th>Early Evening Session</th>
<th>Athlete</th>
<th>Coach</th>
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<td>16/08/14</td>
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<td>Academy Cup 720</td>
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<td>Academy Selection for 2014-2015</td>
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New academy to open

A new Paralympic Academy offering specialist coaching to selected athletes is to open at Lilleshall next month.

Recurve archers will be coached by Charlotte Burgess while compounders will be in the hands of specialists Simon Scott and Rikki Bingham. The Academy will be overseen by Paralympic Coach Michael Peart and Pathway Manager Ceri Ann Davies.

She said: “It really is such an exciting time for Paralympic archery. We initially had archers with impairments fully integrated into our regional academy programmes, which benefited everyone. “Changes to disciplines and classifications by World Archery have forced a rethink. Two thirds of our Paralympic medals will now come from the compound discipline and focused preparation for mixed team events is crucial. “We have a great team of staff, great facilities and most importantly a very interesting mix of athletes full of future medal potential.”

Expanding – and beating targets!

Archery GB’s Talent team is growing. And it is beating performance targets set down by Sport England.

The challenge was to improve the scale and breadth of the Talent pathway by setting up the Performance Academy network. The Archery GB Talent team fulfilled all of its five Sport England targets and exceeded expectations in three. Part of that was achieved by making changes. Rikki Bingham and Simon Scott have been brought in as compound specialists while Charlotte Burgess takes the lead on recurve.

A Talent Pathway Working Group has been established, led by by Ciaran O’Brien of British Swimming. Dr Stewart Laing is the lead talent scientist, EIS colleague Mark Jarvis becomes Performance solutions adviser and Joe Taylor, on secondment from the EIS, will deliver a Paralympic talent project. Archers will be represented by independent adviser Lynne Evans.

Why should you become a talent coach?

Jane Henderson-Hirst has joined the Talent coaching team. Find out why she thinks you should join too.

“I’m the newest member of the Performance Coaching staff. I started at Central Academy in January, initially it was a daunting prospect but was made extremely enjoyable by the supportive staff I am lucky enough to work with.

“I have coached at my club, Derwent Bowmen, county and regional level for several years, predominantly with juniors.

“I was bitten by the Performance bug when a group of juniors I was coaching decided to attend the pilot Talent Identification day in 2012. We sat through the introductions, drills and skills and shooting session and left thinking that this is the way we wanted to go. The results speak for themselves. All of those juniors have progressed to a high level of achievement.

“I have been fortunate enough to benefit from several CPD events led by Lloyd Brown. They have been invaluable when applied to hands-on coaching.

“The enthusiasm and dedication displayed by the young athletes I work with continues to amaze me. The progress they make is extremely well deserved. The skills they are learning are for life, not just for the duration of their time on Academy. I feel proud to be part of their progress.”
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The Archery GB Handicap Scheme

The Archery GB Handicap Scheme is optional and its administration is entirely in the hands of individual clubs – usually by a club’s Records Officer. Archery GB does not keep a central register of handicaps.

Handicaps are on a scale of 100 to 0. The lower the number, the better the standard of archery and there are separate handicaps for indoor and outdoor shooting. The outdoor handicap runs from 1 January to 31 December while the indoor handicap covers 1 July to 30 June.

Eligible rounds
Archers of any age may shoot any round. Rounds must be shot under Archery GB Rules of Shooting at an organised club target day or at a meeting organised by Archery GB, World Archery, or an affiliated body.

Initial handicap
This is normally for an archer who has never held a handicap before and can be calculated once they have shot three eligible rounds at qualifying meetings.

The initial handicap is the average of the handicaps for the three rounds, with fractions rounded up to the nearest whole number.

For example: a new archer shoots three rounds, a National scoring 78, a Short Western scoring 354, and a Junior Warwick, scoring 274.

- Do the same for the other two scores.
- You should now have three ratings – 75, 68 and 66.
- Add them together = 209. Now divide by the number of rounds shot = 3.
- Result = 69.6.
- This rounds up to 70, therefore the archer’s Initial Handicap is 70.

Reducing handicaps
The archer can now continue to recalculate their handicap throughout the handicap year to see how their standard improves.

Every time the archer shoots a score at a lower handicap rating than their current one, the handicap itself is reduced to the average of the handicap plus the handicap rating of the new score.

For example: Initial Handicap = 70.
Archer then shoots a Long Western and scores 209.
Handicap rating for this score at this round is 63.
70 + 63 = 133.
133 / 2 = 66.5. This rounds up to 67, which is now the archer’s new current handicap.

However, if the result of the calculation is a handicap higher than the initial one, nothing happens. Handicaps never increase during the year.

Annual reassessment of handicap
At the end of each handicap year, the archer’s handicap is recalculated. The best three individual round handicap ratings are averaged and rounded to the next highest whole number.

For example: Having already obtained handicap ratings of 75, 68, 66 and 63, our archer ends their handicap year with four more:
- 66 – making no change;
- 63 – reducing handicap to 65;
- 66 – no change;
- 63 – reducing handicap to 64.

The three best are all 63, so the archer starts their new handicap year on 63. This is the one time when the handicap can increase.

And finally
An archer may find themselves in either of these two situations at the end of the year:
- If they have shot fewer than three qualifying rounds, those rounds will be averaged with their Initial handicap for the year.
- If they have shot no qualifying rounds, they will hold their opening handicap until they have shot three rounds for a new Initial handicap.
Make a date

The countdown to the 2014 AGM has started

There is only one place to be on 26 April – and that’s at the University of Derby for Archery GB’s AGM 2014.

Issues that are crucial to the future governance of our sport will be decided and you can find out much more about the case for change on page 41.

Your vote is crucial. Archery GB needs your help. All you have to do if you are a Direct member is turn up at the AGM, listen to the discussion and vote, or send your proxy if you cannot attend. If you are a club member please make sure your club registers its vote either by attending the AGM or returning the vote by proxy at least 48 hours before the meeting. It has to be in by 24 April 2014.

You will also find out the identities of the new Committee Chairmen and our national award winners.

