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Welcome to Archery UK

Wow. What a summer. And what a triumph for archery. When spectators were asked about their experience at Lord’s, they gave it a 98.4 per cent satisfaction rating – the highest at the Olympics! We don’t have figures from the Paralympics yet – but don’t be surprised if it’s something similar.

But it hasn’t all been about our elite athletes. Archery caught the imagination of people across the nation – and attracted thousands to Big Weekend events and have-a-gos.

What else has been going on? MPs enjoyed last year’s Parliamentary shoot so much that they demanded to do it again, the new schools kit – Arrows – has been unveiled and there’s all your news, plus some great prizes.

And finally, my apologies. Gremlins attacked the magazine@archerygb.org email account via an external provider. The result was that some stories did not get through. If your news is not in the magazine and was sent before 17 July when the problem was fixed, I’m truly sorry. Please send it again and I will do my best to get it into the winter edition.

Jane Percival
Editor

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Cover Story

42 Glory for Dani and Mel at the greatest show on Earth!

Features

18 Parliamentary Shoot
21 Big Weekend report
30 It’s about what you can do…
34 Scouting Ahead
40 Brave – the next chapter

Regulars

05 News
22 Juniors
29 Product Test
32 Mailbag – Your letters
36 Development
42 London 2012
58 Performance
62 Ask the experts
64 Operations
66 Membership
69 Diary
78 Records and Achievements
80 Directory
82 From the Chairman

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Aquarius fights back
...and even the rain can’t keep supporters away

When Aquarius Archery Club’s headquarters went up in flames, it vowed it would rise from the ashes – and the fight back started in earnest with its Longbow and Barebow Open Western.

It might have been raining but that did not stop archers from as far away as Norwich joining in the fun – or sampling the cooked breakfast, sherry and shortbread. As they reached four dozen arrows at 60 yards Lord Patron, George Farquhar did his best to encourage those on the shooting line – but the smell of barbecue proved too much. The second half for four dozen at 50 yards was followed by a head-to-head in which archers tried to win their bus fare home by hitting £5 notes pinned to the targets.

The famous Sheriff’s Purse prize was won by Welshman Pete Price. Archers from Aquarius, Ascham, Hampstead, Malden and Oakfield all took medals but the most popular trophies were the Best Gold and Worst White figurines prepared by veteran club member and coach Tony Francis.

The next Aquarius competition is the annual Open Double American on 7 October.

When Gary Griffin contacted his local paper to help publicise the Big Weekend, he was delighted when it agreed – and asked if it could send a reporter and photographer to do a photoshoot at his club, Grimsby Archers.

Members chatted happily to the reporter, pictures were taken and then a club shoot, a FITA 720, began. Now compounder Gary takes up the story…

“My first end after sighters at 70 metres was six 10s – with four Xs! I looked round in hope for the photographer and reporter but they had just left.

“Fame at last…not! I’m very proud that at 58 years of age, I can still get a group in the middle – even if one was on the line – and that if I can do it, there is hope for everyone out there too!”

But Gary wasn’t the only archer to achieve a six gold end. Tony Osbourne of Pepperstock Archers, Luton, managed the same thing with his compound at the Buckinghamshire Clout Championships at Aylesbury. Fellow archer Rod Brown said: “This was his second six gold end and probably a tighter group. So far as we know, he’s still the only person to have done this, and now he’s rubbing our noses in it!”
Small islands – big ambition!

Falklands archers aim for international fame

As yet another row over the sovereignty of the Falklands – this time over oil – hots up, islanders have found another way of strengthening ties with the UK. They have set up a new archery association. The sport had, in the words of committee member Jo Lazo, “lain dormant” for 30 years. Then Mark Lewis, a former member of Paignton Archers arrived with his archery kit. He was there to work but he also found time to run taster sessions at the Stanley Leisure Centre.

They rekindled interest in the sport and, in October last year, the Falklands Archery Association was founded by Mark, Jo, Justin McPhee, Paul Ellis, Mike McLeod, Robbie George and John Clifford and is sponsored by a local company, Argos Limited.

The association now has more than 30 members – out of a population of 3,000 – including the Governor of the Falkland Islands, Nigel Haywood. The club has big ambitions. It is hoping to make its mark on the international stage. The first stop is next year’s Island Games in Guernsey and it is flying in coach Tony Drabble from the UK to help.

Preparations are well under way. Members shoot three times a week and hold regular in-house competitions. They also shoot outdoors but windy conditions often make it very challenging and add a whole new meaning to frostbites.

They have also had their first international competition, against Nonsuch Bowmen of Surrey, and are planning another soon. They would also welcome contact from any UK club – and any archers who find themselves in the Falklands are assured of a warm welcome.

For more information about the association, contact Jo Lazo at jo.lazo@horizon.co.fk

Sometimes a picture paints a thousand words – and this picture by Egan Carey captures the pure beauty of archery. It was taken at the end of a coaching session at AC Delco in Hampshire and the bow belongs to Caroline Pinnells. Caroline passed her beginners course last year so that she could join her husband Mike and daughter Steff on the shooting line and was coached by Egan’s son, Adam. Egan, a level 2 coach, said: “Taking the picture was a spur of the moment decision as the archers collected their arrows and I noticed the sun drop behind the tree.”
Ladies’ day

It proved to be ladies’ day at Devon and Cornwall’s Grand Day Shoot in Exeter. There was a clean sweep of the National round by North Devon’s women’s recurvers with Estelle Edwick of Barnstaple, Zena Barker of Loco Bowman, Holsworthy and Paulette Mills (Barnstaple) taking the top three spots.

The Barnstaple A Recurve team of Estelle, Paulette and Mark Crawshaw also won Division 2 of the Devon and Cornwall Winter Postal League, while Alexina Mills was awarded the highest scoring junior barebow archer in the junior division.

There was more success at the Redruth Double 720 World Record Status shoot with Paulette winning the ladies recurve. And Estelle travelled to Oxford to compete in the first leg of the National Series. She came 12th in the 720, equal-9th in the head-to-head and 10th in the FITA rounds.

Clean sweep: Zena Barker, Estelle Edwick and Paulette Mills with their trophies

A wonderful surprise

School’s statue tribute to archery

Words: Peter Jones

The Olympic and Paralympic Games in London have dominated a fantastic summer of sport in the UK, and it is just one of the reasons that archery is attracting unprecedented levels of interest throughout the country.

And it is not just new found local enthusiasm for archery that has been exciting the members of Wellingborough Open Archery Club in Northamptonshire. The club has been honoured in the form of a bow and arrow statue by the school where it holds club nights.

“We meet at Wrenn School in Wellingborough, and the school was offered a sum of money to celebrate London hosting the Olympics and Paralympics,” said club treasurer Eric Jackson, who is also an Archery GB Board member.

“They first decided to erect a statue signifying an Olympic sport, and then chose archery.

“It is a fantastic honour. We knew absolutely nothing about this, and it was a wonderful surprise,” said Eric.

“Everyone involved with our club is thrilled to bits and very proud. It’s a wonderful gesture by the school.”

The statue, which stands proudly by the gates at the entry to the school and WOAC headquarters, was unveiled by the Chairman of Archery GB, David Harrison, who said: “This is a wonderful gesture by the school, and the statue looks fantastic.”

Like many clubs around the country, the enthusiasm for archery is such that beginners’ courses at WOAC has been over-subscribed throughout the summer.

Lucky break for the Seven

Introducing beginners and novices to competition is often a delicate process but clubs in Chester and on the Wirral think they have the answer – the Seven Clubs.

The handicap tournament started in 1983, originally as a summer league, but now a one-day event with a winner’s cup and a shield for the runners up.

This year’s event was held to coincide with the Queen’s Diamond Jubilee celebrations – a shrewd move as the rain fell on her river pageant and not the tournament! Archers shot a Windsor, the dress code was red white and blue and there was a sherry and shortcake toast at the 60-yard distance.

The cup went to the hosts, Cheshire County Bowmen, the shield to Neston Company of Archers and there were special diamond jubilee pin badges for all the competitors. Now all the organisers have to do is think of a way to top the celebrations when the Seven Clubs celebrates its 30th anniversary next year.

And the toast is… the Queen!
Success on all fronts!
A cracking few weeks for Deer Park

Deer Park Archers triumphed once again at the national Sport & Recreation Alliance awards, winning the Volunteer Management category. It also managed to come in the top three in the Green Thinking and Environment category.

Community Sport and Recreation Premier awards – only a year after winning the overall Sports Club of the Year title.

Steve Howse, the club’s new Chairman said: “This is fantastic. Yet another national award! It’s a clear indication of the amazing voluntary work that many in our club are involved in.”

The judging panel chaired by the BBC sports broadcaster Eleanor Oldroyd commended the quality of the shortlist and the array of outstanding projects and practices shown.

Tim Lamb, Chief Executive of the Alliance said: “The positive effect these organisations have on society must not be underestimated and we are glad that these awards give the recognition they deserve.” The awards were presented by the Earl of Wessex at the Alliance’s annual meeting at St James’s Palace.

Senior coach and club development officer Roger Crang said: “The club would like to formally thank Arran Coggan and the rest of the Archery GB Development Team for the support they have provided and the structure the ontarget Community Club Specialism has provided.

“The framework the resource guide offers has given us a template that has given us a clear focus on what areas we need to address and the confidence to know we are headed in the right direction.”

It’s a framework that allows all members to flourish – including two juniors who managed to break 11 national records – in one day.

Eleven-year-old Lucy Mason set distance records at every stage of a compound Metric 5 at the Evesham Junior Tournament, amassing a final score of 1,429. She followed it up the next day with 604 in the 50m compound round. And 11-year-old longbow archer Victoria Fraser broke five national records with a score of 705, only a week after shooting more than 900 in a Gloucestershire versus Worcestershire match.
Going from strength to strength
Rayleigh Town Archery Club’s work with the disabled goes from strength to strength. Despite delays, its bid to improve facilities is now well under way.
Among the adaptations are special tracks to allow mobility scooter users to get to easy arrow extraction targets, disabled toilets, a special parking area and extra storage for all its specialist archery equipment.
The club, which counts a one-armed archer as well as others with disabilities among its members, is being supported by a grant from, among others, Sported, a sports development charity. It has been involved in a video for the charity, senior coach John Willson has been spreading the word on Radio Essex, and members took the team trophy, plus several medals at a Havering Disabled Sports Association competition.
Club members have also been making a splash during this soggy summer. Some have been London 2012 Games Makers, others have been winning inter-club Albion League glory, taking part in 24-hour marathon shoots, organising schools archery festivals and winning regional and international gold medals.
There has even been time to celebrate John being chosen to carry the Olympic torch and his 70th birthday.

Sunshine, high winds... and oddities
When Norton Archers decided to host the Grand Northern Archery Meeting and Northern Counties Archery Society Regional Senior Championships, members were hoping for some good July weather.
What they got was a sunny Saturday for the UK Record Status and Rose Award Status Double York/Hereford round – and such blustery conditions that Sunday’s shoot had to be abandoned half way through.
There was also an oddity. One of compound archer Mark Chaffer’s arrows somehow managed to leave its nock facing backwards out of the target even though it had not gone through the boss. Yet the arrow was lying behind the target. Nobody is quite sure how he achieved it but he still got the point because the judge decided that at least part of the arrow was still in the target face. The judges were Charlie Hall, Sharon Robinson and Steve Richardson and the Lady Paramount was NCAS President Helen George. Winners from Norton Archers included: Dave Kelsey, Lisa Gilbert, Tom Wilkinson and Nicola McCullogh.

Who cares if it’s raining?
Like many other shoots, this year’s Grand National Archery Meeting at Lilleshall was hotly contested but marked by a mix of heavy downpours and sunny spells. It was opened by past president Brian Trotter of Cleadon Archers, shooting a longbow and the York and Hereford rounds were completed on the first two days, leaving Friday free for the National.
Around 80 archers took part, including two women and five men shooting longbows, and ages ranged from 14 to 70-plus. Awards were handed out by the Mayor of Newport, Councillor Tony Forrester.

Top award for Fred
Fred Dillow of Telford Archers “outstanding contribution to sport” was recognised in the Telford and Wrekin Active Lifestyle Awards. Both he and Bert Wedge of Wellington Swimming Club were honoured for their long-standing promotion of and support for their clubs.

Conserving history
Archery GB is trying to conserve its history and thanks go to Long Mynd Archers which has supplied copies of British Archer. They will be bound and made available in the conference room.
The copies it has are:
• July-December 1985
• All copies 1985 to 1993
• 1994 except the January edition
• 1995 except the July and September editions
If anyone has any of the missing editions, Archery GB would be grateful to receive them, or copies of any other archery publications such as The Glade. If you can help please contact Rachel Watson at rachel.watson@archerygb.org
The Bowmen of Bruntwood celebrated its own jubilee in July with a special tournament to mark 60 years as an affiliated club. Members shot a specially designed round of 60 arrows at 60 metres on a full-size 10 zone face. And it will hold a special place in Roy Bullen’s memory. It was his first tournament as a new member and he won it on a handicapped score of 1,573. Keith Miller came second with junior Aidan Mulhern third. The Lady Paramount was Jane Bardsley, who used to be the senior ranger at Bruntwood Park, near Stockport, where the club is based.

The club has always worked closely with the local authority. It started at Bruntwood Hall, which was the town hall, and members were allowed to shoot on nearby land. Since then membership has grown to 147, including 23 juniors, Team GB reserve Charlotte Burgess and Team GB Paralympian Richard Hennahane.

Club secretary Phil Martin said: “We’re proud to be a club for all ages and all abilities and we are continually bringing in new members like Roy, with our coaches and experienced archers dealing with a flood of applications for lessons. The amount of archery coverage provided by the BBC both live on television and on its own website during the Olympics has been a superb boost for the sport, and we expect even more interest as a result.”

All members have been presented with a specially-designed 60th anniversary badge.

You’re supposed to hit the target...

It was a good day and a bad day for David Ryan. On the plus side David, who only joined Thomas Wall Archers in March, managed to shoot 100 yards. The bad news was that he managed to hit the steel peg in the target stand and smash one of his new arrows. Since then things have got better. He has now achieved his second class – with all arrows intact!

Woking archer Eleanor Piper-King has been left counting the cost too. She was shooting outdoors in the wind and rain at 20 yards when she got her first Robin Hood.

Everyone’s a winner

There’s no better way of getting local authorities involved in archery than getting staff to try it for themselves – and then adding an element of competition makes things even more interesting.

So Rochdale Company of Archers was more than happy to host an archery tournament for the Greater Manchester Partnership Games. The format was inspired by the Olympics and Paralympics and saw six teams from four boroughs – Bury, Oldham, Rochdale, and Trafford – competing in eight sports.

Most of those who took part had never tried archery before – and some were frighteningly good. The eventual winners were Trafford – and the three competitors who signed up for beginners’ courses with RCA on the spot.

Below: Eleanor’s first Robin Hood

RCA hosts the Partnership Games archery tournament

Below: Eleanor’s first Robin Hood

Roy Bullen accepts his trophy from Jane Bardsley
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Bowmans Guide 2012 - 2013
Joining forces
Archery GB teams up with Butlins

The legacy of 2012 will be to inspire a generation – and Archery GB and Butlins are joining forces to help achieve that aim.

Butlins is piloting a new Archery GB Approved Centre and Leisure Award programme. It will be available at Butlins’ three sites – Minehead, Bognor Regis and Skegness – and will be open to everyone aged eight and over so the whole family can take part.

All shooting will be done under the watchful eye of Archery GB-approved instructors and everyone will be able to aim for blue, red or gold badges, based on what they learn about the sport and their scores and a certificate. The awards are just for fun – but they could be the start of something bigger. Everyone who takes part will be given details about how to get in touch with their local club and how they can get involved in the sport.

So why was Butlins chosen to pilot the scheme? It already has Archery GB-approved facilities and trained instructors giving 60,000 guests their first taste of archery every year. The Archery GB Approved Centre and Leisure Award programme is the next step and, if it succeeds at Butlins, it will be extended to other leisure organisations.

Why become a coach?
Edd just might have the answer

Meet some of Dyfed’s newest coaches. Each year more people come forward to become coaches. But what motivates them? We asked Edd Gough, one of the class of 2012, to explain.

Edd rekindled his childhood interest in archery when he went to Aberystwyth University and got involved with beginners’ courses and have-a-gos.

“Teaching archery at Uni encouraged me to take teaching further,” he said. “I realised after instructing archery at a US summer camp that coaching is what I really wanted to do. When the opportunity arose, I leapt at the chance.

“The joy I find in coaching is seeing people of all ages develop their skills and continue to improve which always puts a smile on my face.”