Two candidates have been nominated for the role of Field Committee Chairman: Andrew Rees and John Hartfield. Counties have until 14 April to cast their votes, either online via the Members’ Portal or by downloading voting forms and sending them to Membership Services. Full details can be found on the Archery GB website under Documents > Governance > AGM.

Lee Miller is the only nomination for Target Committee Chairman and will be appointed unopposed.

Matthew Nowicki and Graham Sibley have each been nominated for the Hartwell Trophy for the Archer of the Year while John Stubbs and Pippa Britton are up for the Gussy Trophy for wheelchair archer of the year.

Other awards will include the Toxophilus Trophy for best club, county or regional magazine, website awards and plaquettes.

The conference will begin at 11am and AGM starts at 2.15pm. Lunch will be available so if you are planning to attend please could you let Membership Services know. It is being in the university’s Enterprise Centre and the address is Bridge Street, Derby, DE1 3LD.

New disciplinary policy approved

A new Disciplinary Policy was approved by the board in January 2014. The key differences under the new Disciplinary Policy are:

1. The Board of Directors has established a Case Management Panel (CMP) to deal with complaints under this policy.

2. Should you prefer not to have an oral hearing, if the Disciplinary Panel deems it appropriate, your matter may be suitable to be decided on paper rather than at an oral hearing.

3. There is a new summary procedure which, if deemed appropriate by the Case Management Panel, may be suitable for your matter.

4. The sanctions have been updated.

5. At their discretion, Disciplinary Panels and/or the Appeal Panels have the authority to order that you pay costs and/or expenses associated with the disciplinary procedure.

6. Paid staff disciplinary matters are dealt with by Heads of Department and/or the Chief Executive, they are not dealt with under the Archery GB Disciplinary Policy.

The new disciplinary policy can be found in Documents/Governance/Policies /P-03 Disciplinary Policy.
New season, new ideas
Conference delegates discuss the future

Archery’s judges have been finding out about the latest thinking, rules, processes and opportunities available to them.

Sixty gathered for their annual conference and, as well as getting “quick hit” sessions with International and Continental judges about specific areas of Archery GB and World Archery rules and processes, there was a chance to discuss opportunities. These included the concept of Archery GB Youth and Junior Judges, an idea being worked on with Development.

Another idea was a move towards an online work records system that will cut down judges’ workloads and enable them to keep all the records and information in one place. And work has also started on a new bi-annual newsletter from the Judges’ Committee. All judges will need to do to get it is to tick the e-zine button in the Members’ Portal on the Archery GB website.

Hilda Gibson, Archery GB’s Performance Programme Manager, gave an in-depth overview of the Performance Academies and talent pathway scheme and the way its funding works. There was also “what if” training using the Danage timing system and the chance to do some shooting so that judges could get the feel of how it all works on the field.

They also had the chance to exchange best practice tips – as well as describing some of the situations they had been called to deal with in a “weird or what” session.

Judges’ Committee Chairman Hannah Brown said: “We are always looking for things to add or develop at the conference, or judges willing to give presentations on a particular relevant topic. Please submit any suggestions to chairman.judges@archerygb.org for us to consider next time around, especially with the guest speaker element of the conference.

“We are also looking at the idea of floating the conference to different weekends so that those of you with judging commitments can attend.”

What’s the score: update
Congratulations to all the judges who spotted the typo in the last edition of Archery UK.

To set matters straight and prevent any confusion on the shooting line, the correct information is as follows:

The correct procedure for scoring on the multi-face set up is

1. Determine the value if all of the shot arrows.
2. Score the LOWEST 3 (or 6 – or 5 if it’s a Worcester)
3. Deal with arrows shot out of time.

When recording the arrows shot out of time, write the value on the score card, the strike through and input the M. So in effect the card will read 10 M 9 9

Well done!
Over the past few months National Judges have been sitting their re-accreditation papers and the results are in. Judges’ Committee Chairman Hannah Brown said: “I have to say I am very impressed. We had some excellent results that you should all be proud of. Well done to all of you.”

Clothing, carbon arrows and control
As the outdoor season gets under way, please remember clothing, carbon arrows and control.

Archers are increasingly turning up at Record and World Record Status shoots in blue jeans and camouflage clothing – the two types specifically mentioned in the Rules of Shooting as not being allowed. Hannah Brown, Chairman of the Judges’ Committee, said: “Please work with the tournament organisers to sort out these incidents. It is they who should decide if the archer can shoot. Remember we are there to control the safety and fairness of competition. The tournament organiser can permit them to shoot but their scores might not count should they break and want to claim a record…”

Carbon shafts: “These are within the rules, so as judges we cannot prevent an archer shooting them at a RS or WRS event,” she said. “It is accepted that on multi-use sports grounds we need to find these arrows if the archer misses. Make sure you have a reporting system for lost arrows – and get the archers to find them at the end of the shoot.

Control: “If you are judging, you are judging,” she said. “You cannot shoot and judge the same event. This applies to Target, Field, Clout and Flight and any other event covered by Archery GB or World Archery rule books. You are not in a position to control the field if you are shooting. I enjoy shooting too but, some days, we have to make that choice.”
Taking the next step...

Becoming a Level 2 coach

What’s the verdict on Level 2 courses? Coaching Committee Chairman Tim Swane taught one recently and asked coach candidate Mike Harley for an honest appraisal. This is what he had to say.

After completing my Level 1 I had a basic understanding of how to teach a beginner how to pick up a bow, shoot it safely and, hopefully, with a degree of accuracy. Now, what was next?

Was it enough to know there were more experienced coaches out there if I needed in-depth coaching at my local, and very new, club? Then I heard that a Level 2 course was starting almost immediately. Could I attend, or did there have to be a consolidation period? I got two different answers – and enough encouragement to go for it.

On the first day I was a little apprehensive about my lack of experience and because I thought the other coaches probably already knew each other and had a rapport. I needn’t have been. I already knew some of the learners and those I didn’t know, I soon did. And worries that my obvious inexperience would hinder me were also unfounded. The course went at a pace I could easily follow.

There was theory to learn, of course, but I was impressed by just how quickly we were on our feet and doing things. The whole course was very practical. When it comes to the finer points of being a Level 2 coach, I walked into the first day of the course without a clue and walked out of the last day without any doubts.

Then came the difficult part. It wasn’t a lack of technical ability. It was the sheer amount of paperwork involved in completing the course and preparing for assessment. It was never ending and far too much, especially when coaching club archers who just want to shoot without any concept of SMARTER goals or record keeping.

The other difficulty was finding a student to work with who could take an entire day out and travel to a remote location in Penrith for my assessment. It was hard enough for me and I don’t live too far away. I can only imagine the struggle the other learners must have encountered. They are my only two real concerns with the entire course.

When it came to the assessment I was quite nervous but the assessor quickly put me at ease. It was, dare I say it, fun! I did pass and now I’m happily coaching both officially and, more importantly, confidently at a Level 2 standard.

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It’s also worth mentioning that one of the best things about this course is that I’ve made some great friends. They helped me every step of the way and I would like to think I returned the favour. You cannot buy that kind of friendship.

Would I recommend other Level 1 coaches do the course? Certainly. Does the paperwork need to be cut down? Definitely.

Tim says:

We have taken Mike’s comments about paperwork on board. A lot had already gone and we will try to reduce it further.

We are struggling at the moment because of a shortage of course administrators. If you cannot find a Level 2 course please think about organising one. There is a guide on Archery GB’s website to help you and it is a fairly straightforward process. There is demand so if you leave plenty of time before it starts and advertise it on the website as soon as possible, it should fill up.
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SHIELD CUT X VANE™
Designed for FITA & field style archery. Available in 13 colors.

- 1.5" length, 3" height, 3 grains
- 1.75" length, 3.75" height, 3.5 grains
- 2.25" length, 3.25" height, 5 grains

FLETCH-TITE PLATINUM®
Flexible adhesive designed to fletch vanes & feathers on carbon, wood, fiberglass & aluminum shafts. Newly enhanced formula increases adhesion on smooth aluminum & carbon shafts.

ARROW WRAPS
Increased visibility, customize & personalize for all shaft sizes (XS, small, standard carbon, aluminum & fat shaft). 4" & 7" lengths

PIN NOCK
Best priced nocks on the market, available in 15 colors. Fits all pin bushing configurations. 3 grains, available in 2 sizes: Standard throat (.120") & small throat (.106").

IMPULSE™ VANE
Best for recurve bows. Revolutionary lightweight material. Available in 9 colors.

- 3" (.76.2mm) length, .3" (.76.2mm) height, 4 grains
- 4" (.101.6mm) length, .3" (.76.2mm) height, 5 grains

TOWER FLETCHING JIG
Fletch all 3 vanes simply & efficiently with perfect 120° vane spacing.

ARROW SHAFT CLEANER
Proper shaft prep for maximum fletch adhesion while being environmentally safe. 1 quart of solution cleans 160 shafts.
Be part of history

Find out why you should sign up for the GNAM

The Grand National Archery Meeting has an illustrious history. First shot in York in 1844, it is still going strong. This year’s GNAM will be held at Archery GB headquarters at Lilleshall from 25 to 27 June.

But what does it feel like to be part of such a historic shoot? We asked two archers who took part in last year’s event – Carla Piper and Andrew Hoyle – what it was like.

Carla Piper, National Tournaments Committee member and judge, said: “Over the past few years I have been part of the work party and, in 2012 I had the honour to be judge in charge, learning from the likes of Graham Potts and Jane Burnham how the best gold is decided and that you stop shooting at 12.30 for lunch, even if you are in the middle of a distance!

“It was my most enjoyable few days as a judge. There were thunder storms to contend with and sand castle making to judge. Archers may think this is for the retired members and no fun, well I can assure you it’s not! Katy Ankers who used her new longbow a day after making it for her school work experience and then claimed two national records!

“Last year I shot my first Hereford at the Grand National Archery Meeting. I brought a new bow and arrows and practised for all of half an hour. But I was determined that despite years of shoulder and arm problems I was going to complete the three days without giving up. My score was pathetic but I can say I shoot at the GNAM and I have two personal bests. More importantly, I had a great three days with friends from all around the country. And my husband, Julian, won the most hits award!”

Best gold award winner Andrew Hoyle said: “The GNAM has been running for the last 159 years. It is a double York or Hereford and finishes with a ‘handicapped’ Long National.

“Last year was my second GNAM and I thoroughly enjoyed it. There is a large range of archers including those that take their shooting seriously and those who just enjoy meeting up with old friends.

“It’s always a very relaxed shoot and I generally shoot my best scores there because of the atmosphere.

“The prize-giving is an event in itself with so many awards for so many different things. Most of the trophies are very old, and it’s nice to see the names engraved on them going back many, many years. Unfortunately you don’t get to take them home but they are all on display for everyone to see in the cabinet in Lilleshall’s main reception.”

There is more information about this year’s GNAM on the Archery GB website. Click on Documents, then on Support, National Tournaments and the Grand National Archery Meeting folder.

Your country needs you!

Are you ready to represent your county? If the answer is yes, it’s time to get organised.

The call has gone out for teams to enter the second Archery GB National County Team Tournament. It is being held at Lilleshall on 28 and 29 June and your entries need to be in by 9 June.

So what is involved? Teams consist of three archers of the same gender and bowstyle. Counties can select teams any way they choose but each application has to be signed off by a county executive officer.

The search is on for the top recurve, compound and longbow men and women’s teams and, if there is enough demand, barebow teams as well. If at least three barebow teams – men and women – sign up, they too will have a competition and awards.

The competition format will be a 70/50m qualification round on Saturday morning, with ranking based on total team score. Individual scores will be available for national ranking purposes and records.

A team head to head will follow in the afternoon. It will be four ends of six arrows in two minutes, two arrows per archer per end. Winners will be decided on cumulative score, not points per end as in individual matches.

On Sunday everyone will shoot a men’s or women’s World Archery 1440 Star for a cumulative team score. Individual scores will be available for claims.