It has helped his club too. It has attracted record numbers of beginners and now other members are interested in becoming coaches, and he hasn’t stopped yet. “Having completed Level 1, it’s my intention to move up to Level 2 when the course is restructured and, hopefully continue on to county coach. Archery is an amazing sport, and I look forward to continuing coaching and introducing many more people to it.”

Getting in the Olympic spirit

Newquay Bowmen got into the spirit of London 2012 by using equipment bought with a Sport England Lottery grant to run an archery tournament in its local Schools Olympics competition.

Eleven primary schools entered teams representing different countries and the winners were India, otherwise known as St Columb Major Academy. And it was good news for the club because “India’s” star archer was its youngest member, eight-year-old Ben Cole.

If your club would like to apply for a grant, Archery GB’s Development team has prepared an application template which might help. You can download it from the Archery GB website at www.archerygb.org/1665.php.
Archery is a great sport, whoever you are – and archers have risen to the challenge to show that age is no barrier to performance. They gathered at AC Delco Bowmen’s base in Eastleigh, Hampshire to take part in the Bus-Pass Albion and turned in some impressive scores.

Julie Payne of Talisman Bowmen and Dermot McKeone of AC Delco Bowmen won the recurve titles while Louise Willsmore of Merdon Bowmen and Dave Wakeford of Chichester Bowmen took the compound honours. Margaret Bunyard and John McCrea of Merdon Bowmen took the longbow titles and the barebow winner was Myer Hotchkiss of RN South Coast Archers.

At the have-a-go are Carrie and Andy Mortimore, Mark Allsopp, John Churchill, Liz Abbott, Dave Romaine, Ray Lunn and John Cowley

Members of Foresters Friendly Society, Archery GB’s performance partner, took part in a have-a-go at Derbyshire Archery Club. They were shown how to shoot by club members and coach Mark Allsopp before taking part in a competition to find out just who had learned the most. It was won by Graham Sheldon and Norma Fox and their prizes were DAC badges. Foresters’ special guest for the evening was national High Chief Ranger Liz Abbott who presented DAC with a cheque for its help.

The winners – complete with trophy walking sticks!

Age is no barrier

Archery is a great sport, whoever you are – and archers have risen to the challenge to show that age is no barrier to performance. They gathered at AC Delco Bowmen’s base in Eastleigh, Hampshire to take part in the Bus-Pass Albion and turned in some impressive scores. Julie Payne of Talisman Bowmen and Dermot McKeone of AC Delco Bowmen won the recurve titles while Louise Willsmore of Merdon Bowmen and Dave Wakeford of Chichester Bowmen took the compound honours. Margaret Bunyard and John McCrea of Merdon Bowmen took the longbow titles and the barebow winner was Myer Hotchkiss of RN South Coast Archers.

The winners – complete with trophy walking sticks!

2013 AGM DATE SET

This year’s decision to move Archery GB’s AGM to London proved a great success. Members who struggle to get to the usual venue, Lilleshall, seemed to really appreciate the chance to take part. So, in the interest of fairness, next year it is heading north. The 2013 AGM will be held on Saturday 20 April in the Warrington Collegiate. For more information about the venue, go to www.warrington.ac.uk

Back to basics

The Olympics, The Paralympics, Dani Brown and Mel Clarke. Successes at the World Field Archery Championships. Another successful National Series Grand Final. Clubs all over the country joining in Archery’s Big Weekend.

What a wonderful summer. What a marvellous advert for our sport. There has been an enormous surge in interest in archery all over the country reflected in the queues for have a go sessions at Lord’s and the Royal Artillery Barracks. To cap it all, we were invited back to the Houses of Parliament, to put on another have a go for MPs. Last year was a success and they were just as enthusiastic this time.

Archery at London 2012 was a triumph and the highlight had to be the Dani Brown and Mel Clarke’s thrilling semi-final victories, followed by a breath-taking final.

Many congratulations to Dani on her second Paralympic gold medal and to Mel for a second Paralympic medal. It was bronze four years ago, silver this time and I guess I know her target for Rio 2016!

There was a special atmosphere and enthusiasm at both tournaments. I was privileged to be there. World Archery has said they were the best Games it has been involved with – and I would like to congratulate organiser Chris Marsh, his team and a fantastic group of volunteers.

Now we must build on what has been achieved. Of course it was disappointing not to win an Olympic medal, but our archers went into the event well prepared and in good shape after successes at World Cup and European Championships.

What happens now is a review. All kinds of issues follow on Olympic Games and, yes, funding is one of them. We are four years into a 10-year plan and preparations are already well under way for Rio. But now is the time to reflect on what we can learn – good, and bad – from London 2012.

A lot of hard work goes into developing our sport and marketing is a key element. I am delighted to welcome our new Marketing Manager Sarah Booth. She is already making a big impact and I am looking forward to her becoming a key member of our organisation.

Finally, thank you for all the messages of goodwill sent via social media and email during the Games. I cannot tell you how much your support was appreciated.

David Sherratt
Chief Executive
Rising to a new challenge

Quivers celebrates 40 years

Forty years ago a group of disabled people got together, united by a single ambition – to become archers. That group, which became known as Quivers, is still going strong and celebrating its achievements.

Founder member Peter Derham said membership had ranged between 15 and 30 over the years and covered a wide spectrum of disabilities from autism to wheelchair users. And the club has had many homes.

He said: “We have gone through many venues and been supported and rejected by many different bodies, local government, educational and social, because we are effectively a further educational group supporting social and sporting welfare for the disabled. All our members have to be registered as disabled to join.”

And, to maximise shooting time – and achievement – Quivers uses an innovative 180/210 scheme. It involves four targets being set up at different distances. The distance between each of the first three increase by five metres and the distance between the third and fourth by 10 metres. Every archer has to achieve a score of 180 in 24 arrows three times before they can move to the next distance. The next challenge is to repeat the process but score 210 with 24 arrows.

Peter said: “The diversity of our members’ disabilities is such that we have a few that have not yet got beyond the shortest distance and probably never will and a few that are stuck at another distance, but still have that challenge of achieving 180 or 210.

“It has given the club a new purpose with everybody having a goal to aim for.”

Obituaries

Barry Farndon

Barry Farndon, one of the country’s leading archery coaches, has passed away only weeks after the death of his wife, June.

Together they coached and inspired GB international squads and Barry coached more than 40 squad members. They also founded and developed the Dunlop Archery Club in Coventry.

James Folkard, brother of Olympian Naomi, paid this tribute: “Naomi and I both worked with Barry for many of our years in archery. Together with his wife June, who sadly passed away in March, they made, to me, the ultimate coaching partnership, commanding the respect of all that came to know them.

“Never willing to leave the practice field, whatever the weather, we were so often there having “just one more end” until well after dark. Barry was always keen to help anyone who showed promise and commitment, and was always great fun to be around. He knew just how to balance working hard and having fun – he was always after the latest news and gossip.

“Barry has had a positive influence on the shooting of countless archers, and to their lives generally, and will be remembered fondly by all. To coin a Barryism, ‘sure as God made little apples’.

Former Olympian Lynne Evans said: “Barry, along with June, worked tirelessly with many of our GB and aspiring GB archers, and Barry had a unique talent – that of being able to spot talent. I’m not sure we will see his like again.”

Archery GB chairman David Harrison said: “June and Barry were two of the best coaches this country has ever seen, and most of the current senior squad have at some time been coached by them.”

Describing Barry as a great man, Sylvia Harris said: “Barry and June selflessly devoted their lives to their passion of target archery. Barry leaves behind true friends, great champions and the precious gift of toxophily. Let’s never forget Barry and June. We cannot thank them enough.”
Team GenX10 dominated the 2012 Summer Games by taking every Gold, Silver, and Bronze archery title in London with X10 arrows. GenX10 archers have used their skills to sweep the podium in every Olympic competition in each of the five Games since the debut of the ultra-micro diameter, barreled X10.

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Brian Birchley

Brian Birchley started shooting in 1954 at the age of 17 with Coventry Archery Club. After graduating from Birmingham University in 1958 he moved to Teeside and joined Norton Bowmen, becoming secretary until a company move to Tokyo Japan in 1968.

On returning to the UK in 1972 he and his wife Pat joined Whiteleaf Bowmen in Buckinghamshire. In 1988 he returned to Teeside and, in 1994 joined the Company of Scorton Archers and became involved in running the club. He retired from the committee in 2008 due to illness but continued with his interest in archery and the club.

He was a thoughtful man using his skills while helping others.

Louise Farrow

Norman Gascoyne

Norman's family were surprised and touched at the number of archers who attended his funeral after he sadly passed away in April.

Born in Coventry, Norman was adopted at the age of two and had only recently discovered a brother he never knew he had. Happily both families made up for lost time getting to know each other.

Norman started archery 26 years ago, starting at Saints & Sinners, then joining Wyre Forest before becoming one of the founding members of Bromyard Bowmen. As a coach he introduced many archers to the sport he loved, and juniors in particular will remember his enthusiasm and encouragement. Everyone was an Olympic archer in Norman's eyes.

He leaves a wife, Ruth, and son, Mark, who say that Norman would have been overcome to see the guard of honour at his funeral, dressed in their archery greens.

Carolyn Warren

I'm confused. I really am. Like most of you, I suspect, I spent days glued to a computer screen watching the world's greatest archers looking for the secret, the key to becoming a better archer.

I watched Ukrainian Viktor Ruban wrap his entire thumb around the back of his neck at full draw. How does he do that? I watched the elegant machine-like efficiency of the Korean women – and I am still no closer to the truth.

There were master classes – but there were some archers where the only constant seemed to be a lack of consistency. Yet they were turning in brilliant performances. Like I said, I'm confused. If there is a secret – other than innate talent and more practice than I will ever have time for – will somebody please spill the beans?

However, the pursuit of excellence goes on. There has been a badge – nothing special but it's a start. And there has been the realisation that my stance is wrong. I won't go into detail but let's just say I have been clenching instead of lifting, which probably explains the backache. And no, I didn't admit anything to the coach.

And I have been competing. Properly! I don’t think our elite squad has anything to worry about just yet but, as I said, it's a start.

Jane Percival

Keith Mills

Respected judge Keith Mills has died at the age of 71. Joint life president of Forest of Bere Bowmen Brian Williams said: “There have been few more dedicated folk, more capable and more trustworthy involved in our sport than Keith Mills. He will be missed by all.”

He became hooked at a have-a-go at the de Havilland Aircraft Company sports section in Portsmouth in 1959. When it closed, he joined the Portsdown Archery club, becoming the “club bowyer” and honing his shooting skills with son, Kevin and daughter, Paula.

After the break-up of his first marriage to Liz, he found love again with Daph. Tragically, this was cut short and he nursed her for several months until her death. His third marriage, to Gwen lasted 20 years and they joined the Forest of Bere Bowmen, becoming active club and committee members. Keith was awarded life membership for services to the club.

He also became a national judge, earning widespread respect. Brian said: “Between them Keith and Gwen repeatedly became a formidable pair at many a tournament.”

Carolyn Warren
Archery’s a hit
...at the very centre of power

As MPs queued up, there was only one thing on their mind. Who is Westminster’s biggest hot shot?

A Parliamentary shoot held on the Speaker’s Green was so popular last year that MPs demanded another go. And the chance to put one over on their colleagues, take the title, be coached by six-time Olympian Alison Williamson – and win an Arrows archery kit for a school in their constituency – proved too much of a draw.

“Archery proved very popular at the Olympics and Paralympics, and it’s great to have someone of Alison’s stature giving MPs some personal tuition,” said organiser Huw Irranca Davies, the former Parliamentary Fellow for archery.

“It’s great to have so much interest, it’s a welcome break from a busy Parliamentary day, and all those who popped by really enjoyed the opportunity.”

So who won the hotly-contested title? Ian Liddell-Grainger, MP for Bridgwater and West Somerset, took third place, Cabinet Minister Iain Duncan Smith came second and the winner was Glyn Davies, MP for Montgomeryshre. He said: “It’s been a wonderful summer of sport, with the Olympics, the Paralympics and all those winners. So there’s been Bradley Wiggins, Jessica Ennis, Andy Murray… and now me! This is, perhaps, the highlight of my Parliamentary career!”

Mr Duncan Smith said: “I saw it on TV during the Olympics, and it looked great fun, so it’s great to give it a try - it makes you realise just how good the Olympic and Paralympic archers are!”

David Harrison, chairman of Archery GB, said: “Thanks to the Olympics and Paralympics, along with Brave and The Hunger Games at the cinema, we’ve had enormous interest in our sport. It’s been a fantastic chance to show everyone how good the sport is and how anyone can do it. “Arrows has been inspired by London 2012, and we want to help teachers introduce our sport to young children throughout the country, encouraging them to have fun, and who knows, we might unearth an Olympic champion of the future!

May I also thank everyone who made this happen, including our games makers, Target Tech and the Bowmen of Birstall. It’s been a fantastic day.”
Oh Jin Hyuk used Hoyt’s Formula HPX with Formula F7 limbs for his Gold Medal victory in London.

In the 2012 London Games, Korea’s first ever Men’s Individual Olympic Gold Medalist, Oh Jin Hyuk, depended on the proven Hoyt Formula system for extreme precision under extreme pressure. His historic victory crowns a new era of recurve archery. A victory for the ages.

Hoyt wishes to congratulate all of the Olympians who have once again brought archery to the world stage in London. You too, can obtain the technology, design innovation and quality that makes Hoyt the choice of the world’s best archers. See your Hoyt dealer and get your own Formula for Gold.

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Women’s Team-Gold medal
Kí Bo Bae (KOR)

Women’s Team-Silver medal
FANG Yuting (CHN)
XU Jing (CHN)

Women’s Team-Bronze medal
HAYAKAWA Ren (JPN)
KAWANAKA Kaori (JPN)

Men’s Team-Gold medal
FRANGILLI Michele (ITA)

Men’s Team-Bronze medal
KIM Bub min (KOR)
IM Dong Hyun (KOR)

Men’s Quarter Final
FURUKAWA Takaharu (JPN)
DAI Xiaoxiang (CHN)
KIM Bub min (KOR)
MOHAMAD Khairul Anuar (MAS)
KO Cheng Wei (TPE)

Women’s Quarter Final
Kí Bo Bae (KOR)
PEROVA Ksenia (RUS)

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Lining up...for Archery’s Big Weekend

What do community police officers, MPs and a Vulcan bomber have in common? They were all part of Archery’s Big Weekend.

Sixty-five clubs threw open their doors or staged special events between the Olympics and Paralympics to give people the chance to have a go at archery. And they came – in their hundreds.

Community police officers Andy Grey and Amanda Heathcote were among those who lined up against the backdrop of Rochdale’s magnificent Gothic town hall to see if they had what it takes. And they stayed, despite a torrential downpour that saw crowds huddling under a gazebo. Andy said: “This is really good... but if you spot my sergeant walking past, let me know!”

Dave Stevens, Secretary of Rochdale Company of Archers, said: “We had a fantastic turnout. The thunderstorms didn’t put anyone off and we had loads of people asking about signing up for beginners’ courses. It just shows what can happen when you build up a good relationship with the community.”

St Edmunds Archers, in Suffolk, turned out in force to welcome the public. It ran a busy have-a-go throughout the day – and ran a target day alongside it so that people could get an idea of what goes on in the club. There were lots of members on hand to answer questions about the distances – up to 60 yards – and the different bow types in use. Visitors were also able to see the plans for the club’s new indoor range and clubhouse – and a surprise fly-past by a Vulcan bomber.

Nethermoss Archers’ Big Weekend began with a fashion show – members modelling the sashes that came as part of the Big Weekend pack put together by Hannah Bussey, Coach Education Lead Officer at Archery GB. People flocked to the club to learn new skills and there was so much interest that Nethermoss has set up a beginners’ course just to cope with the people who wanted to sign up there and then.

Colne Valley MP Jason McCartney tried archery at the Valley Bowmen of Huddersfield’s event and promptly tweeted:

“Rio 2016 here I come!” And more than 300 people took part in Nonsuch Bowmen’s open day in Ewell, Surrey.

Norton Archers kicked off the Big Weekend by playing host to the Join In battle bus carrying former decathlete Daley Thompson, swimmer Sharron Davies, former 5,000-metres star David Moorcroft, triple jumper Jonathan Edwards and presenter John Inverdale.
The Koreans may have bagged a lot of the gold at the Olympics – but one junior is hoping to break their domination.

Ryan Kendrick from Wiltshire has been learning their secrets after being invited to train in South Korea at a school run by coach Kim Tak.

As well as getting the chance to train with Korea’s top archers and members of other international squads, his technique was analysed and slowly changed so that after 10 days coach Kim was able to tell him: “You no longer shoot like a European, you shoot like a Korean.”

It was a tough schedule.