The Team Champions for each discipline will be decided on the same points system used for the UK Masters across the three sections of the weekend. One point to the winner, two for second and so on. The lowest score will take the title.

For more information go to the Archery GB website and click on Documents, then Support, National Tournaments, Midsummer Tournament and National County Team Tournament 2014 Prospectus.
More than 100 disabled and able-bodied archers flocked to Cheltenham to take part in the first Annual Inclusion Shoot.

It was organised by Deer Park Archers, included the British Wheelchair Archery Association National Competition and was supported by the Worshipful Company of Fletchers, the National Lottery and Archery GB’s on target programme.

The club’s Inclusion Officer and tournament organiser Dave Sandles said: “The competition attracted archers with such a wide range of abilities which included visually impaired archers who are just so impressive to watch as well as four-time Paralympian John Cavanagh, Paralympic squad member Chloe Ball-Hopkins, Simon Powell, part of the Paralympic Inspiration Programme and Peter Price the British Blind Sport veteran.

“But it was very much an open event so there were some top able-bodied archers competing as well, including six Deer Park Archers who are part of the GB junior compound squad, James Howse, Conney Healey, Lucy Mason, Ben Humphries, Beccii Hutchings and James Lawton.”

Visitors made their mark too with Simon Powell of West Essex winning the men’s open recurve class, Chloe Ball-Hopkins of Cleve Archers taking the W1 women’s compound title and John Cavanagh of Royal Richmond the W1 men’s. Peter Price from St Dunstan’s won the visually impaired title and Rhiannon Norfolk was the women’s open compound champion and Paul Kelly took the men’s title.

The club is growing quickly with new inclusion sessions for the disabled every Saturday and a Bambies section for five to seven-year-olds. It is also trying to raise funds for a new field. That resulted in member Kev Sutherland shooting four rounds on the same day, using four different bow types to raise sponsorship cash.

Deer Park Development Officer Roger Crang said: “It just shows what can been done in archery to encourage and support increased participation among people of all abilities. But we do need to get more clubs involved, more specialist coaches trained and become better at showcasing our sport.”

For the full Inclusion Shoot results go to Deer Park Archers’ website.
Approved rule changes

At the January Operations Committee meeting, the following rule changes were approved. The rules affected by the changes are as follows:

204 (b)(i), 304 (e)(i)and (ii), 304 (f) and (f)(ii), 306 (o), 308 Tables 3-2 and Table 3-3.

The following changes to Classifications have been made, the Handicap Tables and Classification Tables have also been amended.

These rule changes are effective from 1 April 2014 (Please note the Operations Committee approved a change of the start dates for rule changes to 1 April and 1 October, to be more in line with our outdoor/indoor season cross-over).

ADDITIONAL CHANGES AGREED for implementation with immediate effect:

As FITA has changed its name to World Archery (WA), we are changing our rulebook to reflect the new name.

1. SAP 5 Paragraph 3, to have the additional paragraphs added:

- (d) In case of a perfect score shot in an outdoor WA or Archery GB Metric round, a new record shall include the number of Inner 10s (X's) and shall require at least one more X than the existing record.
- (e) Should a UK record be broken by two or more equal scores made on the same day, the archers shall be declared joint record holders.

2. The Burntwood and World Archery VI rounds will be added to the rulebook.

3. The renaming of the FITA round. In line with changes being introduced by World Archery, the FITA round will be known as the 1440 round.

Proposed rule changes for 1 October 2014

(All changed or new wording is in italics)

To bring Archery GB equipment rules for recurve and compound bows in line with World Archery rules, the following are proposed:

Arrow wraps: We propose an amendment in line with World Archery which allows arrow wraps on a 9.3mm diameter shaft, limited to a maximum length of 22cm from the throat of the nock. (Arrow wraps are of course allowed for any length down the arrow providing the total diameter of shaft and wrap does not exceed 9.3mm) Amendments required to cover both compound and recurve bows:

202 (g) Arrows.

(i) Arrows of any type may be used provided they comply with the accepted principle and meaning of the word arrow as used in archery, and do not cause undue damage to target faces or comply with

(ii) An arrow consists of a shaft with a tip (point), nocks, fletching and, if desired, cresting. The maximum diameter of arrow shafts shall not exceed 9.3mm (arrow wraps shall not be considered as part of this limitation as long they do not extend further than 22cm toward the point of the arrow when measured from the throat - nock hole where the string sits - of the nock to the end of the wrap); the tips (points) for these arrows may have a maximum diameter of 9.4mm.

(iii) All arrows of every archer shall be marked with the archer’s name or initials on the shaft. All arrows used in any end shall be identical and shall carry the same pattern and colour(s) of fletching, nocks and cresting, if any. Tracer nocks (electrically/electronically lighted arrow nocks) are not allowed.

207 (g) Arrows.

(i) Arrows of any type may be used provided they comply with the accepted principle and meaning of the word arrow as used in archery, and do not cause undue damage to target faces or comply with

(ii) An arrow consists of a shaft with a tip (point), nocks, fletching and, if desired, cresting. The maximum diameter of arrow shafts shall not exceed 9.3mm (arrow wraps shall not be considered as part of this limitation as long they do not extend further than 22cm toward the point of the arrow when measured from the throat - nock hole where the string sits – of the nock to the end of the wrap); the tips (points) for these arrows may have a maximum diameter of 9.4mm.

(iii) All arrows of every archer shall be marked with the archer’s name or initials on the shaft. All arrows used in any end shall be identical and shall carry the same pattern and colour(s) of fletching, nocks and cresting, if any. Tracer nocks (electrically/electronically lighted arrow nocks) are not allowed.

Fluorescent sight pins: Fluorescent sight pins are allowed in Archery GB rules, but limited to a maximum of 2cm in a straight line (as in World Archery). They can be longer if they bend at the 2cm point. The proposed rule change is as follows:

202(e) Amend to read:

(e) Bowsight. A bowsight is permitted, but at no time may more than one such device be used. It shall not incorporate a prism, lens, or any other magnifying device, levelling, electric, or electronic devices nor shall it provide for more than one sighting point.

(i) The overall length of the sighting circle or point (funnel, tube, sighting pin or other corresponding extended component) shall not exceed 2cm in the line of vision of the archer.

(i) A sight may be attached to the bow for the purpose of aiming and which may allow for windage adjustment as well as an elevation setting. It is subject to the following provisions:

- A bowsight extension is permitted;
- A plate or tape with distance marking may be mounted on the sight as a guide for marking, but shall not in any way offer any additional aid;
- The sight point may be a fiberoptic sight pin. The total length of the fiberoptic pin may exceed 2cm, provided that one end is attached outside the athlete’s line of vision at full draw, while the part within the athlete’s line of vision does not exceed 2cm in a straight line before bending. It can only provide one illuminated aiming spot at full draw. The fiberoptic pin is measured independently of the tunnel.

Use of multi-pin sights in Field Archery.

While multi-pin sights are allowed for compound bows in field archery, this was intended to only be for marked rounds, as they can provide additional assistance on unmarked rounds. We therefore propose the following rule changes to cover both Limited and Unlimited Compound disciplines:

208 (c) Multi-pin sights are allowed on marked courses only.

and:

502. (e) Compound Unlimited – Equipment as defined Rule 207 with the following limitation:

(i) Multi-pin sights are allowed on marked courses only

Smoking:

It is proposed that Archery GB includes a new rule to prevent smoking on the field of play at archery events, covering Target, Flight and Field. The proposed wording for this new rule is as follows:

Target

301 (Q) Smoking or the use of electronic cigarettes is not allowed in or in front of the tent area.

Field

500(c) Smoking or the use of electronic cigarettes is not allowed on the course or in the warm-up areas.

Flight

603(d) Smoking or the use of electronic cigarettes is not allowed on the range or within 15 yds behind the shooting line.

Archers’ responsibility for their equipment conforming to the rules of shooting:

The following new rule is proposed to ensure that equipment conforms to the Rules of Shooting:

201(e) It is the archer’s responsibility to use equipment which complies with the rules. Any archer found to be using equipment contravening these rules may have his scores disqualified.

Please direct your opinions on these proposed changes to the Chairman of the Rules Committee (chairman.rules@archerygb.org) or to the Archery GB office within two months of publication. It is intended these rule changes will be implemented on 1 October 2014 subject to feedback from members.
Things that go bump...

In Archery GB’s ‘haunted’ vault

What do a generation of England’s top footballers and Archery GB have in common? They have both shared the same vault. And it might be haunted!

Beneath Lilleshall Hall there is a maze of passages and vaults. Archery GB uses one of them for storage – but it has had a chequered past and used to be FA School of Excellence’s laundry.

Membership Services Manager Freddie Collier said: “No doubt you could have bumped into Michael Owen, Jermain Defoe and Jamie Carragher all collecting their football kit from there at one time or another.

“Some say the vaults are haunted. An FA chaplain died at Lilleshall a few years ago. Maybe he is the ghost? I think not though. Apparently, most reported sightings are of a young girl in a communion frock.”

But why has focus suddenly fallen on the vault? It is because change is afoot.

National Tournaments uses half the vault space to store vital equipment. It is also where old membership records are kept.

Freddie said: “Space is at a premium and, because up until now our records have been paper based, we inevitably produce several more boxes each year that need storing. And they are vulnerable to damp, flood, fire and vermin.

“Looking to the future, we need to downsize our paper storage so we have started to go through all our past paper records, scanning them and saving them in a digital archive. Don’t worry. We will keep a paper copy of any documents that form an important part of our history.

“So far we have scanned nearly one and a half thousand documents and have found a complete list of male and female target archery champions stretching back even further than the first GNAM in 1844. We have also found lots of interesting information from ranging from world champions and Olympic Games to boycotting South Africa during the apartheid years and the beginning of the Rose Awards.

Hopefully, the new archive will be user friendly, speed up searches and make it easier to find exactly what you want.”

Claiming your award

Want to save money and help the environment? Archery GB does too. That’s why we are asking everyone claiming Junior Master, Master and Grand Master Bowman to do it by email, whenever possible, rather than posting them to Membership Services.

It’s easy. All you have to do with claims for the 2014 classification year is to email your claim forms and results lists to either barbara.barrett@archerygb.org or tanya.williams@archerygb.org. The claim form is available on the website. Just go to Support, then Membership Services, Awards and How do I claim? The rules for claiming can be checked in Shooting Administrative Procedures 7. We also advise archers to send claims in as quickly as possible after achieving that vital third score.

And when you do make your claims, you will receive a new-look badge. Stocks of the old GMB, JMB and MB badges have run out or are running low, giving Archery GB the chance to bring in new designs which will be more cost effective. The new badges are blue for Master Bowman, red for Grand Master Bowman and white for Junior Master Bowman and can be laser engraved with the appropriate discipline. Existing badges will, of course, remain valid but if you are a GMB, MB or JMB and want to get your hands on a new one, submit a new qualifying score.

Are you breaking the law: update

In the autumn issue of Archery UK we featured an article ‘Are you breaking the law?’ Since then we have received another update about changes in the law that governs the use of music by amateur sports clubs.

Until recently many amateur sports clubs did not need a licence from PPL to use recorded music. Following a change in law, amateur sports clubs are now, in almost all cases, required to hold a PPL licence as well as PRS for Music licence.

PRS for Music licenses the public performance of musical compositions on behalf of songwriters, composers and music publishers. For further information about the new system please go to www.prsonline.com. PRS for Music licenses the public performance of musical compositions on behalf of songwriters, composers and music publishers. For further information about the new system please go to www.prsonline.com.
DS-Archery High Modulus Carbon Fiber Stabilisers - Built from 21.8mm diameter Ultra Stiff Carbon with an Integral Foam Suppression System, to help reduce high frequency vibrations. These stabilisers are built to give you advanced performance on Recurve and Compound bows.

They are designed to be as light as possible, especially at the bow end, without comprising stiffness. This way you can mass load the far end of the stabiliser with as many weights as you deem necessary. This enables you to achieve that perfect feel of balance and superior aim.