Every day started at 9am with the coach talking about the previous day, setting new targets and using video analysis to help Ryan understand what he wanted to achieve. After a one-hour lunch break it was back to work until 6pm.

The way the Koreans train juniors is different to the way it is done in Europe. For a start, they do not shoot the same distances. A typical competition would be 40cm faces at 30 metres maximum. This stops anybody being tempted to “over-bow” or use a bow that’s a bit too heavy for them because they want to reach longer distances.

Korean Juniors spend the first three months of training using only a stretchy band getting their stance, anchor and posture correct. The next three months are spent with a bow but no arrow so they can get their technique right. Then they are allowed to shoot arrows – which usually land in the 10! Ryan says he was told the Koreans believe the only difference between gold at 30 metres and 70 metres is your sight mark.

Last year Ryan was back shooting in Britain, winning lots of titles. He picked up an injury the night before the outdoor nationals – but he still managed to come third in the GB Junior Recurve Archer of the Year awards.

The injury meant he had to stop shooting for six months – but he’s now back training ready for a return to Korea. Ryan is hoping to compete in international competitions next year and, eventually, the Olympics – and hopes his inside knowledge means he can take on the Koreans and win.

Ryan Kendrick with some of his classmates at his Korean archery school
Himaaya Peiris is a rising archery star. She only took up the sport a few months ago and has already scored 554 in a July Nationals shoot with Hillingdon Archery Club. She also got a pretty good group – five golds and a red – at her first away shoot at Greenwood Osterley Archers. This is why she took up the sport.

I thoroughly love archery. I am Himaaya Diyani Peiris and I am eight years old. I grew interested in archery after watching a Narnia film – I like Susan Pevensie, the archer, most.

I started asking my parents for a mini bow and arrow and they agreed, so I got a cute little Robin Hood bow and arrow. I started practising and, three days before my seventh birthday, my dad bought me a grown up bow.

After a few weeks my parents realised how much I adored it so they sent me on a crash course at Hillingdon Archery Club. I fell in love with archery on my first day.

I enjoy archery because it lifts your confidence. When I shoot it raises my heartbeat with excitement. If I miss gold I never stop until I achieve my target. This goes on and on…

I enjoy it so much that I do not care if I win or lose so long as I can take part in every event.

The chance to meet your heroes

When Struan Caughey’s mum Alison entered an Archery UK competition for tickets to be at a send off party for Team GB’s Olympians and Paralympians, she never thought she would win. But she did – and this is Struan’s story:

We arrived at Lilleshall early to see some friends who were at the shoot there that day and then I gave my mum a grand tour because as I had been there recently!

When the people started arriving we said hello to the coaching staff including Lloyd Brown and Sara Symington, the Boss.

We then chatted with the Paralympians who were really nice and funny. Afterwards everyone went to the room next door for the presentations and speeches. Larry received ‘the archer of the year’ award! Well done Larry. People started leaving at this point but I managed to get a couple of photos with Larry and we talked about our training and what we do in our spare time before we left. He said that it is important to have other interests than just archery. It was a really good evening.

And Struan has also been trying to get the magic of archery over to his school friends. In an essay about his most unique object he wrote:

My Bow’s Story

Most days, I have time with my magnificent bow. We have been together for just over two extraordinary years and stuck with each other through good times and bad times. This is our story.

My coach, who is a fabulous coach, and I met when he did a beginners course at my primary school, Duffield Meadows. When it finished I joined the club that he is a member of, DAC (Derbyshire Archery Club). It was out of this world when I joined. I shot borrowed bows for a while but eventually he recommended I got a bow of my own. I went to this archery shop. It was unforgettable. The people there were really helpful and I got some tasty juice. I went off to choose the stuff for my bow.

In the end, I got a bright orange riser (handle) and a pink and black string.

Since then I have kept most of my bow like my orange riser (it’s orange to match my hair) the limbs, my long rod (it stabilises my bow) and my sight but I have added some things called twin rods, a V bar and an extender which is to do with the stabilising my string a number of times, my arrows and a part of my sight also a thing called a pressure button. But all this is confusing and for a lot of people so I’ll stop going on and on about the technical side and speak in English.

I have had my bow for two years now and it has helped me get a good reputation in archery and even got me in the Derbyshire team for the U14’s! All this makes it very special to me so this is the most unique and special object that I own!
Washed away?

Not a chance as waterlogged JNOC replaced with fun shoot

This year’s Junior National Outdoor Championships fell victim to this summer’s wonderful weather and had to be cancelled at short notice. So what did that mean for the people who had travelled to Lilleshall for one of the biggest dates in the junior calendar? And how did it turn into a fun weekend after all?

The competition was called off by Serco, the company that runs Lilleshall. Flooding earlier that week had turned the field into a mud bath and Serco decided, at 11.40am on Friday, to cancel – even though the shoot was due to start the following morning and people had already started to arrive. Something had to be done – so the National Tournaments Committee organised a fun shoot for the Saturday, with help from Olympic Coach Lloyd Brown and Performance Director Sara Symington, on the Archery GB astroturf.

A fun shoot was held in the morning with head-to-head individual and team tournaments in the afternoon. Six-time Olympian Alison Williams agreed to be the Lady Paramount. And the weather?

Warm and sunny with the occasional downpour. What else?

Jack Grogan’s JNOC

I was looking forward to this year’s JNOC as this was going to be my last year shooting as a junior and my last junior Home nations shooting for England.

We arrived on Friday morning and the field was waterlogged, more suitable for kayaking than archery. But with the excitement of the weekend ahead, I set up the tent fighting the rain and mud. Then a judge came along the line and delivered news no one wanted to hear. The 2012 JNOC had been cancelled due to health and safety concerns. I was gutted!

We went back to the hotel and were 20 minutes too late to cancel the booking! The day could not get much worse. Then we heard a rumour of a fun shoot – and it was confirmed on the Archery GB website. It was to be held on the Performance Astroturf. Apparently the whole thing was organised in a matter of hours after the cancellation! Full marks (and appreciation) to all involved.

We arrived bright and early. There were around 60 of us. The idea was to give younger archers the feeling of, and the experience of, the rounds that would be shot at the Olympics.

First we shot a 720 round at set distances according to age groups. I won the metric 1 JB recurve category. Then we shot head to heads and a team round. Myself and a few other archers were asked to demonstrate how it would be shot.

All in all, it made the weekend very enjoyable, a good experience to have for my last ever JNOC that started off as a total disaster! Cheers to everyone who made an excellent and memorable weekend out of nothing!

If you want to get ahead

Get a hat like the one 12-year-old Emily Owens of Mayflower Archers in Essex was sporting when she arrived to take part in the Junior Nationals. It was a birthday gift from her grandmother Mary – and came in handy at the fun shoot.

PHOTO: Greg Grogan
Putting archery centre stage

Eight members of Hillingdon Archery Club helped put youth sport centre stage by being invited to shoot in Westminster Abbey’s College Gardens. They were invited to attend the Balfour Beatty London Youth Games summer reception along with badminton and table tennis teams, sporting legends such as Linford Christie and Steve Backley and 16 disabled athletes who were receiving bursaries.

The archers were Simon Passey, Darragh Doyle, Mark Passey, Huw Hallam, George Tushingham, Michael McGill, William Jones and Ross Hallam – and many of them took part in the Youth Games. Overall, Hillingdon came seventh out of 26 London Boroughs and Huw won the junior Windsor round to take home a gold medal. And the games were quickly followed by success in the July Nationals, with first places going to Huw, Simon, Mark, Himaaya Peiris, John Murphy O’Duinn and Poppy Booker.

Tricky conditions
...but London Youth Games were pure gold

Conditions at Crystal Palace were tricky for the London Youth Games but that didn’t stop archers turning in some fantastic performances.

Redbridge were right on target as they took the Balfour Beatty London Youth Games archery trophy led by 14-year-old Sebastian Stedman from Woodbridge High School. He broke his own personal best to break the 900-point barrier. That, along with a great team effort from Aron Maher, Cameron Hunt, Fabian Reynolds and Simon Leach gave Redbridge an overall team score of 3312 and the trophy. Redbridge came second and Wandsworth third.

Redbridge team manager Joan Ikel said: “It’s always a thrill to win it and I’m very pleased with the team. They all tried very hard and gave it their best in very windy conditions.”

GOLD FOR JASPREEET

I’m Jaspreet Sagoo and I have been doing the London Youth Games for three years. The first time I took part was in 2010 and I won the bronze medal. I was determined to take part again to win the gold medal but last year I won silver. This year I was at Crystal Palace in the London Youth Games representing Newham and I won the Gold medal I have been wishing for. I felt very proud of myself because of my continued achievements and I remain serious and focused on my training so I can be successful in the future.
My thoughts... about the talent selection weekend

When I arrived I knew there were going to be a lot of people, because it was BIG. I was scared because I didn’t know what was going to happen but when I got in I saw Barbara and Norman from Pendle & Samlesbury.

It was very busy. Luckily we found some seats while the people in the front introduced themselves. After that, my group went shooting.

My mum helped me set my bow up and then she went. When we were shooting it made you nervous because you didn’t know what they were writing in their notebooks. I made a few friends and afterwards, we did some drills. I learned a lot by watching some videos and we did some of the drills. I thought it was quite boring but I knew it would really help me with my shooting.

After lunch we got back together again and we went into the auditorium room and sat down. A lady talked us through our spreadsheets and training programme. I took some notes with my mum. We then went to the gym where we watched some films and did some exercises. My favourite was called tricep dips – it’s where you sit on the edge of a bench and you bend down using your triceps. After that, we went back into the auditorium and the lady spoke to us again. It was a very tiring day. I left home soon after 6am and we didn’t get home after 7pm.

Sarah Houghton, aged 10, Bowmen of Pendle and Samlesbury

Sarah has written a poem about archery too:

gold smacker
red hitter
white misser
the best shooter
arrow collector
no misser
competition maker
concentrator
crowd maker
keen archer
trophy keeper
super aimer
GB archer

Suggested rounds

<table>
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<tr>
<th>Age group</th>
<th>Non compound</th>
<th>Compound (80cm face)</th>
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<td>40m</td>
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Top teamwork!

James Woodgate, 10, and his 14-year-old brother Chris shoot with sisters Louisa, eight and Eleanor Piper-King, 13, at Woking Archery club and they decided it was a good idea to team up for the Lintman Junior Shoot.

It was. They won the overall team trophy and three of the individual classes. They also took the first and second overall in the under-18 boys, the nearest the gold and the gold and blue colour prizes. Not a bad day out!
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MASS WEIGHT 2.7 LBS / 1,224 GRAMS
LENGTH 27"
MASS WEIGHT 2.8 LBS / 1,270 GRAMS

RAMPAGE RKT
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FPS (ATA) 306
BRACE HEIGHT 7"
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Small lightweight and specifically for kids, the Carter Enterprises Fair Chase release is designed to be safe for small hands. It gives young compounders an alternative to a wrist release. It’s neat, comfortable – and it’s engineered to make the release less critical of angle to draw and safer than some rotation-style back tension releases.

It is based on slider hook technology to make it easy to use and adjust and comes in two sizes, small and large. It costs £54.95 and is available from major suppliers.

Jane Percival

HAMSKEA AROJAC ARROW PULLER

Most of us probably know someone who has been injured pulling an arrow out of a target stand. There could be an answer, particularly for clubs. Hamskea’s Arojac arrow puller is heavy-duty kit for heavy-duty problems.

The secret is extra leverage against the target, whether it is a tee, 3D target or a stand. In fact, the only thing it really didn’t work on was an indoor foam boss – and you wouldn’t need it for that anyway. It costs £115 and is available from major suppliers.

Jane Percival

Longshot Pro Compound sight

Well made, sturdy, and pretty simple to operate, the Longshot Pro Compound sight could be the ideal choice for someone new to compound bows.

It’s easy to put together. The vertical track to be screwed on to the horizontal bar with an Allen key – and that’s provided, along with full instructions. The block is also specially designed to slide smoothly along the 6-inch vertical bar and reading off the scale is very easy.

It can be ordered to suit right or left-handed archers, weighs in at 245g and is easily adjusted for shooting distances from 18 metres to 100 yards without having to alter the position of the horizontal bar. One point though. When you are mounting the sight on to the bow remember to really tighten knurled nut so that it does not work loose after a few shots.

The windage adjustment consists of a click scroll and locking screw, which works well but requires three actions – releasing, click scrolling and retightening the locking screw – every time you want to make an alteration. You can’t get away with short cuts. And a click scroll indicator showing which direction moves the scope left or right and a vertical click scroll would be handy, especially for beginners.

The sight costs £119.50 and is available from major suppliers.

Chris Wright

GEAR ON TEST

29

AUTUMN 2012 • ARCHERY UK
It’s about what you can do
Helping amputees challenge expectations

Facing the trauma of losing a limb must be overwhelming. Life changing. But life isn’t over. If you needed proof of that, there was plenty on show at the Amputee Games that aim to show relatively new amputees that, while things might not be the same, they can still enjoy a wide range of activities – and the challenge of competition.

Jane Steynor of Maidenhead Archers was one of the coaches involved in the games held at the Stoke Mandeville Stadium near Aylesbury.

She said: “These are incredible people, all of whom have faced trauma for different reasons but have such enthusiasm and determination. They face great difficulty in coping with everyday challenges. Yet they do so with ease, smiling.” Jane, along with club mate Roger Wright, former Paralympian Fred Stevens, Paul Holt of Leicester Foresters and Olympic and Paralympic coach Helen George, were there to help them challenge their expectations.

“Archery is fantastic sport and inclusive of almost everyone,” she said. “These wonderful people queued up to have a go, some for the first time, others have shot with us before. They watched and cheered each other on, heckling and taking photos.

“Some sat in their wheelchairs, some preferred an ordinary chair, others had a go at standing to shoot, challenging their balance, while others needed more innovative methods of assistance...”
serving his country. He lost both legs and his right arm.

“Dave held the bow in his left hand, Fred nocked the arrows and Dave drew the string with the mouth tab between his back teeth. It worked so well that Dave entered the archery competition the next day and came second! This year he was back for more.”

There are other tales of ingenuity too, including one archer who had a bow bandaged to his left arm stump and drew the string with his right arm stump – with considerable success.

Jane, who is also coaches archery for the Wheelpower and Limbpower charities, said: “Every archer challenged themselves, determined to beat last year’s score or win the competition. It was very clear that archery had given them all, whatever their disability, an enormous amount of satisfaction and enjoyment. It also gave them upper body exercise, in most cases a challenge and, in others, discomfort and pain. But even when that happened, when stumps and digits got sore and painful, they did not want to stop.

“These people are special, strengthened by their disabilities and united as a group.”

— but they did it.” And she has watched inspiring stories unfold. At last year’s games a young man called Dave Watson sat watching the archery. He kept coming back and was obviously interested.

“We called him over a few times but he said he could not do it. He started to leave but Fred had a word, said he would be able to have a go and asked him to come back 30 minutes later.

“When Dave returned, Fred and Paul had attached a mouth tab to the string of a low poundage bow. Dave had assumed he would not be able to shoot was because he had been terribly injured while… and what a result!
We’re so lucky

Like many clubs, Castle Moat and Folkstone Bowmen hold outdoor shoots on hired grounds. But how many, like us, have the opportunity and pleasure to hold them in historic surroundings overlooked by an ancient castle? Saltwood Castle, in all its glory and history, takes archers back to the past and gives them a real sense of what must have gone before. It gives you a shiver of excitement which I can’t but help think enhances shooting performance. My thanks to Saltwood Castle and Lady Jane Clark for allowing us to shoot there. I think we are very lucky and, perhaps, envied.

Robert Taylor, Castle Moat and Folkstone Bowmen

Shake-up needed

I have been a flight and target archer now for five and 12 years respectively. The target classification system is universal, clear and works well.

The flight classification system on the other hand is, at best, quaint, and favours ladies and compounds – and the latter were not even invented when flight rules were first mooted between 1947-1950. Not only that, but they now contravene the Equalities Act 2010, and need overhauling to bring them into the 21st century and ensure that the sport remains relevant in today’s world.

A new classification system based on the existing gents’ classification but renaming it grand master, master and first class, with new second and third classes at 340 and 275 yards, similar to ladies’ master and first class, like the target system would be very welcome.

This would open up the sport to male longbows and beginners at the lower end, without diluting standards for the elite. To continue with the current set-up is to risk legal action, slow decline, and falling out with the Equalities Commission and the Government generally.

Paul Spelzini, Abbey Bowmen

Nick Nicholson, Rules Committee Chairman writes: The Target Committee, only recently reformed, is reviewing the target archery classification system. I am sure once that has been resolved it will also review flight classifications. As for the “quaintness”. When last assessed there was only enough data on recurve and flight bows and little on other bow styles. Analysis needs hundreds of results from archers shooting each bow type, their gender and ages (if juniors). The small number of Record Status flight competitions in the UK means it might be some time before there is enough data. Any help from the Flight fraternity would be much appreciated.

As for the claim of discrimination, flight classifications are based on distances achieved by both men and women - Grand Master is the distance exceeded by the top 1 per cent of all male and female flight archers. As there is a difference between men’s and ladies’ distances achieved in the classes, there is a difference between the Grand Master classifications. If there was not, then we would be contravening the Equalities Act.

The sender of this issue’s star letter will receive a Longshot Pro Compound sight courtesy of Quicks Archery. This is a sturdy and robust sight with several unique features, made in the UK and very competitively priced at £119.50. It is supplied in a padded sight case, and an optional extra kit is available to convert to 8/32 thread for recurve shooters. For more information please visit www.longshotarchery.co.uk
Below all the cheering for what has turned out to be the most successful Olympic Games and Paralympic Games ever, there was a rumble of dismay and anger. It came from all those sports enthusiasts, including archers, whose sport simply wasn’t scheduled for live television coverage.

Channel 4 got all the flack – but we should aim our arrows at the Olympic Broadcast Services. It is that organisation – part of the international Olympic set-up – that was responsible for the whole of the broadcasting arrangements for the Olympic Games and the Paralympics.

You might recall Danny Boyle and his team reportedly clashing with OBS over camera points for the opening ceremony. The Olympics was brilliantly covered by the BBC, both on television and online via the iPlayer. But then came the Paralympics and Channel 4 – with eight sports, beginning with archery, simply not down for live coverage at all.

Was it that the OBS simply didn’t install sufficient cameras? There is some flexibility allowing TV rights buyers like the BBC and Channel 4 to use their own cameras but that obviously didn’t happen during the Paralympics.

World Archery needs to join all the sports’ international governing bodies to put pressure on the International Olympic Committee to make sure that OBS installs cameras at every sport for the Olympics and Paralympics in Brazil. In that way, they can build on the amazing success of the London Games, and make sure that thousands of sports followers aren’t left disappointed.

Dave Hulme, Bowmen of Bruntwood

Two of our club members Chris Bell and Naomi Folkard made it through to the National Series Grand Finals in Oxford. Naomi is an associate member who practises at our club.

As a smallish club we are obviously very proud to have two archers associated with the club making it through to the finals particularly as 2012 is our 50th anniversary – and even though Jon Nott is also a member of our club we deny all allegations of a fix.

Both Chris and Naomi work very hard and it is good to see them both rewarded with an appearance, particularly as they both have to dodge my arrows.

Steve Lester, Saints & Sinners Bowmen

Editor’s note: Chris Bell went on to take bronze and Naomi won silver in the National Series finals. Congratulations!

So proud...

Lesson to learn?

Although times are hard across the university sector, as they are everywhere, the University of St Andrews continues to invest in its student body, particularly in sport.

With an innovative sports programme – Saints Sport – all clubs have taken massive steps in development and performance and Saints Archery is no exception!

However, continuity is a problem facing all university archery clubs with the average student only in the club for three or four years. With this in mind, we would like to build a wider network of alumni and friends to share their expertise, wisdom and, most importantly, stories with us.

The network is already growing and we’re learning so much about what our club used to be like and the highs and lows it has faced. If you’d like to add your stories - or keep up to date with our network newsletter – please get in contact with us at archery@st-andrews.ac.uk and add your voice!

Matthew Warke, University of St Andrews Archery Club

I recently completed an archery beginners course at my local club, Phoenix Bowmen in Halifax, West Yorkshire. The club is really friendly and a good example to any other clubs which want to offer beginners courses.

I’m looking at joining the club and continuing to shoot with them, but am struggling to stump up the cash for a full set of archery equipment, recurve rather than compound. Is there any advice on finding decent archery gear on a budget?

Alistair Gill

ARCHERY ON A BUDGET?

Add your voice
How do you inspire a generation to take up archery? Olympians and champions play their part, as do TV shows and films. But one of the simplest ways is to give youngsters the opportunity to have a go – and to make sure it’s fun.

And that’s what Hampshire Scout Archery Club does every year. It organises the National Scout Archery Championships – this year’s was the seventh – which introduces 300 people at a time to the sport. It also catered for more than 40,000 during a have-a-go at the Centenary Scout World Jamboree in 2007 – but that’s a different story. The main aims are to include as many as possible, irrespective of their archery experience or skill, make sure they enjoy the experience and inspire them to want to do more.

Those taking part – male and female – come in all shapes and sizes and are aged between eight and 70-plus. Some are experienced club archers with their own gear but most have only shot once or twice at local practice sessions and HSAC provides about 80 per cent with wooden take-down recurve bows and arrows.

Jonathan Walton is in charge of Scout Archery in Shropshire and took 41 Scouts to this year’s event. He said: “What makes this event so different is that not only do all 300 enjoy target archery but they also get a chance to shoot clout and field archery. Fitting all this into a day and a half is quite a feat of scheduling.”

Target shooting is divided into four age groups – under 11s, 11 to 13, 14 to 17 and over 18s. They are also split into those who have their own kit and shoot with sights and those who do not and shoot barebow. Most shoot three dozen arrows at 60cm faces at a range of 20 yards while the more experienced shoot five dozen at an 80cm face at a distance of 40 yards and can use compounds and longbows.

The field event is next. There are three separate woodland courses with three groups shooting at the same time, which demands very close supervision. Most use supplied equipment but some choose to use their own kit, which means two classifications and four age groups. And all the Scouts have a go at clout archery – many for the first time – with under 14s shooting 60 yards and everyone else shooting 100 yards.

The championships are held at Phasel’s Wood Scout Campsite near Hemel Hempstead, which has lots of room for the Scouts to set up camp. “This is a wonderful event,” said Jonathan. “It is a great advertisement for both Scouting and our sport of archery.

“You hear comments like ‘I never knew you could do that sort of thing in archery’ and ‘that was awesome, can I come again next year?’

“HSAC has to be wholeheartedly commended. It is partly thanks to the efforts of groups like these, which work so hard, that archery is such a growing sport. To see 300 archers, young and old, getting so much fun from a competitive event is a tonic.”
Say hello to Archie and Aimee – two new recruits to the cause of introducing archery into schools. They are the faces of Arrows, the new schools archery product designed by Archery GB to capture the imagination of six to 11-year-olds and provide a fun way to get into the sport.

Arrows got the seal of approval from MPs at Westminster before being unveiled at Cam Everlands Primary School in Gloucestershire, where children were able to get their hands on the finished product for the first time.

Arrows was developed by representatives from schools, archery clubs, the Junior Committee and the Youth Sport Trust. It had to be child-focused and accessible, suit almost any environment and group size, easily stored, easy for teachers to deliver without training and, most of all, give pupils the chance to start fulfilling their potential by achieving immediate success.

Kate Moss, National School and Young People Development Co-ordinator, said: “Arrows introduces young children to archery activity but we also hope it will inspire and encourage more of them to join their local archery clubs.”

For more information visit www.archerygb.org/arrows.

**Competition**

We have three six-bow packs to give away to three lucky Archery UK readers! For your chance to win a pack tell us in 200 words how you would use Arrows to engage more young children in archery. To enter, visit https://www.surveymonkey.com/s/comparrows and make sure they get to us no later than 15 October. Good luck!
Archery in schools is flourishing across the country – and one hotspot is Gloucestershire, which this year helped pave the way for the sport’s inclusion in the national School Games.

The Games promote competition at four levels: within schools, with other schools, in county or regional sports festivals and, finally, at the national School Games finals, a multi-sports event where Britain’s most talented young people will compete.

Archery has just been admitted as one of the School Games sports and Gloucester’s event – along with others across the UK – helped to smooth the path to this.

Preparations started in May with district competitions to decide the county finalists. School Games organisers, the Community Sports Partnership, Deer Park Archers and Xperience Archery worked together to provide training and agree the format for qualification.

Primary school archers competed in mixed teams of nine, shooting in details of three over two hours. Seniors shooting recurves used the same format but at longer distances on an 80cm face and compounders shot three-dozen arrows at a three spot face.

Demand from schools to be involved far outstripped the available equipment and number of available coaches – but the result of the pilot scheme was a highly successful final at Cheltenham College and, nationally, the inclusion of archery in the School Games.

For more information about the School Games, visit www.archerygb.org/schools

First contact
How to make the introduction to archery even better
A new course for teaching archery instructors – the first point of contact for many of those who want to try the sport – is being launched.

More than a million children and adults take part in a taster archery session every year and it is important that those involved are trained to meet Archery GB’s standards.

Hannah Bussey, Archery GB’s Coach Education Lead Officer, said: “Following consultation, it is clear that our existing provision of training provided by the Leader Award is not always meeting the requirements and expectations of instructors. We have developed a new, modernised course for the basic instruction of archery. It will focus on teaching barebow and will have better training and professional resources."

During 2013 the new course for instructors will be launched on a small scale. The number of courses will increase as more tutors become available. It will also act as a pathway into coaching.

So what does the new course offer? Designed for outdoor instructors, teachers and new or inexperienced archers, it will train them to teach barebow and deliver a fun, basic archery session.

This could pave the way to a Level 1 coaching course. This is meant for more experienced instructors and archers, to learn how to teach barebow and freestyle, develop core coaching skills and deliver progressive sessions.

The Leader Award will continue to be delivered as normal in the short to medium term. Twelve months’ notice will be given of any intention to phase out the existing Leader Award. Existing leader qualifications remain valid and the usual renewal requirements continue as normal.

Archery GB wants to expand its network of tutors to deliver the instructors’ course. It is looking for qualified Level 2 coaches and above. More details will be available in 2013.
The new on target specialization aims to put clubs at the heart of their communities — and the first 10 clubs to achieve the award have been announced. They are:

- Bingham Leisure Centre Archery Club and juniors
- Bowmen of Pendle and Samlesbury
- CMO Bowmen and juniors
- Deer Park Archers
- Falkirk Company of Archers
- Frome Town Archers
- Frome Valley Archers
- Norton Archers
- Rochdale Company of Archers
- Wellingborough Open Archery Club

They carried out an honest assessment of their strengths and weaknesses and how they could improve. A further seven clubs are going through the same assessment process.

Falkirk Company of Archers decided it did not have the resources to fulfil demand for beginners’ courses. So it set up a partnership with a local archery company to run regular courses on its behalf and as a result membership is up 33 per cent. It also works closely with the local authority.

Secretary, Moira Taylor, said: “No-one will be refused membership. Anyone new to the sport can access a course within a month of contacting us.”

Frome Valley Archers realised that, because of demand, people were having to wait too long to get on beginners courses. So it sorted out new equipment and venues.

Arran Coggan, national club development co-ordinator, said ‘on target is a club development programme about ‘doing’, not collecting paperwork. Clubs let us know what activities they are already providing against certain characteristics. While clubs are assessed against those criteria, the process does allow clubs to find their own development path.’

Further specialisms — young people and performance — were introduced at the end of August.

Grants boost for clubs
Twenty-two clubs have shared in £14,091 awarded in the second round of the Archery GB on target small grants programme.

They included the rapidly expanding Belvoir Archers, Nottinghamshire, which received £500 towards equipment. Tyndale Archers, Gloucestershire, received £1,125. Amanda Cale, on target club contact, said: “The grant was an excellent boost. Our long-term goal is to develop into a community club and expand our membership of 16, involving a wide range of age groups and abilities and share our passion for archery.”

Old Oundle Bowmen Archery Club, Cambridgeshire, was awarded £500 to help bring in new members. Helen Curtis-Bridges Acting Secretary and Funding Officer said: “We reluctantly had to disband our beginner programme last year, which seriously undermined our development. The on target funding will allow us to gain suitable equipment and overcome a significant barrier preventing us from developing community links.”

More information about on target and funding is available on the Archery GB website at www.archerygb.org/support or from Arran Coggan on 07525 233 592 or at arran.coggan@archerygb.org
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Busy summer for 16 year old

Becky Martin has been a very busy girl. As well as making her National Series Grand final debut, she has been introducing children and the media to the joys of archery.

The 16-year-old has been working with Disney on the release of its *Brave* video game – it came out just before the film hit cinemas and went to number 1 on the UK box office – as well as teaching a Blue Peter presenter how to shoot.

But how did it all start? CBBC’s *Blue Peter* approached Archery GB looking for someone to feature in the show. The only condition was that it had to be someone aged under 20. Becky had just finished sixth in the Olympic qualifiers – and seemed like the natural candidate.

The shoot was held at Lilleshall and her trainee was guest presenter Jade Thompson, 21, who won last year’s Britain and Ireland’s Next Top Model title. Much of it centred around an attempt to recreate a scene in *Brave* where Princess Merida plants three arrows in the centre X of three targets.

Jade said: “It was really good fun and I started to get the hang of it in the end. It’s really hard work and I don’t think I’ll ever be able to shoot the 70-metre Olympic distance – but I watched Becky do it. And I watched her hit the centre every time. I couldn’t do that at 20 metres. She was amazing!”

And Becky’s verdict? “The filming was cool as it gave me an exclusive glimpse of what it’s like to film a TV programme and it presented an opportunity that most teenagers will never get!”

“Obviously one highlight was receiving a Blue Peter badge, it’s quite a prestigious award that many people want from when they are very young and I feel honoured that I have one!”

“And it was really cool seeing myself on TV! I thought the way they put the film together was really good and it showed archery in a really good light!”

Then Disney asked her to be the special guest at a have-a-go session which gave journalists reviewing the Brave video game, which tests the players’ archery skills, the chance to have a go at the real thing.

The session was held at Hampstead Bowmen’s outdoor range and ended with a mini-Olympics which, true to the spirit of the film, was dominated by feisty women. Lizzie Cox and Lauren Franklin of the youth-focused Sugarscape news website took the gold and bronze medals while silver went to Jessica Mellor of the *Sun*.

Becky said: “Before the have-a-go I got the chance to play the video game, which is really good, and to watch *Brave*. I really enjoyed it – the archery sequences are very realistic and some of the characters are so cute, especially the triplets.

“*Playing the video game and watching the film at the Disney studios was...*
amazing. Just being allowed into a building which has had a part in so many of the world's most famous productions was a huge privilege. But to actually get a private screening of a film that hadn't even been released at the time made the whole experience even more amazing!*

Competition

WIN an X Box 360 Kinect games console and a copy of the Brave video game

One lucky reader will be able to battle fierce enemies with a sword, bow and arrows, uncover secrets and break a magical curse by playing the Brave video game.

Players can opt to “become” Merida – the best archer in the country – and battle their way through eight levels of difficulty against a range of foes. The aim is to collect enough gold coins so you can splash out on new capabilities to battle the bad guys.

Becky was impressed when she played it – and you could be too. All you have to do to enter is log on to https://www.surveymonkey.com/s/compbrave, and make sure that you include a daytime telephone number, your home address and your email address. The closing date for entries is 13 October and you must be an Archery GB member. The first name out of the hat wins, so good luck!

Rules

Employees of Archery GB or Disney-Pixar and their immediate families are not eligible to enter the competition. Closing date: 15 October 2012 when one winner will be drawn at random. The prize is as stated, cannot be used in conjunction with any other offer, terms and conditions apply and it is not transferable. A cash alternative is not available. No responsibility can be taken for lost, delayed or non-transmitted entries. The winner must be willing to take part in post-competition publicity. By submitting your details as entry to the competition you agree to Archery UK contacting you on these details. Entrants aged under 18 must have a parent's or guardian's permission to take part. The judge's decision is final. By entering the competition you grant the Company and any competition sponsor(s) the right to use your personal information to send you information about their respective products and services which may be of interest to you. Acceptance of the terms and conditions is a condition of entry and entry instructions form part of the terms and conditions.

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Thank you so much

Support overwhelms Olympians

As the immediate excitement of London 2012 and the celebrations die down, our Team GB and Paralympic GB archers have one message for everyone who has supported them. Thank you.

“It’s been an absolutely amazing experience, and the support from the crowds was just fantastic,” said Amy Oliver. “Awesome is the only word I can think of, but the Olympics has become addictive, and though nothing will ever be like Lord’s 2012, I want more of this!”

“But most importantly, I just want to say a big thank you to everyone came along to support us all. I can’t start to say how much it’s been appreciated.”

Larry Godfrey, who delighted crowds with his impersonations of a batsman hitting a boundary after each victory, said: “The crowds were fantastic with me, and joining in the fun with them was the least I could do in return. I just loved every minute of it.”

Archery GB’s Performance Director Sara Symington said: “I speak for all when I say that they have really appreciated it. All of them have said how much it meant to them, and we just want to say a huge THANK YOU!”