The DS Pro RV1 is an Ultra Stiff stabiliser that will meet the demands of even the most exacting archer. Whilst the Vibex offers the ultimate in stiffness, making them heavier than the RV1 but even more effective at reducing unwanted vibration. The Rods are finished with a High Gloss Carbon Twill and anodised Silver or Black Aluminium Sleeves. A combination of 1 and or 4 oz Stainless Steel DS Weights can be used to suit your individual needs, topped off with a 1/2 oz end cap weight.

Coming to an Archery Shop near you!

“SUPERB” “AMAZING”- comments from Telford 2014
New Uukha VX1000 ILF Limbs
Available very soon. Now taking Pre orders

See website or visit one of our Pro Shops
Get your recurve carbon shaft selection right 1st time with our unique Carbon arrow by trial service

Now stocking Carbon Express Shafts & Components

WWW.PERRISARCHERY.CO.UK
Pro-Shops Locations: Unit 42, Highlands Farm
Rettendon, Chelmsford, Essex, CM3 8EB.
Tel: 01245 400666
info@perrisarchery.co.uk
Raydon Hall Farm, Unit 2, Woodlands Rd, Raydon, Nr. Ipswich IP7 5QE. Tel: 61473 314697
Have a look around.
Rettendon  Raydon
### RANKINGS 2014

#### The Target Archery Rankings 2013

To find the full 2013 Target Archery rankings go to the Archery GB website and click on Support, then Operations, Tournaments and Tournament Rankings.

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#### LADIES RECUREY

<table>
<thead>
<tr>
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<th>CLUB</th>
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### GENTLEMEN ARCHERY UK • SPRING 2014

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Visit Aim Archery's brand new store in Battle, East Sussex. We are now based in the rolling parkland of the historic Beech Estate. The store is a joy, being located in a traditional Sussex Barn with courtyard parking.

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Tel - 01623835050
## Junior Target Archery Rankings

### Junior Girls' Recurve

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### Junior Girls' Longbow

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### Junior Girls' Barebow

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### Junior Boys' Compound

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### Junior Boys' Barebow

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### Junior Boys' Target

Scores from 163 Junior Archers submitted.

---

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### 2013 Handicap Target Awards

The 2013 Handicap Improvement Medal winners are as follows:

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<td>Ryan Chambers</td>
<td>Redhill</td>
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<td>Derek Mee</td>
<td>Burleigh</td>
<td>63 - 52</td>
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<td>Shirley Payne</td>
<td>Bromyard</td>
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<td>Carl Richards</td>
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<td>Andrew Allsop</td>
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<td>Kenny Bennett</td>
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<td>Miss Brenda Jane Williams</td>
<td>Bonncockburn</td>
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<td>Terry Woodgate</td>
<td>Crystal Palace</td>
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<td>Azio Jakoben</td>
<td>Nonsuch Bowmen</td>
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<td>Bognor Regis</td>
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<td>Panda Bowmen</td>
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<td>Susan Stankovic</td>
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Archery GB National Series Grand Final Weekend
Saturday and Sunday 30/31 August 2014
Wollaton Hall, Nottingham. Starts 10:30 free to view.
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<td>02/06/14</td>
<td>Yorkshire Ladies &amp; Gents FITA, FITA 70m, Open</td>
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<td>07/06/14</td>
<td>Essex Inter-County Championships: Men's 70m, Ladies &amp; Gents FITA, FITA 50m 70m 50m</td>
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<td>18/06/14</td>
<td>Noak Hill Archers Essex: 19th Annual 70m, Senior, Junior, Open 55m</td>
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<td>Hampshire Small Bowmen Tournament: Men's 50m, Ladies &amp; Gents FITA, FITA 70m 70m 50m</td>
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**TOURNAMENT DIARY**

**SPRING 2014**

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TOURNAMENT DIARY

02/08/2014 - 03/08/2014
UKRS Eastbourne Rose Tournament
Round: Double York, Hereford, Bristol I-V 
Venue: Langney Sports Club, Priory Lane, Eastbourne, Sussex 
Contact: Daniel Bridge Tel: 01323 766917 Email: d.bridge@live.co.uk Web: www.esstournamenrchers.org.uk 

03/08/2014
UKRS Black and Gold Archers Summer Tournament
Round: York, Hereford, Bristol I-V 
Venue: Civil Service Ground, Tenbury Road, Cheltenham Contact: Carol Williams Tel: 01242 542366 Email: cwilliams@disi-ltd.co.uk 

UKRS Cheshire Championships & Open Rose
Round: York, Hereford, Bristol I-V 
Venue: Warrington Sports Club, Walton Lea Road, Stockton Heath, Warrington Contact: Fiona German-Lloyd Tel: 0151 364 4112 Email: pandfgl@ntlworld.com Web: www.cheshirearchery.org 

UKRS Derby v Nottingham v Warwick
Round: Ladies & Gents I-V 
Venue: Trafalgar School, Darlington, Salford, Wiltshire Contact: Peter Durratt Tel: 01722 716401 Email: peterdurratt@btinternet.com Web: www.dwaa.org.uk 

UKRS Northamptonshire 3rd Caswell Open
Round: Ladies & Gents FITA, Metrics I-V 
Venue: Warrington Sports Club, Walton Lea Road, Stockton Heath, Warrington Contact: Fiona German-Lloyd Tel: 0151 364 4112 Email: pandfgl@ntlworld.com Web: www.cheshirearchery.org 

UKRS Worcester County Championship
Round: Ladies & Gents FITA, Metrics I-V 
Venue: Asian Sports Field Contact: Karen McKay Tel: 01399 877957 or 07917 674786 Email: wrfca@hotmail.com Web: www.wrfca.org.uk 

08/08/2014 - 10/08/2014
NI WRS
UKRS Archery GB British Target Championships
Round: Ladies & Gents Double FITA Venue: Ulster National Sports & Conference Centre Shropshire Contact: Carla Piper Tel: 01722 712292 Email: british.target@archerygb.org Web: www.archerygb.org 