And Paralympic GB manager Paul Atkins added: “It’s been an amazing journey for us all, and something that neither the archers, nor those privileged enough to be part of the back-up team will ever forget. Thank you all for your support.”

Meet Margaret Maughan, the original Paralympic look back on Britain’s glorious summer of sport
The **artebo** chest guard fits the body snugly without slipping, providing a firm and secure fit. No matter what the weather. Its functionality is not the only hit-the new design makes archery even more fun!

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The greatest show on earth

And archery scores Games’ highest satisfaction ratings!

It was a Games of two halves. The Paralympics poster said it all: “Thanks for the warm-up.” Nobody really knew what to expect before the Olympics. Would it work? Could London cope? It did, and London did too. But it was much more than that. For the first time it worked as a whole. The incredible energy built up during the Olympics carried on throughout the Paralympics.

London 2012 was not about ability or disability. It was about sport. And achievement. And generosity of spirit from the athletes, the spectators and everyone who made the games happen.

For those of us who were there, it was a privilege. For those of us watching it unfold on television or on the computer screen as we tried to work, it was spellbinding, addictive – and truly lived up to its billing of the greatest show on earth.

They came, they saw – and archery conquered them all. We won gold and silver at London 2012 – and so much more.

A survey among the thousands of spectators who flocked to Lord’s gave archery a 98.4 per cent satisfaction rating – the highest of any sport – as millions around the world tuned in to see the action. There wasn’t a seat to be had during the Paralympics at the Royal Artillery Barracks.

There were highs and lows. The competition format was cruel, capricious – and incredibly exciting. The first to six points over five ends of three arrows. A draw at the end of that meant a one-arrow shoot-off.

Champions crashed out – Olympic debutant Amy Oliver saw off the world number one, India’s Deepika Kumari, in no uncertain terms before going out in the second round. And a Moldovan 16-year-old with nothing to lose beat Britain’s Simon Terry, while shoot-offs put paid to the dreams of Larry Godfrey, Alan Wills and John Stubbs.

The look on USA golden boy Brady Ellison’s face as he lost 7-1 to Australia’s Taylor Worth in the early rounds had to be seen to be believed. Especially as it followed pure elation at winning a team silver and beating Korea in the semis.
We asked for your experiences of London 2012 – and you answered. In fact so many of you sent in your stories - and fantastic pictures - that we don’t have room to print them all in full. In fact, we would need another magazine!

So, to make sure we mention as many people as possible, we have decided to print excerpts from each, along with your pictures and post the full text on the Archery GB website under membership news. Just look for the I was there headline.

David and Elaine Randall
“The first thing that impressed was the organisation. Even though the security was similar to airport level, everyone was smiling and welcoming. Once inside we were cheerfully directed towards our seats and settled there ready for the archery. When Larry Godfrey came out we were treated to a very exciting couple of matches where audience participation gave the occasion an extra lift.”

Derek Hexter, Fox Archers
“Was it worth it? Spending over £900 on tickets for all the archery at the Olympic Games? Getting up at 4.30am, catching the 6am bus, then train to Waterloo and underground to St James, and then walking to Lord’s? Queuing to get into the grounds and abiding by the security instructions? Removing my belt and hoping my trousers did not fall down before I got to the security screen? Yes it was worth it. This was once-in-a-lifetime experience that I would not have missed.”

John Stanley, Hampstead Bowmen
“As a recurve archer, it was a fascinating series of lessons in form - luckily I was in stand 2, and got to see all the right-handers front on. THAT’s how you stand, anchor, release, follow-through. I was pleased to see the Korean archers, between ends, did ‘that’ hand movement with the fingers on the neck to remind themselves of how to release, just like I do. (My non-archer companion mistook it for an ‘I’m gonna slit your throat’ gesture to the opponent). If they still need to do it, there’s hope for me yet.”
Richard Marsden, Killingworth Archers

‘I saw the ladies’ final and was desperate to see the men’s. Then I bumped into an Aussie who turned out to be the Chief Exec of Hockey Australia Mark Anderson. ‘I don’t suppose you have a spare ticket to the archery final?’ I asked. ‘As a matter of fact I do,’ said Mark. To my utter amazement he just handed me a ticket to the final!!! I was over the moon. The slight downside was I had to promise to support the Aussie hockey team for the games. A small price to pay.’

David Parry, Chiltern Archers

‘My wife Katie and I were lucky enough to get tickets for the archery at Lord’s. Fantastic venue, great archery and we even got lucky with the weather!’

Mark Speight, Cleadon Archers

‘I was waiting at Lord’s after the action had finished and spotted ladies’ gold medal winner Ki Bo Bae and her coach. We got chatting. They were very friendly and let me have a look at – and pull back – her bow! She also autographed our tickets and let me have a look at her gold medal. They didn’t have to do that but they were really nice people.’

Games Maker Lynn Archer, Fox Archers

“My Olympics – well – an absolutely brilliant, fantastic, wonderful experience. It seemed all of London was in a good mood! I was mostly on the practice field and got to talk to the archers and coaches. The head coach of Korea and I had some really interesting conversations – he spoke no English and my Korean is non-existent but we managed to understand each other with signs – oh, and chocolate.”

Peter Durtnall, South Wilts Archers

“David Cornelius-Reid and I shared the Olympic men’s gold medal moment with Korean supporters. It was an amazing day, not only seeing the finals but also joining in with the real spirit of Union, Trueheart and Courtesie in international sport.”

Mark Speight, Cleedon Archers

“I was waiting at Lord’s after the action had finished and spotted ladies’ gold medal winner Ki Bo Bae and her coach. We got chatting. They were very friendly and let me have a look at – and pull back – her bow! She also autographed our tickets and let me have a look at her gold medal. They didn’t have to do that but they were really nice people.”
Some people say that it is better to watch the Olympics on the good old box because you can see the athletes better. This was the total opposite! The commentator, George really was extraordinary. He kept the crowd entertained and waiting for the archers to come up to draw made us all nervous and excited. You could look at anything you wanted to without the camera taking your eye off the athletes. It was brilliant!

In June I received an email informing me that 39 young people from across the country had been nominated to watch the women’s last eight at the Olympics; and I was shocked that I had been lucky enough to have been awarded tickets. As soon as the competitors walked on to the field the crowd erupted with noise, cheering for their country or just the person who they wanted to win. The atmosphere was fantastic!

Games maker
Alex Stuart
Alex was part of the Events Services Team that made sure everything ran smoothly and that everybody had a great time. “It was tremendously rewarding to be a part of the team that was so keen to be involved. Our EVS team at Lord’s was the most successful of the whole Olympics in terms of customer satisfaction. One of the most frustrating aspect was not being able to see the action (especially when Team GB were shooting), but luckily I kept abreast of results using the BBC app, and the raucous cheers of the fans. Never has the lack of a cheer been so worrying!”

Ryan Woodhouse, Long Mynd Archers
“In June I received an email informing me that 39 young people from across the country had been nominated to watch the women’s last eight at the Olympics; and I was shocked that I had been lucky enough to have been awarded tickets. As soon as the competitors walked on to the field the crowd erupted with noise, cheering for their country or just the person who they wanted to win. The atmosphere was fantastic!”

Gavin Macmillan
Gavin met Alan Wills just after the men’s team competition. “Although his disappointment was evident, what a class act Alan Wills was. He was out and about mixing with the crowd afterwards, my daughter Iona, a keen beginner (as am I but she is better!) was in awe and amazed to meet a real Olympian. Is it wrong to hope they don’t manage to build the infrastructure in Rio in time so we can get them again in four years’ time?”
Victoria Barby

Victoria Barby was at the games with members of the Scottish Archery Team and managed to get this cracking shot of one of her countrymen flying the flag.

Mrs W Hogg

“I took my family to Lord’s (two archers, two non archers) and we all had a fantastic time. Watching the different ways the archers took to get to full draw was fun, especially Viktor Ruban. It was a shame to watch all the GB archers shooting that day go out so early but seeing up-and-coming archers such as Dan Olaru (Moldova) helped encourage my teenagers.”

Mark O’Donnell

“Everyone was buzzing. As an archer I wondered what would I feel like coming out to this sort of crowd. These people had to be focused. Then we saw. Out came Larry Godfrey, the last GB archer in the competition. As promised we cheered and shouted like mad for our Brit. I have watched the top British archers shoot in competition before. This was different. It was up many levels. As each archer loosed an arrow towards that target, you could see it. The screens showed each hit. It was happening. We watched 10’s hitting the boss (archery terms here), each one greeted with roars for both archers. It was tense and close. Larry was edged out in a one-arrow shoot out. Disappointing? Maybe. But up against the best in the world is hard to beat.”

Gordon Dunk, Killingworth Archers

“As I am studying to be an archery judge, there was much to interest me in the administration as well as the participation. The crowd was enthusiastic and seemed to be about 25 per cent South Korean. The atmosphere was very friendly, chatty and damp. I met archers from near (the Home Counties) and far (Malaysia). During one of the downpours I did notice a certain David Harrison sheltering on Lord’s balcony. Rank hath its privileges, as they say.”
Welcome to the Mansion House!

Everybody is lining up to congratulate our Paralympic GB archers – but the warmest congratulations came from long-time supporters the Worshipful Company of Fletchers.

It welcomed them to a special reception in London’s Mansion House and presented every team member with a special Fletchers commemorative mug by the Lord Mayor of London David Wootton. “Every squad member has done wonderfully, and it is a pleasure to welcome you all to the Mansion House,” he said.

“Many congratulations to Dani Brown and Mel Clarke - you and all your teammates are the heirs of the events of 1948, when an archery event took place at Stoke Mandeville Hospital, and was the forerunner of the Paralympics.”

To mark their medal winning success, both Dani and Mel were awarded the Freedom of the Company, an honour previously been bestowed on Paralympians Anita Chapman, Kathy Critchlow-Smith and current squad member John Cavanagh. The Worshipful Company of Fletchers sponsors the annual international archery tournament at Stoke Mandeville, and supports the Paralympic squad with contributions towards the cost of equipment.

The archers also led the way during the Parade of Heroes through London. Because the sport begins with the letter A, they were in the front float with athletes including Mo Farah and Jessica Ennis – and were cheered by crowds estimated at one million. Team Manager Paul Atkins said: “It was a truly fantastic experience, and completed an amazing three weeks for our Para archers who competed at the Games.

“Just making it to the Games was an achievement, and everyone who took part contributed to a fantastic occasion, whether they won a medal or otherwise - and that’s what the celebration was all about.”

Harriet Kelsey, Bowmen of Warfield

“In Lord’s there were loads of people, and some stalls and shops. I did a have-a-go and got 3 golds with my 3 arrows- even if it was at 5 yards! There were lots of different nationalities there, cheering on their countries. It was a fantastic atmosphere, and incredibly enjoyable, despite the rain, which just proved how good the archers were.”

Russell Hagan

“My son and I were fortunate enough to spend a fantastic morning at Lord’s watching a qualifying round of the Olympic archery. The atmosphere was amazing, the weather was glorious, the archery top class and I took of a panoramic view of the beautiful venue.”

Laurence Fletcher

“The build-up to the games was amazing. The event was even better. It started with a lovely walk from Paddington Station through St John’s Wood to Lord’s. We decided to stop just outside the ground and grab a sandwich before the gates opened. While sitting there Brady Ellison strolled by. Smashing fella stopped to say hi and let me take of photo of him with my daughters, Emily and Harriet.”
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It’s Alison MBE!

Queen honours six-time Olympian

It’s been quite a summer for Alison Williamson. She competed in her sixth Olympics, carried the torch through Much Wenlock, shot in a World Cup tournament in Ogden, USA – and was awarded an MBE in the Queen’s Honours list.

“I thought it couldn’t get any better,” she said. “But now I just feel overwhelmed to have been given such an honour by Her Majesty in her Diamond Jubilee year for services to a sport that has been my life for more than 30 years."

“It is such a privilege and I have to pinch myself to appreciate what an incredible year it has already been.”

Alison, who won bronze at the Athens Olympics in 2004, added: “Although the MBE is being awarded to me, none of what I have achieved would have been possible without the support of so many people throughout the years, from my family and friends, coaches and team mates, staff behind the scenes and sponsors - they deserve to feel very proud of being part of this wonderful honour.”

Archery GB Chairman Dave Harrison said: “I’m thrilled to bits to hear about this, and there’s no one more deserving of this award than Alison. I have never met anyone more dedicated and focused than she is, and that is why she has stayed at the top of her game at the highest level for over 20 years.”

Chief executive David Sherratt said: “She represents all that’s good about archery, and is a fantastic ambassador for our sport. And it’s not just in this country that she commands such high respect – all over the world she is held in the highest esteem for what she has achieved.” And Performance Director Sara Symington said: “It’s fantastic news for Alison, and richly deserved. Alison is one of the most focused and dedicated athletes I have ever worked with.”

Flying the flag

The eagle-eyed among you may have noted the women of Team GB and Paralympic GB have been sporting very patriotic nails and earrings.

It’s not only the archers. They made sure the support team joined in too. But Helen George, who has been coaching the women’s para recurve team of Kate Murray, Sharon Vennard and Leigh Walmsley, does not have pierced ears. So they decided to give her a Union flag necklace instead. Helen promised not to take it off until at least one of the Paralympic archers brought back a medal. She kept her word – and it obviously worked. So what’s it going to be for Rio?
**Superhuman?**

Or just the best that people can be?

Prepare to be inspired. Prepare to be dazzled. Prepare to be moved. Those were Lord Seb Coe’s words during the opening of the London 2012 Paralympics. And we were. From the stunning opening ceremony and Britain’s gold medal haul to the heroics on the archery field at the Royal Artillery Barracks, the Paralympics caught the nation’s – and the world’s – imagination.

Dani Brown and Mel Clarke stole the show as far as the Brits were concerned. Their epic battle for gold and silver summed up the thrills of the tournament.

But it was, more than anything, a triumph of camaraderie and bear hugs. Were there disappointments? Of course there were. One of the major disappointments was the lack of archery coverage. The bar was set very high during the Olympics. The BBC’s decision to run a live feed from Lord’s brought the sport to a new – and extremely interested – audience.

Channel 4’s coverage of Paralympic archery fell well short – it might not have been its fault but it robbed the viewing public of the chance to witness some truly inspiring scenes. Such as when Jeff Fabry of the USA broke his bow in his semi finals, lost an end as he dashed off to replace it and still fought back to win both the semi and the gold medal. And the pure emotion of watching armless archer Matt Stutzman, also representing the USA, take silver after a nerve-shredding final which ended with a perfect 30 from him and the eventual gold medal winner Jere Forsberg of Finland.

**Behind the scenes**

Much of archery’s success at Lord’s and the Royal Artillery Barracks was due to work done behind the scenes and by volunteers. Here we look at some of those involved.

Chris Marsh,

**LOCOG Archery Services Manager**

Chris, a member of Audco Archers started shooting when he was 13. He started work on the Games around three and a half years ago.

He said: “It has been really challenging with numerous projects to be completed and deadlines to meet, all within a very tight budget. There have been 96 functional areas to liaise with about security, technology, logistics, ticketing, medical issues and such. They knew nothing about archery and had another 25 sports over 34 venues. Good communication has been vital!

“At times, I have felt as though I had a huge mountain to climb and I think I have encountered every emotion possible, from the highs to the lows, the frustrations to the successes but it has really been the most fantastic and fulfilling experience ever. I will have many memories of London 2012 but I think the ones which are closest to me are of the variety of people, all from different backgrounds, experience and characters who were...”
Incredible and they really did make each day unique.

“The venues looked amazing, the atmosphere created by spectators was incredible and I’ll remember watching the athletes shoot and seeing the fortunate ones on the podiums with their hard-earned medals. Last but not least, The Games Makers—they were a true inspiration and I cannot say ‘thank you’ enough to them.”

Katherine Vick and Harry Heeley, Young Games Makers Team Leaders

“Our Olympic Journey started in September 2011, and what a privilege it has been. We were asked to lead a team of Young Games Makers to run the arrows from the target to the archers at the Olympic Games.

“The team of young archers was: Lora Ankers, Alice Cotton, Matthew Ingram, James Lewis, Caitlin McCarthy, Channah Parker-Hamdan, Jacob Vick, James Whittaker and, at the Test event, Marsie Henderson-Hirst.

“Their commitment was exemplary, especially as they were all going through GCSEs or AS Level exams. Five are part of the Great Britain Performance Squads, and two were selected to shoot for Great Britain in 2012 in Croatia and Denmark. But their enthusiasm never waned and as both events were self-funded, the team managed to raise in excess of £9,000, to have the opportunity to volunteer for the competitions in the sport they love.

“We were so proud of their professionalism, the attention to detail and always striving to improve. They were always immaculately turned out, wearing their uniform with pride and took ownership of their roles. It was a joy and a privilege to be working with such a responsible group of young people. They were a credit to themselves, their parents, their clubs and counties, Archery GB and were, of course, excellent ambassadors for the sport.”