UKRS Glasgow Archers Open
Round: Sat: FITA & Metrics Sun: York, Hereford 
Venue: Craigshill Playing Fields, Hags Road, Glasgow Contact: James Ross Tel: 0735305870 Email: glasgow.archers.club@gmail.com Web: www.glasgowarchers.co.uk 

18/08/2014
UKRS DNAA Senior & Junior County Longbow Championships
Round: Windsor, Short Windsor, Junior Windsor, Short Junior Windsor Venue: The Butts, Bordon Cricket Club, Tynse & Wrotham Contact: William Lee Tel: 091 544 5467 or 07272 7026 Email: birch@btinternet.com Web: www.dnaa.co.uk 

UKRS Surrey Clou Clouds Championships & Open (Tassle)
Round: Double One Way Clout Venue: Warrington Archery Club, Surrey Contact: Andrea Beddard Tel: 01183 348972 Email: andrea_beddard@hotmail.com Notes: numbers strictly limited 

19/08/2014 - 23/08/2014
WRS
UKRS Exmouth Archers FITA Weekend 
Round: FITA 50m, FITA 70m, Olympic, Ladies & Gents FITA, Metrics I-V Venue: Wiltscombe Raleigh Common, Exmouth Contact: Timothy Pratt Tel: 01395 274349 or 07721 488380 Email: tpratt@eclipse.co.uk Web: www.exmouth-archers.org.uk

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### Field Archery Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>16/11/2014</td>
<td>UKRS NAS Indoor Championships</td>
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<tr>
<td>23/11/2014</td>
<td>UKRS Somerset Indoor Championships</td>
</tr>
<tr>
<td>29/11/2014</td>
<td>UKRS Bedfordshire &amp; Indoor Championships</td>
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<tr>
<td>18/12/2014</td>
<td>WRS UKRS Indoor Championships</td>
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<tr>
<td>03/12/2014</td>
<td>UKRS Somerset Indoor Championships</td>
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<tr>
<td>12/04/2015</td>
<td>UKRS Field Archery Championships</td>
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<tr>
<td>25/04/2015</td>
<td>UKRS Argyl Archery Field Championships</td>
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<tr>
<td>03/05/2015</td>
<td>UKRS Kendal Open Field Tournament (Arrowhead)</td>
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### Clout Archery Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tr>
<td>09/04/2014</td>
<td>UKRS The Raven Open Field Championships 2014</td>
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<tr>
<td>26/04/2015</td>
<td>NI UKRS All &amp; British Open Championships (Arrowhead)</td>
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<tr>
<td>03/05/2015</td>
<td>UKRS John Hartfield Memorial Shoot, NAS &amp; EMAS Championships</td>
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<tr>
<td>19/07/2015</td>
<td>UKRS Ballyhaunis AC Mid Summer Shoot</td>
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<tr>
<td>19/09/2015</td>
<td>UKRS John UK National Field Championships</td>
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<tr>
<td>06/10/2015</td>
<td>UKRS Fort Park Open British Championships</td>
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<td>19/02/2016</td>
<td>UKRS Ballyhaunis AC Autumn Shoot</td>
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<tr>
<td>12/04/2016</td>
<td>UKRS Essex Open Field Championships (Arrowhead)</td>
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<tr>
<td>25/05/2016</td>
<td>UKRS Ballyhaunis AC Shoot (Arrowhead)</td>
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<tr>
<td>25/06/2016</td>
<td>UKRS Cumbria County Double One Way FITA Clout Weekend</td>
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<tr>
<td>05/07/2016</td>
<td>UKRS Dunster Archery Week (Tassel)</td>
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<tr>
<td>08/07/2016</td>
<td>UKRS Cumbria County Double One Way FITA &amp; Metric Clout</td>
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<td>19/08/2016</td>
<td>UKRS The LAA Clays &amp; Clout Open Shoot</td>
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<td>26/08/2016</td>
<td>UKRS Chesire's 5th Trip Clout (Tassel)</td>
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<tr>
<td>02/09/2016</td>
<td>UKRS Double One Way Archery GB Clout</td>
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<td>09/09/2016</td>
<td>UKRS Yorkshire Clout Shoot (Arrowhead)</td>
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<td>16/09/2016</td>
<td>UKRS Yorkshire Clout Shoot (Tassel)</td>
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<td>17/09/2016</td>
<td>UKRS Clout 20 - 25 September</td>
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### Other Archery Events

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<tr>
<td>09/04/2014</td>
<td>UKRS EGA Open Clout Championships</td>
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<td>20/04/2014</td>
<td>UKRS Clout 2014</td>
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<tr>
<td>05/05/2014</td>
<td>UKRS The Nethermoss &amp; FITA Clout</td>
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<tr>
<td>13/05/2014</td>
<td>UKRS Hampshire Clout Shoot</td>
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<td>20/05/2014</td>
<td>UKRS Shropshire Clout Shoot</td>
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*Archery UK copy date: 30 April 2014 Full tournament calendar can be accessed on www.archerygb.org*
**Records**

**UK RECORDS**

**CLOUT**

**Recurve**
- Junior Ladies: Rebecca Kellett (512), Victoria Williams (522), Scandrett V (507)
- Ladies: Ward A (518), Bingham R (527), trouser B (537)