“I was the perfect way to kick off the Paralympics. To get the first ever Paralympic gold medallist to light the iconic cauldron. And that was, of course, an archer.

The honour went to Margaret Maughan, Britain’s first gold medallist at the first official Paralympic games in Rome in 1960. The 83-year-old former teacher was paralysed in a car accident in Malawi and was encouraged to take up archery while at Stoke Mandeville by the “godfather” of the Paralympics, Dr Ludwig Guttman.

Margaret, who also went on to win Paralympic golds in swimming, archery and lawn bowls, said: “Lighting the cauldron was a wonderful experience but winning the gold and being involved in the development of disabled sport is really wonderful, especially when you think of how everything has gone forward in leaps and bounds.”

A golden moment
Sixty of Britain’s best junior archers will be training at Regional Academies. They will be launched in the next six months and Sport England is, for the first time, interested in investing in the Archery GB Performance Pathway. A new talent selection process is under way. There are already 235 archers aged between nine and 20 going through a 20-week programme and the best will be invited to join a regional academy.

Archery GB is working with UK Sport Talent and Sport England’s Talent Team to find better ways of spotting and developing talent. Young archers are being prepared for the pressure so of the international competition format by the introduction of the Academies Cup.

There are also going to be major changes to the World Class Programme and it will be reaching out to some of the most promising young archers so that Britain is ready to take centre stage at Rio 2016.

For the complete statements from the Archery GB board please see: http://www.archerygb.org/news/2880.php

It’s been a fantastic summer and, to make it a little more special, we have three sets Team GB gear to give away, thanks to our friends in Archery GB Performance. Each winner will receive an Adidas Team GB Archery supporter T-shirt, a Great Britain cap and a Team GB bag. All you have to do to win is answer one simple question.

Q. How many Olympics has Alison Williamson competed in?

Send your answers to magazine@archerygb before 14 October. Make sure you include your name, address, telephone number and email address.

Rules: Employees of Archery GB and their immediate families are not eligible to enter the competition. Closing date: 14 October 2012 when three winners will be drawn at random. The prize is as stated, cannot be used in conjunction with any other offer; terms and conditions apply and it is not transferable. A cash alternative is not available. No responsibility can be taken for lost, delayed or non-transmitted entries. The winner must be willing to take part in post-competition publicity. By submitting your details as entry to the competition you agree to Archery UK contacting you on these details. Entrants aged under 18 must have a parent’s or guardian’s permission to take part. The judge’s decision is final. Acceptance of the terms and conditions is a condition of entry and entry instructions form part of the terms and conditions.

Looking back

What did we learn from 2012?

Archery was one of the smash hits of London 2012. And one thing we all learned was that the passion for the Paralympics was just as great as it was for the Olympics. All the hard work put into organising the games paid off. Surveys carried out as spectators left Lord’s resulted in a 98.4 satisfaction rating, the number of people following Archery GB via twitter boomed and clubs around the country are reporting a surge of interest.

But things can always be better. So the Board of Archery GB has brought in an independent reviewer to look at what the sport did well, how it can improve and what need to be done to achieve its Olympic targets, some of which were not achieved. One area it will be looking at will be the identification and development of talent, putting the necessary framework, such as Regional Academies, in place – as well as the funding.

The Paralympic final between Dani Brown and Mel Clarke was thrilling, edge of the seat stuff – as were many matches – and Kenny Allen broke a Paralympic record, but much work needs to be done. And, if British archers are to fulfil their true potential in Rio, the Board says changes need to be made and the hard work starts now.

Where do we go from here?

Next stop Rio – and work is already well under way to meeting the challenge. Archery GB is four years into a 10-year programme to develop the strength and depth of the elite squad.
The Ten Zone Scopes and Victory Release Aids are used by many of Europe's top archers, including UK No.1 Adam Ravenscroft. The best does not have to mean the most expensive!

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A grand day out

Thrills at the National Series finals

Archery GB’s National Series has four new champions, as Larry Godfrey, Alison Williamson, Christie Westman and Adam Ravenscroft all won their respective titles for the first time.

On a terrific day of archery at Christ Church Meadow, Oxford, Larry ended the three year men’s recurve winning run of Simon Terry, while Christie beat her elder sister Rikki Bingham in the women’s compound final! Christie then cheered on her fiancé to victory in the men’s compound final, while Alison beat the defending champion and the 2010 winner to take the women’s recurve title.

Simon has won the National Series every year since it was launched in 2009 – but Larry beat him 6-2. George Harding – in his first National Series Grand Final – beat Tom Barber to take the bronze medal.

In the women’s recurve, Alison beat Charlotte Burgess 6-0. And after Naomi fought off the determined challenge of 16-year-old Becky Martin, Alison took the title with a 7-3 victory, while Charlotte beat Becky 6-4 to take the bronze.

The women’s compound had two Grand Final first timers and the guarantee of a new champion. Of the two first timers, Pauline Burfield lost the day’s opening match to Rikki Bingham, while Christie Westman made sure the occasion never got to her as she halted the hopes of Andrea Gales. Christie beat Rikki 138-134 while Andrea beat Pauline to secure the bronze medal.

Adam Ravenscroft beat Liam Grimwood to reach the final, where he faced Duncan Busby, who defeated Grand Final newcomer Chris Bell. Adam took his first National Series final with a 147-144 victory over the 2010 Commonwealth Games gold medalist, while Chris defeated Liam to win the bronze medal.

“It’s been a fantastic day, with some outstanding archer, thrilling matches, and great crowds - I’m delighted,” said organiser Nat Merry. “The ‘have-a-go’, as part of the Archery Big Weekend, was really successful, interest was high, we had a glorious venue, and I’m proud that Oxford Archers have put on such a fantastic event, fitting for this excellent tournament.”

Juniors net four Euro medals

GB archers won four medals at the European Junior Championships – a gold, two silvers and a bronze.

Jake Bunce, Jordan Mitchell and Adam Outram were the GB golden boys on the final day of competition in Nykobing, Denmark. They defeated the host nation’s trio of Joachim Anderson, Claus Frantzen and Mads Knudsen to take the gold medal in the men’s junior gold team tournament, winning their match 230-223.

It made up for the victory of Stephan Hansen and Sarah Holst Sonnichsen over Daisy Clark and Jonathan Bull in the compound cadet mixed team tournament. Denmark took the gold medal with a 146-142 victory. And Russia pipped GB to gold in the women’s recurve cadet final. Bryony Pitman, Becky Martin and Abbie Fisher were beaten by Soelma Syrenova, Sabina Alieva and Tuyana Dashidorzhieva 218-197.

Those three medals were added to the bronze won by Jonathan Bull, Luke Pennell and Matthew Ingram in the men’s cadet compound tournament. “I’m absolutely delighted for Jake, Jordan and Adam, they shot superbly, and are well deserved European champions,” said Team Manager Barry Bey.

“I’m really proud of them. But I’m really proud of Bryony, Becky, Abbie, Daisy and Jonathan too. They all shot superbly in their gold medal matches, and silver medals are a great return for their efforts.”

The most comprehensive online archery website anywhere!
Golden days for Pauline

Pauline Burfitt added a little extra sparkle to the Cyprus sunshine when she came home from the European Grand Prix with two gold medals. The Chippenham archer added the women’s individual compound title to the mixed team gold she won with Phil Glover. And he too came home with two medals. He took bronze in the men’s individual compound event.

Pauline saw off Slovakia’s Katarina Durna to win the individual tournament. She led throughout to complete a 131-127 victory while Phil from Billericay, earned his second medal when he defeated Ioannis Likatis of Greece 142-137 in their bronze medal match.

“It’s fantastic for Pauline and Phil, and everyone in the GB squad in Cyprus was delighted for them,” said Team Manager Barry Eley. “Both shot really well all week, and it’s a great achievement to win not just one, but two medals at an international tournament.”

Silver puts Larry in World Cup final

A silver medal was enough to book Larry Godfrey his first appearance in the World Cup Grand Final in Tokyo.

Larry narrowly missed out on gold in Ogden USA, beaten by Mexico’s Luis Alvarez. But, by getting to the final, both finished in the top seven in the overall recurve standings after World Cup events in Shanghai, Antalya and Ogden – and that was enough to put them through to the final.

“Obviously it would have been nice to win gold, but credit to Luis, he shot very well on the day,” said Larry. “It’s great that I’ve clinched a place at the Grand Final, I’ve never been to one before, so it’s fantastic to be involved in such a big occasion for World Archery.”

But that was not his only medal. Earlier Larry was a member of the GB team which beat Italy to take the bronze medal! Larry, Alan Wills and Simon Terry beat the Italian trio of Mauro Nespoli, Michele Frangilli and Marco Galiazzo – the Olympic gold medalists – by 13 points to take the men’s team bronze medal.

It was their second successive World Cup medal, following gold at Antalya last month. And they were always in command, winning 223-210.

The World Cup final was being held as Archery UK was going to press. Check the Archery GB website to find out how Larry did.

Destination Tokyo

Larry Godfrey takes World Cup silver
Sixteen countries seized one of the last chances to cram in some competition before the Paralympics by entering the British Wheelchair Archery Association Open at Stoke Mandeville.

There was some high-class shooting in the qualifiers and eliminations including two shoot-offs involving the USA’s armless archer Matt Stutzman, who won his first then lost to Kevin Fox X-10. In the individual finals Paul Browne beat Jose Baez of Mexico 6-2. John Cavanagh won bronze against his old adversary Fabio Azzolini 6-4, with Kate Murray beating Elizabetta Mijno 6-2. After a tough battle Kenny Allen fell to Ozagun Polat, who clinched the match 6-4.

But the match of the day was between Dani Brown and Mel Clarke. Mel took the first set then Dani pulled level. Mel took the next set and then the wind picked up. Dani missed – and Mel took full advantage, winning 7-3. There were also podium places for members of Heath Saxby, Sandra Spinks, Simon Powell, Jude Hall, Jodie Grinham and Brad Stewart.

A minute’s silence was held in memory of David Hilton before thanks went to organisers and helpers – Pauline Betteridge, Anne Webb and Kevin Hyde, the teams led by Grieg Middleton and Sam Hall and to Tony George’s results team.

Coaches, do you want to find out how to approach and advise disabled archers? Then this might be for you.

The Performance Unit is holding a Pass It on Weekend from 18 to 20 January to train coaches so that they can go back to their clubs, counties and regions and pass the information on. The weekend will include seminars on visually impaired archers and practical sessions shooting from balance boards and stools. There will also be sessions on how to help someone who wants to become a Paralympian, what it will involve, the training and the relationship between the archer and the coach.

There are 30 places. If you are interested please send the following details to Helen George at helen.pipedream@talktalk.net

Your name, membership number, coach grade, club, county, region, email address and telephone number.

PASS THE WISDOM ON

Huge medal haul at World Field Championships

Words: Peter Jones

British archers turned in a fantastic performance at the World Field Championships at Val D’Isere, France, winning a total of six medals.

Olympian Naomi Folkard won two, an individual bronze and a team gold with Tracey Anderson (compound), and Lizzy Rees (barebow).

Jon Shales defeated France’s Aurelien Rabanet 50-44 to take an individual bronze and Alex Bridgman took the junior men’s compound silver medal, just missing out when Belgium’s Renaud Domanski beat him 59-58.

Compounder Daisy Clark, Bryony Pitman (recurve) and Evie Rawlings (barebow) took gold in the junior women’s team event. And it was silver for the junior boys trio of Alex Bridgman (compound), Mark Nesbitt (recurve) and Robert Mallon (barebow), who saw off Italy in the semi finals, but missed out to Germany in the gold medal match.

Team Manager Gloria Mead said: “It’s been fantastic and winning six medals is an outstanding achievement. All our archers shot exceptionally well. They’ve been a credit to British archery, and I’m proud of them all.”

Gold medal winner Bryony Pittman

A little extra practice...

The joy of six

Huge medal haul at World Field Championships...
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Getting started

Coaching archers to their first competition

WORDS: Tim Swane

Taking part in competitions plays a major role in keeping archers within the sport. All experienced coaches know this. But sometimes we forget how worrying going to your first shoot can be.

Statistics suggest that, nationally, membership is going up – but attendance at competitions, apart from the National Series and some high profile meetings, is broadly going down. We have to reverse this trend if we are to maintain our competitive edge internationally and sustain membership growth over the long term. Part of being a good coach is encouraging people to compete.

So how do you start? The best way is to get new archers shooting a round at a club night under competition rules every week so they can measure how well they are performing and improving. Introduce them to handicap and classification tables so they can follow that improvement on paper and learn that they will not show themselves up by missing the target. Working to competition rules will also start to instil shoot etiquette.

When I first took up archery, my club ran four shoots each year – a National, a Western, a Short FITA and then an American. These were closed shoots but followed competition rules. They were also low pressure, great fun and taught me how to score, pull arrows and pace...
myself. When I went to my first open shoot I knew exactly what to expect. By the end of my first season I was confident enough to go to shoots on my own. Experience is the key.

Some archers say they are not competitive but getting a medal is not always the point. Going to a shoot is a new experience, a chance to make new friends – and to test their progress. Set sensible performance goals for the shoots they go to so that they can measure their success against those goals.

Find local shoots, make sure they know how to get there and hand them a sensible list of what they will need to take with them. Have a word with the tournament organiser to see if they can be put on targets with people you know will look after them.

Keep checking on your archer, make sure they are not struggling and have your kit box handy so you can make running repairs – especially if they are shooting with club equipment or a new bow. If they start to get overwhelmed or struggle with their form, give them one thing to think about. I get them to concentrate on pushing the bow towards the target. In pure coaching terms this does not mean a great deal but the chances are their fitness is letting them down and their bow shoulder is backing up and rising. Getting them to focus on this one thing helps them keep their bow shoulder in a better place and clears their mind.

Have a chat after the competition. Some archers will need reassuring while others will be bursting to tell someone about their performance. Make sure they know they should stay around for the prize giving – and that they know the way about their performance. Make sure they are not struggling and have their kit box handy so you can make running repairs – especially if they are shooting with club equipment or a new bow. If they start to get overwhelmed or struggle with their form, give them one thing to think about. I get them to concentrate on pushing the bow towards the target. In pure coaching terms this does not mean a great deal but the chances are their fitness is letting them down and their bow shoulder is backing up and rising. Getting them to focus on this one thing helps them keep their bow shoulder in a better place and clears their mind.

Have a chat after the competition. Some archers will need reassuring while others will be bursting to tell someone about their performance. Make sure they know they should stay around for the prize giving – and that they know the way home. Watching archers at their first shoot can be very rewarding, so let’s get more home. Watching archers at their first shoot can be very rewarding, so let’s get more

How do you prepare for wet weather shooting?
It’s important to make sure you have everything necessary to help keep both you and your lens as dry as possible.

Firstly, a well-fitted waterproof jacket is essential. There is nothing worse than feeling cold and wet – but remember to use something to keep your sleeve out of the way of your string. A piece of Tubigrip is ideal. And have a towel handy to dry the bow’s grip and release aid.

Secondly, keep your lens free from water or your view of the target could become blurred. Investing in a rain shield will help a lot. These fit on the top of your scope and shelter the lens. If your lens does get wet, tissues are not the answer. There are several lens cleaning ‘pens’ available which will do the job – or you can easily make your own using a piece of chamois leather attached to the end of an old arrow.

Remember, the rain will add weight to your string which will slow your arrows down, so keep your string well waxed to ensure it is as waterproof as possible and give your sight a few clicks down – just don’t forget to move it back up once the rain has stopped!

How do you keep track of your practice scores in real terms?
Keeping a record of your practice sessions can be useful to improve your tournament scores and over the years I have used several methods. The simplest and most comparable way is to shoot a round, keeping a track of your score and the weather conditions. This can be limiting because you are restricted to shooting a set amount of arrows and ends depending on your chosen round.

The method I’m currently using is to shoot and score your preferred number of arrows at a particular distance then, at the end of your practice session, take your total score and divide it by the number of arrows shot. This gives you an average arrow score that can now be turned into any round you want by multiplying it by the number of arrows in that round.

This means you can shoot as many arrows as you like and still have a comparable score for any round.

For more advice see www.duncanbusbyarchery.com

Our daily bread

WORDS: Jackie Wilkinson

Competition performance is strongly linked to food and drink. As you travel to competitions such as the recent Field Archery World Championships in France, you have to wonder what you will get to eat.

Last time I competed in France we were bombarded with bread several times a day. As a high protein metabolic type with mild wheat intolerance, bread didn’t do me any good at all.