**Gentlemen**
- Single Metric Clout 75m [U14, U12]: 168
- Double Metric Clout 75m [U14, U12]: 334

**Compound**

**Recurve**
- Junior Ladies: Chapman W (551), Booth D (532), Allen A (541)
- Ladies: Marks J (567), Williams E (545)

**American Flatbow**

**Ladies**
- Single Metric Clout 165m: 173

**Gentlemen**
- Single Metric Clout 150m: 166

**barebow**

**Junior Gentleman**
- Single Metric Clout 75m [U14, U12]: 168

**Senior Gentleman**
- Single Metric Clout 75m [U14, U12]: 334

**Recurve**

**Junior Ladies**
- Single Metric Clout 75m [U14, U12]: 168

**Junior Lady**
- Single Metric Clout 75m [U14, U12]: 334

**Achievements**

**FITa STAR**

**Recurve**
- Junior Ladies - 1000: Russell-Cowan S (1000), Wright D (1000)
- Ladies: Wright D (1000), Wright D (1000)

**Compound**

**Junior Ladies - 1000**: Ringland C (1000), Wright D (1000)

**FITa TARGET**

**FITa ARROWHEAD**

**PROJECTiles**

**Recurve**
- Junior Ladies - Grey: Fairburn J (283), Fairburn J (283)
- Ladies: Fairburn J (283), Fairburn J (283)

**American Flatbow**

**Ladies**
- Single Metric Clout 165m: 173

**Gentlemen**
- Single Metric Clout 150m: 166

**barebow**

**Junior Gentleman**
- Single Metric Clout 75m [U14, U12]: 168

**Senior Gentleman**
- Single Metric Clout 75m [U14, U12]: 334

**Recurve**

**Junior Ladies**
- Single Metric Clout 75m [U14, U12]: 168

**Junior Lady**
- Single Metric Clout 75m [U14, U12]: 334

**Achievements**

**FITa STAR**

**Recurve**
- Junior Ladies - 1000: Russell-Cowan S (1000), Wright D (1000)
- Ladies: Wright D (1000), Wright D (1000)

**Compound**

**Junior Ladies - 1000**: Ringland C (1000), Wright D (1000)

**FITa TARGET**

**FITa ARROWHEAD**

**PROJECTiles**

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**Junior Ladies**
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**Junior Lady**
- Single Metric Clout 75m [U14, U12]: 334

**Achievements**
### Compound
- **Senior Lady**
  - Greenwood H: Edinburgh Uni Alumni
  - Howells J: Penet
  - Jennings C: Edinburgh Uni Alumni
  - Jones N: Ravensthorpe C
  - Terry E: Chorley
- **Senior Gentleman**
  - Arnold M: Cleve
  - Bunce J: Cleve
  - Fowlow C: Mayflower
  - Jackson A: Fakenham
  - Mason J: Northampton
  - Nott J: Saints & Sinners
  - Ravenscroft A: Bedfield
  - Russell M: Telford
  - Stubbs J: Royal Richmond
  - Whittingham A: Edinburgh Uni Alumni

### Recurve
- **Senior Lady**
  - Pebbles C: Archery GB
  - Staines J: V.A.C.
- **Recurve Barebow**
  - Annell A: Bath University

### Longbow
- **Senior Lady**
  - Guthrie V: Chester

### MASTER BOWMAN
- **Senior Lady**
  - Colville L: Mole Valley
  - Cooper L: Pastures
  - Dawson R: Corpus Deaside
  - Foscher A: Oxford
  - Gallop V: Harlow
  - MacLennan T: Waupomerham
  - Mills P: Barnsley
  - Newland J: Cheshamford Tudor Rose

- **Senior Gentleman**
  - Allan N: Bronte
  - Bannister J: London
  - Coft G: Burton Bridge
  - Darley C: Salford
  - Hunter D: Ashtown
  - Lang J: Links
  - Piper J: Southampton
  - Prior J: Kilmarnock
  - Robertson M: Archie GB
  - Titterington P: Eccles
  - Watts R: Woking
  - Wilkinson M: Wyresdale

### Barebow
- **Senior Lady**
  - White A: Oxford University
- **Senior Gentleman**
  - Robertson M: Kilmarnock
  - Williams J: Meriden

### Longbow
- **Senior Lady**
  - Brown S: Mayflower Jnrs
- **Senior Gentleman**
  - Brown S: Mayflower Jnrs

### JUNIOR ROSE
- **JUNIOR MASTER BOWMAN U12**
- **JUNIOR MASTER BOWMAN U14**
- **JUNIOR MASTER BOWMAN U16**

### Target
- **Target**
  - Recurve: Junior Lady - Red
  - Compound: Junior Lady - Silver

### Clout
- **Target**
  - Recurve: Junior Lady - Black
  - Compound: Junior Lady - Gold

### ARROW AWARD FOR JUNIORS
- **Target**
  - Recurve: Junior Lady - Black
  - Compound: Junior Lady - Red

### GRAND MASTER BOWMAN
- **Target**
  - Recurve: Senior Lady - White
  - Compound: Senior Lady - Silver

- **Clout**
  - Recurve: Junior Lady - Red
  - Compound: Junior Lady - Gold

### Records and Achievements News

**ARCHERY UK • SPRING 2014**
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Tel: 0113 256 2266

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Bagley Lane, Farsley, Leeds, LS28 5LY
It is great to know just how many of you care so deeply about our wonderful sport of archery. So thank you to everybody who turned out, whatever the weather, to take part in our Governance Roadshows.

There were some great nights with excellent, lively and sometimes robust debate. It’s been a really positive experience and we have been able to use your feedback from the meetings and consultation to shape the proposals we will put to the AGM. So again, thank you, well done and I’m looking forward to seeing you all at the University of Derby on 26 April.

The governance proposals were among the issues debated when I met our Regional Chairmen for two days of talks at Archery GB headquarters. It was really interesting to find out what they thought about it and to listen to their suggestions and ideas. We also worked through the changes brought about by the new Disciplinary Policy and the revised way the Case Management Panel will handle complaints. There are other key differences too but you can read more about them on page 56 of this issue or go to the Archery GB website for the full policy.

I was privileged to welcome Jennie Price, Chief Executive of Sport England, to our last Board meeting. We have built a very strong relationship with Sport England and it was great to be able to discuss the future development of the sport – and sport in general – ask her opinion and seek her advice. It was a thought-provoking, enlightening and, ultimately, very valuable experience.

It was great to attend the European Archery Festival in Telford. What a fantastic event! Everyone was smiling and the atmosphere just buzzed. It was a brilliant showcase for our sport and an absolute credit to the organisers and everyone who was involved in it. Again it showed the world what we can do and well done to the many volunteers and Archery GB members who delivered it.

Summer is almost here and, like many of you, I cannot wait for the outdoor season to get into full swing. It will be great to get outside into the fresh air and shoot with the sun on our faces. I look forward too seeing you at one of the many events happening over the coming months and having as chat. In the meantime, good shooting.

Dave Harrison, Chairman, Archery GB
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