I’m not alone. We’ve only been eating wheat around 5,500 years and it isn’t easy to digest. Life can get tricky because it’s very fashionable these days to have cereal and toast for breakfast and sandwiches for lunch. Bread is everywhere and many people who have a slight intolerance don’t even realise. Cutting it out for a couple of weeks and noticing your reaction when you add it back in can reveal any problems.

White is worst. In common with other refined white foods (sugar, salt) much of the goodness has been stripped out leaving something that is very quickly converted into sugar and can result in insulin production and weight gain. Brown bread is sometimes dyed white bread – check the label! Wholemeal is better because the fibre slows down the way your body converts it to energy.

Top tip: Think about whether your daily bread suits your body.
What exactly do you do?

Getting under the skin of the Operations Committee

The Operations Committee is central to the work of Archery GB – but some archers, especially new ones, are unclear about what it actually does. So what is it and what does it do?

Essentially it is made up of the Director of Operations and the chairmen of the coaching, disabled, field, judges, junior, national tournaments and rules committees and acts as a forum that meets four times a year. It is an opportunity to discuss and explore comments, suggestions, problems and ideas for archery, clubs and membership.

The Director, Bryan Woodcock, said: “My primary task is the facilitation and communication between this Committee, and the Board of Directors.

“To give an example: the Judges Sub Committee could receive reports of a problem in, say, an aspect of tournament archery. They might decide that altering an existing rule might help solve the problem. It is then brought before the Operations Committee which agrees, following discussion, that a small change would help.

The Rules Committee then draws up a new (or amended) rule and presents this to the next Operations Committee meeting. If it is approved, it is published in Archery UK so the membership can comment.

Once those comments are received, it is debated again and, if approved, is finally accepted as a new or amended rule. If it has wider implications, the Director will ask the Board of Directors for its input.”

He said that since being elected in April, he had faced a number of challenging requests about rules and shooting administration procedures. “As can be seen the work of the Operations Committee is vital to the continuation of our sport and the volunteers who assist in them are equally as vital and important.”

The Operations Committee is made up of the Director and the chairmen of:
- Coaching, Disabled, Field, Judges
- Junior, National Tournaments, Rules
- Rules

Shape the future

YOUR chance to play a key role

How involved do you want to be in our sport? If you think you have a role to play it is time to stand up and be counted. There are plenty of opportunities for keen volunteers.

Driving the sport forward is crucial. Rio 2016 is the next big target – but the sport is not just about elite archers. It is about all archers. Do you think Archery GB is doing enough? Could you bring something new to the mix?

Archery GB is asking for nominations for the President and two Vice-Presidents. Dave Harrison is to seek re-election for a second term as Chairman, and the Board will carry out a recruitment process for Director Marketing and Director Development and take its nominations to the AGM.

Other Directorships are up for grabs too. Northern Ireland needs a new National Director – and the Directors of Scotland, England and Wales are up for re-election. If you want to challenge any of them for the role, it’s time to start thinking about it. Do you have the time, the skills and the commitment? If you think you do, contact your Regional Secretary as quickly as possible for more details about how to apply.

Ian McGibbon, outgoing Northern Ireland Director, said: “It has given me a fascinating insight, as well as a chance to put something back into the sport I love. The Board’s work gets harder and more complex, all the time – but I would still encourage any member with business experience to think about volunteering. Archery GB needs you!”

As well as the Board, there will be vacancies on key committees. Nominations are requested for Chairmen of the Disabled, Judge, Rules and National Tournaments committees. If you don’t want to be chairman but still want to be involved, nominations are needed for members of the Field, Target, Disabled, Junior, Coaching, Judges, Rules and National Tournaments committees.

Details of the roles and duties are available on the website – click on “documents” then “governance” and you will see the folder with the AGM information. If you do not have internet access, contact Membership Services on 01952 677 888.
Proposed Changes to the Rules of Shooting

At the request of the Judges Committee the Operations Committee has proposed the following changes to the Rules of Shooting:

304 (a) Shooting, shall be from an unsupported standing position with the body above the shooting line. Disabled archers may use appropriate support.

Reason – to ensure all archers stand over the shooting line.

and

605(c)(iv) After all classes have shot the first end, competitors and officials will go forward in groups of at least two persons to find and mark the arrows. The group, acting together, will place a marker with a label attached bearing the name of the archer and class/weight division at the measuring point (see Rule 607) of the archer’s furthest arrow. Arrows will then be withdrawn.

(v) Succeeding ends may then be shot and the process of finding and marking arrows repeated. If necessary, markers will be adjusted.

Reason – to ensure flight archery arrow positions are witnessed before marking their position and removing the arrow.

In accordance with the Rules of Shooting amendment procedure the membership now has two months in which to comment on these proposals before the Operations committee issues the final version. Anyone who wants to comment on these proposed changes should write to the Director Operations via the Archery GB office or e-mail director.operations@archerygb.org.

Error in published classification tables

An anomaly has been spotted in the published classification tables for the gentleman’s Short Metric outdoor round. The table for recurve bows shows it is only possible for a gentleman to achieve a third class while longbow, compound and barebow can achieve second class classifications.

The recurve table is right. It is only possible for a gentleman to achieve a third class in the Short Metric, no matter what kind of bow he is shooting.

Why? The tables are based on two things – the minimum longest distance to be shot and the minimum number of dozens in the round. For a second class the distance needs to be 60 metres or yards. For a third class it is 50 metres/yards. The Short Metric round is 50 metres.

The second class classification was removed from the 2012 published tables for recurve. Unfortunately it was not removed from the other bow types. The Operations Committee apologises for any problems this might have caused and, to stop this happening again, changes have been suggested. It is suggested that each classification level should simply be defined as a specific handicap level, subject to the restrictions on which classifications can be obtained when shooting a particular round. Each classification will apply over a range of handicaps and, when you reach the appropriate handicap, your classification changes.

For more details go to the Archery GB website and, if you have any views, please email them to classreview@archerygb.org.
Who deserves to win?

Time to recognise outstanding contributions

It's time to recognise those archers who have an outstanding contribution to their club, county or sport. All you have to do is nominate them for one of Archery GB’s annual awards. The awards will be presented at the 2013 annual meeting and the deadline for nominations is 1 January 2013.

Full details about the awards and nomination forms are available from Membership Services or from www.archerygb.org (look in documents, under governance, to find the AGM folder). If you want to nominate someone, let them know – because they have to agree to it.

If there are no nominations for any award – apart from the Toxophilus Trophy and the Ascham Mazur Trophy – the Board of Directors might nominate someone to make sure it is presented. You can put archers forward for the following trophies:

The Gussy Trophy – donated by Michael Bentine and awarded to the wheelchair archer of the year. Nominees must be permanently restricted to a wheelchair and considered to have given exemplary service in any sphere of archery.

The Toxophilus Trophy – awarded to the best club, county or regional magazine. Four copies of at least two issues from the previous calendar year have to be submitted to Membership Services so that the Awards Panel can decide the winner.

The Ascham Mazur Trophy – awarded to the archer achieving the highest score for an American Round using a bow as defined in Rule 202 of the Rules of Shooting at an Associated Club Target Day or at a recognised tournament.

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NOTES TO MEMBERS

A quick reminder

If your club is playing host to foreign visitors, remember to check they are covered by their own insurance. While Archery GB laws (12(a)) allow overseas archers whose national governing body is a member of World Archery to shoot here, our insurance policy only covers UK, Channel Islands and Isle of Man residents.

If you are planning to shoot abroad – and have not made it into the national squad yet – you will need to take out extra insurance. Visit www.perkins-slade.com for details.

Growing fast

The number of Archery GB members on 1 October last year stood at 34,018. By mid-August that had risen to nearly 34,500 and, by the end of the membership year on 30 September it is expected to be 36,000 – the highest in our 151-year history!

What’s new for members?

Archery GB is committed to improving its service to members and, as part of that pledge, it has lined up a series of changes for 2013.

● The Tournaments Committee wanted an easy way to check that membership cards are up to date from 2013 onwards, card designs will vary slightly every year.

● The Development team will be introducing its on-target Young People and Performance specialisms, distributing more grants, expanding the Arrows scheme and working with Sport England for funding for development to 2017.

● National tournament entry forms will get a new standardised look and record status tournament application forms will be available online.

● The online CRB pilot is to continue. If successful, the plan is to make it the standard way of carrying out CRB checks.

John Wilson accepting the 2012 Hartwell Trophy from President Trish Lovell

The Archery GB Regional and County and Club Website Awards – awarded to acknowledge the work and dedication of volunteer web masters who work hard to attract new members or keeping current members informed every level of the sport.
BA Postal League – 2011 / 2012 Results

PORTSMOUTH LEAGUE

BRITISH ARCHER TROPHY – SELSEFIELD A.C. ’A’

League Medallians
Lady: Mrs. G. Lynn (Neptune A.C. ‘X’)
Gent: A. Wilson (Sellyfield A.C. ‘X’)

585
584

Boy: N. Taylor (Woking A.C. ‘X’)
Girl: A. Fisher (Fakenham Bowmen)

582
583

COMPOUND PORTSMOUTH LEAGUE

TARGETCRAFT PLATE – BOWMEN OF BRUNSWICK ’A’

League Medallians
Lady: Miss E. George (Caledon ’X’)
Gent: D. Evans (Stafford Archers)

592
596

Boy: G. Taylor (Pastures C of A)
Girl: T. Fisher (Sellyfield A.C. ‘X’)

591
594

FROSTBYTE LEAGUE

CRISP TROPHY – MERIDEN A.C. ’A’

League Medallians
Lady: Mrs. E. Davies (Wolverhampton C of A)
Gent: B. Baker (Ten Ring A.C.)

364
355

Boy: M. Styles (Bridlington Archers ‘A’)
Girl: S. Jackson (Fakenham Bowmen)

347
325

COMPOUND FROSTBYTE LEAGUE

GREATWOOD PLATE – A.C. DELCO BOWMEN ’A’

League Medallians
Lady: Mrs. P. Lee (Marden A.C. ‘X’)
Gent: N. Cober (Wolverhampton C of A)

553
360

Boy: M. Ingram (Marden A.C. ‘X’)
A. Jackson (Fakenham Bowmen)

357
360

3rd place: S. Brown (Mayflower Archers)

219

LEAGUE WINNERS

PORTSMOUTH

1. Sellyfield A.C. ‘A’
2. Royal Leamington Spa A.A. ‘A’
3. Whitefield B.M. ‘A’
4. Whitleywood Archers A
5. Mayflower Archers
6. Cheshunt A.C.
7. Beacon Archers Parson A
8. Supernova B.M. ‘A’
9. Hastings & St Leonards A
10. Sutton Colliery A
11. Bowmen of Chesterfield A
12. Friars Gate Archers
13. Grasshoppers A.A.
14. Scorrier Archers
15. Holbrook Archers A
16. Archers of East Riding B
17. Crystal Palace A
18. Curzon C. of A.
19. Audio Archers A
20. Archers of the West A
21. LARGAC A
22. Canterbury Archers

COMPOUND PORTSMOUTH

1. Bowmen of Bourton A
2. Swash Archers A
3. Castle Moat & Folkstone
4. Bowmen of Guernsey A
5. A.C. Dubbo A.M. A
6. Country Bowmen
7. Blue Arrows
8. Holbrook Archers
9. Fakenham Bowmen
10. Creative Country Bowmen
11. Plumpton Bowmen
12. Kitty Miskine A.C.
13. St. George’s A.C.
14. Country Oak
15. Sunny B.M.
16. Waterside Archers
17. Kitty Archers of H & W
18. Seaby A.C.

19. Croxley Archery Club
20. Newport Pagodar Archers
21. Thame, A.C.
22. Sutton Bowmen A.C.
23. Repton Archers
24. Axeholm B.M.
25. Westfield B.M.
26. River Arrows
27. Kidderminster Archers
28. Mole Valley D.C.
29. Woking A.C.
30. Ashford Archers
31. Aquarius Archers A
32. Witham Bowmen A.C.
33. Ashford Archers
34. Marden Bowmen A.C.
35. Medway Archers B
36. Exeter Archers
37. Bowmen of Bognor Regis
38. Eating A.C.
39. Windsor Forest B.M.
40. Wintringham Park B.M.

FROSTBYTE

1. Marden A.C. ‘A’
2. Rickle A.C.
3. Newport Pagodar Archers
4. Redditch C. of A A
5. Hastings & St. Leonards A
6. Mole Valley D.C.
7. Woking A.C.
8. Ashford Bowmen A.C.
9. Aquarius Archers A
10. Witham Bowmen A.C.
11. Ashford Bowmen A.C.
12. Bognor Regis Archers
13. Chichester B.M.
14. Sutton Bowmen A.C.
15. Dartford Archers
16. Maidon Bowmen A.
17. Shirley A.C.
18. Marden Bowmen A
19. Medway Archers B
20. Riverside A.C.
21. Fakenham Bowmen
22. Bowmen of Newport
23. Oakley B.M.
24. Bowmen of Stratford
25. Bowmen of Bognor
26. Bowmen of Whitchurch
27. Bowmen of Winsford
28. Bowmen of Welwyn
29. Bowmen of Westfield
30. Bowmen of Waterside
31. Bowmen of Whitstable
32. Bowmen of Wells
33. Bowmen of Woking
34. Bowmen of Whitefield
35. Bowmen of Whitchurch
36. Bowmen of Windsor
37. Bowmen of Wokingham
38. Bowmen of Waterbeach
39. Bowmen of Watford
40. Bowmen of Welwyn

This long-established winter postal competition is designed to attract clubs to enter teams, including juniors, in any or all of four leagues – Portsmouth (archery and compound) and Frostbyte ( recurve and compound). At the end of the season trophies are awarded to the teams with the overall highest scores in each of the four Leagues. League winning teams receive medal brooches and league medallions are awarded to the highest overall scorers Lady, Gentlemen and Junior Boy and Girl in each League.

Further information and entry forms for the 2012-2013 competition can be obtained from BA Winter Postal League, 2 Highdown Hill Road, Reading RG4 8QP. www.bapostalleague.co.uk. Final results to be received by 1st October 2012.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Contact</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>22/09/2012</td>
<td>UKRS F Crawley Autumn Combined</td>
<td>24/24 Arrowshead</td>
<td>Round: FITA 24 Unmarked, Marked, Archery Award</td>
<td>Venue: Furnace Wood, Near East Grinstead, West Sussex</td>
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<tr>
<td>29/09/2012</td>
<td>UKRS C Gloucestershire AS County &amp; Open One Way Double Clout Championship</td>
<td>13/10/2012 – 14/10/2012</td>
<td>Round: One Way Double Clout</td>
<td>Venue: Kewstoke, Bristol, BS11 8LW</td>
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<tr>
<td>30/09/2012</td>
<td>UKRS T Staffordshire FITA Star</td>
<td>Ladies &amp; Gents FITA, Metrics I &amp; II</td>
<td>Venue: Lillleshall NGS</td>
<td>Contact: Tony Goad, 12 Brzen Road, Hicford Park, Stafford, ST17 0PA</td>
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<tr>
<td>23/09/2012</td>
<td>UKRS T Chippenham Archers Autumn FITA</td>
<td>Ladies &amp; Gents FITA</td>
<td>Venue: Chippenham Archers Ground</td>
<td>Contact: Adam Shaw, 36 Bristol Road, Chippenham, Wiltshire, SN15 1TR</td>
</tr>
<tr>
<td>29/09/2012</td>
<td>UKRS C Gloucestershire AS County &amp; Open One Way Double Clout Championship</td>
<td>13/10/2012 – 14/10/2012</td>
<td>Round: One Way Double Clout</td>
<td>Venue: Kewstoke, Bristol, BS11 8LW</td>
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<td>30/09/2012</td>
<td>UKRS T Cheltenham Archers Autumn</td>
<td>Ladies &amp; Gents FITA</td>
<td>Venue: Cheltenham Archers Ground</td>
<td>Contact: Adam Shaw, 36 Bristol Road, Chippenham, Wiltshire, SN15 1TR</td>
</tr>
</tbody>
</table>

**KEY TO SYMBOLS**

- **UK Record Status**
- **R** – Rose Award
- **F** – Festival
- **C** – County
- **T** – Tournament
- **Tassel Award**
- **Tassel & Metric Tournament**
- **UKRS C** – UK Record Status Combined
- **UKRS T** – UK Record Status Tournament
<table>
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<tr>
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<th>Round</th>
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<th>Venue</th>
<th>Notes</th>
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<td>Emsworth Archers Open Field Shoot</td>
<td>FITA 24 Marked, FITA Arrowhead</td>
<td>Details not provided</td>
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<td>20/10/2012</td>
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<td>Emsworth Archers Open Field Shoot</td>
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<tr>
<td>21/10/2012</td>
<td>C</td>
<td>Cheltenham Archers St Leonard's Longbow Tournament</td>
<td>FITA 18 &amp; Indoor Match</td>
<td>Details not provided</td>
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<tr>
<td>22/10/2012</td>
<td>C</td>
<td>Cheltenham Archers St Leonard's Longbow Tournament</td>
<td>FITA 18 &amp; Indoor Match</td>
<td>Details not provided</td>
</tr>
<tr>
<td>26/10/2012</td>
<td>F</td>
<td>Yorkshire Archery Association Field</td>
<td>FITA 24 Marked, FITA Arrowhead</td>
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<td>27/10/2012</td>
<td>F</td>
<td>Yorkshire Archery Association Field</td>
<td>FITA 24 Marked, FITA Arrowhead</td>
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<td>Hawk Indoor &amp; Head to Head</td>
<td>FITA 18 &amp; Indoor Match</td>
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<td>FITA 18 &amp; Indoor Match</td>
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<td>FITA 18</td>
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<td>T</td>
<td>Mayflower Archers FITA 18</td>
<td>FITA 18</td>
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UKRS C  
Northamptonshire Annual County  
Round: FITA & Metric Double One Way Cloud  
Venue: Kettering Archers  
Contact: Angela Bray, 50 Polled Street, Kettering, Northamptonshire, NN16 9RP  
Tel: 01536 519119  
Email: ketteringarchers@btinternet.com  
Web: www.ketteringarchers.co.uk

UKRS T  
Lassawde UK Record Status  
Round: Portsmouth  
Venue: Lassawde High School  
Notes: Tina James, 410 Promenade, Musshelburgh, East Lothian, EH21 6JJ  
Email: tinascores@talktalk.net

UKRS T  
NCAS Indoor Championships  
Round: Portsmouth  
Venue: Tempus Park Leisure Centre  
Contact: Jared Thornton, The Old School House, Birley Lane, Birley, DH2 2PJ  
Note: Date Change

UKRS F  
Surrey AA 28th Open Field  
Round: National Animal  
Venue: High Ashdun Activity Centre, Boxhull, Surrey  
Contact: John Pettitt, 52 Amberley Gardens, Stoneleigh, Epsom, Surrey, KT19 0NG  
Tel: 020 8399 4313  
Email: john.pettitt@surreycs.gov.uk

WRS T  
The Castle Archers Open FITA 25  
Round: FITA 25  
Venue: Leisure Centre, Newcastle Emlyn  
Contact: Michael J Richardson, Llanybie, Pencader, Carmarthen, SA39 9DA  
Tel: 01559 384797  
Email: mike@lantynbe.co.uk  
Web: www.castlearchers.org.uk

WRS T  
EMAS Regional & Open Indoor Championships  
Round: FITA 18  
Venue: Joseph Whitaker School Sports Hall, Worsnop Lane, Rawmarsh, Nottinghamshire  
Contact: Susan Starkovich, 82 Lower Kilmington Road, Southwell, Nottinghamshire, NG25 0DP  
Tel: 01636 814494  
Email: homegardens@yahoo.com

WRS T  
Green Lane Archers The Brays  
Round: Bray I  
Venue: Newbiggin Sports Centre  
Contact: Graham Baker, 39 Front Street, Newbiggin-by-the-Sea, Northumberland, NE64 6NW  
Tel: 01670 523574  
Email: grahambaker780@btinternet.com

WRS T  
Hertfordshire County & Open Indoor Team Championships  
Round: FITA 25  
Venue: Odyssey Indoor Bowls Green, Stevenage  
Contact: Carol Clark, 5 Salsbury Close, Bishop’s Stortford, Hertfordshire, CM23 3NS  
Tel: 01279 657177  
Email: baz4caz@aol.com  
Web: www.hertsarchery.org.uk

WRS T  
Mere Archers FITA 18  
Round: FITA 18  
Venue: Wacanoton Leisure Centre  
Contact: G Farrell, 24 Lynch Close, Mere, Wiltshire, BA12 6EL  
Tel: 01007 863360  
Email: formerarcher@yahoo.co.uk

WRS T  
Bedfordshire County & Open Indoor Championships  
Round: FITA 25  
Venue: Redbourne Community College, Ampthill, Bedfordshire  
Contact: Barry Wiseman, 38 Amthill Road, Maulden, Bedfordshire, MK45 2DH  
Tel: 01525 634815  
Email: barry@hawkarchery.co.uk

UKRS T  
Cumbria Combined FITA  
Round: FITA 25, FITA 18, Combined  
Venue: Penrith Leisure Centre  
Contact: Chris Battersby, Aysgarth, Eamont Bridge, Penrith, Cumbria, CA10 2BH  
Tel: 01768 866670  
Email: aysgartharcher@batterbyorangehome.co.uk  
Web: cumbriearchersassociation.co.uk

UKRS T  
County of Surrey AA 34th Open Indoor Championships  
Round: Single & Double Portsmouth  
Venue: Woking Leisure Centre  
Contact: Brenda Champion, 22 Paxton Gardens, Woodham Lane, Woking, Surrey, GU21 5TR  
Tel: 01932 402414  
Email: brenda.champion@wokingarcheryclub.co.uk

UKRS T  
Bedfordshire County & Open Indoor Championships  
Round: FITA 25  
Venue: Newbiggin by the Sea, Northumberland, NE64 6NW  
Tel: 01670 523574  
Email: grahambaker780@btinternet.com

UKRS T  
Cumbria Combined FITA  
Round: FITA 25, FITA 18, Combined  
Venue: Penrith Leisure Centre  
Contact: Chris Battersby, Aysgarth, Eamont Bridge, Penrith, Cumbria, CA10 2BH  
Tel: 01768 866670  
Email: aysgartharcher@batterbyorangehome.co.uk  
Web: cumbriearchersassociation.co.uk

UKRS T  
County of Surrey AA 34th Open Indoor Championships  
Round: Single & Double Portsmouth  
Venue: Woking Leisure Centre  
Contact: Brenda Champion, 22 Paxton Gardens, Woodham Lane, Woking, Surrey, GU21 5TR  
Tel: 01932 402414  
Email: brenda.champion@wokingarcheryclub.co.uk  
Web: cumbriearchersassociation.co.uk

UKRS T  
Nt UKRS T  
Round: 01/12/2012  
Contact:  
Venue:  
Web:  
Email:  
Notes:  
Rounds:

UKRS T  
Nt UKRS T  
Round: 01/12/2012  
Contact:  
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Venue:  
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Full tournament calendar on www.archerygb.org
<table>
<thead>
<tr>
<th>Date</th>
<th>Tournament</th>
</tr>
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<tr>
<td>04/05/2013</td>
<td>UKRS T Derbyshire Spring Tournament</td>
</tr>
<tr>
<td></td>
<td>Venue: Dronfield Rugby Club</td>
</tr>
<tr>
<td></td>
<td>Contact: Mark Patterson, 11 Elm Rd, Warwick, WR3 7NJ</td>
</tr>
<tr>
<td></td>
<td>Tel: 01905 457468</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:tournaments@dronfieldarchery.co.uk">tournaments@dronfieldarchery.co.uk</a></td>
</tr>
<tr>
<td>01/05/2013</td>
<td>WRS T Kirby Musick AC April FITA Star</td>
</tr>
<tr>
<td></td>
<td>Venue: 10 Warwicks</td>
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<tr>
<td></td>
<td>Contact: Jane Baines, 6 Fairway, Keyworth, Nr. Nottingham, NG12 5DU</td>
</tr>
<tr>
<td></td>
<td>Tel: 0115 937 6603</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:jjbaines@voddie.co.uk">jjbaines@voddie.co.uk</a></td>
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<tr>
<td></td>
<td>Web: <a href="http://www.k-m-a-c.org">www.k-m-a-c.org</a></td>
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<td>05/05/2013</td>
<td>UKRS T Northamptonshire CAS 1st Caswell</td>
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<tr>
<td></td>
<td>Venue: Ladies &amp; Gents FITA, Metrics I-V, Long Metrics, Short Metrics</td>
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<tr>
<td></td>
<td>Contact: Kettering Archers</td>
</tr>
<tr>
<td></td>
<td>Web: <a href="mailto:ketteringarchers@btinternet.net">ketteringarchers@btinternet.net</a></td>
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<tr>
<td>05/05/2013</td>
<td>UKRS T May Day Archery Weekend</td>
</tr>
<tr>
<td></td>
<td>Venue: Albion, Windsor</td>
</tr>
<tr>
<td></td>
<td>Contact: Alan Wiant, 7 Laidauken Drive, Petersham, Richmond, Surrey</td>
</tr>
<tr>
<td></td>
<td>Tel: 020 8948 8574</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:alanwnt@blueyonder.co.uk">alanwnt@blueyonder.co.uk</a></td>
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<tr>
<td>05/05/2013</td>
<td>UKRS T Cheltenham Archery Club Easter Bunny Tournament</td>
</tr>
<tr>
<td></td>
<td>Venue: Oak Leaf Field, Cheltenham Racecourse</td>
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<tr>
<td>20/04/2013</td>
<td>UKRS T Cheltenham Archers FITA 2000</td>
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<tr>
<td></td>
<td>Venue: Ladies &amp; Gents FITA,Metrics I &amp; II</td>
</tr>
<tr>
<td></td>
<td>Contact: Adam Shaw, 36 Bristol Rd, Cheltenham, Wiltshire, SN15 1NR</td>
</tr>
<tr>
<td></td>
<td>Tel: 01249 655103</td>
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<tr>
<td></td>
<td>Email: <a href="mailto:adamarmbrthwe@aol.com">adamarmbrthwe@aol.com</a></td>
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<tr>
<td></td>
<td>Web: cheltenhamarchers.net</td>
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<tr>
<td>28/04/2013</td>
<td>UKRS T West Essex Bowmen Charity Shoot</td>
</tr>
<tr>
<td></td>
<td>Venue: Essex Archery Club</td>
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<tr>
<td></td>
<td>Contact: Paul Tolson, 315 Parkville Close, Canningsham, Essex, SG17 7JR</td>
</tr>
<tr>
<td></td>
<td>Tel: 01375 678737</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:tolson70@btinternet.com">tolson70@btinternet.com</a></td>
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<tr>
<td>27/04/2013</td>
<td>Yorkshire Archery Association Clive Championships</td>
</tr>
<tr>
<td></td>
<td>Venue: Yorkshire Archers</td>
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<tr>
<td>06/06/2013</td>
<td>UKRS T 9th Cheshure &amp; Open FITA &amp; Metric Clay</td>
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<tr>
<td></td>
<td>Venue: Single &amp; Double FITA &amp; Metric Clay</td>
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<tr>
<td></td>
<td>Contact: Peter Gregory, 3 Glynden Close, Newton, Hyde, Cheshire, SK14 4JN</td>
</tr>
<tr>
<td></td>
<td>Tel: 0161 351 0013</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:goldstararchers@hotmail.co.uk">goldstararchers@hotmail.co.uk</a></td>
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<td>Web: <a href="http://www.goldstararchers.co.uk">www.goldstararchers.co.uk</a></td>
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<td>10/05/2013</td>
<td>UKRS T Albion York, Hereford, Bristols I-V</td>
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<tr>
<td></td>
<td>Venue: FITA Arrowhead Award</td>
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<tr>
<td></td>
<td>Contact: Whyte’s Estate, Loughbrickenland</td>
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<tr>
<td></td>
<td>Email: E Mclean, 5 Thorn Heights, Banbridge, Northern Ireland, BT3 4BF</td>
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<tr>
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<td>Tel: 01905 457468</td>
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<tr>
<td></td>
<td>Email: <a href="mailto:e-mclean@sky.com">e-mclean@sky.com</a></td>
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<tr>
<td>27/04/2013</td>
<td>UKRS T Cheltenham Archers FITA 2000</td>
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<td></td>
<td>Venue: Ladies &amp; Gents FITA, Metrics I &amp; II</td>
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<tr>
<td></td>
<td>Contact: Adam Shaw, 36 Bristol Rd, Cheltenham, Wiltshire, SN15 1NR</td>
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<tr>
<td>11/05/2013</td>
<td>UKRS T JTA Eastern Area DFS 2013</td>
</tr>
<tr>
<td></td>
<td>Venue: Ladies &amp; Gents FITA, All Metrics</td>
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<tr>
<td></td>
<td>Contact: Penicuik High School Playing Fields, Bog Road, Penicuik</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:norr.evelynmclean@talktalk.net">norr.evelynmclean@talktalk.net</a></td>
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<td>Tel: 0191 667 7169</td>
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<tr>
<td>12/05/2013</td>
<td>UKRS R Andover Saxons Spring FITA</td>
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<tr>
<td></td>
<td>Venue: York, Harfurd, Bristols I-V</td>
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<tr>
<td></td>
<td>Contact: Foscote Park, Hatherton</td>
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<tr>
<td></td>
<td>Email: Helen Press, 234 Pilgrims Way, Andover, Hampshire, SP10 9HU</td>
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<tr>
<td></td>
<td>Tel: 01264 338156 or 07881 453986</td>
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<tr>
<td></td>
<td>Email: <a href="mailto:helen.archery@gmail.com">helen.archery@gmail.com</a></td>
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<tr>
<td>15/05/2013</td>
<td>UKRS T Evesham Archery Club 2nd Junior Metric Tournament Metrics I-V</td>
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<tr>
<td></td>
<td>Venue: Ballyvally Bluebell Field Shoot</td>
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<td></td>
<td>Contact: City of Cambridge Bowmen</td>
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<td></td>
<td>Web: <a href="http://www.cityofcambridgebowmen.co.uk">www.cityofcambridgebowmen.co.uk</a></td>
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<tr>
<td>16/05/2013</td>
<td>UKRS T CRO Winters Day by the 100th Southern Counties Meeting</td>
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<tr>
<td></td>
<td>Venue: Dronfield College Sports Field, Grange Road, Cambridge</td>
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<td>Contact: City of Cambridge Bowmen</td>
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<td>Web: <a href="http://www.cityofcambridgebowmen.co.uk">www.cityofcambridgebowmen.co.uk</a></td>
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**Note:** The table above represents the scores for various archery events, categorized by gender and division. Each entry includes the name of the participant and their respective score. The table is structured to easily compare the performance of different categories and divisions.
null
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**Performance Officer**
Post Vacant

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What a FANTASTIC Olympic and Paralympic experience I’ve had this summer – and all thanks to two brilliant archery tournaments, at Lord’s and then at the Royal Artillery Barracks.

There are so many people I should pay tribute to. I’ll start with our two medallists: double Paralympic gold medallist Dani Brown and silver medallist Mel Clarke. What a day as Dani and Mel set up an all-British showdown for the Paralympic women’s compound title.

My only regret is that there had to be a winner and a runner-up. But that’s sport. All our archers did us proud, at both the Olympics and Paralympics. Okay, more medals would have been nice, but everyone gave it their all.

I was blown away at how much the spectators took to archery. Many were new to the sport but they generated such an atmosphere at both Lords and Woolwich. The stands were packed, the atmosphere electric – and other archery associations were hugely impressed.

All credit to event manager Chris Marsh and his fantastic team. They played a blinder. So too did the volunteers. Pride doesn’t even start to explain how I felt.

The Olympic and Paralympic archery experience proved a huge hit. During the Olympics (Paralympic figures are not yet out), Lord’s was the only 5-star venue from customer satisfaction surveys with 98.4 per cent spectator satisfaction – the highest of any sport. A terrific achievement!

The games gave us a great opportunity to meet funders and influencers who were all hugely impressed – which will have had a very positive effect on the sport.

And we also welcomed some big names who were equally impressed. I don’t normally do name-dropping, but they included: Princess Anne, the Duke of Gloucester, Prince Albert of Monaco, the Crown Prince of Tonga, the Prime Minister of Morocco, Sports Minister Hugh Robertson and Lord Sebastian Coe, who deserves so much credit for delivering such a brilliant summer of sport.

Of course, there have been lots of other things going on too. I would like to thank – and congratulate – Oxford Archers for putting on a great day for the National Series Grand Final. It was a wonderful venue and, as ever, the archery was of the highest standard. So congratulations to all the winners – and to our fantastic Field Archery team, who came back with medals galore from the World Championships in Val D’Isere, France.

And congratulations to Hannah Bussey, who organised Archery’s Big Weekend. It was hugely successful, with clubs all over the country reporting large numbers of people turning up to experience archery for the first time.

Thank you to all the clubs who took part and I hope the spin-off sees your clubs continue to flourish.

Now that the excitement of the Olympics and Paralympics is over, I look forward to the chance to visit clubs and events, as I love to do. Our elite archers are the public face of the sport, but there are 35,000 (and growing) members of Archery GB that make ours such a wonderful sport – and I never forget that!

Dave Harrison, Chairman, Archery GB
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